

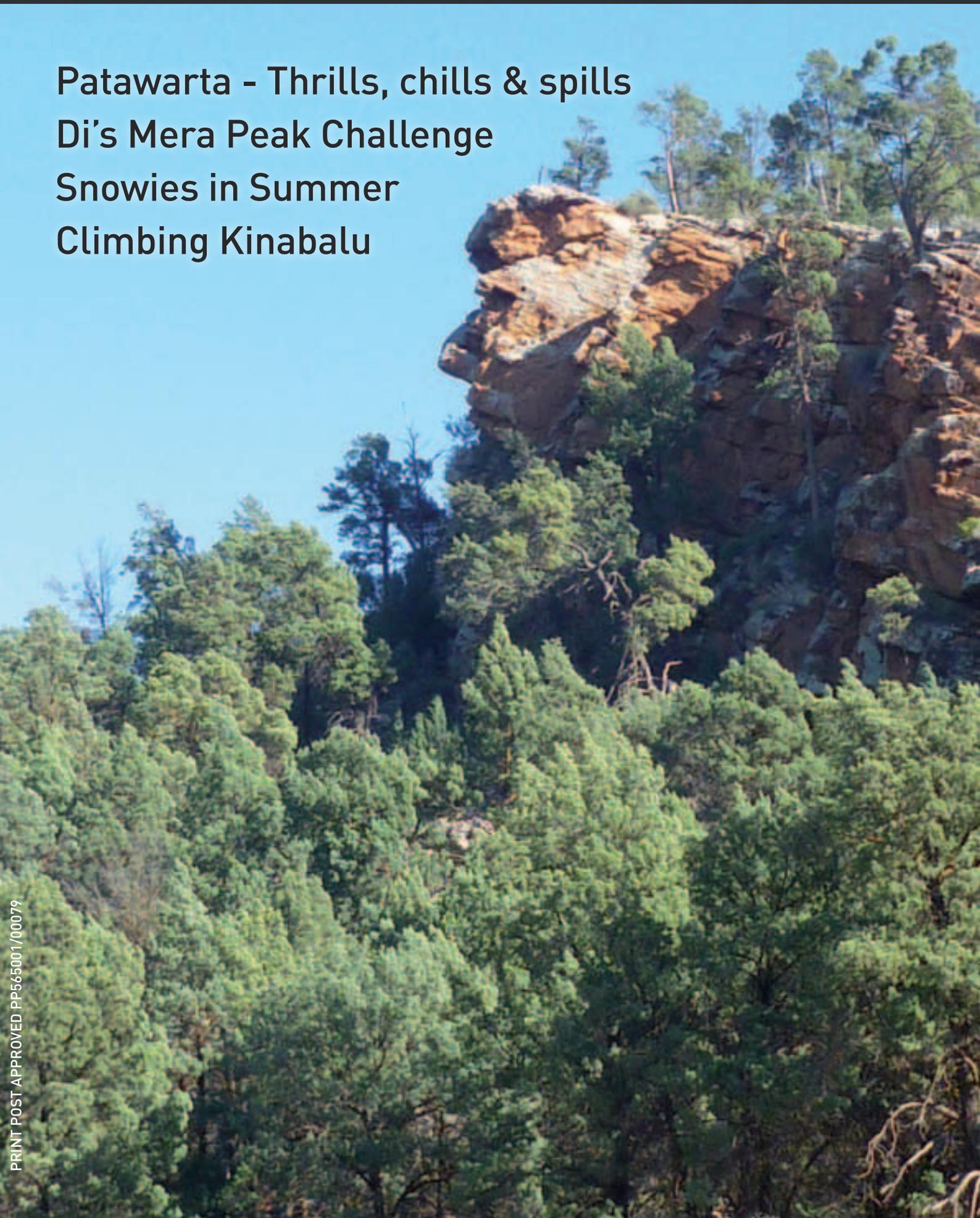


# Trailwalker

Spring 2012 Issue 125

Free

Patawarta - Thrills, chills & spills  
Di's Mera Peak Challenge  
Snowies in Summer  
Climbing Kinabalu





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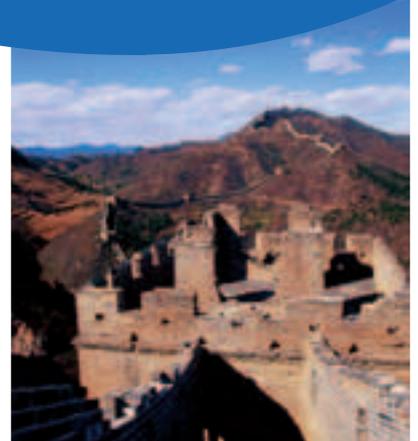
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# Contents



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#### Membership Information

Joining Fee \$10

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Schools & Organisations \$60 per year

Membership is valid from the date of payment until the end of the corresponding month in the following year.

#### Trailwalker Magazine

Views expressed in contributed articles are those of the authors, and not necessarily those of the Friends of the Heysen Trail.

The Trailwalker magazine is available by subscription or online at [www.heysentrail.asn.au/trailwalker](http://www.heysentrail.asn.au/trailwalker)

The Trailwalker magazine is published quarterly:

- Autumn (March)
- Winter (June)
- Spring (September)
- Summer (December)

The Trailwalker magazine has a distribution of 1050, and an estimated readership of approximately twice that number.

Articles, reports and other submissions by members and other interested parties are welcome and should be emailed to the Trailwalker Editor at [trailwalker@heysentrail.asn.au](mailto:trailwalker@heysentrail.asn.au)

The submission deadline is usually the first Friday of the month prior to the month of publication.

#### Advertising Rates

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\$180 per issue

A commitment for 12 months advertising – 4 issues, would attract 10% saving

Advertising specifications and article submission guidelines are available upon request or by visiting [www.heysentrail.asn.au/trailwalker](http://www.heysentrail.asn.au/trailwalker)

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The Friends of  
the Heysen Trail  
& Other Walking  
Trails

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#### Thursdays

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Jamie Shephard

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Myra Betschild

## About the Friends

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Rhonda Dempster	
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Arrienne Wynen	Walking
David Rattray	Office
Richard Trembath	Marketing & Membership
Julian Monfries	Honorary Membership

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Kate Greenhill	Vice President
Sally Fieldhouse	Secretary
Penny Shepley	Publicity Officer
Hugh Greenhill	Section Leader
Vic Breeding	Understudy

### Council Meeting Dates

Wednesday 19 September 2012  
Wednesday 17 October 2012  
Wednesday 15 November 2012  
Wednesday 19 December 2012

### Summer Trailwalker Deadline

#### Friday 2 November

Articles, reports and other submissions are welcome from: members walking on the Heysen Trail or elsewhere; non-members walking the Heysen Trail; other interested parties.

To submit an article, contact the Editor at [trailwalker@heysentrail.asn.au](mailto:trailwalker@heysentrail.asn.au).

Contributors are urged to contact the Editor to discuss their article prior to submission.

### Honorary Members

Terry Lavender\*  
Jim Crinion  
Neville Southgate  
Doug Leane\*  
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Sadie Leupold  
Thelma Anderson  
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### Membership Secretary

David Rattray

### Office Coordinator

David Rattray

### Maintenance Coordinator

Colin Edwards

### Bookkeepers

Jeanette Clarke  
Mingqi Li (Maggie)  
Bo Zhao (Sarah)  
Diya Ye (Yida)



### Cover

Indian Head, Hannigan's Gap - on the way to Patawarta  
Photographer: Julian Monfries, June 2012

# President

## A Word from the President

Robert Alcock

Last weekend I walked on the Heysen Trail with our End to End 4 group out from Burra. How diverse is the country we travel through. From bald hills, mallee scrub, creek lagoons to saltbush plains. Rocky gorges and climbs up steep hills. With the sun shining or not, it's being out there, taking in the country aromas, the sights, and catching up with like minded souls that we understand the value of the trail. And because they see it's value, we have such dedicated volunteers, without which we wouldn't have much of a trail. The recent good seasons bring fresh growth and renewal to the country. Likewise with the Friends, we are investigating some new exciting initiatives, including a Memorial event in October 2013, to recognise and honour Warren Bonython, and are planning a review of our maintenance management structure.

The management of the Friends has evolved over time, and with the extra requirements of OH&S and expectations on volunteers, the maintenance management are to look at how best to structure the maintenance operation for the future. This is our core reason for being, and with changing responsibilities, and more walkers using the trail, it's time to ensure we have an effective management model to look after, to care for and to improve the trail.

We now have Trailhead signs at both ends of the trail. After many years of waiting, the new unique "Heysen Trail" signs now define the trailheads at Cape Jervis and Parachilna Gorge. This financial year the Dept of

Environment Water & Natural Resources is to continue it's work program to upgrade sections of the trail, and install the unique signage in popular sections, along the south coast, Bridgewater, Melrose etc. A Trailhead sign is also planned for the new spur trail into Kent Reserve in Victor Harbor. Kent Reserve is on the west side of the Inman river outlet.

With the End to End 7 group I walked the new re-route from Deep Creek waterfall to Tapanappa. What a difference it makes. Gone is the rock scramble, and we get a contoured trail with more coastal views and a good walking surface. A vast improvement.

I recently attended, with local representatives, the "opening" of the new Burra Heysen Trail sign, funded by the Friends. Locals and visitors can now see how the local section of trail connects to the full 1,200km length. A photo article in the local paper recorded the event.

We have a full walk program, and our first "reverse" group is about to start the trek from Parachilna Gorge walking south. Lets also support other events along the trail, such as the Walk for Nature on Sunday 21 October, run by the Nature Foundation. It is the Nature Foundation who over 25 years have provided much of the land for new Conservation Parks in SA. The Heysen Trail runs though some of these parks, which is where we get to benefit from their work.

Keep on trekking.

## Win a Free Calendar

Submit some of your photos for the 2013 Heysen Trail calendar to be in the winning for a free copy of the calendar.

13 winners – one for each month plus the cover.

Maximum of four photos per person. Photos need to be landscape shaped and meet minimum technical specifications, generally a 7 mega pixel camera will suffice if on the highest image quality setting.

Email your photos to [heysentrail@gmail.com](mailto:heysentrail@gmail.com) by 1 October. Email size can be up to 25MB (your email provider may not allow emails of that size.)



# News

## Signage at Burra

After discussions with the Goyder Council, we have been successful in having a couple of signs installed at Burra. One has been placed in the garden

opposite the Paxton Cottages and the other a few hundred metres down the trail on the other side of the road bridge.



## Bowman Park Hut

A new combination door lock has been installed. This replaces the need to obtain a key from the Council Office.

The combination is C5230.

