



# The Trailwalker

Magazine of the Friends of the Heysen Trail

Issue 119 Autumn 2011

**Notice of Annual General Meeting**

**Walking the Lavender Federation Trail**

**Friends of the Heysen Trail and other Walking Trails 25th Anniversary**

**The Unique Power of Mother Nature's Cradle**

**Walking in the North Island of New Zealand**



192 Rundle Street Adelaide SA 5000

Phone **8223 5544** Fax **8223 5347**

Email **soc@scoutnet.net.au**

Web **www.soc.com.au**

Suppliers of equipment for

**Bushwalking, Daywalking, Trekking, Travel,  
Canoeing, Caving, Rock Climbing,  
Canyoning and Rope Access**



members receive  
**10% discount**

Excludes Sale Items,  
Canoes, GPS and EPIRB's

Stockists of the following leading brands



For more information contact **Geoff or Skye**  
**Peregrine Travel Centre**  
1st Floor Scout Outdoor Centre  
192 Rundle Street Ph: **82235905**  
email: [skye@peregrinetravel.com.au](mailto:skye@peregrinetravel.com.au)  
or visit: [www.peregrinetraveladelaide.com.au](http://www.peregrinetraveladelaide.com.au)



**Slovenia and Hungary - Lakes and Mountains , Valleys and Villages**

Join Bronny Tudor as she walks the beautiful countryside and villages of Northern Hungary and treks through the magnificent Julian Apls of Slovenia. For futher information call Bronny at Peregrine (above).  
17 days - departing 10 September 2011

**Discover Morocco**

Discover a country of brilliant colours , breathtaking deserts and dramatic mountains with walks amongst spectacular landscapes.  
15 days - departing Adelaide 14th October 2011

**South African Walking and Wildlife tour**

Experience an active holiday incorporating walking through spectacular mountain scenery whilst immersing yourself in the pristine wilderness amongst the untammed wildlife of Africa.  
21 days - departing Adelaide 30th October 2011

**We have many walks and treks available in Europe, Nepal, and South America. Call us for a 2011 brochure.**

# Contents

Published by the Friends of the Heysen Trail & Other Walking Trails  
10 Pitt Street, Adelaide SA 5000  
Phone (08) 8212 6299  
Fax (08) 8212 1930  
Web [www.heysentrail.asn.au](http://www.heysentrail.asn.au)  
Email [heysentrail@heysentrail.asn.au](mailto:heysentrail@heysentrail.asn.au)

Burra Branch  
Phone (08) 8843 8115  
Email [hugreenh@activ8.net.au](mailto:hugreenh@activ8.net.au)

## Membership Information

Joining Fee \$10  
Single \$20 per year  
Family \$30 per year  
Organisations \$50 per year

Membership is valid from the date of payment until the end of the corresponding month in the following year.

## Trailwalker Magazine

Views expressed in contributed articles are those of the authors, and not necessarily those of the Friends of the Heysen Trail.

The Trailwalker magazine is available by subscription or online at [www.heysentrail.asn.au/trailwalker](http://www.heysentrail.asn.au/trailwalker)  
The Trailwalker magazine is published quarterly:

- Autumn (March)
- Winter (June)
- Spring (September)
- Summer (December)

The Trailwalker magazine has a distribution of 1200, and an estimated readership of approximately twice that number.

Articles, reports and other submissions by members and other interested parties are welcome and should be emailed to the Trailwalker Editor at [trailwalker@heysentrail.asn.au](mailto:trailwalker@heysentrail.asn.au)

The submission deadline is usually the first Friday of the month prior to the month of publication.

## Advertising Rates

1/8 page vertical	\$40 per issue
1/4 page horizontal	\$60 per issue
1/4 page vertical	\$60 per issue
1/3 page vertical	\$70 per issue
1/2 page	\$100 per issue
Full Page	\$150 per issue
Flyer (supplied for insertion)	\$180 per issue

A commitment for 12 months advertising, ie 4 issues, would attract 10% saving  
Advertising specifications and article submission guidelines are available upon request or by visiting [www.heysentrail.asn.au/trailwalker](http://www.heysentrail.asn.au/trailwalker)

## Regular Features

- 5 Presidents's Report
- 5 Cover
- 6 Office Report
- 6 Walking Committee Report
- 7 Letters to the Editor
- 8 Walking SA Report
- 10 Burra Branch Report
- 11 Maintenance Report
- 16 **2010 Walk Programme**
- 23 Discounts Available to Members
- 30 Trail Maintenance Sections

## 12 Notice of Annual General Meeting

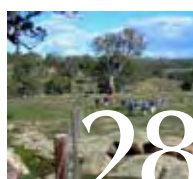
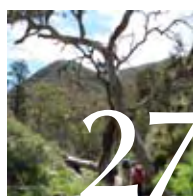
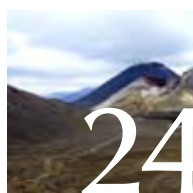
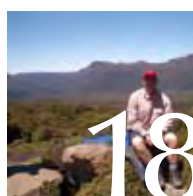
## 15 Friends of the Heysen Trail and Other Walking Trails 25th Anniversary

## 18 The Power of Mother Nature's Cradle

## 24 Walking in the North Island of New Zealand

## 27 End to End 3

## 28 The Lavender Federation Trail



### Patron

C. Warren Bonython AO

### Council Members 2010/11

Robert Alcock  
Simon Cameron  
Gavin Campbell  
Jeanette Clarke  
Jerry Foster  
Bob Gentle  
Nick Langsford  
Julian Monfries  
Chris Porter  
David Rattray  
Cliff Walsh  
John Wilson  
Peter Wynen

### Council Committee Chairmen

President  
Vice President  
Treasurer  
Secretary  
Finance & Audit  
Maintenance  
Walking  
Office  
Marketing & Membership  
Honorary Membership

### Burra Branch Chairmen

President  
Vice President  
Secretary  
Maintenance  
Goyder Tourism Working Party Rep

### Council Meeting Dates 2011

Wed 16th March  
Wed 20th April  
Wed 18th May  
Wed 15th June  
Wed 20th July  
Wed 17th August  
Wed 21st September  
Wed 19th October  
Wed 16th November  
Wed 21st December

Simon Cameron  
Robert Alcock  
John Wilson  
Peter Wynen  
Cliff Walsh  
Colin Edwards  
Arrienne Wynen  
David Rattray  
Richard Trembath  
Bob Randall

Arthur Simpson  
Kate Greenhill  
Sally Fieldhouse  
Hugh Greenhill  
Hugh Greenhill

### Honorary Members

Terry Lavender\*  
Jim Crinion  
Neville Southgate  
Doug Leane\*  
Fred Brooks\*  
Sadie Leupold  
Thelma Anderson  
Kath Palyga  
Richard Schmitz  
Arthur Smith  
Colin Edwards  
Hugh Greenhill  
Jamie Shephard  
Glen Dow  
Barry Finn  
Dean Killmier  
John Wilson  
David Beaton  
Jack Marcelis  
Julian Monfries  
Terry & Frances Gasson

