



The Trailwalker

Magazine of the Friends of the Heysen Trail

Issue 116 Winter 2010

Report on Annual General Meeting

2009 Financial Report

**North Haven to Cape Jervis
Summer Walking**

1700 Steps to Positano

**Our Introduction to
New Zealand Weather**

Grampians ANZAC Weekend

**Trail Maintenance -
An invasion of Youth**



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Seeking Photo Submissions

2011 Heysen Trail Calendar



Keep your camera handy, during the 2010 walk season we are seeking member's photos for our 2011 calendar showcasing the Heysen Trail.

Photos need to be landscape shaped and meet minimum technical specifications, generally a 7 Mega Pixel camera will suffice if on the highest image quality settings.



You can submit any photos now, simply email them to heysentrail@gmail.com (up to 10MB attachment), alternatively photos can be left on disk at the Heysen office.

Published by the Friends of the Heysen Trail & Other Walking Trails

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Burra Branch

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Membership Information

Joining Fee \$10
Single \$20 per year
Family \$30 per year
Organisations \$50 per year

Membership is valid from the date of payment until the end of the corresponding month in the following year.

Trailwalker Magazine

Views expressed in contributed articles are those of the authors, and not necessarily those of the Friends of the Heysen Trail.

The Trailwalker magazine is available by subscription or online at www.heysentrail.asn.au/trailwalker

The Trailwalker magazine is published quarterly:

- Autumn (March)
- Winter (June)
- Spring (September)
- Summer (December)

The Trailwalker magazine has a distribution of 1200, and an estimated readership of approximately twice that number.

Articles, reports and other submissions by members and other interested parties are welcome and should be emailed to the Trailwalker Editor at trailwalker@heysentrail.asn.au

The submission deadline is usually the first Friday of the month prior to the month of publication.

Advertising Rates

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1/4 page vertical \$60 per issue
1/3 page vertical \$70 per issue
1/2 page \$100 per issue
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Flyer (supplied for insertion) \$180 per issue

A commitment for 12 months advertising, ie 4 issues, would attract 10% saving

Advertising specifications and article submission guidelines are available upon request or by visiting www.heysentrail.asn.au/trailwalker

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Patron

C. Warren Bonython AO

Council Members 2010

Robert Alcock
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Gavin Campbell
Jeanette Clarke
Jerry Foster
Bob Gentle
Nick Langsford
Julian Monfries
Chris Porter
David Rattray
Cliff Walsh
John Wilson
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Honorary Membership

Burra Branch Chairmen

President
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Maintenance
Goyder Tourism Working Party Rep

Council Meeting Dates 2010

Wed 16th June
Wed 21st July
Wed 18th August
Wed 15th September

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John Wilson
Peter Wynen
Cliff Walsh
John Wilson
Arrienne Wynen
David Rattray
Richard Trembath
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Arthur Simpson
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Sally Fieldhouse
Hugh Greenhill
Hugh Greenhill

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Doug Leane*
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Kath Palyga
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Glen Dow
Barry Finn
Dean Killmier
John Wilson
David Beaton
Jack Marcelis
Julian Monfries
Terry & Frances Gasson
* (deceased)

Trailwalker Editor

Hilary Gillette

Membership Secretary

David Rattray

Office Coordinator

David Rattray

Maintenance Coordinator

Gavin Campbell

Bookkeepers

Jeanette Clarke
Xun Wang (Michael)
Hao Zheng

Shop/Office Hours & Volunteers

Phone 8212 6299

Monday 10.30 - 2.30

Trevor Gaunt, Mike Parsons,
Robyn Quinn, Elizabeth Rogers,

Wednesday 10.30 - 2.30

Myra Betschild, Gilbert Downs,
Wendy Fox, Jack Marcelis

Friday 10.30 - 2.30

Colin Edwards, Sandy Melbourne,
Jamie Shephard

Tuesday 10.30 - 2.30

Dawn Bon, Chris Caspar,
Chris Porter, David Rattray,
David Roberts

Thursday 10.30 - 2.30

Bob Gentle, Julian Monfries

Saturday & Sunday Closed

Relief Staff

Jim Alvey, David Beaton,
Jack Marcelis

President's Report

Simon Cameron

The AGM has come and gone and with winter, walkers are coming out of hibernation. Walking in the wet is something that hearty bushwalkers are meant to shrug off. Except in South Australia where it rarely rains on our parade and bushwalkers spend a great deal of money trying to keep water out of their shoes!

Front Cover

View from Yulte Conservation Park



The first of the 2010 season End to End walks began on Sunday 2nd May with the End to End 4 walkers walking from Myponga to Mt Compass. This is a view on the way taken from Yulte Conservation Park looking north west.

Next Issue Deadline

Submissions for the Spring edition of the Trailwalker will close on Friday 6th August 2010.

Since mid autumn with the official opening of the Trail at the end of fire ban season it is noticeably busier in the Heysen office. At the AGM I was able to reflect on how active the Friends are, and how the organisation has grown. Both are appropriate, when you consider our vision statement "to develop and maintain a world class trail".

That commitment requires a much larger commitment from the Government, through the Department for Environment and Heritage, and the Trail is only a small part of their portfolio. We have been fortunate to have good working relationships with DEH, and like any partnership we spend time and effort communicating and making it work on the policy and practical side. The DEH have to work within the guidelines of their minister and the minister within the political confines of the Government. Part of our function is to keep on growing the grass roots support for the Trail so we have the potential political clout to keep the Trail alive and well. So when asked recently how big do we want the Friends to grow, my answer is: "As big as we can". We want everyone who walks the Trail to support it passively by being a member. A membership in the FOHT is a political statement that "I want this trail to not only survive, but grow".

As I made clear at my AGM address, the running of the Friends organisation is structured through maintenance committee, walking committee, membership committee and office committee. The Council oversees their operations and sets policy, but implementation occurs at the committee levels. The Friends is a large organisation with a membership of over 800, and activities across the state. If you want the Trail to prosper and want to actively contribute, the place to do it is on the committees. At the AGM I publicly thanked the committee chairpersons and reiterate those thanks here : John Wilson with his coordinator Gavin Campbell, Arrienne Wynen, Robert Alcock and David Rattray.

2010 sees the Trail take on new badging, with a logo designed to look more like a trail and less like a road, and with the Flinders' skyline in the background. It is a small change, but philosophically sits well. The Trail has constantly changed since its inception with re-routes aimed to improve safety and amenity. The large strategic reviews of 2007-8 identified many areas for re-routing and as the group with the strongest interest in the Trail it is a challenge that we can boldly take forward.



See you on the Trail!

Office Report

By David Rattray
Office Coordinator

Greetings All,

The walking season is here and the End to End Walks (Three, Four and Five) have commenced. Chris Hanna has retired as an Office Volunteer after three years service to the Friends. Thank you Chris, enjoy your grand children.

David Roberts has been trained and is now working on Tuesday. Trevor Gaunt is working on Monday. The office has experienced an upsurge in phone calls from walkers wanting to know the meeting place for walks. If completed correctly, with a correct email entered, the on-line booking and payment system will automatically tell you and send you an email if you follow the prompts and read the screens. However, if you are impatient and hit the browser back key or the enter key before the system tells you (esp in Paypal), you will not receive the information. See web booking instructions below.

New walkers are reminded that after two walks with the Friends they must become financial members. You may be prevented from walking with the Friends if you do not become a member.

The new membership database is now operational and allows the office to process membership renewals quickly and easily. The current membership policy allows one copy of The Trailwalker to be delivered after membership expires. A membership renewal form is sent with The Trailwalker when the membership is about to expire. If not paid, a reminder notice is sent with the next Trailwalker, three months later. If the membership fee

is still not received, the membership lapses.

Website Booking onto a Walk - the steps are

1. Log onto the Friends website (www.heysentrail.asn.au) and select the Walk page,
2. Select the desired Walk, Click on "Register for this walk now".
3. Complete all the booking details including Acceptance of Terms and Conditions. Click "Proceed" if all is OK
4. If payment is required you will be advised you are being transferred to the Paypal site. Click to Select Paypal or Credit card, and enter required details. The Review Payment screen with details of your payment is then displayed. (to cancel the transaction, use the link back to the Friends website, at the bottom of the page).
5. If all is OK with the review, select "Pay Now", (if it's not OK, then cancel the transaction using the link back to the Friends website, at the bottom of the page).
6. Once "Pay Now" has been clicked, don't do anything, as the Paypal site will automatically direct you back to the Friends site.
7. Back at the Friends site, the meeting place will be shown on the screen. Click Print the page. An email confirming details will also be generated and sent to the email entered on this walk registration.
8. Note: If each step is not completed correctly, the walk registration list

shows "Registration Not Confirmed" even though you, the walker, may receive an email (from Paypal), advising that payment to the Friends has been made, (plus you will not receive the email advising you of the meeting place). The office cannot correct the registration details. The office can and does verify that you have paid by checking the Paypal payment statement at a later time.

9. Patience and attention to detail shown on the screen is the essence of completing the transaction satisfactorily.



Arkaroola Passenger Service

Walk any northern sections of the trail through the awesome Flinders Ranges:

- * Melrose
- * Quorn
- * Wilpena/Flinders Nat. Park

For more info:

8552 4000

genesis@granite.net.au

Brief News

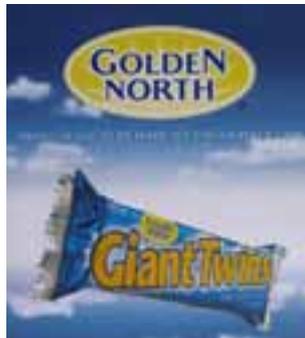
Opening of the Walk Season 2010 -

Held on Sunday 11th April at Mylor Oval it was combined with the Mylor Autumn Fair. Jointly hosted by Walking SA and the Skyline Walkers, walkers from many clubs attended the opening day and completed local walks. David Beaton led around 18 Friends members on a scenic loop bring us back to the oval for lunch and the 1pm opening. Jack and his team manned our display, and a raffle run by the Friends generated interested and raised a few dollars. It was a good opportunity to chat with walkers from the other groups.

The Friends 2010 End 2 End (E2E) Walks commenced in May -

E2E4 group had 2 walks in May - Myponga to Mt Compass, and then a few Sundays later, onto Kyeema Con Park. At 22 km and with the ups and downs through Yulte Park scrub, the first walk caught out those who forgot their walking over summer (stiffening legs on the ride home). The second walk was a dull overcast day with only a few brave souls summiting Mt Magnificent, with most aiming to keep going to avoid the threatening rain. All did beat the threatening rain, and most walkers will need to go back to Mt Magnificent on a fine day, to capture the magnificent views from up there.

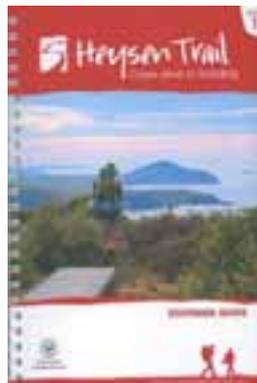
E2E3 group went up north, walking through, and then north of Crystal Brook. With an ice cream theme, we all thank Golden North for the generous donation of Giant Twins, enjoyed at Saturday lunchtime. The sunny weather was ideal for eating ice cream, and for walking! In June we will see Port Pirie as we stand on the Bluff.



The **new E2E5** also commenced. One pirouetting car, and cramping legs on Cobblers Hill, didn't distract the new group from getting through on a lovely fine day. We welcome the new walkers and wish this group good trekking as they continue this year along the spectacular south coast.

Heysen Trail Guidebooks - new versions now available

The long awaited reprint of both the Southern and Northern Heysen Trail Guidebooks are now available - see the Friends of the Heysen Trail shop in Pitt Street to get your copies.



New Members

The President and the Council would like to extend a warm welcome to the following members, who have joined the Friends since the last edition of the Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the Association.