## Walk for Nature 21 October 2012

Nature Foundation SA is holding its annual Walk for Nature on Sunday 21<sup>st</sup> October 2012 with a 3, 6 or 12km return walk along the Heysen Trail from Bridgewater Oval to Woodhouse Activity Centre. Come along for the morning to help them raise funds to conserve, restore and sustainably manage South Australia's wildlife and environment. It's simple to register and begin fundraising! Their target is to raise \$30,000 for conservation – if you raise just \$100 you'll help them to achieve this goal! Visit their website [www.naturefoundation.org.au/helpnature/walk-for-nature/](http://www.naturefoundation.org.au/helpnature/walk-for-nature/) for more details.

## Letter to the Editor

Re my article in the last Trailwalker. A thank you to those members who gave me appreciative comments. When I glanced over the printed article it occurred to me I forgot something. We were greatly assisted by our friends at PEREGRINE TRAVEL in putting the trip together, using their knowledge of the Mt Blanc walk and group booking systems. So thanks to Geoff Simpson and the team, you helped make it a smooth and hassle free trip.

Robert Alcock

## Graham Loveday's walk for Rett Syndrome

One of our members, and End-to-End 7ers, Graham Loveday, will be travelling to the UK next month to undertake a walk to raise awareness and funds in support of Rett Syndrome Research Trust UK. He will be walking the Coast to Coast Path across northern England.

His granddaughter Abby, who is three years old, has been diagnosed with Rett Syndrome.

More information about his walk and Rett Syndrome can be found on the fundraising page at [www.justgiving.com/abbypike](http://www.justgiving.com/abbypike)

## Nature SA seeking single beds/mattresses and stackable chairs

Nature SA has recently purchased Hiltaba, a former pastoral property in the Gawler Ranges, on the Eyre Peninsula. They are in need of a few quality single beds/mattresses and stackable chairs to furnish the shearers quarters on the property.

The 78,000 hectare property is the fifth Nature SA conservation property owned and managed outright or in partnership. Nature SA have now influenced the protection of 26 properties in South Australia with a total land area exceeding 7,000 square kilometres.

The addition of Hiltaba to the National Reserve System almost connects 750 kilometres of the East Meets West NatureLinks Corridor spanning from the WA-SA border to the Eastern Eyre Peninsula, save for just 30 kilometres.

Hiltaba contains habitat for nine Commonwealth species of significance, 40 state listed species of significance and four species which are endemic to the Gawler Ranges Region.

To assist with furniture donations, please contact their office on 08 8340 2880. Further information about Hiltaba can be found in Nature SA's Winter 2012 newsletter, visit their website at [www.naturefoundation.org.au](http://www.naturefoundation.org.au)

## SA Road Runners Ultramarathon

Our friends over at the South Australian Road Runners Club (SARRC) are conducting a 105km run along the Heysen Trail. Back for its second year as an official race, the Heysen 105km trail event promises to deliver thrills and heartaches as trail enthusiasts take on this spectacular section of the Heysen Trail. Beginning at Newland Hill at 7am, Saturday 20th October, the run will take you through rolling farmland, majestic Myponga Conservation Park, the devilish single-trail of Yulte and Kyeema Conservation Parks and the sandy fire-tracks of Kuyto Forest before you can celebrate your victory arriving at Rocky Creek Hut. More information can be found at <http://bit.ly/Heysen105>

## Vale Warren Bonython The Heysen in a Day Sunday 6<sup>th</sup> October 2013

What more suitable memorial to our patron than to walk the length of the Flinders and Mt Lofty Ranges in one day? The Friends of the Heysen Trail proposes to link up with all groups inspired and touched by Warren Bonython and set hundreds of feet tramping along the trail he loved.

Dividing the trail into 60 sections, 60 groups will walk the entire length on a single day as a tribute, climbing every peak on the way to toast his memory.

We have chosen the October long weekend in 2013, to allow travel days for the northern sections.

We will need as many walk leaders and section organizers as we can gather, so mark your diaries and put up your hand.

The Heysen Office is collecting a "leaders list", preferably with email addresses for future information. A list of the 60 sections will be circulated and leaders allocated in the next few months.



# News

## Office Report

David Rattray, Office Coordinator

The Walking season is now almost over and soon Twilight Walks will be underway.

At the end of July our membership of individuals was 830 of whom 335 have walked with the Friends. This year we have had over 1600 walkers walking on 58 walks. These walkers have walked on 2150 days. One member has undertaken 20 walks (out of a possible 28) with the Friends. Eighteen members have undertaken at least ten walks.

### Membership

Members are reminded that the Friends have several categories of membership, Individual, Family (includes children under 18 years of age), Student (for full time students not covered by Family membership) and Life Membership (for both Individual and Family categories).

### Member's email address and Membership

Members are advised by an automatic email at various stages that their membership is about to expire and then when the membership record is archived. Two months before the membership is due the office post a single reminder letter to members who do not have a valid email address. Consequently if you have an email address, I urge you to update your membership record or advise the office. Your membership will cease automatically if not renewed within two months.

### Membership Details Online

Members can now update their membership details including email address online. For details on how to do this see the Summer edition of The Trailwalker (Issue 122).

## Walk Committee Report

Russell O'Brien

The walk program continues to be a strong and popular feature for both members and new-comers to the Friends of the Heysen Trail. In addition to the usual array of Trail Starter, Trail Walker and End to End walks, a special event in June was the ascent of Patawerta Hill from Moolooloo Station (north of Blinman in the Flinders Ranges). Another first for the program will be the commencement of End to End Minus One in August and an extended walk of the Larapinta Trail (west of Alice Springs) in July and August. On Sunday, 15 July, the Sea to Summit experience was enjoyed by approximately 28 Friends and a number of students from St Joseph's School (Kingswood) and their teachers.

Additional UHF radios have been purchased for use by walking groups. Some Trail Walker and Trail Starter groups are sufficiently large in number to warrant the use of radios and with the Minus One End to End group starting in August there will be five End to End groups with need of radio communication. Walk leaders wishing to have radios available for a programmed walk should contact the FoHT Office.

Following walks, leaders are now requested to complete an online Walk Leader's Report. Is it anticipated that the information provided by this reporting regarding incidents, trail conditions, planning issues, etc. will enable better walking in the future.

Some people have come forward in response to the Walk Committee's request for vehicle support for End to End groups (see Trailwalker, Winter 2012, Issue 124). Our thanks go to those who responded and we would welcome any additional offers of assistance in this important role.

End to End 8 is in the planning stages for commencement in 2013. Leaders are required so if you have any aspirations to lead a group of approximately 50 willing followers 1,200 kms from one end of our beautiful State to the other, let Arrienne Wynen know. The Heysen Trail Southern Guide is now out of print so if you want one and see one for sale don't hesitate to purchase. New maps will be printed in strip map format but the date of availability is unknown at this time. Good walking all. Have fun.

# Maintenance Report

Colin Edwards, Maintenance Coordinator

As a volunteer group the FOHT are entirely committed to the well being of the Heysen Trail. Our Section Leaders are the front line of our maintenance operations, and as such we are dependent on their efforts. With restructuring changes occurring in DEWNR there are even greater demands on the Section Leaders and an increasing need for them to activate maintenance in their section. The budget constraints on the department will cause an ever growing demand on the Friends to undertake much of the regular maintenance of the track and infrastructure.

The pressure on our organization is always going to be to find both money and manpower to keep the trail adequately marked, stiles repaired, bridges huts etc kept in good condition and safe for all. The trail is a world renown feature of South Australia and it is up to the Friends and the Department to keep it that way.

The Friends of the Heysen is a large composite group of walkers, photographers, bird watchers etc. and we are all dependent on the health and well- being of the Trail. While we all want to indulge in our own preferences we need to be ready to give our support to our Section

Leaders and maintainers when called upon. Remember “no maintenance means no trail” and no trail will make walking more difficult and the potential loss of a state Icon.

Keep this in mind when you are next walking on the trail, doing day walks with the Friends, End to End events etc. and consider how you can best give something back to the trail

To illustrate the extent of the work our maintainers have to do, we have six tank shelters to erect, camp site benches to manufacture and install, a bridge to build over Blackfellow Creek, fire damaged stiles to replace and a new toilet at Red Range. Add to this the regular replacing of markers, keeping the track clear, remarking reroutes etc. emphasizing the need for us all to be willing to lend a hand when called on.

BE PREPARED – YOUR TRAIL NEEDS YOU

# New Members

The President and the Council would like to extend a warm welcome to the following 34 members, who have joined the Friends since the last edition of the Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the association.

Sue Anderson	James Dunning	Dmitriy Kvasov	Timothy Monson	Carol Stevens
John Babister	Philip Evans	Mingqi Maggie Li	Andrew O'Brien	Ken Stevens
Elizabeth Beverley	Peter Fisher	Anthony Lusk	Deb O'Brien	David Szilassy
Neil Beverley	Yvonne Gibbon	Dianne Mack	Erin O'Brien	Suzie Tolcher
Michael Bihari	Geoffery Gill	Derek MacLucas	James O'Brien	Austin Toner
Angela Biven	Brendan Gore	Georgie MacLucas	Vin O'Brien	Neil Traeger
Vic Breeding	James Green	Kate MacLucas	Wayne Olsen	Susie Traeger
Darryl Burrowes	Roslyn Green	Marian MacLucas	Elizabeth Oram	Natalia Wilczynski
Paddy Burrowes	Jill Gregory	Nikki MacLucas	Carolyn Parker	Emily Williams
Diane Campbell	Alan Harton	Lara Marich	Elizabeth Pratt	Richard Wilson
Ron Capel	Cherete Harton	Rudi Marich	Justin Rosenow	Ursula Winfield
Kym Davis	Peter Ilee	Jim McLean	Catherine Sarah	Bo Sarah Zhao
Libby Davis	Amanda Jackson	Sharon Meagher	Julie Shaw	
Heather Drew	Gavin Kohler	Christine Meijborg	Bronwyn Simondson	
Malcolm Drew	Mary Kohler	John Mills	Peter Simons	
Christine Dunning	Bruce Kuchel	Dianne Monson	Christopher Simpson	



# News

## Greening The Heysen Trail

**Words and photo by Neil Nosworthy**

The Friend's Greening Committee was resurrected earlier in 2012. The Committee has commenced work on revegetation projects to enhance the natural environment along the Heysen Trail and has started planning for new projects in 2013 and future years.

### **Greening Hiskey's Hut at Georgetown**

With the assistance of 8 volunteers from the Friends, the Committee planted a small forest of about 350 trees around Hiskey's Hut at Georgetown. However more substantial tree guards are needed to protect the trees from the mob of sheep in the paddock around Hiskey's. The Committee has received a generous offer of suitable tree guards from Tom Bullock who has been undertaking a substantial revegetation project in the Tothill Rangers near Waterloo and just over the range from the Heysen Trail. We have gathered the guards on the site and we plan to take them over to Hiskey's to protect our trees late in August.