\* (deceased)

### Trailwalker Editor

Hilary Gillette

### Membership Secretary

David Rattray

### Office Coordinator

David Rattray

### Maintenance Coordinator

Gavin Campbell

### Bookkeepers

Jeanette Clarke  
Jixin Li (Lucinda)  
Zhaolong Huang (Isabella)  
Yi La (Eva)

## Shop/Office Hours & Volunteers

Phone 8212 6299 Fax 8212 1930

### Monday 10.30 - 2.30

Neil Nosworthy Mike Parsons,  
Robyn Quinn, Elizabeth Rogers,

### Tuesday 10.30 - 2.30

Dawn Bon, Chris Caspar,  
Chris Porter, David Rattray,  
David Roberts

### Wednesday 10.30 - 2.30

Myra Betschild, Gilbert Downs,  
Wendy Fox, Jack Marcelis

### Thursday 10.30 - 2.30

Bob Gentle, Julian Monfries  
Trevor Barns

### Friday 10.30 - 2.30

Colin Edwards, Sandy Melbourne,  
Jamie Shephard

### Saturday & Sunday Closed

### Relief Staff

David Beaton, Jack Marcelis

# President's Report

**Simon Cameron**

This is my last President's report so it is a chance to reflect. My four years as president have been a buzz, made enjoyable by all of the volunteers who run the organisation so well.

## Front Cover End to End 3 Group



Looking into Buckaringa Gorge (as End to End 3 completes the last walk in 2010).

Photo by: Russell O'Brien  
3rd October 2010

Unlike my last report there are no gripes for this one. My wish list for this year remains unchanged and the committees keep on doing their all for the Trail. The council meetings are short and efficient and the day to day business is in experienced hands. Most of the goals for the trail are self evident and it is just a matter of prioritising and coordinating the committees. The pay off is being in the centre of it all, knowing what is going on and there is always so much going on. So I cordially invite all of you to come to the AGM for my swan song, and I may even slip in a song or two. While you are there you will also get a glimpse into what is happening behind the scenes as we review the year. As well as my invitation I would exhort you to step into one of the committees and take part in the next stage of Heysen Trail development. As I said last time it will depend on the Friends, keeping the political will sharp, and the more Friends there are the more the trail will develop. It will also depend on the Friends being proactive developers. If you love the Heysen Trail the place to be is on the Maintenance committee, the Walking committee, the Membership committee or the Office committee. There is also room for a Greening committee and a Social committee; we merely await a convener/chairman.

The year of anniversaries is upon us. It is our organisation's 25<sup>th</sup> birthday and we are planning a series of fun activities, starting with the opening of the walk season. "25 Years On The Trail" will be a theme. The Burra friends celebrate 20 years and we intend to help them paint the town red. The German Wundergruppe, whose members have built and maintained so much of the southern trail has also turned 20 and much feasting is required.

Keep an eye on the calendar — hopefully one of our picturesque wall calendars, and celebrate walking. Walking will take you to the wildest places and every step is your own.

See you on the trail!

# Office Report

**By David Rattray**  
**Office Coordinator**

## Staff Changes

Jim Alvey, after many years service as an office volunteer, has decided to retire. Thank you Jim. Jim was a volunteer who enjoyed the personal contact available before online bookings reduced the number of visitors and telephone calls to the shop. We will miss your presence and that of your bike, Jim.

Neil Nosworthy has started as an office volunteer on Mondays. Welcome Neil and we hope you enjoy your time in the office. Neil and his wife Ann are End to End 3 and Twilight walkers. Neil brings a wealth of walking knowledge to the office volunteer team.

We are continually on the lookout for new office volunteers who are familiar with computers and currently need 'casuals' who can relieve regular volunteers when they go on leave. Extensive training is provided. If you are interested please ring the office and let us know.

## Walk Bookings

Members are reminded that walk bookings open four weeks before the walk. The office volunteers have NO ability to book walkers onto a walk until bookings open. The website provides details of when all walks open for bookings. End to End 6 is expected to fill quickly. Bookings

and payment can be made online or via the office but only after bookings open. A priority booking system for regular walkers applies to some End to End walks and the office CANNOT book members onto these walks until bookings are open to the general public. Members who are regular walkers with an End to End group should speak to the walk leader about the priority booking system.

## Membership Database

A big thank you to the 200+ members who advised that their membership details were incorrect. Almost 1000 forms were sent out. Unfortunately not all errors in the database were corrected. According to the membership database we have 5 members who are 100 years old. If you have not checked your form please do so. Alternatively please fill in all details when completing your membership renewal when due.

## 25<sup>th</sup> Anniversary of the FoHT

A new logo has been designed to advertise/commemorate our formation 25 years ago. Chris Porter, a Tuesday office volunteer, heads a subcommittee looking at how to celebrate the occasion.

---

# Walking Committee

**By Arrienne Wynen**  
**Walking Committee Chairperson**

**W**ell I hope you are having a great summer, the walking never seems to stop just the locations, and intensity change. The twilight walks continue to be popular and various groups are walking along the beach and in other areas.

We still sit back and enjoy the summer and it comes as a shock when the opening of the walk season arrives. This year it is on April 3 at the Tea Tree Gully Oval (See page 23 for details).

There will be various grades of walks

being provided during the day and then the season is off and running. End to End 6 will commence from Cape Jervis and E to End 4 and End to end 5 will continue on their way.

This season will see the completion of End to End 3 and there is sure to be great celebrations when they complete the final day. Although it starts as a personal goal for many it quickly becomes a broader experience as you see a lot of the state and meet many new people along the way. Many friendships form and

continue on long after the Trail has been conquered.

The walk committee has planned two extended walks for later in the year. The first at Innes National Park will be on the October long weekend and the second will be a week in the Snowy Mountains from Nov 12th to Nov 20th. This is advance warning and details still need to be finalised, we will put them on the web when things are firmer but no bookings will be taken until the June Trailwalker is out.

# Letter to the Editor

2 February 2011

To the Editor

*As the Friends approach its 25<sup>th</sup> Anniversary, I thought it appropriate to reflect on the Friends, their formation and their aspirations.*

*The Friends were formed back in the late eighties, from an amalgamation of interested walking clubs and others, to support the development of the long distance walking trail we now know as the Heysen Trail.*

*Their intention was to help develop the Trail, initially mark and build it, and then to provide ongoing maintenance. Whilst the Trail is now complete the maintenance continues and is still a core function of the Friends.*

*In addition, the aspirations of the Friends, as outlined in their constitution is (somewhat abbreviated) to promote the Heysen Trail and other walking trails, to assist the development and maintenance of walking trails, to ensure the rights of recreational walkers are preserved, to promote environmental awareness on trails and to make representations to government etc. on matters concerning recreational walkers and walking trails.*

*Whilst we still hold those objectives to be true, many are now undertaken by the peak walking body, Walking SA.*

*To many, the Friends are a simply a walking club and its other functions (as outlined above) are overlooked, unknown or forgotten.*

*It is also important to remember that we are a fully volunteer organisation.*

*Julian Monfries*

## New Members

The President and the Council would like to extend a warm welcome to the following members, who have joined the Friends since the last edition of the Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the Association.