Joanne Allen
 Kylie Allen
 Mark Allen
 Rebecca Allen
 Edward Aujard
 Richard Bourne
 Heather Bryant
 Kaye Buchanan
 Kristie Buchanan
 Angelo Cavuoto
 Betty Cavuoto
 Ian Cody
 Victoria Costessi
 Martin Davey
 Xin Yi Fan
 Susan Graebner
 Ann Harris
 Grantley Harris
 Greg Harris
 Carol Homewood
 Brigitte Hutchinson
 Keith Hutchinson
 Danielle Jaensch
 Karin Kaiser
 Martha Kent
 Pierrette Levac-Cody
 Johan Martens
 Adam Matthews
 Suzanne Matthews
 Jane Nicholson
 Valerie Otis
 John Pannell
 Martha Peppas
 Laurey Potter
 Kathleen Power
 Ian Powrie
 Cynthia Price
 Benita Rees
 Rodney Rees
 Judith Rushton
 Constance Selby
 Ross Stephenson
 Ann Tscharke
 Dina Tsiopelas
 Dorina Van Der Pennen
 Louise Warner
 Russell Whitford
 Jill Wilson
 Robert Wood
 Tjallie Ybema
 Pauline Zanet

Walking Committee

By Arrienne Wynen
Walking Committee Chairperson

Well the walking season is now open. Gone are the days we think are too hot to walk and that are filled with the myriad distractions of summer, and we have welcomed the cooler and shorter days of autumn. As walkers, our thoughts turn to rediscovering the joys of bushwalking and regaining the fitness that we might have lost over the summer season. Obviously many of you have been waiting for the walk program to begin as all the Sunday walks have been filling rapidly. The E2E walks remain popular and the new E2E5 filled very quickly and bookings needed to be closed early.

The first of our extended walks in the Grampians was a lot of fun and also excellent walking. We will be offering a 3 day walk in Kangaroo Island in November and more information on this walk can be found in this edition and also on our web site. There will be no expressions of interest for this walk, you will need to wait until bookings open, but we are looking for interest in a new Kokoda experience for 2011.

As a committee we do our best to provide a varied walk program. Trying to meet all the needs of our diverse membership can be difficult so we are always open to suggestions for

walks and new ways of doing things and of course are always looking for more volunteers to join our ranks. During the summer season we held our annual walk leaders training day and it was great to see new faces in the group - welcome to all these people.

Enjoy the new walk season and remember it is better to walk with a group that is closer to your pace than to walk with a group fitter than you and be forever trying to catch up. You will enjoy it more and that is what walking is about.



Kangaroo Island

FoHT Walking weekend ~ Nov 2010

November 12th to 15th ~ Friday evening to Monday evening.
Note: the Monday is not a Public Holiday.

A bus will take us to Kangaroo Island and home again. Leave Adelaide for the late ferry Friday, and return on Monday evening. Come along for a great walking and fun long weekend on Kangaroo Island. Walks by Hugh of Burra, an experienced KI walker. NOTE this is a walking trip, not a sightseeing tour, although we do plan a visit to Clifford's Honey Farm.

Accommodation REVISION - on Friday, Saturday, Sunday nights is now at Timber Creek Lodge, close to Pandana in the centre of the island. Hostel accommodation, with shared rooms. All linen/bedding provided - no sleeping bags or pillows required. Friday night dinner is up to you - bring sandwiches or buy something on the Ferry. Catching the 7pm ferry, we are due to arrive late at Timber Creek Lodge. The provisions will be provided for breakfast and lunches on Saturday, Sunday and Monday. Dinner on Saturday and Sunday nights are included.

You are required to bring all the necessary walking gear, including your walking boots and wet weather gear.

Total cost is \$390 person - members. \$420 non-members

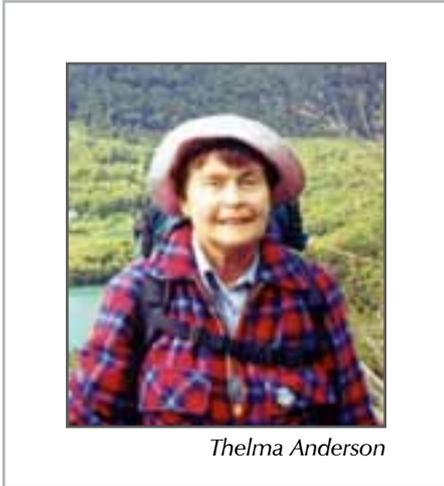
This trip is limited to 20 people, to secure your place a deposit of \$50 per person (non-refundable) is required when booking. (Cancellations subject to FoHT policy - see website under Walks / FAQ) Final Payment is due 15th October 2010.

BOOKINGS OPEN - Tues 15th June 2010
Online, www.heysentrail.asn.au
or phone the FOHT office 8212 6299 on or after 15th June.



Walking SA

By *Thelma Anderson*
Walking Access Committee



Thelma Anderson

Official Opening of the 2010 Walking Season.

A well attended occasion at Mylor Oval on Sunday, 11 April, 2010 marked another successful event to launch the start of the walking season for 2010. Jointly hosted by Walking SA and the Skyline Walkers the event was well attended by walkers from many of our member clubs who participated in guided walks throughout various scenic locations of this historic village in the Adelaide Hills. In perfect autumn weather the local community combined to hold their annual Autumn Fair with numerous stalls to complement the needs of local residents and visiting walkers - plants, afternoon tea, cakes, barbecued sausages, bric-a-brac items. Recent rains had refreshed the venue and enticed native orchids in a display along the walking trails through the native bushland areas. Relaxing music, provided by several local instrumentalists and vocalists-entertained the family groups who gathered on the oval throughout the day. Several of the major outdoor shops from the City in colourful tents offered a range of essential items of equipment and maps. Plans are already in hand for this event to be held at another Hills location in 2011.

Mount Lofty Walking Trails

These trails have existed in chequered circumstances since the early 1970's when the National Fitness Council of South Australia recognised and reacted to a need within the recreational community of this State for the publication of a series of walks within scenic areas of the Mount Lofty Ranges. During its existence the National Fitness Council prepared three series of Network walks - A, B, and C - for publication, but only two were published - A and B. Many of the locations described in these walks have now been absorbed by the Heysen Trail, but on completion of the Heysen Trail, Terry Lavender named the remaining sections as the Mount Lofty Walking Trails and produced four topographical series maps entitled Onkaparinga 1 and Barossa 1, 2, and 3. With the management of the Heysen Trail being transferred to the Department for Environment and Heritage, all remaining recreational trails are now managed by the Office for Recreation and Sport, including the Mount Lofty Walking Trails. In 2007 this Government agency contracted Ruan Consulting to provide a report on the Mount Lofty Walking Trails which has now been made available to Walking SA. A small committee has been established to deliberate on the findings of the Report and to make recommendations and take action for the re-instatement of these valuable walking locations.

An excellent example has been established by Rob Marshall of the Walking Trails Support Group by presenting published walks in coloured leaflet form of high profile scenic areas with interpretation based on the Royal Geographical Society's guidebook "Exploring the Barossa", available from Tanunda Visitor Information Centre. A similar opportunity could be available to Walking SA to co-operate with relevant local councils to describe and to publish

descriptions of walks in remaining locations of the Mount Lofty Walking Trails, at the same time providing a tourism initiative for the various local government districts. Some of the trails have already been absorbed as forest trails, also ensuring their protection as recreational trails. It is important that every effort is made to retain a recreational asset that is protected by legislation in the interests of both present and future generations of a rapidly expanding walking community and as a tourism resource.

Yankalilla Council

Advice has been received that two applications have been received by Council from landowners for "exclusive use" of road reserves situated on their respective properties. Representatives from the Walking Access Committee visited Yankalilla recently to discuss the issue with Council staff and to inspect the particular road reserves. Provision exists within the Roads (Opening and Closing) Act for Councils to make a charge to landowners for rental of public roads within the respective Council areas. (Many of our walking trails, including the Heysen Trail, follow public roads within private property for which the landowner may be charged rental by Council.) However, an application for "exclusive use" comes within the Local Government Act with specific provisions and is administered by the Department for Planning and Local Government. It is possible that certain provisions of the Recreational Greenways Act may also be relevant and the feasibility of that legislation needs to be explored. The on-site inspection of one property indicated there was limited potential for use of the road reserve for recreational purposes and the road reserve on the second property is simply a re-alignment. The motivation of the respective landowners for applying to Council for "exclusive use" of these two undeveloped road reserves is unclear, particularly in view

of the absence of any real value of either of them for use as recreational trails.

Drivers Road Circuit

Adelaide Hills Council, with some assistance from Greencorps Volunteers is restoring this valuable walking trail, most of which follows undeveloped road reserves and makes a connection with the Heysen Trail near Piccadilly and the Mount Lofty Botanic Garden. Commencing at Tregarthen Reserve on Greenhill Road, the Trail follows the unsealed section of Drivers Road where gorse and blackberry have been cleared then continues on a walking track through bushland to a creek-line where a number of stiles have been secured. Restoration and completion of the Trail is now dependent upon the availability of assistance from Greencorps through Adelaide Hills Council. Every effort is being made to avoid busy traffic lanes in order to provide safe walking access throughout.

Woodcutters Road

Onkaparinga Council has made application for a Heritage Agreement to be applied to the northern section of Woodcutters Road, but legislative obstacles have delayed this action. However, in view of the formation of the Woodcutters Road Environmental Association it may be unwise to explore this location due to the absence of any accurate identification of the road reserve. In addition a recent newspaper item in "The Courier" (Mount Barker local newspaper) referred to the discovery of two threatened plant species by members of the Environmental Protection Association on private properties on Woodcutters Road.

Verdun Bridge

Efforts to secure a safe crossing of the Onkaparinga River at Verdun adjacent to the Hills Christian School have once again stalled. Although agreement was made by Mount Barker Council for a joint meeting with Adelaide Hills Council and Walking SA to discuss the issue, Adelaide Hills Council repudiates any responsibility for co-operating in this project. Efforts will continue in our endeavours to secure the historic link with Hahndorf.

Burra Branch Report

Jenny Reid
Publicity Officer

The Burra Branch held it's AGM on the 28th March 2010 with a good attendance and several apologies.

The elected officers for 2010 are:

- President:**
Arthur Simpson
Vice President:
Kate Greenhill
Secretary:
Sally Fieldhouse
Section Leader:
Hugh Greenhill
Assisting Section Leader:
Heather Bryant
Publicity:
Jenny Reid



Jenny Reid

Walks were planned for this year after much discussion by all attending and resulted in a varied walking program and a weekend trip for the group during 2010. The meeting ended with a shared meal, which included a celebratory chocolate cake for the President's birthday the following day (note next year I'm told it's significant?).

Date	Location
Wednesday 12 th May	Paradise
Sunday 6 th June	Tooralie Gorge, Western boundary to Collinsville
Saturday 26 th June	Civilisation Road: Full moon walk, Camp @ Mt Bryan East School
Saturday 17 th July	Caroona Creek
Tuesday 3 rd August	Razorback
Sunday 22 nd August	Camel's Hump
Saturday 18 th September, overnight	Mt. Remarkable
Saturday 9 th October	Spring Gully
Sunday 24 th October	Hopkins Creek
Saturday 6 th November, Breakup	Saddleworth

Enquires and information please phone 0427 060 454 (evenings)

So what does one do while waiting for the 2010 walking season to begin? Many of us have had summer adventures in various parts of SA and beyond, however in the Mid North a group of volunteers have successfully planned, developed and opened a new walking trail in their

you can go to the movies, just like in the city. Whew and there's probably even a whole more that I don't know about.

I took myself off to discover the walking trail recently on a cool autumn day and was surprised that even at this time of year there was plenty to keep my interest. In the scheme of things it's not long but there is plenty to see with well placed interpretive signs of the many and varied plantings. It will be a wondrous sight in springtime but I was lucky enough to be accompanied by a very happy willie wagtail and a monarch who fluttered on by, then stopped to show off its colours.

My suggestion would be to see Blyth over a Saturday afternoon and evening. Start by walking the trail, and then visit the Medika Gallery to view the wonderful artwork and other local art and craft work, take in refreshments and a meal at the local pub, then finish the evening at the movies at the Blyth Cinema. My guess is that you will likely see Ian Roberts at one of these venues and I know he will be more than willing to share his knowledge of anything "Blyth".



Flowers and Friends

local community, this being in Blyth, which is situated about 15km west of the wine mecca of the Clare Valley, or 132 km north of Adelaide.

The "Lomandra" walking trail skirts the southern and western boundary of the Blyth golf course and is a great place for a run, a gentle walk (as in my case as I'm too old for pounding the pavement) or a bike ride. Lomandra is the botanical name of iron grass which grows copiously on the golf course (frustratingly so according to golfers) and one of the few places in the Mid North that has good examples of this native.

Even though I live locally, I "googled" Blyth, to see what is being said about this community. Wikipedia adds the following which I know to be true. "Blyth is recognised as being a strong small community with a big spirit. The town today boasts a General Store, Post Office, Pub and Gallery/Studio, as well as sporting facilities for football, netball, bowls, cricket and golf. Several businesses based in Blyth service the region. A recent addition is the Blyth Cinema housed in a beautifully renovated church".