### **Revegetation of Centennial Drive campground, Mt Crawford**

The Committee has offered to assist Forestry SA with a project to revegetate the area around the Centennial Drive campground which is just off the Heysen Trail next to Mount Crawford. The plan is to plant over 660 trees, shrubs and grasses around the campground. The work is scheduled to be undertaken in early August with the assistance of 13 volunteers from the Friends.

### **Trees for Life – WANTED – Volunteer Tree Growers**

The Friends has renewed its membership of Trees for Life. Growing our own trees is the most economic way of obtaining plants for our revegetation projects. We aim to raise 1000 trees for planting in 2013 and are looking for volunteers to help us by growing the seedlings.

### **Projects for 2013 and future years**

In 2013, we are proposing to plant along the Bundaleer Channel and near World's End with about 500 trees and shrubs in each location. This is likely to involve two days in each location and we are thinking about overnight stays in Spalding and Burra to get the job done. Forestry SA also has some revegetation options around Mt Crawford and Cudlee Creek. The Committee wants to carry out two planting days in 2013 around Mt Crawford. We will keep members informed of progress with these proposals. As well, the Committee is looking for other greening opportunities along the trail. So if you think an area could use some improvement, please let us know.



Volunteers planting seedlings at Hiskey's Hut

If you are willing to assist in growing trees or have any ideas about possible greening projects, please get in touch with Neil Nosworthy by e-mail at [neil@noztours.com.au](mailto:neil@noztours.com.au) or by phone on 82786577 or leave a message through the Friends Office by e-mail [heysentrail@heysentrail.asn.au](mailto:heysentrail@heysentrail.asn.au) or telephone on 82126299.

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# Burra Branch Report

by **Sally Fieldhouse, Secretary, Burra Branch**

The Burra Branch of the Friends of Heysen Trail spent the June long weekend taking in the sights and walking some delightful sections of Bimbowrie Conservation Park. Bimbowrie is some 300km from Burra off the Barrier Highway and is home to Yellow Footed Rock wallabies, Wedge Tailed Eagles, Emu, Red and Western Greys all of which were spotted in abundance during our stay.

Following our arrival on Saturday a safety induction was conducted by Peter, the Ranger on Park before we set off on our first walk up and around Bimba Hill. This is a granite outcrop which is home to the Yellow Foot and has a number of huge granite boulders hollowed out by the weather to form rock caves providing safety and protection, some of which contain fascinating aboriginal rock art. The group headed south around the hill and across the saddle to a picturesque valley and the welcome ease of a vehicle track to make our way back to the vehicles. Darkness fell by the time we arrived back at our accommodation at Antro Shearer's Quarters where we feasted on a shared meal and a glass.

On Sunday we travelled to Meningie Gorge to commence our second walk passing through on the way the deserted Old Boolcoomatta Homestead site where Sir Douglas Mawson spend time exploring and teaching Geology students. A small stone hut named in his honour is currently being restored by Friends of Burra Parks with the assistance of DENR. We left our vehicles and headed up the rocky gorge which eventually led to a wide grassy plateau providing wonderful views of the surrounding countryside. Following lunch atop a granite outcrop we wended our way around gullies and rocky peaks until we finally reached our destination, a quartz pinnacle known as "The White Lady" and our awaiting vehicle, or so we thought. A flat battery in one of the UHF radios meant 2 poor walkers had to trudge another 2 kilometres to summon our designated driver, but all ended well with a fabulous BBQ tea back at Antro.

The next morning we inspected the imposing Antro Shearing Shed which in its heyday saw 70 blade shearers shearing up to 200,000 sheep per year from Bimbowrie and surrounding stations. The recently conserved Cobb & Co changing station complete with Post Office and Blacksmith's shop was our last stop before heading home.



# E2E Group Reports

## End to End 4 - Robert Alcock

We now have had 3 weekends based in Burra, and one to go. We walked into Burra on the long weekend in June, following a rowdy and fun "royalty" night at Farrell Flat. The July walk took us over the bald hills of Burra and on Saturday the group easily covered the lovely green hills to Wandallah in lovely weather after an icy morning. We enjoyed an early finish with a social get-together on the roadside. Even the last "torture" climb was handled OK. Sunday was a longer day of many ups and downs, with a remote finish NE of Burra. Good weather allowed us access along the tracks, then on Monday they had 32mm of rain. Someone is looking after us. A crowd attended the Xmas in July theme dinner with Hugh and Kate representing the Burra branch. Even our tables were decked out for Xmas, thanks to our Bowling Club caterers.

Our August walks took us to some significant points. Out to the eastern most point of the Heysen Trail at Caroona, on the edge to the saltbush plains, then through wonderful Tourilie Gorge, and on Sunday, 57 walkers passed through Hubert Wilkins country, up and over Mount Bryan, a significant undulation at 936m, and our highest point since Mt Lofty, for great sunny 360 degree views. Saturday was overcast and a long 25km day through bush, tracks and the ancient gorge, resulting in some tired bodies and feet at the Olympics dinner. With many getting into the theme, we had many sports and a few counties represented - even Trinidad. Three representatives from the ancient Grecian games also attended. Good walking on from Mt Bryan had us at Hallett in good time on Sunday (19.5km). One member has learned to double check his alarm clock, and 2 of our repeaters chose to climb the mountain and miss the Mt Bryan East road walk. Bob the bus driver was awarded a medal for services beyond the norm. He put on a show for us on Saturday morning, turning the empty bus around on a grassy hillside slope. We're now on our way west to Crystal Brook.

## End to End 5 - Russell O'Brien

The progress of the End to End 5 group has been exemplary. Having passed through Mount Crawford Forest, the Barossa Valley is presently the group's walking domain. Beautiful walking country has been replaced by beautiful walking country that grows wine. However, the transition to weekend walking is now looming for the End to End 5 group. For any who are dubious about two days of walking I would say 'give it a go'. You will be faced with twice the walking, twice the fun and twice the companionship of fellow walkers. You will be getting closer to your goal of completing the Heysen Trail, you will see some spectacular scenery, experience some inspiring places and learn more about yourself and others. If you are not already committed to the idea of completing the Trail, it is after a couple of weekend walks that the addiction to the Trail settles comfortably in place in your mind and you simply can't wait for next month's walks. It is at this time, if your spouse, partner or family are not also walkers there is a new level of understanding of your commitment and determination to walk to Parachilna. While some will ask why, those who know you will send you your way with support and love in full knowledge that to do otherwise is a fool's errand.

## End to End 6 - Lyn Wood

The End to End 6 group began its journey to Parachilna in 2011 walking 7 sections of the Heysen Trail. The journey continues in 2012. The first walk in April took us through the beautiful Yulte Conservation Park with some challenging hills. It then tracked through some dairy farms and along a ridge through the middle of the Fleurieu Peninsula where we could see back to Cape Jervis and along the southern coast where we walked in 2011 and also the coast of Gulf St Vincent. The group has since climbed Mt Magnificent, explored Kyeema Conservation Park, Kuitpo Forest and the old mines at Jupiter Creek.

Each month there is a theme for the walk which adds some fun to the day. In June we celebrated the Queen's Golden Jubilee with many walkers donning their tiaras. July celebrated the Tour de France with a few walkers getting out their lycra. The August walk will celebrate the Olympics.

The enthusiasm of the group is apparent each month as friends meet up again. The after walk drinks and nibbles are a great way to finish the day, giving everyone a chance to socialise before heading home.

## End to End 7 - Julie Larsson

As we approach day 5 of E2E 7's journey along the Heysen Trail enthusiasm has not waned.

The walks have reached capacity with regular walkers very quick to register, & the group still comprises mostly of those new people who joined us for the very first walk !

At times the regular walk leaders haven't been available. We greatly appreciate those "reinforcements" who have stepped up, taken over & done a great job of leading.

The walk from Tapanappa to Balquhidder was re scheduled due to difficulty with wet weather access, After a very rainy few days prior to our walk, on the day we were blessed with beautiful sunshine — - making the walk along the cliff tops to Newlands Head most enjoyable.

Many thanks to Dale Searcy our "resident photographer". Your efforts have been thoroughly enjoyed & appreciated by the group. We gratefully thank you for some absolutely wonderful views of the trail.

At the end of a great days walking, a small group of walkers have begun to meet. We would welcome others to join us to enjoy a short "get together" to share a drink & chat about the days experiences.

All in all the E2E 7 group has come together as an enthusiastic & friendly bunch, always looking forward to register for their next walk.

# Mera Peak 6475m

## Centacare Challenge 2012

By Di Walker

What a great adventure! We recently all saw a collection of our photos and it brought back such great memories of a great trip – a trip that we could not have done without the help of a team of 19! – yes 19, to look after just the 6 of us: NZ guide – Mark from Adventure Consultants, our sherpas – Nima, Singi and Shurka, our cook – Hasta, his kitchen staff, our porters. Why go to Mera Peak? Centacare organise fund-raising walks every year in order to raise money for Auricht House. Most people go to Kokoda, but I prefer mountains and snow to jungle and humidity. After seeing Bernie's photos of Mera Peak, I decided to take up the challenge of doing the 2012 Mera trip with 5 terrific people – Janice, Margaret, Dominic, Frank and Warwick. We started training in December 2011 – walking up and down previously unknown steep hills, carrying heavy backpacks in the Mt Lofty area. Sometimes with Bernie, who always seemed to succeed in finding ever steeper hills! He warned that this was what we would have in Nepal, but we would also have to cope with snow and

altitude – something we could not adjust to in Adelaide. We had a farewell dinner at Namaste Nepalese restaurant and then it was off to Kathmandu, where we met our NZ guide Mark – dressed in shorts and "jangles", which he wore most of the time. We spent the next day trying on our climbing gear, boots, jackets and harnesses, as well as some time relaxing around the pool at our hotel, The Shanker. It was a hub of trekkers coming and going, some of those returning having terrible sunburn – this was a warning!

We were up early on the following morning for our flight to Lukla – one of the most dangerous airports in the world. (A beautiful description appears in the last edition of the Trailwalker magazine). It was bright, sunny and warm. It was a short walk to a monastery where a very spritely 85-year old lady gave us a blessing – then chatted on her mobile phone!

Now the real trip began. We descended from Lukla in the sun, walking through beautiful neat villages, and passing school children looking neat and happy in their



Our goal - Mera Peak, in the distance



school uniforms doing their 2-hour walk to school! We were all feeling great as we spent the next few days walking through a jungle of rhododendrons, daphnes, gardenias and magnolias; the walking was Sherpa up and down! We felt privileged to be in this part of this beautiful country with no other tourists. We walked up a steep rocky ridge in the jungle during an amazing thunderstorm to reach our jungle camp under a huge rock overhang. It was truly amazing to be spending the night in such a remote place.