Jenny Brown  
 Don Chapman  
 Emily De Ruyter  
 Michelle De Ruyter  
 Marcus Dilena  
 Karen Dowling  
 Dymphna Fitzgerald  
 Kieran Fitzgerald  
 Margaret Gadd  
 Denise Gillman  
 Kevin Griffiths  
 Michael Guidera  
 Jerry Hockin  
 Vanessa Hockin  
 Margaret Law  
 John Newland  
 Barry Neylon  
 Carmen Neylon  
 John Riley  
 Carol Skipworth  
 Dylan Smith  
 Hannah Smith  
 Robyn Stecker  
 Kate Walkley  
 Lisa White

## For Sale

Scarpa walking boots

One lady owner, low km's

Full grain leather, women's size 41, negligible use

Cost approx. \$300, selling for \$170

Come into the office and try them on!

Or call Mark Darter, 8266 5657

## Next Issue Deadline

Submissions for the Winter edition of the Trailwalker will close on Friday 6th May 2011.

## The Walking Federation of South Australia, Inc.

# Walking SA

*By Thelma Anderson*  
*Walking Access Committee*

### Official Opening of the 2011 Walking Season

Plans are in hand for the annual event that will take place at Tea Tree Gully Oval on Sunday, 3 April, 2011. (See page 23 for details). This important occasion for 2011 will be supported by the Friends of the Heysen Trail and Other Walking Trails in celebration of the 25th Anniversary of the organisation. The origins of the Friends occurred at a specially convened public meeting called by Terry Lavender at the Dom Polski Centre in 1986. At that time slow progress was being made with marking the Heysen Trail with only Terry and the few staff available to him to carry out the task. Terry called the public meeting seeking volunteers to assist the Recreation and Sport Department with the marking of this now world-renowned long distance walking trail stretching from Cape Jervis on the tip of the Fleurieu Peninsula to Parachilna in the northern Flinders Ranges. The public response was tremendous resulting in the formation of the Friends of the Heysen Trail by enthusiastic volunteers keen to assist.

After 25 years, volunteers now continue to maintain the Trail as well as walking the Heysen Trail. Sadly Terry is no longer with us, but the Heysen Trail will forever remain a permanent memorial to his far-sightedness, dedication and perseverance.

### Yankalilla Council

Walking SA is diligently monitoring a sensitive situation in the Yankalilla district where some landowners are endeavouring to obtain "exclusive use" of undeveloped road reserves within their respective properties, including some containing or adjoining undeveloped road reserves and in

one instance, the Heysen Trail. The legislation relating to "exclusive use" of undeveloped road reserves is administered within provisions of the Local Government Act where landowners are required to pay a prescribed (and significant) fee to the local government authority for such "exclusive use", usually for a five-year period. The Roads (Opening and Closing) Act provides for landowners to make application to the local government authority (Council) to purchase undeveloped road reserves, subject to provisions of the Act that include any objection to the proposal. This legislation is administered by the Surveyor General and provides for the Local Government Council to charge a fee (or road rent) to the landowner for use of the road reserve for grazing and other farming purposes. In addition, under this legislation certain undeveloped road reserves have been "identified" for recreational purposes, and may, thereby, together with other public objections, also be protected from being sold to the adjoining owner thus remaining available to the community for public access. Walking Access Committee representatives have made various on-site inspections of a number of properties, together with discussion with Council and assurances to landowners relating to walking access.

### Mount Lofty Walking Trails

Members of Walking SA, Forestry SA and Adelaide Hills Council have submitted a joint application for funding to the Office for Recreation and Sport to re-instate some of the remaining Mount Lofty Walking Trails in order to expand the scenic opportunities available to the walking community throughout Forest and Conservation

Park areas. These trails are generally located on the Onkaparinga cadastral series map and are expected to link with those currently available on the Barossa cadastral series map prepared by the Walking Trails Support Group and Forestry SA. A response to the application for funding is expected to be received during February. Volunteers to assist with the marking of the next stage of the Mount Lofty Walking Trails will be warmly welcomed.

### Women's Pioneer Trail

In response to public pressure, Walking SA is endeavouring to secure a safe crossing of the Onkaparinga River at Verdun on Sandow Road to enable the Women's Pioneer Trail to extend from Hahndorf to Beaumont instead of from Verdun to Beaumont. Sandow Road is a largely undeveloped public road reserve extending from Onkaparinga Valley Road as a continuation of Grivell Road to the river and continuing towards Hahndorf along the road reserve from the eastern side of the river to the "Cedars", by-passing the busy Onkaparinga Valley Road. Exhaustive surveys of the location have been made by members of Walking SA.

More than ten years ago a bridge building company advised the construction and installation of a "pedestrian ford" on Sandow Road, comprising a concrete base and steps on either side leading to the respective river banks and continuing the walking trail along Sandow Road towards Hahndorf. Recent experiences in the eastern states relating to flooded rivers must confirm the wisdom of this advice, viz. to avoid construction of vulnerable structures on water courses. Efforts will now be re-established to co-operate with adjoining Mount Barker and Adelaide Hills Councils



for a joint application to the Office for Recreation and Sport for a grant to fund provision of a pedestrian ford on Sandow Road at Verdun.

Preliminary discussions have been held with an engineering company as well as the Natural Resources Management Board and negotiations are currently being organised with both Hills Councils.

### Heysen Trail President's Report 2011

The item "President's Report 2011 on page 5 of Issue 118 of "The Trailwalker", although presenting a challenge, contains a message that all walking enthusiasts would applaud. In particular the Main North Road near Wilmington is a section of the Trail that can be negotiated by the ARPA

Maintenance Group as the particular location is situated within the area of Trail monitored by ARPA volunteers. It was certainly one of the locations Terry had on his "to do" list; also an area where the ARPA (Maintenance) group has made a preliminary on-site inspection and enjoyed the outstanding views of the coast from one of the high points along Horrocks Vale Road. It is indeed spectacular and would further enhance the appeal of the Heysen Trail, raising the scenic amenity of the area to a higher level as it passes through the Horrocks Vale district. The bitumen road near Norton Summit is more of a challenge, not necessarily insoluble, but requiring a concerted effort of on-site inspection and negotiation with W.E.A. Ramblers who very capably monitor and maintain the section.