And if you know anything at all about this community, you will also know the name Ian Roberts. Ian is recognised as one of Australia's premier bird painters, as well as the project coordinator for the formation of the trail, as well as operating the Medika Gallery where you can see his wonderful selection of bird paintings, as well as being the chair of a local community group that established the Blyth Cinema where



A Butterfly on the Trail

FRIENDS OF THE HEYSEN AND OTHER WALKING TRAILS INC

Report on the 23rd ANNUAL GENERAL MEETING

Peter Wynen
Secretary

The 2010 AGM was held on 26th March 2010 at Woodville Bowling Club.

We had approximately 60 members in attendance. After welcoming our Patron Warren Bonython and his wife Bunty, President Simon Cameron reflected on the improvement in membership numbers and financial position of our organisation over the past 10 years. He explained the committee structure that we have been operating under over that time and mentioned some of the highlights attributable to each.

Maintenance -

First of the tanks at Eyre Depot, hut survey, DEH working agreement.

Office -

Membership database. On-line bookings, training.

Walking -

E2E4, Innes NP weekend, Great Ocean Walk.

Membership & Marketing -

Numerous promotional activities, membership database, Trailwalker magazine, Heysen Friendly town initiative.

He then spoke briefly about our support for other Walking trails.

\$2,700 donated to provide stiles along a section of the Lavender Federation Trail.

The formal establishment of the "George Driscoll Memorial Sea to Summit Trail" that we hope to have maps for in time for the opening of the Walk Season on 11th April at Mylor.

He gave a brief outline of our planned projects for 2010:

- to have the first batch of 10 water tanks installed at a cost of around \$50000.
- The Friendly Towns initiative continued.
- EndtoEnd5 commenced.

Following the Treasurer's report and the maintenance report (both referred to in detail elsewhere) the election of officers took place. Simon Cameron continues in the role of President, Robert Alcock continues as Vice-President, John Wilson continues as Treasurer and Peter Wynen continues as Secretary.

Continuing for 2nd year: Gavin Campbell, Bob Gentle, Jeanette Clarke.

Appointed since last AGM and continuing for 2nd year: Nick Langsford, Chris Porter.

Renominating members: Cliff Walsh, Julian Monfries, Jerry Foster, David Rattray.

Retiring from Council - Dana Florea.

There is provision for one more member. (If you think you may be interested in taking part please have a word with Simon).

Simon gave a brief description of the efforts of Jeremy Carter over the short period of his membership with us. It was a recommendation from Council that he be offered Life membership in recognition. A certificate was presented and acclamation followed.

Simon briefly explained that DEH was looking to alter the logo for the Trail and possible samples were available for those present to view and comment on.

Following the formal part of the meeting, Simon introduced our Guest Speaker: John Kenneally (ABC Radio 891) who gave a brief history of his working life and the integration of his love for music with it.



Mt Arden Flinders Ranges

Argadells is a historic working sheep property situated just 25 kms north of Qaom. Nestled between Warren Gorge and Buckaringa Gorge this accommodation site offers some of the best scenery anywhere in the Flinders Ranges.

It is an ideal base for walking this area with the highest point on the property being Mt Arden, three spectacular gorges, yellow footed rock wallabies and stunning scenery.

Self catering accommodation for up to 10 people is available in a well equipped cottage and sleeping quarters, complete with outdoor bbq and fire area. Excellent bush camping areas situated on creek banks and caravan sites with ensuite bathroom facilities are also available.

If you are looking for quiet, relaxing, working property accommodation in the heart of the Flinders Ranges then this is one place you must keep on your list.

For more information please ring Judy on 8648 5246 or visit our website. Please note bookings are essential.

FINANCIAL REPORT TO AGM - MARCH 2010

*John Wilson,
Treasurer*

Summary

During the 2009 financial year, the Friends made a profit of \$11,738. This is a satisfactory result, and is about the level we can expect to raise each year from current plans for our programs and activities. Net income from walking was substantially more than for 2008, mainly as a result of strong support for the End to End walks. Apart from the direct income for the walks, this support is reflected in higher day walk receipts including Golden Boots and Multi-Walk tickets. The three longer events (to Innes NP, Burra, and the Great Ocean Walk) were also successful.

Income from membership subscriptions increased by over 10%, reflecting a steady

rise in our numbers. Income from sales of books and maps from our office still showed an increase, even though there was a supply problem with the Heysen Trail maps near the end of the year. The innovation of a Friends' calendar was also successful. Income from advertising showed a small increase, while bank interest was less as a result of the financial crisis.

Administrative expenditure for 2009 rose compared with that of the previous year by about \$2,000. The main increases were for expenses associated with completion of our membership data base, and bank fees resulting from our increased turnover. The Friends spent \$5,936 of our funds on trail development, which included \$1,096 of donations from the End to End 2 group

for a water tank at Eyre Depot, and \$2,700 in material support to the development of the Federation Trail. A further \$5,552, spent on basic materials and expenses, was reimbursed by the Department for Environment and Heritage. It should be noted that overall annual expenditure on the Heysen Trail by DEH is about \$400,000. We are planning a major outlay during 2010 for a series of water tanks along the Heysen Trail.

2009 Accounts

The Auditors Report and 2009 Accounts for the Friends were distributed at the AGM. Spare copies are available from the Friends office. Detailed accounts, prepared monthly, are also held at the office and may be inspected by members.

The following is a brief summary of the 2009 Accounts

Net Income	\$
Membership Subscriptions	13,060
Income from Sale of Goods	7,413
Interest	3,357
Advertising revenue	3,544
Walking	23,779
Sundry Income	1,127
Total Income	52,280
Expenditure	
Administrative expenses	5,420
Bank fees	2,040
Insurance/Affiliation	4,200
Office expenses	10,535
Promotional expenses	6,924
Trailwalker costs	5,486
Trail Maintenance	5,936
Total Expenditure	40,541
Net Surplus	11,739
Current Assets	
Bank Accounts	55,985
CPS, and Term Deposit	66,110
Minor Accounts/Floats	216
Stock on Hand	11,237
Trade debtors	1,210
Plant and Equipment	0
Total Assets	134,758
Current Liabilities	10,802
Nett Assets	\$ 123,956

TRAIL MAINTENANCE

Gavin Campbell
Trail Maintenance Coordinator



Gavin Campbell

My maintenance expedition with some Operation Flinders personnel has come and gone and it turned out to be one of my life's better experiences

On Saturday 10th April I met Kylie at Operation Flinders Headquarters at 8 am and we headed off for the section of the Trail they are going to help maintain. The expedition required full packs as we were staying out for three nights. I haven't carried a full pack for a while so I knew I was in for a tough time but what the heck. I have done it before so I will be able to do it again.

Our original intention was to go to Angorichina, stay the night there and then head south along the Trail staying overnight at Aroona, Yanyana, then Wilpena. This arrangement was turned upside down because of major flooding caused by big rains in the area on the day before we set off. At Hawker they had only 17 mm of rain but this increased significantly further north. There was significant flooding at Blinman and the Parachilna Gorge, with even more rain around Copley and especially Yankaninna Station where the rest of the party was heading.

Oweindina and Yankaninna Stations have been purchased by Operation Flinders as part of their operations. Both stations are to be de-stocked so as to allow re-vegetation. In a previous article by me (Walk Umberatana Station. The quest for Mt Thomas), I refer to Yankaninna as being a moonscape from many years of overgrazing and neglect, so it was with some joy that I learned of this outcome.

Instead of us going to Angorichina, we started at Wilpena and headed north. Our

first night was camping out in hoochies in the Wilpena Camping Ground. It was here that I first met my fellow maintainers, Rikki Lee, Britney, Aaron, 'Wags' Wagner and of course Kylie who is by chance the daughter of Jenny Agnew. Jenny has been on at least one of my walks, a twilight walk with her partner Kerry. His writing was fairly bad and as a consequence I have since referred to them as Jenny and Kenny. For some perspective I think Wags' Grandpa and I may have done our accounting degrees together.

The first night was uneventful except for the fact I haven't slept under a hoochie for about 40 years and had forgotten that I should have used two because one is a little cramped. Before bed Kylie took us on a universe expedition where an old bloke had an 8 inch telescope and we, along with several others, looked at the heavens as the clouds allowed. We did see the rings of Saturn and the nebula in Orion's Sword along with stellar clusters etc. so it was a very interesting evening.

Next morning we were all up bright and early and after breakfast, which some kangaroos helped us finish, we were off. The section to Yanyanna Hut is about 25 km and we all looked pretty fit as we walked along. I did worry a little about the younger ones not being used to such weights but this concern was unfounded. I was also concerned about the two hills near the end, especially the one leading up to Yanyanna Hut, but the only one who struggled was me. At one stage going up

the final hill I got my climbing stick and water bag strap tangled, and over I went. The thought did go through my mind that it would be easier to stay there than go on, but I didn't. To my amazement as I struggled up the last hill, Wags started running up the hill. I think it was too much for his Achilles' tendon, as events would later reveal, but to even contemplate such an act was light years beyond my capabilities.

We had our evening meal and, while Kylie and I slept in the hut, the young ones slept out under the stars. It sounded a bit cold as a strong breeze came up during the night but all seemed OK next morning. I cut the next day's walk a bit short because it was to be another 25 km day with hills near the end. We maintained the Trail to Brachina Road and then walked along that road and up the Aroona Road to the Aroona camp ground. It was along this road that Wags' heel started to play up. Luckily a Ranger in his truck went by, so we loaded all of our bags on and he took them to the camp ground while we walked on. I was certainly glad I reduced our walk, as Wags wasn't the only one struggling.

That night the rest of them again slept under the stars again while I slept in the hut and at breakfast I was the only one who was dry, for there had been dew during the night. After breakfast Kylie assessed Wags' heel and it was certain he wouldn't be walking that day. Luckily there happened to be a couple of campers at the same



The group of Young Maintainers - Rikki Lee, Britney, Aaron, 'Wags' Wagner and Kylie

camp ground and one of them, Brenton, a nurseryman from Canberra, offered to take Wags and me to Blinman. Kylie had asked him the night before and he came over during breakfast to see if we still wanted a lift. Usually in a situation like this you have to ask several times but this guy didn't need prompting. I thought this was a really noble gesture. It turned out he was originally from Mount Gambier and this was his first trip for a long time to the Flinders. On the way I asked if he could take us to Angorichina and he willingly agreed, so I guess he is really a great, great guy.

Wags and I had to endure sitting around for the day and for lunch we had civilised food of a pie, icecream and cappuccino while the others had the usual fairly unappetising lunch, a point I had to mention later in the day. That night it was showers, a comfortable bed and television, much to everyone's delight. The following morning it was up as you felt like it, toast, crumpets and coffee or tea for breakfast and a walk along the creek while we waited for the

rest of them to get to Copley. On the way back along the creek Britney fell asleep while being piggybacked by Aaron. This shows how really tired she was but there was no complaining. While sitting in the Angorichina car park I was amused by the local birds, opera performance. There were innumerable birds, all singing their own tune while putting on a grand performance of territory establishment. Soon our transport arrived, then it was off to Parachilna to join the Yankannina gang and from there it was off home.

As far as maintenance went, it was done as the Trail needed it. We will need to go back next year to look at the section we missed and to put up some posts going up the last hill to Yanyanna. The few days I spent with these young people will be a highlight of my life, for I thoroughly enjoyed it. The Operation Flinders people's stamina amazed me. Kylie carried a pack that I couldn't even lift and she showed no signs of wilting. The rest of them carried full packs for the 70 km and they must get a special mention. Britney is a very

slight person, I reckon if she did push ups she would take off, but she carried a full pack the whole distance. Rikki Lee went the whole distance yet retained her dignified, lady like demeanour all of the time. Aaron was an inspiration to the rest of us, his load was heavy but he remained happy and cheerful for the whole time and is a really nice bloke. Finally Wags, like Aaron, was an inspiration remaining cheerful for the whole of the walk. It was interesting that Wags improved his cocky skills by perfecting his screech and, with that hair do, is well on his way to being a fully fledged member of the Pt Vincent flock. He will probably have to get a ticket of leave from the local shag population where I believe he is a member because of his diving and "staying under water" abilities.

Next year we intend to be even bigger and better with more young people involved. This may require some help from other members especially people with motor vehicles. □

Discounts Available to Members

The following discounts are available to members. Your membership card must be shown to receive the discount, some exclusions apply.