The following day we emerged from the jungle at Tashing Dingma ("Place of the Big Trees") to join the main track to Mera Peak. We became excited when we could see our ultimate destination, but it looked a long way off – and very high!

We now started to walk up a river valley and the weather began to change – sunny in the early morning, then from about 10:30am, cold and overcast. We had a rest day in a beautiful village (but of course there was to be a short walk), and we were able to have a hot shower (a bucket of hot water).

As we walked further up the valley, snow began falling in the afternoons. We met a group of Germans on their way down from Mera Peak – only 2 of them had made it to the top, but they all said it was beautiful.

Another rest day, which meant walking 800m up a very steep hill and sitting up there in the wind to assist with acclimatising!

The following day we reached our Base Camp at 4900m and it was time to try to remember how to put on mountain boots, crampons and climbing harness. At

least we had a day to practice our abseiling and using jumars. We did our final acclimatisation walk up to the glacier, which involved walking through deep soft new snow. We had great views of Mera and the glacier. We hoped the weather would hold for our summit attempt. We were all feeling well – no one was experiencing altitude sickness as we had ascended slowly, and no one needed to take medication.

At last we were off to our High Camp at 5850m where we would overnight before our summit attempt. There was great excitement, mixed with some apprehension, as it was still a long way to go. We made good progress up to the glacier, but as we were starting to cross it the weather changed and we found ourselves in a snow blizzard with strong winds and very poor visibility. It was difficult to see the footsteps in front of you, but important to stay on the track as there were a few crevasses. It was hard work to keep walking, but too dangerous to stop as we still had 3-4 hours before reaching High Camp. At this time we were in 2 groups. Mark decided that the slower group should return to base Camp with one of the sherpas and the other group would continue.

Exhausted, those that continued finally reached high Camp where we were given hot tea and tang, had a brief rest and then an early dinner of Sherpa Stew before retiring to bed. It was such an effort to eat! Mark woke us at 1am; it then took an incredible 2 hours to get dressed and have breakfast. Everything takes a long time at altitude!

We started walking with headlights on. The track went



The view from the top included Everest



Mark, Di and Janice - very proud to have made it

up, only up, however it was magical at sunrise when we were able to see mountains all around us. Although we could see the summit, and despite walking continuously uphill, it did not seem to be getting any closer. With a little help from eating some of Mark's Goo (a New Zealand secret) and encouragement from Mark and our sherpas, Singi and Shurka, Janice (my tent companion for 20 days!) and I made it to the top. It was incredible and, even now, still hard to believe. Mountains all around us, including Everest.

But of course we had to now go down – and all the way to Base Camp. Suddenly more energy as we descended – but we had forgotten to re-apply sunscreen to our lips. These became painfully swollen and cracked. At High Camp we had only a brief snack as the weather was changing and our sherpas were keen to get down. As we descended the glacier, we experienced another blizzard. We passed a Swedish group going up. When we got to Base Camp there were hugs from the rest of the group. Our cook had made us eggs on toast – just what we needed at that time.

However, this was not the end of the trip. No rest day, but off again the following day. At least it was all downhill for 2 days. We all remembered that Bernie had told us that the crossing of Zatrwa La Pass was one of the hardest days of the trip – and that was still 2 days away.

We enjoyed freshly brewed coffee in the sunshine on the terrace at Tashing Dingma before leaving to head up a smaller pass to Thuli Kharka. While we were having our lunch, it began to snow quite heavily – so heavy in fact that we had to abandon our tents and stay the night in a

Sherpa Lodge with lots of other trekkers, crossing our fingers and hoping that the snow would stop falling and allow us to cross the path the next day.

The next day dawned with clear sky and so we were off, walking in deep snow till we reached the top of the pass. Our sherpas had left earlier to secure ropes at the top of the pass so that the porters would be able to descend safely. Now we had to hang on to the rope for the first 200m of descent after which we would traverse in zigzag fashion, bum-slide down, or just roll down like Janice. It was a relief once everyone made it down safely for it then started to snow again.

After spending our last night in the mountains it was a gentle stroll back to Lukla.

What a trip it had been! After farewells and lots of thankyou's to our team of sherpas, cooks and porters we flew back to Kathmandu and the Shanker – real hot showers, toilets and for some, massages, haircuts and manicures!

We all agreed that it had been a great adventure and want to thank Bernie for inspiring us to take on the Mera Peak challenge and helping to train us Plus Mark, our guide from AC, for providing freshly roasted coffee for the trip – especially considering he doesn't drink coffee. Both Bernie and Mark provided great dispatches for friends and family to read and they all felt they were with us on the trip.

I believe that Centacare may be doing Mera Peak in 2013 – Janice, Margaret, Dominic, Frank, Warwick and I would certainly recommend it.



# Walks

		April	May	June	July	August	
1st Week of month	Trail Starter	Sun Apr 1 Walk Season Opening	Sun May 6 Trailstarter <b>Carrick Hill</b> Richard Milosh	Sun June 3 Trailstarter <b>Marys Gully</b> Arrienne Wynen	Sun Jul 1 Trailstarter <b>Ghost Gum Black Hill</b> Steve Clift	Sun Aug 5 Trailstarter <b>Chambers Gully</b> Neil Rivett	
	Trail Walker		Sun May 6 Trailwalker <b>Chambers Gully</b> Colin Edwards	Sun June 3 Trailwalker <b>Yurrebilla Trail Part 1</b> John Potter	Sun Jul 1 Trailwalker <b>Yurrebilla Trail Part 2</b> David Carter	Sun Aug 5 Trailwalker <b>Yurrebilla Trail</b> Michael Middle	
	End-to-End		Sun May 6 End-to-End 5 <b>Cudlee Creek to Mewett Road</b>	Sun June 3 End-to-End 5 <b>Mewett Road to Mt Crawford</b>	Sun Jul 1 End-to-End 5 <b>Mt Crawford to Pewsey Vale</b>	Sun Aug 5 End-to-End 5 <b>Pewsey Vale to Tanunda</b>	
2nd Week of month	Trail Starter	Easter	Mother's Day Sun May 13 Trailstarter <b>Sleep Gully</b> Chris Porter	June Long Weekend Sat Jun 9 - Sun 10 - Mon 11 Ex End-to-End 3 <b>Patawerta</b>	Sun Jul 8 Trailstarter <b>Port Adelaide</b> Richard Milosh	Sun Aug 12 Trailstarter <b>Girl's Choice</b> Arrienne Wyn	
	Trail Walker				Sun Jul 8 Trailwalker <b>Horsnell Gully to Mt Lofty</b> Colin Edwards	Sun Aug 12 Trailwalker <b>Gandys Gully</b> Richard Milos	
	End-to-End				Sat May 12 - Sun May 13 End-to-End 4 <b>Peters Hill to Gerkie Gap to Webb Gap</b>	Sun 10 SARRC 15/32km walk/run <b>Sea-to-Summit</b>	Sat Jul 7 - Sun Jul 8 End-to-End 4 <b>Burra to Wandallah to Newikie Creek</b>
3rd Week of month	Trail Starter	Sun Apr 15 Trailstarter <b>Ashbourne</b> Dean Mortimer	Sat May 19 <b>Walk Leaders' Training Day</b> Arrienne Wynen	Sun June 17 Trailstarter <b>Kuitpo</b> Michael Middleton	Sun Jul 15 Trailstarter <b>Brownhill/Waite Reserve</b> Graham Bald	Sun Aug 19 Trailstarter <b>Mylor Nature Trail</b> Graham Bald	
	Trail Walker	Sun Apr 15 Trailwalker <b>Mt Thomas</b> Steve Clift	Sun May 20 Trailstarter <b>Bridgewater/Mt George</b> Graham Bald	Sun June 17 Trailwalker <b>Kuitpo</b> Russell O'Brien	Sun Jul 15 Trailwalker <b>Sea-to-Summit: 1/2 or Full</b> Bob Gentle	Sun Aug 19 Trailwalker <b>TBA</b>	
	End-to-End	Sun Apr 15 End-to-End 5 <b>Montacute Heights to Cudlee Creek</b>	Sun May 20 End-to-End 6 <b>Mt Compass to Kyeema</b>	Sun June 17 End-to-End 6 <b>Kyeema to Dashwood Gully Road</b>	Sun Jul 15 End-to-End 6 <b>Dashwood Gully Road to Mylor</b>	Sun Aug 19 End-to-End 6 <b>Mylor to Cleland CP</b>	
4th Week of month	Trail Starter	Sun Apr 22 Trailstarter <b>Mount Lofty</b> David Carter	Sun May 27 Trailstarter <b>Scott Creek</b> Bob Gentle	Sun June 24 Trailstarter <b>Summertown</b> Rhonda Dempster	Sun Jul 22 Trailstarter <b>Strathalbyn</b> Jerry Foster	Sun Aug 26 Trailstarter <b>Belair National Park</b> Gavin Campb	
	Trail Walker	Sun Apr 22 Trailwalker <b>Onkaparinga</b> Richard Milosh	Sun May 27 Trailwalker <b>Eastern Foothills</b> Richard Milosh	Sun June 24 Trailwalker <b>Chambers Gully</b> Richard Milosh	Sun Jul 22 Trailwalker <b>Sea-to-Summit: 2nd 1/2</b> Bob Gentle	Sun Aug 26 End-to-End 7 <b>Tapanappa to Balquhidde</b>	
	End-to-End	Sun Apr 22 End-to-End 6 <b>James Track to Mt Compass</b>	Sun May 27 End-to-End 7 <b>Cobbler Hill to Tapanappa</b>	Sun June 24 End-to-End 7 <b>Tapanappa to Balquhidde</b>	Sun Jul 22 End-to-End 7 <b>Balquhidde to Waitpinga</b>	Sun Aug 26 End-to-End 7 <b>Tapanappa to Balquhidde</b>	
5th Week of month	Trail Starter	Sun Apr 29 Trailstarter <b>Cudlee Creek</b> Raelene Shaw	<b>Key to Walk Programme</b> <ul style="list-style-type: none"> <li>Trail Starter walk</li> <li>Trail Walker walk</li> <li>End-to-End walk</li> <li>Other walk event</li> </ul>			Sun Jul 29 Trailstarter <b>Norton Summit</b> Raelene Shaw	Sat July 21 - Sun Aug 12 Trip Away - Larapinta Trail
	Trail Walker	Sun Apr 29 Trailwalker <b>Warren CP</b> Robyn Quinn				Sun Jul 29 Trailwalker <b>TBA - somewhere new!</b> David Carter	
	End-to-End	Sun Apr 29 End-to-End 7 <b>Cape Jervis to Cobbler Hill</b>					