# Spanish Adventures

~ Spain ~

**Customised Self Guided  
Cycling or Walking**

- **Caminos de Santiago**
- **Picos De Europa**
- **Galicia**
- **Basque Country**
- **Andalucía**

[www.spanishadventures.com](http://www.spanishadventures.com)

Email: Aussie Garry in Santiago:  
[garry@spanishadventures.com](mailto:garry@spanishadventures.com)

## Plan for the trip ahead. Update your will.

*Specialising in wills and estates including:*

- *estate planning*
- *powers of attorney*
- *guardianship*
- *estate litigation*



**Gary Pearce** Solicitor



61 Carrington Street Adelaide South Australia 5000

T 08 8237 0572

M 0419 121 300

E [g@garypearce.com.au](mailto:g@garypearce.com.au)

# BURRA BRANCH ACTIVITIES

*Compiled by Hugh Greenhill  
Burra Branch Maintenance Co-ordinator*

The Burra Branch will be celebrating its 25th year this September which is a great milestone from the first meeting held in the Burra Civic Centre to gather interest to form a third branch of the Friends of the Heysen Trail. A large number of people attended the meeting, which was organized by Mike Fretwell and chaired by Neville Southgate, President of the Friends of the Heysen Trail and other Friends members from Adelaide. There was an overwhelming number of votes to

form the third branch of The Friends of the Heysen Trail and Other Walking Trails Inc. The first formal meeting took place on the 19<sup>th</sup> September 1991 where about 12 people attended and formally nominated the first office bearers of the new Burra Branch.

The first elected President of the Burra Branch was Mike Fretwell and Hugh Greenhill was elected Secretary/Treasurer. The next item was to name the Branch and after some discussion the naming it the

Burra Branch was reached. The next item was to plan a number of activities for the Branch members to do in the coming months before the Bush Fire season started.

The upcoming twentieth celebrations will be held on the September 24<sup>th</sup> and 25<sup>th</sup>, with more details later.

Our AGM and walk planning meeting will be held on the 6<sup>th</sup> March 2011 at 3 pm, and will be followed by a pooled dinner, held at Gally's Meeting House, Farrell Flat.

## The Scarpa Trek Pro Boot

For 20 years, the Scarpa Trek has set the benchmark for comfort and quality in bushwalking boots.

The new Trek Pro has evolved even further, with a boot that has been engineered from the ground up to survive the harsh Australian outback. Using the latest hi-tech materials, like the incredibly grippy Vibram® Grinta soles and a hydrophobic silicone treated leather upper, the end result is a boot that's more rugged, more comfortable and more durably water resistant than ever before. Completely re-designed inners and a new more comfortable cut ensure the Trek tradition continues.



**Weight:** 1460g (Pair)  
**Size:** Euro 39-50  
**Price:** \$329.95



Scarpa Trek Pro Boots on the Overland Track Jan 2011

228 Rundle St. Adelaide  
Ph: (08) 8232 3155  
Fax: (08) 8232 3156  
TOLL FREE: 1800 039 343

*Paddy Fallon*

**We offer 10% Discount to all Friends of the Heysen Trail Members.**

# MAINTENANCE REPORT

*By Colin Edwards*  
*Chairman Maintenance Committee*

**W**e are now approaching the opening of the 2011 walking season and many of our section leaders are gearing up to make sure that the track is in a ready state. Much of the work to be done is clearing tall grass, bushes and fallen trees – the result of last year's good rains. With some minor exceptions, markers, posts, stiles etc have remained in good order.

We need feedback from all walkers on the state of the track and any problems encountered – this being our best

means of hearing about where work is needed to be done. Phone or email the office with a brief description and an accurate as possible location.

A small team will be heading off to do our annual hut and tank survey, checking that huts are reasonably neat and tidy, tanks are OK (and hopefully have water) and toilets are still standing. Some work has been done already. Possum proofing at Marschalls Hut and roof lights (translucent sheets) have been installed. The white-ant bed at Rossiters Hut has been replaced. The

Department have had a team remove the old stair at Willochra Creek and build a new track to the creek crossing. This short re-route will be on our web site in the near future.

Our major undertaking for the year will be the installation of the ten FOHT funded water tanks. Sites are in the process of being negotiated and we are hopeful that work will be underway in the next few months.

The Heysen Trail is an SA Icon – let us keep it that way.

## Re-Routes Updated

The re-routes for all five editions of the two guidebooks have now been comprehensively updated. View the re-routes for each edition on our re-routes page.

Click on 'Re-Routes' under the 'Heysen Trail' menu on the website to view re-routes affecting your guidebook editions. The new GPS files available for download include all current re-routes. An RSS feed is available for each guidebook edition - receive instant notification of when a re-route is added.

## Service Directory of Services Along the Heysen Trail

A directory of services along the Heysen Trail for continuous end-to-end hikers or through hikers, who are hiking the entire or considerable lengths of the Heysen Trail at once, has been made available.

The services listed include:

- supermarkets
- general stores
- pharmacies (chemist stores)
- doctor clinics, hospitals
- internet access
- payphones
- public toilets
- post offices

Specific information is also included which shows where common hiking stove gas canisters can be purchased.

Click on 'Service Directory' under the 'Heysen Trail' menu on the website to view the information.

# ANNUAL GENERAL MEETING NOTICE OF MEETING

The 24th Annual General Meeting of the Friends of the Heysen Trail and Other Walking Trails Inc will be held at 7.30 pm on Friday, 25th March 2011 at Woodville Lawn Bowling Club, Oval Avenue, Woodville South. Free car parking will be available in the car park; enter from Koolunda Avenue.

The agenda for this meeting is printed on the next page.

Nominations are sought from you, our members, for election to the Friends Council at the Annual General Meeting, for all positions including the President, Vice President, Secretary, Treasurer and half of the remaining members (our Constitution calls for not less than four and not more than ten non office bearing members).

Council meetings are currently held on the third Wednesday of each month at 5.30 pm, in a room provided by Uniting Care Wesley (above the Friends offices). Meetings usually conclude by 7.30 pm.

In addition to Council, there is an opportunity for members to contribute to one of the various Committees: Walking, Trails Maintenance, Marketing and Membership (inc Trailwalker), Office, etc.

To nominate, please complete and copy or detach the form below and send it to:

The Secretary  
Friends of the Heysen Trail, 10 Pitt Street Adelaide, 5000

.....

## NOMINATION FORM

I.....wish to nominate for the position of .....  
President, Vice President, Secretary,  
Treasurer, Council Member.

.....  
(Proposer)

.....  
(Signature of Nominee)

.....  
(Seconder)

.....  
(Name - Please Print)

## NOMINATIONS CLOSE AT 2.00pm ON Friday 18<sup>th</sup> MARCH 2011 AT THE FRIENDS OFFICE

.....  
**Note:** We welcome nominations for Council, particularly from new members. The section of the Friends Constitution relevant to nomination and election to the Council is reproduced on page 14.