Friends of the Heysen Trail

10 Pitt St, Adelaide 8212 6299
 10% discount on all maps and books
 (excluding sale items)

Adelaide Hatters

36 Adelaide Arcade, Adelaide 8224 0131
 10% discount

Annapurna Outdoor Shop

210 Rundle St, Adelaide 8223 4633
 10% discount (excluding sale items)

Aussie Disposals

42 Pulteney St, Adelaide 8224 0388
 Elizabeth City Centre 8287 3008
 Colonnades, Noarlunga 8326 3186
 327 Main North Rd, Enfield 8342 4844
 Up to 10% discount

Boots Great Outdoors Centre

1277 South Road, St Marys 8277 7789
 Up to 10% discount (excluding sale items and fridges)

Columbia Sportswear Company

208 Rundle St, Adelaide 8232 0690
 10% discount off recommended retail price

Mitchell's Adventure

Westfield Marion 8296 7700
 Westfield Tea Tree Plaza 8395 9555
 10% discount (excluding sale items and portable fridges)

Mountain Designs

187 Rundle St, Adelaide 8232 1351
 10% discount (excluding sale items)

Paddy Pallin

228 Rundle St, Adelaide 8232 3155
 10% discount (excluding sale items)

SA Camping World

109 Jetty Road, Glenelg 8376 1330
 10% to 15% discount excluding sale items

Scout Outdoor Centre

192 Rundle St, Adelaide 8223 5544
 10% discount on outdoor gear (excluding sale items)

Snowy's Outdoors

92 Richmond Road, Keswick 8351 2111
 Up to 10% discount

Trims

322 King William St, Adelaide 8212 5099
 Westfield Marion 8298 9777
 5% discount

Wattyl Paints Centres

Refer to page 52 of the 2008 White Pages for your nearest outlet.



Accommodation in the Wirrabara Forest, Southern Flinders Ranges

Adjacent to the Heysen Trail and close to the Mawson Trail

Self contained accommodation for up to 8 people

Paul & Denise Kretchmer
 Phone: 08 8668 4343
 Email: info@taralee.com.au
 Web: www.taralee.com.au

MEDIA RELEASE

Bibbulmun in Bloom

Jean Byrne
Marketing Manager



Track and offers a unique experience in the spectacular wildflower season.

A private bus provides transport to and from the Track each day and participants will experience a number of unique eco-tourism attractions in the region. Each evening the group returns to comfortable accommodation in the rural towns and villages along the Track. Participants need carry only a small daypack, and the flexible itinerary caters for all levels of experience.

A special itinerary led by experienced guides from the Bibbulmun Track Foundation will depart from Perth on 6th September 2010. The 8-day tour will showcase the 'Best of the Bibbulmun' in the midst of WA's wildflower season. The world-famous Bibbulmun Track in Western Australia stretches almost 1000 kms from Kalamunda in the Perth Hills to Albany on the south coast and passes through some of the most diverse and beautiful coastal, forest and rural areas of Australia's south west. This special tour allows participants to experience glimpses of the very best sections of

this award-winning track.

The itinerary has been carefully compiled to combine a variety of day-walks with off-track accommodation. The specially selected full and half-day walks cover varied landscapes from the rolling hills and jarrah forests in the northern section, through the magnificent karri and tingle forest to the spectacular ocean views and coastal heathlands in the far south. Lead Guide, Steve Sertis, who has walked the length of the Track three times and knows it 'like the back of his hand' said "This tour is a great way to showcase the best of the

The Bibbulmun Track Foundation is a not-for-profit, community-based organisation established to provide support for the management, maintenance and marketing of the Bibbulmun Track. They have been conducting guided walks on the Bibbulmun Track for a number of years and have a wealth of experience. All proceeds from this trip support the ongoing sustainability of the Bibbulmun Track.

For more information call -
(08) 9481 0551, send an email to events@bibbulmuntrack.org.au or go to www.bibbulmuntrack.org.au.

8-day Highlights of the Bibbulmun Track

6th - 13th September 2010

Experience the best of the
Bibbulmun in Western Australia's
spectacular wildflower season



- ♦ Fully guided full & half day walks
- ♦ Comfortable motel & chalet accommodation
- ♦ All meals and transfers
- ♦ Spectacular coastal, forest & wilderness areas

Cost: \$2400 (max 16 people)



For more information contact:
The Bibbulmun Track Foundation
Phone (08) 9481 0551
Email: events@bibbulmuntrack.org.au
Web: www.bibbulmuntrack.org.au

Don't delay
Tour fills fast!



2010 Walk Season Programme for the Friends of the Heysen Trail

		April	May	June	July	August	September
1st Week of month	End-to-End		Sun May 2 End-to-End 4 Myponga to Mt Compass		Sat/Sun July 3-4 End-To-End 3 Alligator Gorge Road to Melrose		Sat/Sun Sep End-To-End Broadview Dutchman
	Trail Starter	Easter	Sun May 2 Trailstarter Belair Robyn Quinn	Sun June 6 Trailstarter Kyeema Robyn Quinn	Sun July 4 Trailstarter Scott Creek Lynn Wood	Sun August 1 Trailstarter Sturt Gorge Ben Wait	Sun Septem Trailsta Christie Lyn W
	Trail Walker		Sun May 2 Trailwalker Brownhill Creek-Mt Lofty Richard Milosh	Sun June 6 Trailwalker Anstey's Hill Robert Alcock	Sun July 4 Trailwalker	Sun August 1 Trailwalker Sea to Summit Colin Edwards	Sun Septem Trailwa Barry B
2nd Week of month	End-to-End	Sun April 11 Opening of Walk Season Mylor	Sat/Sun May 8/9 End-to-End 3 Locks Ruin to Mt Zion	Sat-Mon June 12-14 End-To-End 3 Mt Zion to Murraytown		Sat/Sun August 7-8 End-To-End 3 Melrose to Broadview Station	
	Trail Starter	Sun April 11 Trailstarter David Beaton	Sun May 9 Trailstarter Rocky Creek David Beaton	Sun June 13 Trailstarter Nairne Jamie Shephard	Sun July 11 Trailstarter Onkaparinga Michael Middleton	Sun August 8 Trailstarter Mt George Graham Bald	Sun Septem Trailsta Chambers Gul Ben W
	Trail Walker		Mother's Day	Sun June 13 Trailwalker	Sun July 11 Trailwalker Kaiser Stuhl Ray Blight	Sun August 8 Trailwalker	Sun Septem Trailwa Clelan Mary Ca
3rd Week of month	End-to-End		Sun May 16 End-To-End 5 Begin Cape Jervis to Cobblers Hill	Sun June 20 End-To-End 5 Cobblers Hill to Tapanappa	Sun July 18 End-To-End 5 Tapanappa to Balquidder	Sun August 15 End to End 5 Balquidder to Waitpinga	Sun Septem End-To- Waitping Tugwell
	Trail Starter	Sun April 18 Trailstarter Sleep's Gully Chris Porter	Sun May 16 Trailstarter Belair Rhonda Dempster	Sun June 20 Trailstarter Adelaide Hills Hilary Gillette	Sun July 18 Trailstarter Waite Ralene Shaw	Sun August 15 Trailstarter Scott Creek Stephen Salib-Brown	Sun Septem Trailsta Barry B
	Trail Walker	Sun April 18 Trailwalker Montacute Richard Milosh	Sun May 16 Trailwalker Aldgate Autumn Gavin Campbell	Sun June 20 Trailwalker Vixen/Devils Gully Richard Milosh	Sun July 18 Trailwalker Mt Crawford John Potter	Sun August 15 Trailwalker Kersbrook Mary Cartland	Sun Septem Trailwa Steve Wil
4th Week of month	End-to-End	Anzac Day Long Weekend Fri/Sun April 23-25 Grampians	Sun May 23 End-To-End 4 Mt Compass to Kyeema	Sun June 27 End-To-End 4 Kyeema to Dashwood Gully	Sun July 25 End-To-End 4 Dashwood Gully to Mylor	Sun August 22 End to End 4 Mylor to Cleland	Sun Septem End-To- Cleland to Monta
	Trail Starter	Sun April 25 Trailstarter Neil Rivett	Sun May 23 Trailstarter Surprise Walk Arrienne Wynen	Sun June 27 Trailstarter Wistow Sandy Melbourne	Sun July 25 Trailstarter Arrienne Wynen	Sun August 22 Trailstarter Horsnell Gully Robyn Quinn	Sun Septem Trailsta
	Trail Walker	Sun April 25 Trailwalker Onkaparinga/Chapel Hill Richard Milosh	Sun May 23 Trailwalker Hahndorf B/Water Loop Richard Milosh	Sun June 27 Trailwalker Hale - Warren Cons Park Colin Edwards	Sun July 25 Trailwalker Steve Wilkinson	Sun August 22 Trailwalker	Sun Septem Trailwa
5th Week of month	End-to-End			Key to Walk Programme <div style="display: flex; flex-direction: column; align-items: center;"> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;">Trail Starter walk</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;">Trail Walker walk</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;">End-to-End walk</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;">Other walk event</div> </div> An explanation of walk grades and details for each walk event are published on the website			
	Trail Starter		Sun May 30 Trailstarter Belair CP Bob Gentle			Sun August 29 Trailstarter Kuitpo Forest Russell O'Brien	
	Trail Walker		Sun May 30 Trailwalker Scott Creek Russell O'Brien			Sun August 29 Trailwalker Kaiser Stuhl John Potter	

For further information about each walk, walk grades, frequently asked questions or to print off a colour copy of the visit (www.heysentrail.asn.au/walks)

Walk Grades

There are five different grades of walk on the Friends of the Heysen Trail walk programme. Four of these operate during the walk season, generally from April to November when it is not Fire Ban Season:

- Trail Starter
- Trail Walker
- Trail Rambler
- End-to-End

When it is not walk season, generally during the summer Fire Ban Season, a fifth walk grade, Summer Twilight Walks, operate.

Details of each walk grade are provided on the website.

Registering for Walks

You must register for a walk, either online or over the phone.

Register online (by Wed prior please) at www.heysentrail.asn.au, or by phone the office on 8212 6299 (during the hours listed on page 3).

Walk

Walks are over 32°C the walk upon the E the forecast End walks apply to S

If unforsee participate preferably machine a

September	October	November
September 4-5 End 3 View to Dutchman's Stern	October Long Weekend Sat-Mon October 2-4 End to End 3 Dutchman's Stern to Buckaringa North	
September 5 Trail Starter Creek Wood		Sun October 3 Trailstarter Barry Brown
September 5 Walker Brown	Sun October 3 Trailwalker	Sun November 7 Trailstarter Walk Rally Ben Wait
		Sun November 7 Trailwalker Ashbourne Dean Mortimer
		November 12-15 Kangaroo Island Weekend
September 12 Trail Starter Cly Cleland Vait	Sun October 10 Trailstarter Morialta Robyn Quinn	
September 12 Walker And Hartland	Sun October 10 Trailwalker Para Wirra John Potter	
September 19 End 5 Tugwell Road to Inman Valley	Sun October 17 End to End 5 Tugwell Road to Inman Valley	
September 19 Trail Starter Brown	Sun October 17 Trailstarter Belair David Carter	
September 19 Walker Kinison	Sun October 17 Trailwalker Barry Brown	
September 26 End 4 Montacute Heights	Sun October 24 End to End 4 Montacute Hts to Cudlee Creek	 <p>The Friends of the Heysen Trail</p> <p>10 Pitt Street Adelaide 5000 Phone 08 8212 6299 www.heysentrail.asn.au</p> <p>This version released 26 March 2010</p>
September 26 Trail Starter	Sun October 24 Trailstarter	
September 26 Walker	Sun October 24 Trailwalker	
	Sun October 31 Trailwalker Pioneer Women's Walk	

programme,

Walk Cancellations

Walks are cancelled if the broadcasted forecast is for temperatures below 5°C. For simplicity, this can be determined the night prior to the walk in the 7pm ABC evening news weather forecast, based on the Bureau of Meteorology's routine 4pm forecast. Even if the forecast is later revised, the walk remains cancelled. End-to-end walks will be rescheduled to the following month. This doesn't apply to Summer Twilight Walks.

In exceptional circumstances arise and you are no longer able to attend the walk, please notify the office as soon as possible, preferably by 4pm Friday, or leave a message on the answering machine after this time.