August	September	October	November	
Gully Part 3 eton 5 e a 2 e en 2 ly sh Aug 12 4 o Mt illett Trail d 0 6 5 Park ell 5 7 to er	Sat July 21 - Sun Aug 12 Trip Away - Larapinta Trail Father's Day Sat Aug 18 to Sun Aug 26 End-to-End Minus 1 October Long Weekend	<b>Sun Sept 2</b> Trailstarter <b>McLaren Vale</b> Rhonda Dempster	<b>Sun Oct 7</b> Trailstarter <b>Scott Creek - other end</b> David Carter	
		<b>Sun Sept 2</b> Trailwalker <b>Yurrebilla Trail Part 4</b> Mary Cartland	<b>Sun Oct 7</b> Trailwalker <b>Kaiser Stuhl</b> John Potter	
		<b>Sun Sept 2</b> End-to-End 5 <b>Tanunda to Kapunda</b>	<b>Sat Oct 6 - Sun Oct 7</b> End-to-End 5 <b>Kapunda to Hamilton to Peters Hill</b>	<b>Sat Nov 3 - Sun Nov 4</b> End-to-End 5 <b>Peters Hill to Gerkie Gap to Webb Gap</b>
		<b>Sun Sept 9</b> Trailstarter <b>Mt Lofty/Botanic Gdns Circuit</b> Graham Bald	<b>Sun Oct 14</b> Trailstarter <b>Coromandel Valley</b> Chris Porter	
		<b>Sun Sept 9</b> Trailwalker <b>Vixens / Devils Gully</b> Mary Cartland		
		<b>Sat Sept 8 - Sun Sept 9</b> End-to-End 4 <b>Hallett to EE George Road to Burra Road</b>	<b>Sat Oct 13 - Sun Oct 14</b> End-to-End 4 <b>Burra Road to Bundaleer Reservoir to Curnows Hut</b>	<b>Sat Nov 10 - Sun Nov 11</b> End-to-End 4 <b>Curnows Hut to Raeville to Locks Ruin</b>
		<b>Sun Sept 16</b> Trailstarter <b>TBA - a great surprise</b> Peter Solomon	<b>Sun Oct 21</b> Trailstarter <b>TBA</b> Gavin Campbell	
		<b>Sun Sept 16</b> Trailwalker <b>Parra Wirra</b> John Potter	<b>Sun Oct 21</b> Trailwalker <b>Montacute Heights</b>	
		<b>Sun Sept 16</b> End-to-End 6 <b>Cleland CP to Montacute Heights</b>	<b>Sun Oct 21</b> End-to-End 6 <b>Montacute Heights to Cudlee Creek</b>	
		<b>Sun Sept 23</b> Trailstarter <b>Para Wirra - Wild Flowers</b> David Carter	<b>Sun Oct 28</b> Trailstarter <b>TBA</b>	
<b>Sun Sept 23</b> Trailwalker <b>Brownhill Creek</b> Dana Florea and Peter Clark	<b>Sun Oct 28</b> Trailwalker <b>TBA</b>			
<b>Sun Sept 23</b> End-to-End 7 <b>Tugwell Road to Inman Valley</b>	<b>Sun Oct 28</b> End-to-End 7 <b>Inman Valley to James Track</b>			
	<b>Sun Sept 30</b> Trailstarter <b>O'Halloran Hill</b> Gavin Campbell	 <b>The Friends of the Heysen Trail</b> 10 Pitt Street Adelaide 5000 Phone 08 8212 6299 <a href="http://www.heysentrail.asn.au">www.heysentrail.asn.au</a>		
	<b>Sun Sept 30</b> Trailwalker <b>Deep Creek</b> Julian Monfries			

## Walk Grades

There are five different grades of walk on the Friends of the Heysen Trail walk programme. Four of these operate during the walk season, generally from April to November when it is not Fire Ban Season:

- Trail Starter
- Trail Walker
- Trail Rambler
- End-to-End

When it is not walk season, generally during the summer Fire Ban Season, a fifth walk grade, Summer Twilight Walks, operate.

Details of each walk grade are provided on the website: [www.heysentrail.asn.au/walks](http://www.heysentrail.asn.au/walks)

## Walk Registration

You must register for a walk, either online or over the phone.

Register online at [www.heysentrail.asn.au](http://www.heysentrail.asn.au), or by phoning the office on 8212 6299 (during the hours listed on page 3.) Walks close between Tuesday and Friday prior to the walk, closing dates and times are listed on each walk event page on the website.

## Walk Cancellations

Walks are cancelled if the forecast is over 32°C. **This doesn't apply to Summer Twilight Walks.**

If unforeseen circumstances arise and you are no longer able to participate in the walk, please notify the office as soon as possible, or leave a message on the answering machine after this time.

## Further Information

Further information about each walk, what to wear and what to bring, walk grades, frequently asked questions or to print off a colour copy of the programme, visit [www.heysentrail.asn.au/walks](http://www.heysentrail.asn.au/walks)

This version released 19 August 2012



# Thrills, chills and spills

by Vicki Cox (with thanks to Julian Monfries for title)

It was 44 years ago Warren Bonython climbed his dream mountain, and 20 plus years after his first visit to the Flinders. His passion for the Flinders was sparked by a painting of Mount Patawarta by Sir Hans Heysen. In his book "Walking the Flinders Ranges" Warren writes:

*Land of the Oratunga! – the ring of that romantic title and the vision of the magical mountain had drawn me to the Flinders in the first place, and later had helped in inducing me to embark on the walk. I had read of Mount Patawarta while studying Howchin's "Geology of South Australia", so I already knew it to be rocky eminence and a commanding viewpoint, and then I had seen the reproduction of Heysen's painting which had imprinted a separate image in my mind, but it was not until the 1945 Aroona Valley trip that I first actually saw it, instantly equating the two images and recognizing my dream mountain.*

My love affair with the Flinders Ranges started 15 years ago visiting Hawker, Quorn and Wilpena Pound on several family trips – a climb of St Mary Peak the highlight. My first encounter with Patawarta Hill was at a Hans Heysen exhibition at the Art Gallery of South Australia in 2008, both the watercolour and oil painting of "Land of the Oratunga" capturing my imagination.

Walking the Heysen Trail with End to End 3, I eagerly anticipated the Flinders Ranges section. During 2011, while finishing the Heysen trail with End to End 3, we were surrounded by Heysen's living landscape, from the Yappala range and Arkaba country to Brachina Gorge and the Three Sisters of Aroona.

It was on the walk from Wilpena to Bunyeroo, when a clear view of Patawarta Hill on the horizon was truly appreciated and the image so beautifully captured by Heysen on canvas of the Land of the Oratunga had suddenly come alive. When would there be an opportunity to get up close and personal with this Hill?!

Plans for a pilgrimage to Patawarta Hill had been floated for a few years. Simon Cameron turned the vision into a reality. It was designed as an End to End 3 group walk. Simon organised a 4WD support crew and booked accommodation at Moolooloo Station. When early bird bookings opened, there was no way I was going to miss out on this opportunity. The walk booked out within a day.

Soon enough, the 2012 June long weekend rolled around

Travelling up on the Friday, we took the route suggested by Steve Clift – via Burra (morning tea), Peterborough, Orreroo, Hawker (lunch) and Parachilna. Certainly a more scenic route than Highway 1 and less traffic. Moolooloo Station is located along the Glass Gorge Road, an unsealed but 2WD accessible road (in dry weather)

We arrived mid afternoon. Moolooloo Station has shearers' quarters that accommodate 24 people. There were 25 people booked on (oops!), so someone drew the short straw and had to camp out. Not that Alan Davis really minded too much – tough cookie that one. I bunked in with Hilary and Veronica. Good facilities – large kitchen with wood fire stove and oven, gas oven, two fridges. Three showers, toilets, even a laundry.

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I spent the remaining daylight hours exploring the shearing sheds and yards, while Team Clift and Foster did 4WD reconnaissance to check the track conditions and access.

It was a BYO dinner that night, (thanks Peter Solomon for sharing your cheesecake for dessert) followed by a walk briefing.

The weather forecast was for fine conditions and Saturday dawned with clear skies. The 4WD's were loaded up with our tents and sleeping gear, to meet us in Narinna Pound later.

After the obligatory photo call, we set off at 9am. Passing the homestead on the left, we headed due east following the track for about 4kms. Scrubby vegetation interspersed with the classic Flinders Ranges native pines and beautiful gums, gentle undulations with panoramic views all around. We crossed creeks, some of them still trickling with water as a result of the last rains about 2 weeks prior.

We then headed north following Gap Creek and passed through Hannigan's Gap. An old rusty vehicle captured everyone's attention, as did a rocky outcrop to the north, which when gazing at the silhouette from the east looking westwards, had the outline of an American Indian Face. We stopped for morning tea, then headed east again following the 4wd track (Narinna to Artimore Ruins road), After about 30 minutes of walking, there it was – the first glimpse of Old Pat – my heart skipped a beat.

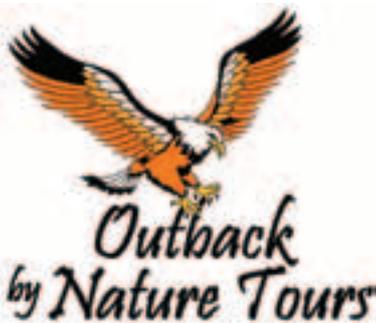


The group at the summit

Keeping one eye on the prized Hill, we ventured off trail and meandered up a dry wide creek bed. We passed Clock Spring, followed a creek north and after 30 mins came out onto a plain, "Home Rule Flat" just south of Patawarta Gap – a great lunch spot

The 4WD track headed through the Gap into Narinna Pound and Simon and Jerry then navigated us eastwards, passing a large feral goat herd enroute to the campsite – an excellent spot just north of the Old Pat.

In the mid-afternoon sun, tents were busily erected, but the most important engineering feat was that of Jerry and Michelle who had constructed a special modern convenience for the campsite.



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View from half way up

Dubbed the Jerry Can, Simon turned the first sod, but Neil Rivett dug like a beaver to excavate the pit. Soon all were impressed by the throne with a magnificent view, screened with a tarp, and accompanied by a signal system: an ice cream lid attached to a rope and pulley system to indicate if the throne was vacant or occupied.

The campfire was stoked (thanks to Fire Monitors Steve and Lin) and happy hour commenced. We even had a

visit from the Duke Phil and Queen Lizzie (John Hillard and Veronica Eaton) to give a royal address to their loyal subjects.

Dinner, curries courtesy of Simon complimented by roti (thanks roti monitors John Potter, Chris and Russell O'Brien, Neil Rivett and Alan Davis) and dessert (choc pudding in camp oven thanks Jenny) was devoured. After dinner, camp fire sing-a-longs and star gazing continued until the 9pm curfew.