**24<sup>th</sup> ANNUAL GENERAL MEETING  
FRIDAY 25 MARCH 2011 AT 7.30PM  
AT WOODVILLE LAWN BOWLING CLUB,  
OVAL AVENUE, WOODVILLE SOUTH  
AGENDA**

1. Apologies.
2. Acceptance of the Minutes of the previous Annual General Meeting held on 26 March 2010.
3. President's Report.
4. Financial Report
5. Maintenance Report
6. Election of Officers.
  - 6.1 President
  - 6.2 Vice President
  - 6.3 Treasurer
  - 6.4 Secretary
  - 6.5 Council Members
7. Appointment of Auditor.
8. Election of Honorary Members
9. Other Business
  - 9.1 Alteration to constitution  
The following **Notice of Motion**, endorsed by council, will be put to members to amend the constitution of the association.  
**Notice of Motion.** That the constitution be amended as follows:
    1. A new category of member be added in Rule 5 (1) by adding a new line  
“(h) Student Members” after  
“(g) School and youth organisation Members”
    2. Renumber Rules 5 (9) and 5 (10) as 5(10) and 5 (11) respectively and insert the following new Rule 5 (9) between Rules 5 (8) and 5 (10)  
“5 (9) **A Student Member** shall be a certified student, secondary or tertiary, studying full time, who has paid the appropriate annual subscription fixed for that category of membership.”
  - 9.2 Setting of annual subscriptions
  - 9.3 Any other business
10. Close of Meeting.

Tea and coffee will be served at the conclusion of the evening. Please bring a plate of light supper.

**Note:** Any member wishing to move a motion at the AGM should be aware of the Constitutional requirements as follows: “Notice of any motion proposed to be moved at a General Meeting by any member not being a member of the Council shall be signed by the proposer and seconder and shall be delivered to the Secretary at least seven days before the meeting. No motion moved by any member other than a member of the Council shall be entertained by the meeting unless notice thereof has been given as aforesaid.”

## **ELECTION OF COUNCIL MEMBERS AT AGM**

The Section of the Friends Constitution relating to Management of the Association, and to the procedure for nomination and election of members of the Council is reproduced below.

### **8. MANAGEMENT**

- (1) The affairs of the Association shall be managed and controlled by a Council which may exercise on behalf of the Association all the powers conferred on the Association by this Constitution, and may do all such things as are within the objects of the Association except such things as are required to be done by the Association in General Meeting.
- (2) The Council shall consist of the President of the Association, together with a Vice-President, a Secretary, a Treasurer, and not less than four, nor more than ten other members, all of whom shall be elected at an Annual General Meeting of the Association.
- (3) The President shall hold office for a period of two years and shall be eligible for reelection after that period, provided that after three terms in office he or she shall stand down for at least one year.
- (4) The Vice-President, the Secretary, the Treasurer and half of the other members shall retire annually. The members to retire each year shall be determined by the Council which shall ensure, as far as possible, that they shall retire in rotation. A retiring Vice-President, Secretary, Treasurer or member shall be eligible for re-election without nomination.
- (5) Nominations for election as President, Vice-President, Secretary or Treasurer, or as a member of the Council shall be invited by notice in the Association’s Newsletter or other appropriate publication not less than 21 days before the Annual General Meeting. All persons nominated for election must be members of the Association.
- (6) Nominations must be in writing and must be signed by two members of the Association and by the nominee to signify his willingness to stand for election.  
**They must include brief biographical details of the nominee for distribution to members at or before the Annual General Meeting and must reach the Secretary of the Association not less than seven days before the Annual General Meeting;** provided that if an insufficient number of nominations has been received to fill the vacancies, additional nominations may be accepted at the Annual General Meeting.
- (7) If the number of nominations received is more than the number of vacancies to be filled, an election to fill the vacancies shall be held by secret ballot.

# Friends of the Heysen Trail and Other Walking Trails 25<sup>th</sup> Anniversary

Many members will be aware that 2011 celebrates the 25<sup>th</sup> anniversary of the establishment of the Friends. We thought that it may be interesting to delve into the archives and reprint articles from early editions of the TrailWalker.

## From TrailWalker No. 1 July 1986

This extract details for the first time the aspirations of the steering committee and the plans for Friends. Note the proposed name of the group and that at this point the Friends were not a fully constituted body. That did not take place until later in 1986 after the development of the constitution and ratification at their first AGM.

The article was written by Jim Crinion, chairman of the Steering Committee.

*I thought you might be interested in knowing what action has been taken by the Steering Committee following the public meeting at the Dom Polski Centre on the 1st of June last. You will no doubt, be pleased to know that the Steering Committee has met twice since that date and has set into motion a number of initiatives.*

*Firstly, the Committee gave some consideration to the name of the Society. The Department of Recreation and Sport asked that the name Heysen Trail be incorporated in the title in view of its widely accepted recognition in Australia. This was agreed but some members felt that the title should give some recognition to the other trails already existing within the State.*

*Provisionally, it was agreed that the following be put to the members; "Friends of the Heysen Trail and other South Australian Walking Trails". The latter to be a sub-title to the first part.*

*Secondly, four Sub-committees have been set up to investigate and report*

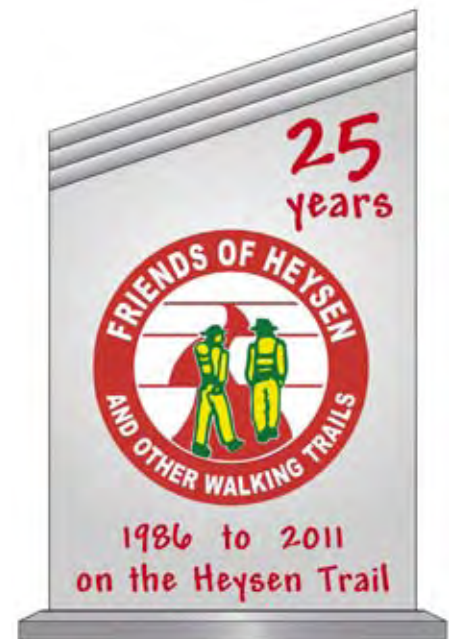
*back to the Steering Committee on the best way to achieve the ultimate aims and objects of a fully constituted Friends of the Heysen Trails. These sub-committees, with their members are set out below:*

1. *Promotion* Derek Whitelock, Warren Bonython, Austin Hall and Thelma Anderson
2. *Trail Building* Frank Hall, Ian Sando, Fred Brooks and Denis Fordham
3. *Conservation* Jim Ridyard, Madalene Ledo, Bill Gordan and Rhonda Mora
4. *Organisation* Peter Kellett, Kym Rogers and Rob Collett

*A suggestion has been made by Derek Whitelock that consideration should be given to the Friends publishing a magazine, with the suggested title of TRAILWALKER.*

*Derek has offered to edit the publication and a sub-committee is to be set up to get the publication underway. Derek will be pleased to hear from anyone who is prepared to write articles for the publication or give a hand with its printing.*