Recommended Clothing and Equipment

Walkers joining our groups need to be appropriately equipped. Prime consideration is your safety, comfort and weather protection. Your safety and the safety of the walking group can be jeopardised by those walkers wearing inappropriate footwear or clothing. Evacuation of a sick or injured walker from an inaccessible area can take many hours. A Walk Leader may decide not to accept people for a walk who are not appropriately dressed or prepared for the local conditions.

What to Wear for Trail Starter and Trail Rambler walks.

- Good walking shoes, or boots with grip soles. Not appropriate for bushwalking are: thongs; sandals; elastic sided boots; and smooth-soled shoes or sneakers.
- Socks suitable to the footwear worn.
- Wet weather gear. A three quarter length waterproof rain jacket is ideal (showerproof spray jackets and quilted parkas are not waterproof and may lead to hypothermia). In summer a poncho style waterproof may be sufficient.
- A warm jumper or jacket of wool or polyester. Cotton shirts and windcheaters provide little insulation when wet, and retain water which quickly cools.
- Shorts, or loose comfortable wool or synthetic pants (jeans are not recommended as they become cold when wet and dry slowly)
- Shade hat and sunscreen in sunny weather. Warm hat/beanie in cooler weather.

For Trail Walker and End-to-End walks, in addition to the above list, depending on walk location and the weather, please also consider

- Thermal underwear
- Waterproof over-trousers
- Gaiters.

What to Bring for Trail Starter and Trail Rambler walks.

- Personal medication requirements, Basic First Aid and Emergency Kit
- UV Sunblock
- Insect Repellent
- Torch
- Lunch and snacks (include some for emergency)
- Plastic bag for rubbish
- Water in secure container; minimum 1 litre, and two litre if temperature will be over 25°C (even more if temperature is forecast to be higher)
- Gear should be carried in a day pack. One with a supporting waist band is recommended.

For Trail Walker and End-to-End walks, in addition to the above list, please bring

- Whistle
- Wide elastic bandage and Triangular bandage with safety pins.

Twilight walks are of shorter duration and generally in more accessible areas. The above recommendations can be modified to suit the walk and weather conditions. The minimum requirements are to dress for the weather conditions and sun protection, wear comfortable walking shoes, a sun hat, sunscreen, and bring 1 litre of water. If unsure, please check with the Walk Leader.

The clothing and gear outlined above are our recommendations. Note that the Walk Leader may not accept you for a walk if you are not suitably equipped for the local conditions. If unsure, always check with the walk leader.

Our Introduction to New Zealand Weather



Graham Connor and Jeremy Carter
at Hanging Valley Emergency Shelter

“Do you know a Severe Weather Warning has been issued for today?” I was in the Department of Conservation Office, in Te Anau, collecting our tickets for our next multi-day hike. Outside it was sunny, with clear blue skies. “Well, yes, when hasn’t one been issued?” I answered.

STORY BY JEREMY CARTER, PHOTOS BY GRAHAM CONNOR

We were hiking, or “tramping” as the locals like to call it, in New Zealand. My friend Graham and I had not been hiking here before so were doing a tour of some of the popular trails. Five trails in three weeks. All of our time was spent on trails interspersed with just a couple of rest or travel days.

This wasn’t the first time a Severe Weather Warning had been issued. The previous day we had “completed” the Milford Track, although perhaps “completed” is the wrong term as it implies we walked it all. We did not. We had been airlifted on the second day. Several kilometres from Clinton Hut - the previous night’s hut - we

had been helicoptered to Mintaro Hut - the second night’s hut. No, none of our party were injured, we, as with all other independent and guided walkers, had been walking through waist deep water. It wasn’t that we were crossing creeks in waist deep water, but we were walking along extended sections of the trail waist deep in water.

The Clinton River had broken it’s banks in numerous places, and the track and river were now one. Sometimes the water was just cold, thankfully the track, concealed somewhere under the muddy water, was firmly built up with gravel, so it wasn’t muddy. Other times, on the outside of river bends, we had to contend with the flow of

the river as it rushed past us quickly. The day before we set out on this track, it had rained 170 mm. The day we set out, it was sunny. At Clinton Hut we were told the track would be closed the following day, rain was forecast that night, and forecast to fall at 30 mm per hour, sustained for eight hours the following morning. These two days of rain represented over half of Adelaide’s annual rainfall, but as quickly as these valley rivers rise, they fall.

On our third day along the track, approaching Dumpling Hut, we could see the full extent of the flood waters. The flood indicators and flattened grasses showed the water

level had been at two metres higher just a couple of days ago, on the day we were helicoptered.

Later we met numerous people who said the Milford Track was best experienced when it was wet, at other times it could be rather ordinary because it is contained within two valleys. So I guess it could not be argued, we had seen the track at one of the best times. Sutherland Falls, waterfalls that cascade 150 metres over three stages, were, to put it mildly, thumping. I can surely say, what we saw did not look like the photo in the official guidebook. The volume of water was so huge, and the sea of mist so large, I had not even seen the pool of water at the base of the falls. It was like being in cyclonic rain, so fierce was the extent of the falling water.

So standing in the DOC (Department of Conservation) office collecting my tickets, it came as no surprise another Severe Weather Warning had been issued. We had seen headlines from previous days about massive hail storms and flooding in Invercargill, south of Te Anau. This was New Zealand, freak weather was to be expected even in summer. This time though the Kiwis were a little alarmed with the weather. The cold fronts and their harsh weather in themselves are not unusual in summer, but repeated incoming cold fronts was unusual.

Over the course of our trip I spoke with many Kiwis about this, some thought it was unprecedented, others had not seen summer weather like this in 35 years. I had come to New Zealand not wanting all good weather. We all want sunny days when we travel don't we? But I also wanted to experience typical New Zealand weather. I wanted to have to walk with wet feet, day after day. Not because I'm a miserable person, but I wanted to see how I would cope with

it. Of course, being a South Aussie, I've rarely even walked in sustained rain, let alone with wet feet for an extended period.

Having checked out the weather forecast for the day, we decided we would not dilly-dally so as to ensure we missed the worst of the forecasted snow falls. We were doing the Kepler Track, just a short drive or walk from the Te Anau DOC office. It is a three to four day hike, combining lakeside forests, mountain ascents, alpine walking and valley walking. In the carpark we spotted a couple of friends, Liz and Rick, from the US. We had met them on the Abel Tasman Track a few weeks previously. We had shared a camping ground for a single night before we set off in opposite directions the following morning.

After catching up on stories we set off, leaving them to their final hiking preparations as we were eager to beat the incoming weather. Graham had met Isobelle at the track head who, considering the weather forecast and her equipment, was keen to hike with some other people. She wasn't the only single traveller who joined us, the following day Isobelle returned the way we had come, but we were joined by Berta. Graham had set out first, followed by Berta, with myself

at the rear. Now I know this is the bit you all want to read - Berta soon wondered what she had got herself into. Setting out from the hut, Graham was walking fast, disappearing into the fog, and Berta struggled to keep pace. Looking behind her, she was somewhat relieved to see me bringing up the rear far behind.

The dry conditions soon gave way to rain. Protected by the dense beech forest, it was at the treeline that I think we truly discovered the protection the trees offered - protecting us from what was later confirmed as gale force winds. With what we thought was an hour and half to the hut, we pushed our way into the wind and fierce rain, joyfully stumbling across a sign a minute later informing us that our hut was only 45 minutes walk away.

We couldn't enjoy any aspect of the alpine terrain we were walking through, so fierce was the head wind and rains. Finally, we rounded a corner to the welcome sight of the hut. Opening the hut door and entering the small foyer was an experience more akin to that of a western movie. Everyone in the dining room and kitchen paused their games and drinks, as silence fell they turned to set their eyes up and down their new visitors.



Two hikers wade along the Milford Track

The following day snow was forecast to fall in the afternoon down to an 800 metre elevation, some 300 metres below us. By 8 am it was already raining and windy, so now was most definitely the best time to set out.

It was an alpine walk for most of the day, the journey broken by two emergency shelters, with a final descent into the Iris Burn valley to find our next hut. Only a few minutes from the hut though the rain changed, Berta and Graham were out of earshot so we couldn't discuss it, but this rain was weird. Oh, it dawned on me. It wasn't raining anymore, it was snowing. Again, I refer you to the fact that I am a born and raised South Aussie, my experience with snow is pretty limited. I had touched and felt snow, but never walked when it was snowing. Our ignorance was further proven later in the day when we met up again with our some UK friends -- "Snow! It wasn't snowing -- that was a blizzard!"

We skipped making the brief climb up to the summit of Mt Luxmore, it wasn't safe, and besides, we could see nothing, barely the track junction itself. At the first emergency hut we recovered a little. The blizzard had waned and stopped in the few previous minutes, but the shelter was a welcome sight as it's shape formed out of the fog. Through the cloudy windows, we realised something dramatic was happening outside. Was the sun shining? Surely not? Yes, the fog and clouds cleared, blue sky appeared and the

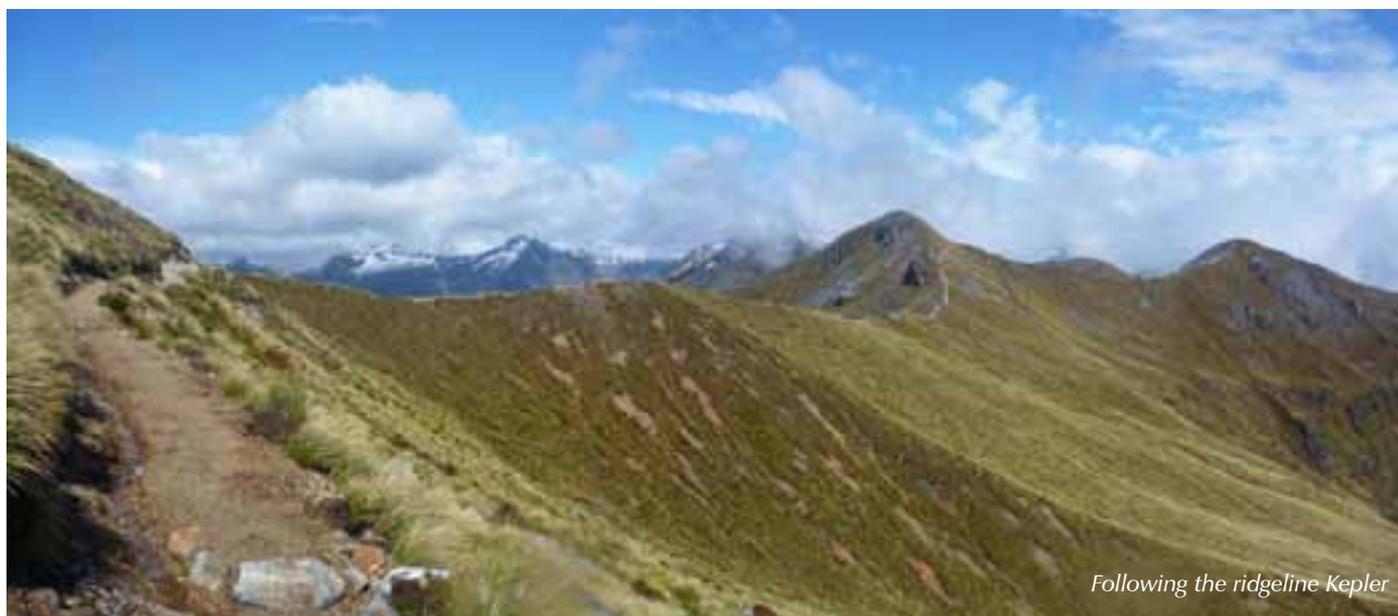
sun shone. We could, for the first time since beginning our ascent up Mt Luxmore to Luxmore Hut yesterday, see the mountains and valleys that surrounded us in every direction.

From the emergency shelter, the track followed a sharp ridge line, with the mountainside often falling off dramatically on either side. I saw a waterfall on a mountain opposite, the sun was shining brightly upon it. A rainbow appeared in the water as it was swept away by the strong wind. It looked as if none of the water was making it to the next section of the falls.

The following morning, from the protection of our valley hut, we could see that snow had fallen overnight, as predicted. All the peaks surrounding us were covered, and the trees for a 100 metres or so below the tree line were dusted with snow. Through this magnificent scene we walked out to the end of the track, the sun shining brightly all the while.

We were not to escape the freak weather yet. On our next track, the Humpridge Track, we contended with mud and a mountain ascent and descent in fog. The Humpridge Track is on the coast at the southern edge of the Fierland National Park. With our

Graham and Jeremy in the blizzard on the Kepler Track



Following the ridgeline Kepler

packs on our back, we did our biggest single day mountain ascent, from near sea level we climbed 920 metres to Okaka Hut. We were promised spectacular views, but we saw nothing. The mountain remained shrouded in fog for two days, all we saw were some postcards in the hut of the views.