Beautiful clear skies meant a chilly night, dropping to -3.8C. Frosty to describe the morn was an understatement. Ice clung to all of the tents and even my morning coffee brought to me by the ever dutiful Julian had shards of icicles clinging to the rim of the mug.

Pancakes were on offer for breakfast, decidedly better than the breakfast bar and 'up and go' drink that I had brought along. We packed up and all assembled in readiness for the hike to the summit.

Starting at 0900 we ascended via the north east spur. Regrouping at several spots to take in the views—Mt Hack, Mt Tilley and Mt McFarlane on the western and northern rims of Narinna Pound – maybe a future trip!



View from the summit

Yaccas and spinifex dominated the landscape. Sloping rock faces required careful scrambling in some places. There was a wardrobe malfunction – thankfully Julian had his Skins on underneath his hiking shorts, and despite a steep 371m ascent, beanies and wind fleece remained on.

After 1 hour and 25 mins and 1.8km, we spied a large cairn enclosing a 4wd repeater tower and soon after, we were there. On top of Old Pat. (1015m). We had overcast skies at the start but patchy sun shone on the summit albeit with a chilly breeze. A wedge tail eagle soared on the thermals. Summit photos were taken, bagpipes played in celebration, log book signed and a quick morning tea. What a view! The ranges to the east were a spectacular sight – angular 45 degree folds a reminder of how forces of nature can create a stunning landscape. To the south, the Heysen Range could be seen in the distance. There was a weathered crater near the rocky summit– big enough for John Fox and John Hillard to curl up in (not at the same time), fittingly named “The Foxhole”

All 25 summited....now for the descent. The path that Bonython would have taken (off the south – south west face) looked treacherously steep for a group to attempt.

Simon spied a path just before we summited leading off the south east rim marked with a red triangular sign post that looked promising.

Some chose to return back to the campsite and either hike back along the same route in, or help navigate the 4WD support crew back to Moolooloo.

Simon led the remainder of the group down. It was a surprisingly easy descent, a rocky track with a few slippery sections on mossy rocks. It was actually well sign posted all the way down to the plain.

The cloudy skies cleared and we headed west back towards Clock Spring following dry creek beds and traversing over open country. There was an echidna

sighting and we stopped for lunch just west of Clock Spring in the creek bed near old sheep yards with ready-made picnic benches made from fallen gum tree trunks

The route for the afternoon return walk home was to head off track up and over a saddle of a range, located south east of Hannigan’s Gap. The lower slopes of this range were covered in shale and it was extremely slippery underfoot, everyone exercising caution and using their walking poles for extra support and balance.

It was slow going and when regrouping halfway up, some of us had a ringside view of a spectacular tumble by Colin. After receiving first aid from Lin and Simon he unfortunately did not continue, but walked out to be picked up by the 4WD support crew.

The remainder of the group continued up to the saddle where looking north east we had great views of Patawarta Gap and Patawarta Hill–the final glimpse.

We then headed homewards, with the afternoon sun guiding us westward. Continuing over the range, we traversed countryside dotted with pines before following a dry creek bed for about 4km where it joined the 4WD track. Then it was 5km of hiking back. A wild donkey was sighted in the scrub along the way, and we arrived back at Moolooloo at around 4pm.

Celebrations then ensued – Julian in his Jacobin hat, a few kings, queens and princesses holding court. Dinner and dessert interrupted the rehydration process. Muscats and ports made an appearance at 6.45pm! A campfire was made in an old cattle trough and carousing was the order of the night helped by liberal consumption of red wine and Baileys.

It was a superb weekend. A pilgrimage in memory of Warren Bonython and a classic Northern Flinders Ranges walk. Thanks to the 4WD support crew (Team Clift and Foster), Jerry Can Constructions and all the varied monitors of the group. Thanks also to Simon for his organisation and vision.



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# Climbing Mt Kinabalu

by Mary Cartland



I had joined 8 other people and an experienced leader on an Intrepid Adventure Holiday in Sabah, Borneo. One of our activities during our holiday was to climb Mt Kinabalu. We took a mini bus to the Kinabalu National Park. Here we stayed in the Bunkhouse and after a wander in the rain around the trails and gardens, a lovely dinner and a hot shower we had a good night's sleep in our bunks, then up at 5.30am, to pack and then leave our big packs at the bunkhouse, we also packed our small packs with everything we would need for the next two days on the climb and the ascent to the summit had to be ready to leave the bunkhouse at 7.00am to eat breakfast before we started the climbing of Mt Kinabalu. On the first day we climbed for about 5 hours covering about 6kms up the mountain to the rest house at Laban Rata (3,272 m). The scenery was beautiful, the forests lower down the mountain and the foliage and beautiful flowers as you ascended, these included orchids, pitcher plants and rhododendrons, ferns and palms were also abundant. We saw a lot of long tailed squirrels, and tree shrews especially around the rest stops where they suddenly appeared to share the walker's snacks. One squirrel was so keen that he pounced on the bare leg of one of our group and left a decent sized scratch that need to be cleaned. Sometimes the steps were about 2ft in height so after a while one's legs were feeling the overuse and becoming very heavy to lift. While climbing up the mountain, just after about 3km, I met up with Ann and Liz from E2E3 and their husbands coming down the mountain, of course we girls got very excited and photos were taken and congratulations extended. As

we got higher up, at about 3300m we noticed that the soil disappeared and there were a lot of mosses and Lows buttercups (alpine meadow flowers) and trees were often skeleton like with wispy lichen hanging off the branches. We reached Laban Rata (3,272m) about 2.30pm which was great timing as the 5 of us plus Joseph our guide arrived at the rest-house before the heavy rain that fell on others in our group. At Laban Rata we took photos of the impressive mountain as cloud closed in and we retreated inside for afternoon tea and a chat. Inside Laban Rata there were numerous photos of the porters carrying massive loads on their backs, something that we also witnessed during the climb to Laban Rata (everything has to be carried up, including gas cylinders, and foodstuffs as well as packs of those not wishing to carry them). Some porters carried up to 5 packs on their shoulders, probably about 50kg+. After a hearty dinner of noodles, rice, meat, soup +++, we headed off to our bunk room at about 8.00pm to sleep



until about 1.45am when we awoke, we then had a very light breakfast of bread ++++ to give us sustenance to attempt our summiting.

At about 2.00am we started our ascent in the dark, using our headlamps to guide us on our way, we also used the thick white ropes marking the trail to haul ourselves up the slippery granite. It is so dark that you cannot see what is around you, the light from your headlamp illuminates the white ropes and also the wooden signs telling you the altitude. Ahead you can see the headlight of other walkers, you push on and finally, THE SUMMIT (4,095 m) We had achieved our goal, and watched as the first rays of sunrise appeared, this was a GREAT feeling, Then it was a queuing for the essential picture with the summit sign, before descending to Laban Rata for breakfast before the final descent to the Headquarters for lunch.

Here, I had a challenging experience whilst descending to the check point hut (where they monitor who is climbing up and down the mountain) I was very aware of the slippery-ness of the granite and taking utmost care with placement of my feet. I approached the apparently notorious area for creating falls and after placement of my left foot on the granite I slid about 6ft down the granite slope, banging my body and backpack, then after my drink bottle rolled down the mountain, my head found a sharp piece of granite to scratch it, then I stopped sliding. But, after collecting my faculties and sitting up I realised that blood was spurting from my head.

## One of the guides approached me with great apprehension gasping, OH NO, OH NO.

I had carried a wad of serviettes up with me from Laban Rata as I had had a stomach upset earlier, so I used these to stop the bleeding and asked the guide to assist me with holding them on with my headlamp. This compression worked and I made my way down with assistance to the check point hut, where a large bandage was applied to my head. I then assured them that I had not hit my head first, and had slipped and then banged myself. Once I made it down to Laban Rata, which was hairy at times because my "Keen" Boots had NO grip on the granite. I was literally hanging off the ropes at times to descend. Once at Laban Rata I was able to wash my hair and head, and show the offending scratch to the mountain guides so that a trip to the Local Hospital was not essential. I then put my hat on my head took paracetamol and descended with my group to the Headquarters for lunch, feeling ok, if a little battle scared and bruised.

To sum up, climbing Mt Kinabalu was challenging but very, very rewarding and something I would encourage others to do, but as I have been told by others who have walked at altitude, you never know how you are going to feel on the walk and the effects of altitude sickness can be varied.

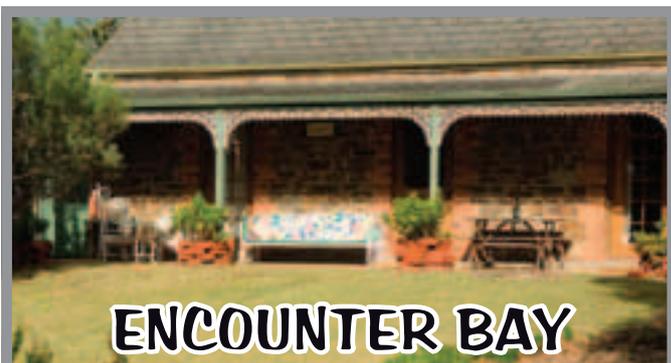
I was very lucky that my effects were such that I only felt as though I had had a long night drinking a lot of red

wine and then been told I had to walk home, luckily I had the focus of my intention to summit Mt Kinabalu and I did.

And my head? after being treated with Betadine the



scratch has healed beautifully, with only a slight bruising on my forehead noticed a week later. Would I climb it again?? YES but not in Keen boots!!!



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# Surviving the Snowies in Summer

by Anthony Fisk

**Surely this was a conspiracy. All the elements had schemed to savagely attack us. Heavy rain was merciless. Howling wind mauled us with utter contempt. A wind chill of minus five degrees ravaged our beaten bodies. Thick fog angrily blinded us to within a few metres. Navigation was futile. Wet, shivering and in a state of suspended shock, we were in trouble.**

This was our inauspicious welcome to Kosciuszko National Park in January. Summer has vanished without a trace and we were being held ransom by a vindictive weather pattern.

24 hours ago we basked in near perfect conditions: the sky was blue, the temperature 15 degrees, the wind was non-existent.

But on our third day of walking all hell broke loose. At a whim, the full, unpredictable fury of the Snowy Mountains sealed our fate.

Six months earlier in the planning phase, summiting the Snowies in summer seemed simple enough. Kosciuszko National Park, home to the three highest mountains in Australia would be our next challenge. Having walked together for 25 years, my equally intrepid friend and I were attracted to the 690,000 hectares that is Kosciuszko National Park, the largest of its kind in New South Wales. Our three day circuit walk would traverse the Main Range between Thredbo and Charlotte Pass, an area 30km long and 10km wide.