*Shortly, after the first meeting, I sent a letter to the Minister expressing regret at his inability to attend the first meeting due to his wife's illness and expressing the enthusiasm of the members present to form a "Friends of the Heysen Trail". I also took the opportunity to ascertain the extent of funding and assistance available this financial year to get the Friends under way. I am pleased to advise that a residue of \$1400 has been made available and it has already been deposited in the Commonwealth Bank until required. Funding for next year is under consideration by his Department. It was the feeling of members that there should be some early interaction of members on the social scene, to enable members to get to know one another*



*and also to enable the Committee to get the general feeling of members on the aims and objectives of your Society. A walk and picnic lunch was suggested and your Committee is actively exploring this possibility to see if it can be arranged in July or August. I hope to be able to advise of the time, date, and location in the next newsletter. Please come with your friends.*

*As you will appreciate, the Steering Committee has a considerable task ahead of it to develop the appropriate structure for a viable organisation which will serve the needs of all walkers. Moreover, it has to be strong enough to ensure that our walking needs are fulfilled, not only for today's walkers but future generations to come. The success of the Friends will depend greatly on the enthusiasm of its members, a trait already evident in its members at the moment, together with an affiliation and support of the many walking groups in South Australia. It is asked that you spread the word of our pending formation to your friends and invite them to register their interest by contacting:...* ■

# 2011 Walk Season Programme for the Friends of the Heysen

		April	May	June	July	August	September	
1st Week of month	Trail Starter	Sun Apr 3 Opening of the Walk Season Tea Tree Gully	Sun May 1 Trailstarter <b>Sleeps Gully</b> Chris Porter	Sun Jun 5 Trailstarter <b>TBA</b> Rhonda Dempster	Sun Jul 3 Trailstarter <b>Black Hill</b> Steve Clift	Sun Aug 7 Trailstarter <b>Christie Creek</b> Lyn Wood	Father's Day	
	Trail Walker		Sun May 1 Trailwalker <b>Chambers Gully</b> Richard Milosh	Sun Jun 5 Trailwalker <b>Montactute</b> Richard Milosh	Sun Jul 3 Trailwalker <b>Morialta</b> Michael Middleton	Sun Aug 7 Trailwalker <b>TBA</b>		
	End-to-End		Sun May 1 End-to-End 5	Sun Jun 5 End-to-End 5	Sun Jul 3 End-to-End 5			
2nd Week of month	Trail Starter	Sun Apr 10 Trail Starter <b>Scott Creek</b> Russell O'Brien	Mother's Day	Sun Jun 12 Trailstarter <b>TBA</b>	Sun Jul 10 Trailstarter <b>Strathalbyn</b> Jerry Foster	Sun Aug 14 Trailstarter <b>Middle Sea-to-Summit</b> Steven Salib Brown	Fri Aug 5 to Sun Aug 14 End-to-End 3	
	Trail Walker	Sun Apr 10 Trailwalker <b>Lavender Trail</b> John Potter		Sun May 8 Trailwalker <b>Lavender Trail</b> John Potter	Sun Jun 12 <b>Sea-to-Summit</b> SARRC	Sun Jul 10 Trailwalker <b>Lavender Trail</b> John Potter		Sun Aug 14 Trailwalker <b>Kersbrook</b> Barry Brown
	End-to-End				Fri Jun 10 to Tues Jun 14 End-to-End 3			
3rd Week of month	Trail Starter	Sun Apr 17 Trailstarter <b>TBA</b> David Carter	Sun May 15 Trailstarter <b>Mt George</b>	Sun Jun 19 Trailstarter <b>Para Wirra</b> Arrienne Wynen	Sun Jul 17 Trailstarter <b>Brownhill Creek</b> Graham Bald	Sun Aug 21 Trailstarter <b>TBA</b>		
	Trail Walker	Sun Apr 17 Trailwalker <b>Gandys Gully</b> Richard Milosh	Sun May 15 Trailwalker <b>Aldgate</b> Gavin Campbell	Sun Jun 19 Trailwalker <b>Lavender Trail</b> John Potter	Sun Jul 17 Trailwalker <b>Mt Lofty</b> David Carter	Sun Aug 21 Trailwalker <b>Lavender Trail</b> John Potter		
	End-to-End	Sun Apr 17 End-to-End 6 <b>Cape Jervis to Cobbler Hill</b>	Sun May 15 End-to-End 6	Sun Jun 19 End-to-End 6	Sun Jul 17 End-to-End 6	Sun Aug 21 End-to-End 6		
4th Week of month	Trail Starter	Easter	Sun May 22 Trailstarter <b>Mt Lofty &amp; Cleland</b> Arrienne Wynen	Sun Jun 26 Trailstarter <b>O'Halloran Hill</b> Gavin Campbell	Sun Jul 24 Trailstarter <b>TBA</b> Chris Porter	Sun Aug 28 Trailstarter <b>Mylor</b> Graham Bald		
	Trail Walker		Sun May 22 Trailwalker <b>Crafers</b> Richard Milosh	Sun Jun 26 Trailwalker <b>Onkaparinga Gorge</b> Richard Milosh	Sun Jul 24 Trailwalker <b>Mt Misery</b> Richard Milosh	Sun Aug 28 Trailwalker <b>TBA</b>		
	End-to-End		Sun May 22 End-to-End 4	Sun Jun 26 End-to-End 4	Sun Jul 24 End-to-End 4	Sun Aug 28 End-to-End 4		
5th Week of month	Trail Starter		Sun May 29 Trailwalker <b>Oliphant CP</b> Michael Middleton		Sun Jul 31 Trailstarter <b>TBA</b>	Key to Walk Program  Trail Starter walk Trail Walker walk End-to-End walk Other walk even  An explanation of walk grades each walk event are published		
	Trail Walker		Sun May 29 Trailwalker <b>Ashbourne</b> Dean Mortimer		Sun Jul 31 Trailwalker <b>Pioneer Women's (reverse)</b> Mary Cartland			
	End-to-End				Sun Jul 31 End-to-End 5			

For further information about each walk, walk grades, frequently asked questions or to print off a calendar visit [www.heysentrail.asn.au/walks](http://www.heysentrail.asn.au/walks)

## Walk Grades

There are five different grades of walk on the Friends of the Heysen Trail walk programme. Four of these operate during the walk season, generally from April to November when it is not Fire Ban Season:

- Trail Starter
- Trail Walker
- Trail Rambler
- End-to-End

When it is not walk season, generally during the summer Fire Ban Season, a fifth walk grade, Summer Twilight Walks, operate.

Details of each walk grade are provided on the website.


## Registering for Walks

You must register for a walk, either online or over the phone.

Register online (by Wed prior please) at [www.heysentrail.asn.au](http://www.heysentrail.asn.au), or by phone the office on 8212 6299 (during the hours listed on page 4).