Our final track was the Routeburn Track. Evidently, we had saved the best till last. Hilary had insisted we do this walk, and frankly I'm glad she did. This trail contained magnificent forest valley and alpine sections. A fitting end to three weeks hiking, this, our introductory tour of New Zealand's trails.

Editor's footnote:

Jeremy keeps a blog of his hikes, and each of these hikes is detailed there with photos. Visit <http://jez-hiking.blogspot.com>. ■



The rescue heli surrounded by waterfalls on the Milford Track

The George Driscoll Sea to Summit Trail

A unique trail from the beach at Kingston Park to the summit of Mount Lofty – 32km with a total height gain of 1400 metres from sea to summit. The trail passes through a series of trails, streets and parks and encompasses some existing walking tracks. Walk it in a day or over two days.

The Guide Map would not have been possible without the generous help of our Trail Partners.



Over the last three years, the Friends have been developing and refining the George Driscoll Sea to Summit Trail as a premier day walk in Adelaide. This has come to fruition with the release of the definitive map of the Trail. It's a unique trail from the beach at Kingston Park to the summit of Mount Lofty – 32 km with a total height gain of 1400 metres from sea to summit. The trail links many parks using existing walking tracks and a series of streets to create what we hope to be the premier challenging day walk experience. Do it as one day challenge or two day walks. The Sea to Summit was the brain child of George Driscoll, bushwalker, writer, and former manager of the Scout Outdoor Centre. His desire was to create a walk from sea to summit. The walk was launched in 1998 and named the Sea to Summit Walk by Tim McCartney-Snape, mountaineer. It was decided to call the trail the George Driscoll Sea to Summit Trail after its creator and developer, who died 2 years ago.

The map guide is now available at the Friend's Shop and good outdoor centres

Also supported by C Warren Bonython AO, Elfie Driscoll and Julian Monfries

1700 STEPS TO POSITANO



Ann on Sentiero degli Dei

Walking on the Amalfi coast is not for the faint hearted although the views more than compensate. Then there are the 1700 steps to Positano

STORY AND PHOTOS BY ANN & NEIL NOSWORTHY

Nocelle is a small village 1700 steps up a very steep hill from Positano on the Amalfi Coast in southern Italy. We chose to stay in the Villa La Quercia in Nocelle because we were fascinated by a picture on the internet site showing a fantastic view looking down on Positano and the dramatic coastline. For once, an internet picture did not lie. The sea view from our room was jaw-droppingly awesome or “jawsome” as we have been prone to say.

Just getting to Nocelle was part of the fun. We caught the bus from Sorrento around to Positano. There were magnificent views

of the Bay of Naples on one side and then the Gulf of Salerno on the other. The road along the coast to Positano clings to the mountains which drop straight into the sea. This is the best coastal scenery that we have seen anywhere in the world. Just outside Positano we caught another bus to Nocelle. We went up a very narrow, winding single lane road with the bus driver constantly blowing the repeater horn to alert oncoming traffic. Passing was an adventure with car drivers having to back up to where the bus could squeeze by only just missing the side mirrors.

Another reason to stay in Nocelle was that

it is on the Sentiero degli Dei or Path with the Gods, one of the best known walking trails in Italy. There is an extensive system of walking trails along the Amalfi Coast but the most popular trail goes about 7 kms along the coast between Positano and Priano.

We did a three and a half hour out and back walk along the trail (about 10 kms) avoiding the very steep downs to the towns at either end. The path follows the contours and is not too difficult but it is rocky and there are many small ups and downs. It is a very popular trail - we saw many large groups of walkers including

two or three groups of Australians.

The views from the trail are spectacular. We marvelled at the breath-taking vista along the coast past Positano with the mountains dropping almost vertically into the sea. Looking straight down the cliff we had a helicopter view into the backyards of houses some 400 metres below - not something for those with a fear of heights. While we were high up, we were surprised that we could hear the commentary by the tour guides in the boats travelling along the coast.

They have not killed all of the wildlife in Europe. We were walking through Nocelle when a metre long black snake, which had been sunning itself on a wall, dropped on to the path almost at our feet. It reared up and twisted around to face us before heading downhill out of harm's way. After that, Ann was a bit wary every time there was a rustle in the grass and we heard a few as geckos were common along the trail.

And what about the 1700 steps from Nocelle to Positano? We found out that it was a long way down. We had booked

a boat trip to Capri and planned to take the bus down to Positano. When the bus did not arrive as expected, we decided to walk. The path is well built but after 1700 steps down, our thighs told us that it was far enough. Fortunately we managed to catch the bus back to Nocelle; 1700 steps up the hill would have been too much.

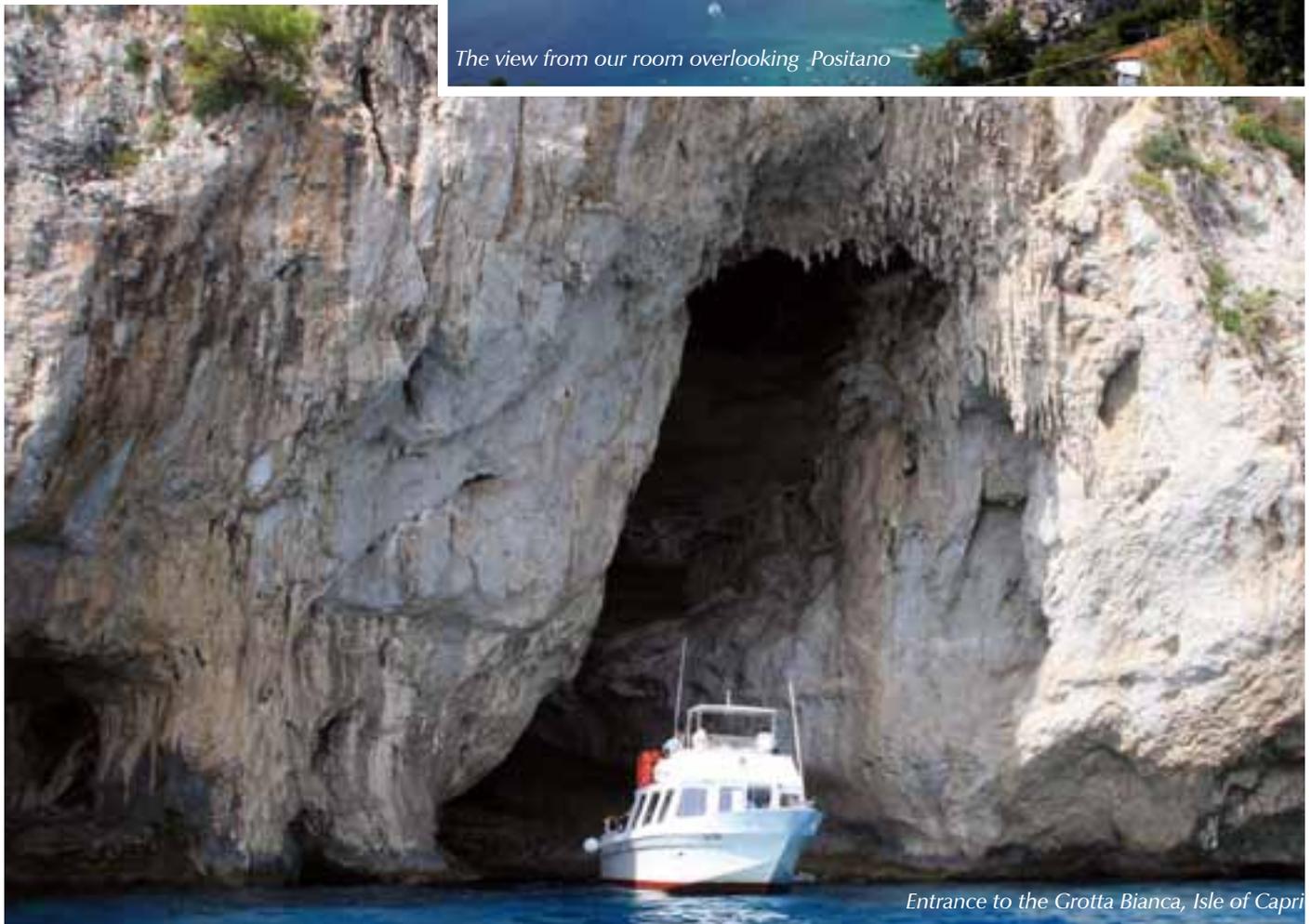
We did get down the hill in time to catch our boat to Capri. Unfortunately the famed Grotta Azzurra (Blue Grotto) was inaccessible because of a very high tide but we took a boat ride around the

island and saw some of the other sea caves - the Grotta Verde (green cave ie green water), the Grotta del Corallo (coral cave) and the Grotta Bianca (white cave). The seascapes on the island were wonderful but there was not a beach worthy of the name. Still Capri is a tourist mecca and worth the trip.

We thoroughly enjoyed our visit to the Amalfi Coast even though we only had time for a little walking. The views from our room were truly extraordinary. □



The view from our room overlooking Positano



Entrance to the Grotta Bianca, Isle of Capri

Grampians - ANZAC Weekend

23 - 26 April 2010



View of Halls Gap

The walking season was approaching at last and with it, the anticipation of 3 days walking the Grampians in Victoria. In total, 30 members of The Friends of the Heysen Trail set off on Friday 23 April.

STORY BY STEVE CLIFT, PHOTOS BY MARGARET CLIFT

Most travelled during the middle of the day and as they crossed the border, the weather changed, being greeted by ever increasing showers. As the night progressed, the last of the travellers dribbled in, with everyone in Halls Gap by 10 pm.

The evening meal was up to the individual, with some availing themselves of the kitchen facilities at the Baptist Camp where we were staying, whilst a group headed off to the hotel, for an a la carte meal. Briefing for the next day's walk was held when everyone returned at 8.30 pm, with our leaders for the weekend

being Commander Arrienne Wynen and Captain Simon Cameron.

During the night, which started quite mild, showers increased and gradually cooled the area down. Saturday welcomed us with heavy rain laden clouds and a fresh morning. In the valley, there was minimal breeze, but it was evident from watching the clouds, that there was plenty of wind from the north west on the ridges.

There were two walks on offer, being Trail Starter and Trail Walker. The troops gathered with the Walkers heading off about 9 am from the camp, whilst the Starters drove to Sundial Car Park

about 30 minutes later.

Simon led 20 Trail Walkers north along the bicycle track to the end of the town, then across the creek to the commencement of the walking trails behind Halls Gap, along the base of the Mt William Range. After several kilometres, the track started to climb eastward at a greater incline, until we arrived at a saddle, where most walkers took the option of walking through the bush for a short distance to a peak called The Sentinel (410 m). For the first time, we felt the full force of the winds on the exposed rocks, but the 270 degree view, even though hazy, was appreciated by all.

We then returned to the saddle for morning tea.

The walk continued along the well defined track southward following the ridge for several kilometres, before a short sharp climb over rocks to our highest destination for the day. Mt Boronia peak (595 metres) is not accessible, but we were on a prominent rocky outcrop adjacent to it being 555 metres. The view was magnificent, overlooking the Halls Gap valley floor and southward to Lake Bellfield. To the east, you looked toward Lake Fyans and the plains to Stawell, 24 km away.

After cooling off again, the group split at the base with 3 walkers returning via the trail, while the remainder "bush bashed" south, along the eastern side of the ridge, for about an hour. The recent fires were evident with burnt trees painting everyone in charcoal as they clambered over rocks, with the lower undergrowth now growing prolifically. We eventually came out on a saddle on the southern side of Mt Boronia, where we settled for lunch and watched the heavy clouds rolling in.

The next stage was straight down through the scrub again, this time challenged by a scree slope with loose rocks. The rain started making the walk more treacherous. As the rocks saw minimal sun through the

tree canopy, moss was prolific and slippery, with the timber at ground level rotten, giving nothing secure to hold onto or step on. It took about an hour to drop the 300 metres, with some bruises, a broken walking pole, but no other damage. The fire track back into Halls Gap was a luxury, then along the main road, for a well earned latte or ice cream.

We had walked about 14.5 km over a period of 5 hours 45 minutes, however the gorges had meant that a GPS was not accurate and whilst the rain had created a challenge on the downward slope, the walk was appreciated by everyone. We then headed back to the camp to see how the Trail Starters had fared, to find the camp empty.