Starting from Thredbo our first decision was whether take the Merretts Nature Track or the chairlift. We could walk five kilometres with an ascent of over 500 metres or take the chairlift in 10 minutes. Rationalising the latter option would be somewhat inglorious and tantamount to "cheating", we walked! Having already been informed that the trail was "very steep" and to "watch your knees", we settled into a gentle pace past mountain gums and alpine ash.

After two hours of contouring up the mountainside, the track ended at the Eagles Nest, the highest restaurant in Australia. Like the altitude, the prices were rather high so the meal was modest.

Mt Kosciuszko beckoned to us benignly. The dramatic change in scenery was abrupt. Trees disappeared to be replaced by giant granite tors, coarse grasslands and bald grey mountain tops. The dull windswept landscape

contrasted with the beautiful bright blue skies. We were eager to walk, but technically our feet never actually touched the ground. Instead we surrendered to a raised mesh walkway. Completed in 1999 and taking 17 years to construct, this unusual infrastructure was built to accommodate heavy traffic without damaging the fragile ecosystem. The metal had a strange rusted appearance which we later discovered was due to the absence of galvanised materials as alpine plants do not tolerate zinc. The other strange sensation was being surrounded by people. We had joined the tourist trail, an impossibly endless line of devoted "pilgrims" obsessed with reaching the mystical summit. About two kilometres from top of chairlift, we crossed the somewhat sedate but nonetheless soporific Snowy River. For the first time we were able to catch fleeting glimpses of Mountain Galaxias, the upper limits for these small non-descript native fish.

Partly for the adventure and also to escape the Kosciuszko pilgrimage, we dumped our packs, abandoned the main track and headed for the hills. The absence of metal was liberating. We finally felt connected to the earth. Trudging through the snowgrass we approached the base of North Rams Head (2177m). Without packs we bounded over, under and around weird shaped, lichen-infested granite boulders. In 1840, Grazier Stewart Rylie provided a vivid description of these rocky outcrops: "Granite is the only rock I saw ... large blocks of which cover the tops of every eminence". At the top was a sprawling view westwards of Ramstead Range with not a soul to be seen. Meanwhile eastwards, the seething mass of humanity continued to file past like disciplined marching soldiers.

Back to the main track the Kosciuszko Lookout (2000m) was the first honourable point of retreat for those too tired to continue (we noticed a few who were wavering). Swathes of people took photos and posed

to the backdrop of a somewhat unimpressive rounded dome of Mt Kosciuszko. It seemed un-patriotic to judge so harshly the country's highest peak, but in reality Mt Kosciuszko is no oil painting. This unspectacular appearance can be explained forgivingly in geological terms: the result of erosion caused by a large ice sheet during last ice age.

The lookout also provided our first view of unmelted summer snow. Or so we thought. A gesticulating wild-eyed man who gave a great impression of an eccentric scientist made a grand announcement to anyone who would listen: "It is chalk!" (This myth was debunked about half an hour later!)

One-third of the way to the "holy grail of heights" was Lake Cootapatamba, the highest mainland glacial lakes. Alpine flora in full bloom seduced us with an eclectic mixture of whites, golds and purples. It was about this time, we discovered we were sun burnt.

The monotonous mesh ended at Rawson's Pass (2100m). What we could never have predicted was that two days later we would reach this spot in a condition unimaginably debilitating. With less than two kilometres to go, we re-joined the Kosciuszko pilgrimage: gortex-clad day walkers, surly teenagers, young sprightly families, courting couples, old people who defied their age, fashion gurus, and the odd glaring alpha male. Teasingly, the final track circled almost round on itself delaying gratification. While symbolic, summiting the highest mountain in Australia was an anti-climax. We were on a big hill with an obscene number of people. Mt Kosciuszko in summer time is simply a tourist attraction. More than 100,000 make the climb each season. Perhaps it was our selfish propensity not to share mountain tops with others that detracted from our experience? We were so glad we had two more mountains to climb.

While the summit was nothing special, the history of this mountain is intriguing. Mt Kosciuszko was first climbed in February 15, 1840 by Paul Strzelecki with his two Aboriginal guides. Paradoxically, however, further research revealed that Strzelecki may well have climbed Mt Townsend (the second highest) instead! For more than a century, stockman called Mt Townsend Kosciuszko. The classic picture by renowned colonial artist Eugene Von Guerard titled "North-east view from the northern top of Mt Kosciuszko (sic)" was actually painted from Mt Townsend (this very picture I was able to observe firsthand since returning from the Mountains at the Queensland Art Gallery, a thrilling experience) The allure of Mt Townsend entranced us. Re-joining the main track we left behind the tourists and at last embraced the mountains in isolation. Negotiating a deftly carved path cut into the mountain side, we descended to the saddle at Mueller's Pass. From here we contoured around to find our camp site for the night. Wilkinson's Valley was lush green expanse of swampy looking land which looked a haven for mosquitoes. We opted to camp on the western side of Mueller's Peak surrounded by silver snow daisies and overlooking the valley.

The early morning revealed our blunder. We had actually hoodwinked ourselves into camping in a wind tunnel.

Breaking camp now was near impossible and it would have to wait. Wearing five layers to protect us from the wind, we walked through a boulder field dodging Mountain Plum Pines to arrive at the Mt Townsend plateau.

There is a tradition for walkers to throw a rock in their backpack and carry it to the top of Townsend to make it taller. As we had abandoned our packs at the campsite we could not partake in this unusual tradition. At any rate, many years ago, the NSW Lands Department swapped the names of Townsend and Kosciuszko to ensure the latter remained the higher peak.

The final 60m rock scramble was a seismic contrast our Kosciuszko climb. The jagged granite rocks looked like they had been arranged by a madman. One wrong move and the whole lot could topple down. Being selfish climbers, we were ecstatic not to have to share this mountain with anyone, not even with the wildlife! The Townsend summit is regarded as a playground for Little Ravens and Wedged-tailed eagles. We could see neither so it became our own playground instead!

The view from Mt Townsend was spectacular and dramatic. Our awesome vantage point showcased the Snowy Mountains in all their glory. A rather forlorn Kosciuszko was easily upstaged to the west by a dramatic drop to the Geehi River some 1600 metres below.

We followed the main track to a scenic mountain pass with a postcard view of Lake Albina dwarfed by precipitous cliffs. From Mueller's Pass the path contoured around the western slope of Mt Northcote to reveal an open, exposed area of windswept feldmark. These plants must have been tough because they somehow managed to grow on these wind-blasted ridges.

At Northcote Pass we met one of the roving park rangers whose prophetic four words would later condemn us: "The weather will change".

The view from the top of Caruthers Peak at 2142m provided a sweeping view of virtually the entire Main Range walk. It also represented the approximate half way point of our trek. We descended to a saddle where we took a sharp detour to the third highest mountain, Mt Twynam. We followed an obvious track for five kilometres giving us the best elevated view of Blue Lake, the deepest and coldest in the region. We enjoyed a 360 view from the summit (2196m). While it was a very easy climb, this peak's greatest appeal was its anonymity. Its relative isolation seemed to render it an aloof cousin to Mt Kosciuszko and Mt Townsend. Once again, we relished sharing the next highest mountain with no-one!

Back on the main track, we joined a paved path that descended from Blue Lake to Caruthers Creek. In the late afternoon we made a slow descent down a well-worn trail to our camp site between the confluences of two rivers: Club Lake Creek and the Snowy River. We pitched tent next to a lonely chimney stack. Having scoured the area for the best spot we finally declared that flat grass did not exist here. That night at about 2am, the weather turned. Our tent was beaten to an inch of its life and its occupants were not fairing much



better! As a final penalty we later discovered when back in Thredbo that had we walked further, we would have reached the actual campsite where flat, soft ground was aplenty.

On storm-riddled sleep, we negotiated a river crossing involving a balancing act on wet stepping stones. Having climbed out of the valley, we arrived at the car park in Charlottes Pass. Ignoring the temptation to hitchhike our way out of these appalling weather conditions, we decided to finish what we had started.

We stumbled along the Summit Road towards Rawson's Pass. Our so-called waterproof boots were saturated within the first ten minutes. Then it was time for a lesson in wind chill.

With a temperature of around 3 degrees and wind speed of 80 kilometres per hour, we were battling against -5 degree wind chill.

Peter Cocker, The Director of K7 Adventures in Thredbo who we later regaled with our adventure commented that "The wind is the main factor in changing a perfectly beautiful day, to 'survival' days". Having been a guide in the Snowy Mountains for ten years, Peter is an authority. He added, "When the wind blows off the southern ocean it brings freezing and wet or snowy conditions, almost as severe as true Antarctic weather".

At this point in the walk, we could easily have been fooled into thinking we were on Antarctica. The weather has turned so badly it was near zero visibility conditions. It seriously seemed we were to be swallowed up by mother earth.

It would be an exaggeration to say Seaman's Hut saved our lives. But this tiny unassuming dwelling with sturdy stone walls and a distinctive metal roof certainly saved our spirits!

Built in 1929 as a memorial to Laurie Seaman and Evan Hayes who died during a blizzard in 1928, it was now our saviour. Seaman's Hut is essentially a rescue

hut. There was a pot belly fire (which my friend eagerly stoked up) and a cupboard with assorted provisions. A shrine had been established in the hut remembering the four snowboarders who perished in an snow cave in 1994. It was yet another chilling reminder of the fickle and dangerous nature of this land. Once we had stopped shivering and mild hyperthermia had been averted, we braved the elements once more.

And so we returned to Rawson's Pass, the very place we had been 48 hours earlier in very different conditions. I could never recall being wetter, colder and more exposed than now!

We encountered the dreaded metal walkway again with previous advice from the park ranger "to walk very slowly". Another walker not heeding this advice, fell ungainly and almost lost a finger through the metal grating. We slowed down even more.

When Eagles Nest Restaurant finally appeared, we rejoiced for safety, warmth and inflated prices.

It was here we first learnt of the three missing American walkers who had got caught in the very storm that ravaged our tent at 2am. An Intensive search was in full swing. Every year around 130 bushwalkers get lost or require rescuing. Most walkers are found within 24 hours. This trio were later found after 48 hours. Our walk, as all intrepid adventures do, provided an opportunity to reflect. Despite being experienced walkers, we learnt humility and respect for the environment. Walking in our respective home states of Queensland and South Australia did not necessarily inoculate us to the dangers of the Snowy Mountains. As Peter Cocker reminded us, "weather patterns can be extreme".

Edmund Hillary once said "It is not the mountains that we conquer, but ourselves".

We had not conquered the three highest mountains in Australia. We had merely climbed them in summer and survived.