# Heysen Trail

September	October	November
Sun Sept 4 Trailstarter Scott Creek Ben Salib Brown	October Long Weekend	Sun Oct 2 Trailstarter Flower Walk David Carter
Sun Sept 4 Trailwalker TBA Mary Cartland		Sun Oct 2 Trailwalker Para Wirra Barry Brown
Sun Sept 4 End-to-End 5		Fri Sep 30-Mon Oct 3 Trip Away Innes National Park
Sun Sept 11 Trailstarter Sturt Gorge Ben Wait	Sun Oct 9 Trailstarter TBA Michael Middleton	Sun Nov 13 Trailstarter TBA
Sun Sept 11 Trailwalker Lavender Trail John Potter	Sun Oct 9 Trailwalker Lavender Trail John Potter	Sun Nov 13 Trailwalker Lavender Trail John Potter
	Sun Oct 9 End-to-End 5	
Sun Sept 18 Trailstarter Lofty Circuit Graham Bald	Sun Oct 16 Trailstarter Chambers Gully Ben Wait	Sun Nov 20 Trailstarter TBA
Sun Sept 18 Trailwalker Mt Crawford Barry Brown	Sun Oct 16 Trailwalker Warren/Hale Richard Milosh	Sun Nov 20 Trailwalker TBA
Sun Sept 18 End-to-End 6	Sun Oct 16 End-to-End 6	
Sun Sept 25 Trailstarter TBA Lyn Wood	Sun Oct 23 Trailstarter TBA	
Sun Sept 25 50th Anniversary	Sun Oct 23 Trailwalker Black Hill Mary Cartland	
Sun Sept 25 End-to-End 4	Sun Oct 23 End-to-End 4	
<b>Programme</b>	Sun Oct 30 Trailstarter TBA	 <p><b>The Friends of the Heysen Trail</b> 10 Pitt Street Adelaide 5000 Phone 08 8212 6299 www.heysentrail.asn.au</p>
	Sun Oct 30 Trailwalker Mt Gould Steve Clift	
	Sun Oct 30 End-to-End 5	
and details for on the website		This version released 10 Feb 2011

For your copy of the programme, visit

## Walk Cancellations

Walks are cancelled if the broadcasted forecast is for temperatures over 32°C. For simplicity, this can be determined the night prior to the walk on the 7pm ABC evening news weather forecast, based upon the Bureau of Meteorology's routine 4pm forecast. Even if the forecast is later revised, the walk remains cancelled. End-to-End walks will be rescheduled to the following month. This doesn't apply to Summer Twilight Walks.

If unforeseen circumstances arise and you are no longer able to participate in the walk, please notify the office as soon as possible, preferably by 4pm Friday, or leave a message on the answering machine after this time.

## Recommended Clothing and Equipment

Walkers joining our groups need to be appropriately equipped. Prime consideration is your safety, comfort and weather protection. Your safety and the safety of the walking group can be jeopardised by those walkers wearing inappropriate footwear or clothing. Evacuation of a sick or injured walker from an inaccessible area can take many hours. A Walk Leader may decide not to accept people for a walk who are not appropriately dressed or prepared for the local conditions. What to Wear for Trail Starter and Trail Rambler walks.

Good walking shoes, or boots with grip soles. Not appropriate for bushwalking are: thongs; sandals; elastic sided boots; and smooth-soled shoes or sneakers.

Socks suitable to the footwear worn.

Wet weather gear. A three quarter length waterproof rain jacket is ideal (showerproof spray jackets and quilted parkas are not waterproof and may lead to hypothermia). In summer a poncho style waterproof may be sufficient.

A warm jumper or jacket of wool or polyester. Cotton shirts and windcheaters provide little insulation when wet, and retain water which quickly cools.

Shorts, or loose comfortable wool or synthetic pants (jeans are not recommended as they become cold when wet and dry slowly)

Shade hat and sunscreen in sunny weather. Warm hat/beanie in cooler weather.

For Trail Walker and End-to-End walks, in addition to the above list, depending on walk location and the weather, please also consider Thermal underwear

Waterproof over-trousers

Gaiters.

What to Bring for Trail Starter and Trail Rambler walks.

Personal medication requirements, Basic First Aid and Emergency Kit  
UV Sunblock

Insect Repellent

Torch

Lunch and snacks (include some for emergency)

Plastic bag for rubbish

Water in secure container; minimum 1 litre, and two litre if temperature will be over 25°C (even more if temperature is forecast to be higher)

Gear should be carried in a day pack. One with a supporting waist band is recommended.

For Trail Walker and End-to-End walks, in addition to the above list, please bring

Whistle

Wide elastic bandage and Triangular bandage with safety pins.

Twilight walks are of shorter duration and generally in more accessible areas. The above recommendations can be modified to suit the walk and weather conditions. The minimum requirements are to dress for the weather conditions and sun protection, wear comfortable walking shoes, a sun hat, sunscreen, and bring 1 litre of water. If unsure, please check with the Walk Leader.

The clothing and gear outlined above are our recommendations.

Note that the Walk Leader may not accept you for a walk if you are not suitably equipped for the local conditions. If unsure, always check with the walk leader.

# The Unique Power of Mother Nature's Cradle



*Simon Blight, Lunch on Mt Doris, overlooking the Overland Track*

**The Overland Track is a unique walk that will never be forgotten. A grounding experience guaranteed to find light where there had been darkness and sunshine where there had been rain – a genuine perspective on life and a real “Overland Healing”.**

---

*Story & Photos by Simon Blight*

---

Once a truly connected individual - balanced, full of spirit, confidence and enthusiasm for life, I found myself in a pretty bad place - lost and without much direction. Quite simply, my ‘fire within’ had been extinguished by the daily rigours of a busy life, the recent passing of my mother after a long illness and an impossible recent work situation with an “egomaniac” of a boss who made the Steve Carell character, the obnoxious regional manager Michael Scott from the US comedy “The Office”,

look like the world’s best boss! I had always enjoyed being at one with ‘Mother Nature’ having enjoyed many family holidays as a lad camping and hiking in the Grampians in Victoria and the Flinders Ranges in South Australia. As an adult I have enjoyed the five nights High Plains Circuit in the Victorian Alps, the wild coastline walk on Kangaroo Island and sections of the beautiful Heysen Trail, Deep Creek Conservation Park and the lower Flinders Ranges around Melrose and Mt Remarkable, the latter not too far

by car from Adelaide.

Some years ago I took my then seven-year-old son to Cradle Mountain in Tasmania. We stayed a week in the Waldheim Cabins and undertook a number of day walks and soaking up the atmosphere of this very special part of the world. I recall vividly at that time chatting to two hikers as they signed the Overland Track registration book and set out on the six day walk to Lake St Clair. This was to be their fourth visit to

this beautiful spot and I will always remember their enthusiasm and spirit as they told us of what lay ahead for them. I immediately bought and read the Overland Track guide book by John Chapman & John Siseman and promised myself that I, too, would one day walk the Overland Track. Some seven years later, that time had come.