Leaving the Sundial Car Park at about 10 am, 13 Trail Starters headed on the track up towards Sundial Peak Lookout (802 metres). The valley to the east was showing the benefit of recent rain, with everything lush green and Halls Gap a picture to the north east. Lake Bellfield was low and showing evidence of a long summer and recent dry seasons. Heading westward towards a junction, walkers had a choice whether to proceed further or wait in the car park and exit. Now normally if you stand directly in front of a sign, it has an arrow giving directions to the next feature, however, if it is an old

sign, it is no longer any good and the information cannot be relied upon.

The aim was Delleys Dell and then the Rosea Car Park. So after receiving instructions from the leader about the easy ½ hour, 150 metre climb back to the car park, they set off again. It quickly became evident that this was not the "easy" walk predicted, arriving an hour later at Sundial Peak Lookout for the second time. My understanding was that other than the shadows, not much had changed since the last time they were there. With "tail between the legs", everyone headed down another track, this time following the signs, finally reaching the Sundial Car Park.

When bivouac was called for lunch earlier in the day, no one was aware of the impact this would have upon them. As the afternoon went on, bloody splotches started to appear on their clothing and eventually, they realised that they had been assaulted by leeches. Everyone who sat down was affected, with one walker achieving 10 bites and also several in very unmentionable places. They eventually came off the trail in the true ANZAC spirit, bloodied but not beaten and looking forward to getting to the laundry.

The Trail Starters had taken 6 hours and about 14 km, so they arrived back at camp with their bloody trophies, about an hour after the Walkers. When the bruised and bloodied had been attended to, the evening "happy hour" commenced, as tea was being prepared. The meal was chicken skewers, salad and Greece rice or was it grease rice? Not sure, but followed by apple and blueberry crumble pie.

After tea, the two leaders debated and jockeyed candidates for the next day, expounding the benefits of their particular walk. The party then moved to the hall, where Simon's School of Zorbas Dance was conducted.

ANZAC Day, Sunday saw broken cloud and a cool morning dawn, but whilst



Walking Through Regrowth

damp under foot, only a couple of light showers had been received during the night. As the day proceeded, the weather cleared even though the breeze continued strong and cool. Julian did the respectful thing and lowered the Australian flag on behalf of the locals.

The walkers divided again for an earlier start, with the numbers falling off for the Trail Walk. Obviously Arrienne's "Magical Mystery Tour" from the day before had attracted more candidates, looking for the excitement of the "unknown". Heading off about 8.30 am, 13 Trail Walkers drove to the Major Mitchell Plateau where a car shuffle was set up.

The range averages about 1000 metres, with some very rugged country south of Halls Gap. With the clearing cloud, the plateau afforded spectacular views for most of the day, looking north up the valley and towards the eastern plains and Mt Abrupt. There was plenty of "bush bashing" with trails minimal, plus some rock scrambling on hands and knees, as they approached the plateau. Several other walkers were encountered, including two who had

backpacked into the area and camped on the plateau over night. Certainly, the pack would have been a challenge on the descent. The rocky outcrops were slippery, but the adrenalin was obvious when they returned, everyone saying it was one of the best day's walking they had been involved with. In total, they were out for 8 hours, covering 20.5 km, returning to the camp just on dusk.

A walk like this always turns up an unknown, with Hilary demonstrating how wobbly she is on the downhill slopes. Obviously, there are no descents in South Africa. Several drivers helped drop off walkers at Major Mitchell Plateau, so it was 9.30 am before Arrienne and the Trail Starters, including the walking wounded who had transferred sections, set off from camp, with 16 looking forward to the "unknown" ahead. We firstly headed up a trail with a steady incline to Clematis Falls (minus the falls), with ferns at the base of the valley well watered by moisture oozing from the rocks, then on the trail again through beautiful high wooded areas to Chatangua Peak (429 metres). The

peak is opposite the valley to the side of the Elephants Hide, so has great views to Halls Gap below, plus the tourist car park areas towards Wonderland. The breeze was very cool, so morning tea was held on the sunny leeward side of the peak. Heading downward through Bullaces Glen, well sheltered and watered again, the ferns in the sun created a picturesque scene. Native holly, numerous lush correas and the spectacular pink heath, covered the valley floor.

We crossed the Mt Victory road and followed the trail towards several junctions. Left, right, reverse and about face, we eventually found the track up the valley. It was obvious that 5 year old children, ice creams and the caravan park meant that we were not heading into the required bush area. Snap!

Lunch was held at Venus Baths, where the group split. There were 8 walkers remaining, who then headed up to the Wonderland Car Park and onto the tourist trail through Grand Canon, Bridal Falls, Silent Street and eventually the Pinnacle (715 metres).

The walking group at Mt Arapiles



The lookout was full, so you had to line up to get a look, with numerous family groups and uni students, on a weekend away.

The alternative route home of 3.9 km was taken, down the slope to the west of Halls Gap. The view was tremendous all the way down, but the uneven nature of the steel grate steps meant that you had to concentrate to ensure you did not "hook" a foot and tumble. There was only one casualty on the way down. In total the Starters had travelled 14.2 km over 7 hours, which was a great "hit out" for the new season.

With everyone returning late that evening, happy hour was delayed, but after a fantastic day's walking, the atmosphere was vibrant. The Greek lamb roast, roast vegetables, followed by Baklava was spot on at the end of a hard day's walking.

Being ANZAC Day, the night finished with a game of Two Up. Simon boasted about how quickly he had fleeced patrons in past years and after watching the game for a while, it was obvious why. After a "point of order"

and reference to the rules, the game restarted. He did eventually fleece everyone again, but he had to work a lot harder for it the second time round. You have to watch these "Presidents".

Monday dawned calm, cool and very foggy. Mess duties were completed earlier than anticipated with embarkation at 9 am. A convoy set off for Mt Arapiles (369 metres), about an hour down the road, west of Horsham. The 200 metres climb took the 17 walkers just on an hour, with lunch held at the lookout, overlooking the Wimmera Plains, Mitre Rock and Mitre Lake. The recent rain has brought out the "cockies" with sowing in progress everywhere. Unfortunately, it was not a good day for photographers again, with the light overcast sky making it hazy and glary.

The "rock spiders" were everywhere, providing entertainment for the walkers throughout the hike. The car park was full, as well as almost every camp site, so there must have been hundreds of climbers in the area, on every face, chimney and slope available. The walk was 2 hours and 15 minutes in duration and a great "loosener" before

the drive home. At about 1230 pm, the team disbursed for the last time.

In summary, the weather was about what you would expect at this time of the year, being absolutely perfect for walking. The fellowship during the weekend was fantastic, with everyone enjoying the walks and the social engagement at the end of each day. A great weekend.

Finally, special thanks to Arrienne for her work behind the scenes and during the weekend, ensuring that everything ran smoothly and Simon for his leadership and entertainment. If you missed out, book early for a fantastic weekend next time.

PS: *It pays to ensure that you have enough fuel in your car to get to the next service station. In the country, fuel can be very expensive, especially if you have to get the publican to "knock" up the local service station proprietor. Taking the lock off the bowser can cost a fortune. Obviously Simon and Peter had enough cash to avoid being stranded.* □

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EXPLORANGES 

North Haven to Cape Jervis

Thank you John Potter



View along cliff to Myponga Beach

Several years ago Marie and I completed a walk from North Haven to the Mundoo Barrage at the Southern tip of Hindmarsh Island and I wrote an article about it for Trailwalker. I heard that John Potter was going to follow our foot prints during the summer of 2009/2010, but only from North Haven to Cape Jervis, so we set out to join him.

STORY AND PHOTOS BY GAVIN CAMPBELL

The first two walks were completed without our presence but when the group arrived at Kingston Park I thought it was time for us to join them. As we had already done this walk and I know a little about the area, I thought I might be able to help out with navigation.

The walk from North Haven had been divided into two separate walks and this next walk was to be an out and back walk because of Port Stanvac and the new desalination pipeline. As with all of the walks, it started at 8 am and we, along with countless others, were there on time and rearing to go. After pointing out a few local features like the Tjulbruki

spring and the tiled floor and plaque of a long ago demolished house, it was off along the board walk. I had everyone primed to visit Robyn Quinn along the way and maybe call in for breakfast but, as we walked past her house, she joined the walk - so much for preparation.

The walk was beautiful as usual. We walked along the cliff top on the boardwalk, through Hallett Cove Conservation Park, along Hallett Cove Beach and then along the rocks to the new Desalination Plant, up the cliff face, then back along the cliff top and home. This time we walked above the Hallett Cove Amphitheatre and I gave a small lecture on the aboriginal artifacts

found in the Park. Some of us then walked back along the rocks while others followed the cliff top track. Lunch was a picnic under the trees at Kingston Park while looking over the tidal flats of a very low tide. All in all it was a magnificent day, made all the better with the picnic at the end.

The next walk was again to be an out and back from O'Sullivan's Beach to Moana and return. This again is a lovely walk, firstly along the cliff top to Port Noarlunga, across the footbridge at the mouth of the Onkaparinga, then along the paths on the cliff top to Moana. After morning tea at the kiosk on the foreshore it was back along the beach to the Onkaparinga, a clamber

up the cliff over the foot bridge, then back along the beach to the cars. Lunch this time was to be in the Christies Pub.

While on this walk back John lost about 80% of his walkers, which we think is a record. He tried to contact them on his telephone to no avail, thankfully they were all back at the cars when we arrived.

The next walk was another out and back starting at the Moana Life Saving Club on the beach, to the Star of Greece Restaurant and an icecream, then back along the beach to Moana. Some of us walked along the beach with others walking along the cliff top, either way it was a top walk. Lunch this time was at the Moana Life Saving Club. After lunch some of us went for a swim but as there was a small surf running, I went for my swim at South Port.

The next walk was another out and back walk from the Star of Greece to Sellicks Beach and back. This walk was on the paths along the cliff top to the ramp at Aldinga, then along the beach but I chose to walk along the Esplanade looking at the houses. We then walked along the beach to some steps going up the cliff face and then we turned back and walked along the beach to the cars. Some had a meal at a kiosk along the way while some of us, including Margaret Schmitke, who had walked all the way along the beach had to sit and wait for the rest at the Star of Greece where we again enjoyed an ice cream while overlooking Port Willunga from a cliff top shelter.

The views from the cliff top along the early section are magnificent and Ralene showed great excitement seeing some seals swimming below. Through my binoculars I could see they were scuba divers but I didn't tell her, not wishing to spoil her excitement. Later she told me she told others of her exciting find only to be informed of what they were and feeling a bit of a goose. It was also "HAPPY 60th Rhonda!".

The next walk, from Sellicks to Myponga Beach along the cliff top and then back along the coast, was to be one of the most memorable walks many of us have ever done. On this walk we were joined by Julian, Colin, Eve and some others. The walk along the cliff top was interesting, John had found some steps near the entrance to Cactus Canyon and we were soon walking along the cliff top with some spectacular views. Trevor felt a

bit faint so he turned back while the rest of us continued on. At one stage when descending into a gully, the dry grass was so slippery that the best way down was to bum it, a manoeuvre I hadn't enjoyed before. We then climbed and descended our way to Myponga Beach and lunch.

While most of the group sat under the bridge on rocks, some of us sat in luxury in some lounge chairs in front of one of the empty shacks. Soon lunch was over and it was off along the shore over some rocks to Sellicks Beach. This little escapade became one of the hardest walks most of us had ever encountered. The rocks were seemingly never ending, the expected sea breeze we had enjoyed on the previous walk didn't arrive and it seemed endless in 35° heat. Some walkers hallucinated, some went dizzy, while Ralene even took to the water and swam for a couple of kilometres.

The walk finished for most of us at between 4 - 5 pm with the rescue helicopter airlifting Margaret out (she had sprained her ankle before lunch). David Meredith also jumped on board for no other reason than he is a bit soft and he wanted a ride in a helicopter. All in all, it was a memorable day but no one was permanently injured so there was no harm done.

A highlight of my life has to be born a Campbell. The mere mention of that name is like a red rag to a bit of Scottish bull. So what if we did a few bad things in the past, someone had to do them. On this walk, while talking to Anne who apparently

has some affiliation to the McGregors, my mentioning I was a Campbell caused great concern. I knew the McDonalds were a bit anti-Campbell but not the McGregors. While on a recent trip to Waikerie, saying I was a Campbell brought the usual reaction from a Scot sitting next to me, so it appears all Scots have been indoctrinated. On reflection I think it is probably some highland jealousy that is the prime cause of this Scottish fetish.