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## FACTFILE

Location: Main Range, Kosciuszko National Park, Snowy Mountains, NSW

Distance/time: 3 days/50km (start/finish in Thredbo)

Getting there: The easiest way to access Thredbo is from Canberra. Transport options are limited in December/January. There are no bus services. It is best to arrange a hire car from Canberra to Thredbo (180km/2.5 hours). Transborder Alpine Express and Summit Coaches operate between Canberra and Thredbo in the peak season.

When to walk: December-April

What to bring: Wet weather gear, weather-proof tent, fuel stove, spare warm clothes, decent sleeping bag, adaptability to changing weather conditions!

Information: NSW National Parks and Wildlife website: <http://www.environment.nsw.gov.au/>

Thredbo information website: <http://www.thredbo.com.au/>

K7 Adventures, Peter Cocker (Director), Thredbo: <http://www.k7adventures.com>

Maps: SUTMAP 1:40000 Mount Kosciusko, Perisher and Thredbo Map

Permits: No camping permits are required although an entry fee is charged for vehicles entering Kosciuszko National Park. Camp fires are not allowed and no camping is permitted near the glacial lakes.

Additional notes: Be prepared and never under-estimate the conditions. The weather is unpredictable and very changeable. Carrying a Personal Locator Beacons (PLB) highly recommended. They are available for hire from the Jindabyne National Parks and Wildlife Visitor Centre (Ph 02 64505600; email: [srcvc@environment.nsw.gov.au](mailto:srcvc@environment.nsw.gov.au))

The circuit walk can start/finish at Charlottes Pass (this would shorten the walk by 10km)



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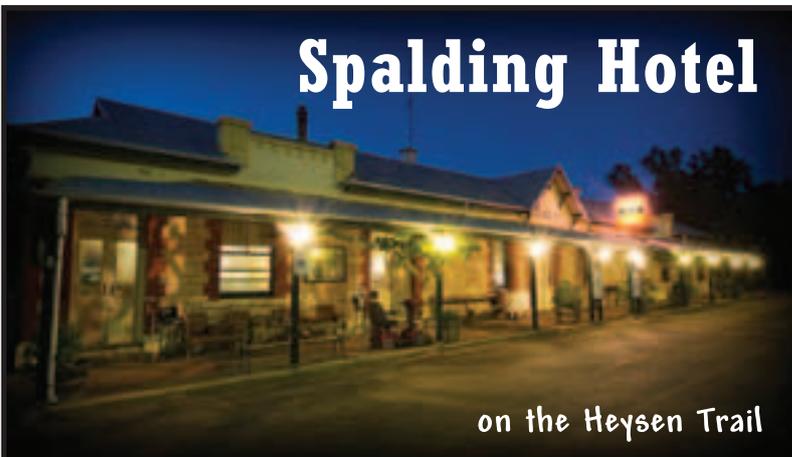
# Walking SA

**Women's Pioneer Trail** – In spite of generous and successful Government grants being promised towards completion of the Women's Pioneer Trail between Hahndorf and Beaumont, no consensus has been forthcoming from the Hills Councils to finalise the route of the Trail between Verdun and Hahndorf. The women of past centuries had none of the amenities – tools, transport, even councils – to support their quest for delivering the produce of their labours to City markets to raise funds for developing homes, farms and townships – basic survival needs. But in order to acknowledge and celebrate the achievements of those early settlers most current day citizens, and relevant organisations, seem totally unmotivated, irrespective of funding becoming available, to move the project to a satisfactory and positive conclusion by construction of a bridge across the Onkaparinga River at Verdun.

**City of Onkaparinga** – Several initiatives are being developed to provide interesting options for walkers within this southern location, together with strong support from Council and a request for co-operation with Water SA. Council is also pursuing the proposed multi-use trail between Wilfred Taylor Reserve and

Piggott Range Road with options for connecting to Kelly Road and subsequent linkage to the horse trail leading via a particularly scenic route to Clarendon. A comprehensive and strong liaison has been established with this group.

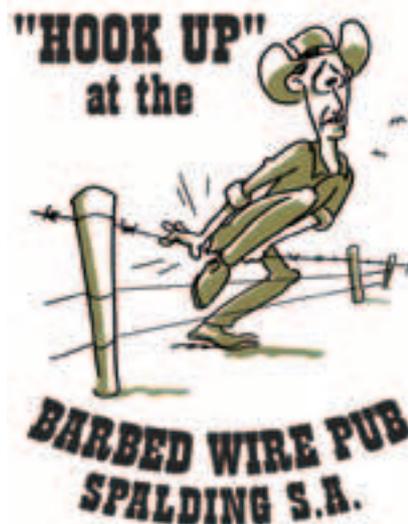
**Management of Walking SA** – Concerns are held for the management of Walking SA following a meeting held recently when no nominations were received for various managerial positions, – President, Vice-President, Secretary, Treasurer and Convenor of the Walking Access Committee. Walking SA has functioned successfully over a significant period of time, achieving successful outcomes in a range of issues affecting walking and walkers, e.g. the annual celebration of the Official Opening of the Walking Season in April each year, and the promotion of other special projects. In particular the protection of undeveloped road reserves has enabled various scenic locations to be retained in public ownership to provide walking enjoyment for members and the walking community generally. A significant number of walkers have been involved in the various activities of the organisation and found the experience to be mutually rewarding – to both oneself



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# A Report

and the wider community. A current situation with the local community relates to a proposal to sell portion of a road reserve situated near the entrance to the township of Victor Harbour that would totally obscure the magnificent ocean vista for both local residents and visitors to a unique location.. All walkers are urged to write a brief letter to Victor Harbour Council, with a copy to the Surveyor General's Office supporting retention of Hardy Street in public ownership. This current public access location contains a significant landmark above the shores of Victor Harbour, providing a benefit for posterity and future walking opportunities for the generations that follow.

The most recent issue of "Footsteps" – newsletter of the Lavender Federation Trail – contains excellent photography and description of further progress made by volunteers as the Trail moves closer to Clare through gently undulating South Australian countryside, together with promotion by local and wider district media of the surrounding areas for the benefit and information of all walkers throughout South Australia. All walkers throughout and beyond South Australia can enjoy the privilege of these locations but public support of our

voluntary organisations is essential to promote the recreational assets of the State, and at the same time enjoy and benefit from these natural attributes.

A wider support base is essential for the management of our walking trails system as well as for their construction. Shared responsibility between all clubs can simplify the system and thereby create a less onerous task for all.

**Friends of Onkaparinga Parks.** Members of this group have created a fine example of "people power", both by its organisation and use of the natural environment. Membership is available for a minimally nominal fee and activities envisaged include hiking, picnics, short walks, rock climbing, canoeing, bicycling. Member volunteers can enjoy monthly meetings with guest speakers on environment related topics. The Secretary of the group is Andy McKinnon – telephone 8386-2393 or email [mackins@tpg.com.au](mailto:mackins@tpg.com.au) – Website:<http://www.communitywebs.org/OnkaparingaParks/>

Thelma Anderson

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[www.alpana-station.netfirms.com](http://www.alpana-station.netfirms.com)

***Bookings Essential***

# Trail Maintenance Sections

The Heysen Trail is graciously maintained by volunteers. If you discover a problem on the Heysen Trail, please contact the Friends of the Heysen Trail office, or the Maintenance Co-ordinator or relevant Maintenance Section Leader listed. We welcome feedback on the condition of the Heysen Trail, constructive suggestions on improvements that could be made, and general comments or enquiries about the Trail.

Maintenance Coordinator and Maintenance Committee Chairman

Colin Edwards 8264 1492 (H)

Section	Map	Section Leader	Contact
1. Cape Jervis to Tapanappa	Southern Guidebook, Maps 1.1-1.3	Bob Gentle Albert Schmidke	8294 7287 (H) 8381 8861 (H)
2A. Tapanappa to Waitpinga Campground	Southern Guidebook, Maps 1.3-1.5	Roger Dunn & friends	8260 2146 (H)
2B. Waitpinga Campground to Back Valley Rd	Southern Guidebook, Maps 1.5-2.2	Geoffrey & Pamela Gardner	8552 5213(H)
3. Back Valley Road to Moon Hill	Southern Guidebook, Maps 3 2.2-2.3	Michael Scott	0400 293 132
4. Moon Hill to Hindmarsh Tiers Road	Southern Guidebook, Maps 2.3-2.5	Hermann Schmidt (Wandergruppe Bushwalkers, German Association)	8344 4072 (H)
5. Hindmarsh Tiers Road to Blackfellows Creek Road	Southern Guidebook, Maps 2.5-2.7	Eleanor Martin Myra Betschild (Women in the Bush)	8431 8187 (H) 8331 2992
6. Blackfellows Creek Road to Glen Bold	Southern Guidebook, Maps 2.7-3.2	Richard Webb	8381 5308 (H)
7. Glen Bold to Piccadilly	Southern Guidebook, Maps 3.2-3.4	Thelma Anderson Trevor Lee	8278 4420 (H) 8398 0516 (H)
8. Piccadilly to Norton Summit	Southern Guidebook, Maps 3.4-3.4	Liz O'Shea (WEA Ramblers)	8352 1636 (H)
9. Norton Summit to Cudlee Creek	Southern Guidebook, Maps 3.5-3.7	Colin Edwards	8264 1492 (H)
10. Cudlee Creek to Bethany	Southern Guidebook, Maps 3.7-4.4	John Potter	0418 835 321
11. Bethany to Hamilton	Southern Guidebook, Maps 4.4-5.3	John Potter Joyce Heinjus	8337 9515 (H) 8525 2054 (H)
12. Hamilton to Hupputz Hut	Southern Guidebook, Maps 5.3-5.9	Norrie Hamilton	8332 1982 (H)
13. Hupputz Hut to Spalding	Southern Guidebook, Maps 5.9-6.12	Hugh Greenhill (Burra Branch)	8843 8115 (H)
14. Spalding to Georgetown	Northern Guidebook, Maps 1.1-1.6	Kevin Liddiard	8289 4236 (H)
15. Georgetown to Mt Remarkable	Northern Guidebook, Maps 1.6-2.11	Milton Turner Ron Capel	8263 2393 (H) 8258 3425
16. Mt Remarkable to Horrocks Pass Rd	Northern Guidebook, Maps 2.11-3.4	Graham Hill	8632 4804
17A. Horrocks Pass Rd to Dutchmans Stern	Northern Guidebook, Maps 3.4-4.1	Michael Kerin	8642 4728 (H)
17B. Dutchmans Stern to Wilpena	Northern Guidebook, Maps 4.2-5.7	Gavin & Marie Campbell	8296 8613 (H)
18. Wilpena to Parachilna	Northern Guidebook, Maps 5.8-6.8	David Henery (Alpana Station) Operation Flinders	8648 4626 (H) 8242 3233



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