Next walk was from Carrickalinga to Wirrina and the chosen day was perfect, which was a pity for those who didn't attend. The day was sunny, the breeze cool and the water clear and cool. We stopped for ice creams at the Normanville Jetty kiosk and then it was off to Wirrina. The last few kilometres were on rock but nothing like the previous walk. On completion of the walk we went back to Normanville for lunch in a local restaurant.

The following walk turned out to be another memorable one, this time because of the wind. This walk was from Rapid Bay to the wind farm at Starfish Hill. "Wind" is the operative word, for it was possibly the windiest day any of us had encountered. On the news reports later in the day it was reported to be 140 km per hour at Willunga Hill, so I guess on Mount Rapid, without any trees, it could have been stronger. On our ascent of Mount Rapid we turned around and could see innumerable whirly winds going out to sea from Rapid Bay, whipping up sea spray like mini water spouts. Sometimes the spray reached, maybe, 100 metres or more



Hallett Cove Beach



The survivors on the final day

into the air. It was a spectacle I am glad I witnessed. Talking about spectacles, twice David Meredith's spectacles were blown from his face only to be found by others several metres away.

We had lunch in the shelter of some trees in a valley before we walked past a pine forest and up some hills to our cars. It was on the final climb, which was fairly steep, that we noticed John Potter running up the hill. We all tried it, only to find it was so windy that it was difficult to stop. This was one of the funniest day's walk I have encountered, as well as one of the most spectacular. After the walk we went back to the Delamere kiosk and had a cup of coffee and/or an ice cream then drove home past all of the wind fractured trees.

Wirrina to Rapid Bay was by comparison quite a tame affair. The day was cool and overcast with some stunning cliff top views of the coast. On this walk we walked into Second Valley which is at about the half way point. There was some talk on the windy day of doing this section as well but, because of the wind, we decided not to. As the walk at some stages was very close to the cliff edge we concluded that this decision was the correct one. On the foreshore of Rapid Bay there is a memorial and a rock carving with the initials "WL". Colonel William Light stopped here in the ship "Rapid" as part of a survey expedition in 1836. I think because of this, and because

a lot of the walk is along Adelaide's foreshore (Colonel Light's city) that, it should be named the "Colonel William Light Walk", if it becomes a dedicated walk as Walking SA intends it to be.

The final walk was from the wind farm to Cape Jervis. We had encountered all types of weather conditions except for rain on our other walks and this one was done in a constant drizzle. Most of us donned rain jackets but, because the rain was intermittent and it was warm, some of us walked without them and we got reasonably wet.

The first section of the walk was across open fields, then it was a short walk along a road and then again across open fields. We had morning tea under a very elaborate private stone bridge and then we walked along the cliff top to the cars at Cape Jervis. In my life I haven't seen many sea eagles, but along this cliff top I saw three. How beautiful was that! The views again from the cliff top were spectacular, especially those of the house belonging to the bridge, which was tucked away on its private beach. It would get pretty windy there on a stormy day, but the sea eagles, other wildlife and privacy would make it



David and Robert leaning into the wind

worthwhile. After the walk it was back to the Cape Jervis pub for a celebratory drink.

On my first walk I tried to entice everyone to wear Hawaiian shirts and sandals at least for the beach walking, but I was the only one in sandals. However Bob Gentle supported me with his Hawaiian shirt and Anne wore her pink Hawaiian shorts. As it turned out this series of walks were great fun as it had been with Marie previously. John says he is going to repeat it all again next year. If he does, at this stage, I intend to walk from Victor Harbor to Mundoo Barrage next summer but starting at 10 am for anyone who is interested. After this who knows, it might be off along the Coorong and the Limestone Coast to the extinct volcanoes of Mount Gambier to complete what I started years ago. □

Attention Walk Leaders

Kokoda 2011

Interested in walking the Kokoda Track with the Friends.
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Julian Monfries

julsue@bigpond.net.au

Forestry SA Rangers have asked that clubs provide prior notification of all planned walks in forest areas. Please provide the approximate number of participants and details of the proposed walk route. This would apply to all walks throughout the year.

Contacts:

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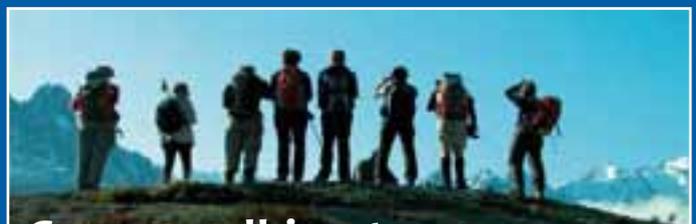
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Trail Maintenance Sections

The Heysen Trail is graciously maintained by volunteers. If you discover a problem on the Heysen Trail, please contact the Friends of the Heysen Trail office, or the Maintenance Co-ordinator or relevant Maintenance Section Leader listed. We welcome feedback on the condition of the Heysen Trail, constructive suggestions on improvements that could be made, and general comments or enquiries about the Trail.

Maintenance Co-ordinators Gavin Campbell 8296 8613 (H)

Maintenance Committee Chairman John Wilson 8356 9264 (H)

Section	Map	Section Leader	Contact
1. Cape Jervis to Tapanappa	Southern Guidebook, Maps 1.1-1.3	Tim James & Friends	8556 7015 (H)
2A. Tapanappa to Waitpinga Campground	Southern Guidebook, Maps 1.3-1.5	Roger Dunn & Friends	8260 2146 (H)
2B. Waitpinga Campground to Back Valley Rd	Southern Guidebook, Maps 1.5-2.2	Geoffrey & Pamela Gardner	8552 5213 (H)
3. Back Valley Road to Moon Hill	Southern Guidebook, Maps 3 2.2-2.3	Michael Scott	0400 293 132
4. Moon Hill to Hindmarsh Tiers Road	Southern Guidebook, Maps 2.3-2.5	Hermann Schmidt (Wandergruppe Bushwalkers, German Association)	8344 4072 (H)
5. Hindmarsh Tiers Road to Blackfellows Creek Road	Southern Guidebook, Maps 2.5-2.7	Eleanor Martin Myra Betschild (Women in the Bush)	8341 6024 (H) 8331 2992
6. Blackfellows Creek Road to Glen Bold	Southern Guidebook, Maps 2.7-3.2	Richard Webb	8381 5308 (H)
7. Glen Bold to Piccadilly	Southern Guidebook, Maps 3.2-3.4	Thelma Anderson Trevor Lee	8278 4420 (H) 8398 0516 (H)
8. Piccadilly to Norton Summit	Southern Guidebook, Maps 3.4-3.4	Liz O'Shea (WEA Ramblers)	8352 1636 (H)
9. Norton Summit to Cudlee Creek	Southern Guidebook, Maps 3.5-3.7	Colin Edwards Graham O'Reilly	8264 1492 (H) 8397 1217 (H)
10. Cudlee Creek to Bethany	Southern Guidebook, Maps 3.7-4.4	Dave Curtiss John Potter	8264 0793 (H) 8337 9515 (H)
11. Bethany to Hamilton	Southern Guidebook, Maps 4.4-5.3	John Potter Dave Curtiss Joyce Heinjus	8337 9515 (H) 8264 0793 (H) 8525 2054 (H)
12. Hamilton to Huppertz Hut	Southern Guidebook, Maps 5.3-5.9	Norrie Hamilton	8332 1982 (H)
13. Huppertz Hut to Spalding	Southern Guidebook, Maps 5.9-6.12	Hugh Greenhill (Burra Branch)	8843 8115 (H)
14. Spalding to Georgetown	Northern Guidebook, Maps 1.1-1.6	Kevin Liddiard	8289 4236 (H)
15. Georgetown to Mt Remarkable	Northern Guidebook, Maps 1.6-2.11	Mary Cameron Ian Pool (ARPA)	8165 1025 (H)
16. Mt Remarkable to Horrocks Pass Rd	Northern Guidebook, Maps 2.11-3.4	Graham Hill	8632 4804 (H)
17A. Horrocks Pass Rd to Dutchmans Stern	Northern Guidebook, Maps 3.4-4.1	Michael Kerin	8642 4728 (H)
17B. Dutchmans Stern to Wilpena	Northern Guidebook, Maps 4.2-5.7	Gavin & Marie Campbell	8296 8613 (H)
18. Wilpena to Parachilna	Northern Guidebook, Maps 5.8-6.8	David Henery (Alpana Station) Operation Flinders	8648 4626 (H) 8242 3233

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Contact Details

David and Sally Henery

Postal address: PO Box 11, Blinman SA 5730

Phone or fax: 08 8648 4626

Email: alpana2@bigpond.com.au

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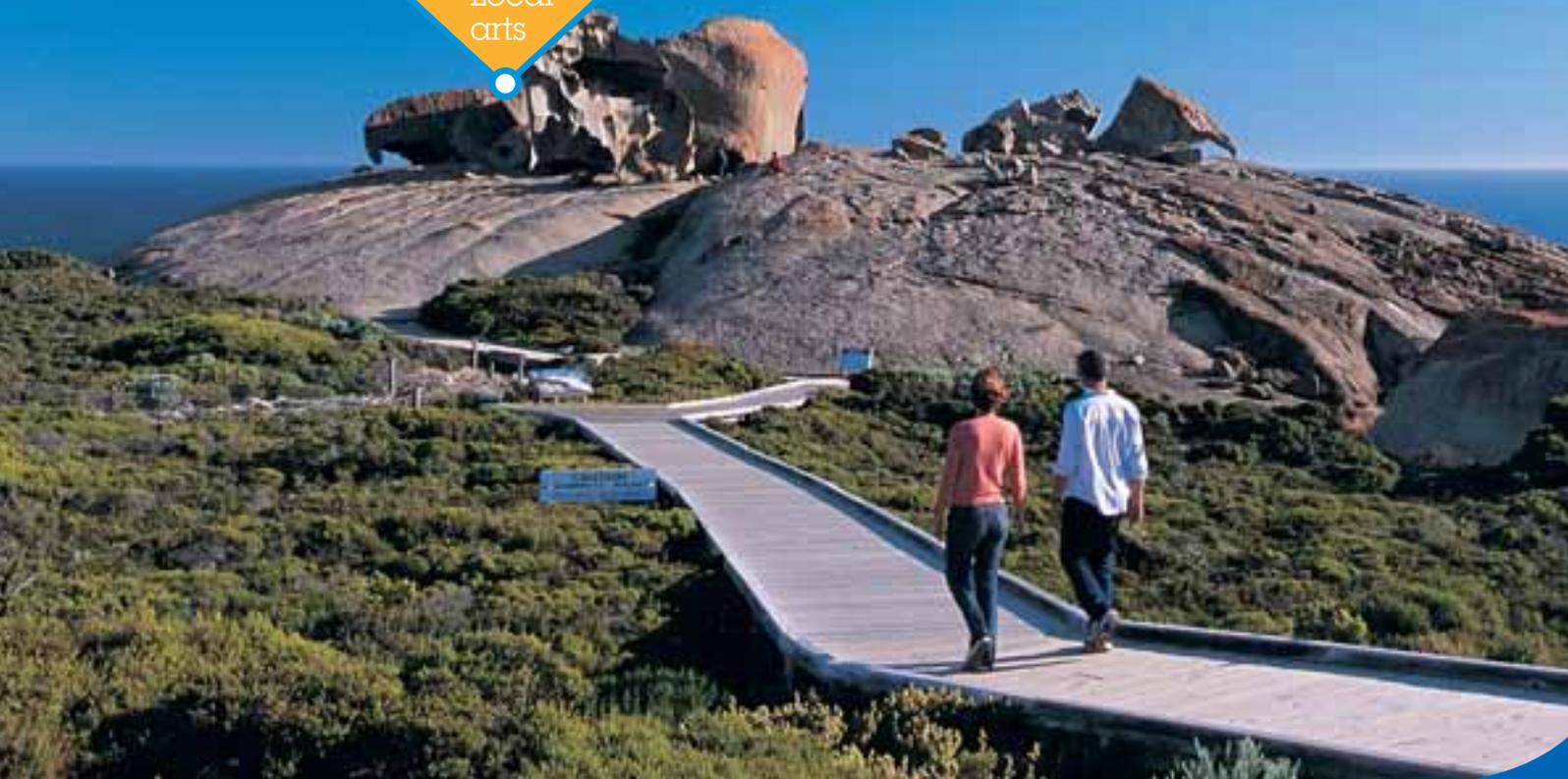
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