Snapping up one of the last remaining vacancies for a mid January 2011 Overland Track departure with Cradle Mountain Huts (CMH), I spent the weeks prior to departure buying a few essential items of gear and keeping fit in preparation for what I hoped would be a great experience. Just visiting the outdoor shops and chatting to the staff about the gear I needed (and in many cases their own Overland Track experiences), lifted my spirits and contributed toward my excitement, as the date got closer.

Arriving in Launceston, having flown from Adelaide via Melbourne, the weather was bleak, although nothing like the floods that were battering those in Queensland.

Our six day tour started and finished at CMH's base situated at the magnificent Quamby Estate just out of Launceston. After meeting our guides, Tom (a marine engineer with 30 Overland Track journeys to his name) and Nat (a physical education and outdoor education teacher), preparing our packs (including the rain jackets and backpacks provided by CMH) and enjoying a quick breakfast, we boarded the mini bus for our two hour drive through Sheffield to Cradle Valley, historic Waldheim and the Dove Lake car park where our journey began in earnest.

#### **Day One - Cradle Valley to Barn Bluff** Approximately 12 km, seven hours

The weather was terrible; full waterproofs on and visibility poor. I would love to have seen Cradle Mountain with Dove Lake in front but sadly the conditions did not allow it! We climbed the alpine plateau around Dove and Crater Lakes pausing to imagine the view from Marion's Lookout was like the one we saw in the brochure. Lunch in Kitchen Hut was overcrowded;

everyone with the same idea of eating whilst sheltering out of the full force of driving wind and rain. Once fed & rested, we had brief glimpses of Cradle Mountain and Fury Gorge as we walked the rim of the glacial cirque before passing through Waterfall Valley and settling into the CMH Barn Bluff Hut, nestled beneath its namesake.

A warm shower, wet gear in drying room, Tasmanian cheeses followed by a three course meal including wine, warmed our spirits after a wet Day One.

#### **Day Two - Barn Bluff to Pine Forest Moor** — Approximately 12 km, six hours

Following a breakfast of porridge and toast and having prepared our lunch from the spread of options available we set out on day two, despite it still being quite wet outside.

Crossing the sedge land moors, we passed many glacial tarns. Lunch was enjoyed early in the afternoon around Lake Windermere and later we enjoyed



*From Mt Doris, Native Wildflowers in Foreground with Cradle Mt and Mt Oakleigh in background*

views of the Lemnathyme Forests from the Forth Valley lookout. The CMH Pine Forest Moor Hut is located on the edge of the forest. We arrived to freshly baked muffins and again enjoyed a spectacular evening meal.

**Day Three - Pine Forest Moor to Pelion Plains** – Approximately 10 km, four hours

The weather had lifted somewhat and by day's end, blue sky was smiling on us all as if rewarding us for our optimism and making the most of the first two days despite the inclement weather. Our walk followed the historic Innes Track sheltered below Mt. Pelion West, mainly through rainforest. Spectacular photographic opportunities abounded in and around the rainforests.

We stopped at Frog Flats near Paddy's Nut for a snack and had lunch by an idyllic creek near Old Pelion Hut, beneath Mt Oakleigh and near Mt Pelion East and close to the headwaters to the Forth River. Some soothed their feet in the fresh water that readily flowed past. The final section of the day's walk is on the Pelion Plains where CMH Pelion Hut is located.

**Day Four - Pelion to Kia Ora** – Approximately 9 km, four hours (three to four hours extra to climb Mt. Ossa)

We had been truly blessed - the weather was spectacular and our group was in good health and high spirits. Views to the South-West wilderness were crystal clear from Pelion Gap, where we left our packs for our side trip of lunch on Mt Doris and from there, the ascent of Mt. Ossa (Tasmania's highest peak at 1,617 metres). Cameras were in overdrive and our lunch location on Mt Doris with native wildflowers and the uninterrupted views in the distance including Mt Achilles, Paddy's Nut, Barn Bluff, Cradle Mountain and Mt Oakleigh were amazing.

There was no doubt that I was apprehensive about climbing Mt Ossa. We could see the ascent path from our lunch spot and it looked a tough ask. I was however, absolutely determined that I would succeed and was empowered by everyone in our group supporting each other. The feeling of achievement upon reaching the top was my own Rocky Balboa

“Flying Higher” moment and was exhilarating. The 45 minutes at the top admiring the view, taking photos and ‘alone time’ for some self-reflection was a satisfying moment I will not easily forget. This went a long way toward regaining my perspective on life and proving that a steely determination and a will to succeed would see me through these tough times.

Following our descent from Mt Ossa we walked almost on air to the CMH Kia Ora Hut which was located right below Cathedral Mountain. We all shared a memorable evening reflecting on the success of climbing Mt Ossa as we enjoyed another stunning meal and an unsurpassed dining room view.

**Day Five - Kia Ora to Windy Ridge** Approximately 9 km, four hours

Following a nourishing breakfast, day five began with a visit to the beautiful ‘Leatherwood Garden’, located at the

historic Du Cane Hut. We all walked the 20 minutes through the rainforest cocooned in personal introspection, which was a special moment at one with Mother Nature.

The middle section of the day was spent meandering along the Mersey River visiting the spectacular waterfalls including the D'Alton, Fergusson and Hartnett Falls. The CMH Windy Ridge Hut was reached via the magical myrtle forests and we shared our final evening meal together in a dining room overlooking the grandeur of Mt Geryon.

**Day Six - Windy Ridge to Lake St Clair** Approximately 9 km, three hours

The northern shores of Lake St. Clair are reached via superb eucalypt forests, much of the walk boarded with only a suspension bridge to navigate before reaching the Jetty at Narcissus Hut where, after lunch, a ferry took us



*Simon amongst trees and walking in creek bed*

for a 17 km cruise across Lake St Clair, Tasmania's deepest and most spectacular lake.

Our journey by bus back to Quamby Estate was through the trout fishing Mecca of the highland lakes, descending the rugged Western Tiers, past the majestic Quamby Bluff and through Golden Valley. Our end of tour drinks and canapés on the lawn at Quamby Estate as a group were touching as we all recalled our favourite moments that we will forever share together.

As for my personal journey – I can thoroughly recommend The Overland Track as a unique walk providing a memorable experience that will never be forgotten. A definite grounding experience guaranteed to assist any individual to find light where there had been darkness and sunshine where

there had been rain, in addition to obtaining a genuine perspective on life. A Real Overland Healing !

**Foot Note:**

*I make the point that I chose to pay a little extra and travel with some home comforts offered by Cradle Mountain Huts. Trained guides, cooked meals, private huts with comfortable bunks and warm showers and lighter packs to carry were important creature comforts for me.*

*The weather outside, the length of the track and basics of the walk are the same whether staying in a private hut or camping - there is certainly no separate easier track with a chair-lift to the top of steep hills – indeed, we all walked the 65 km plus side trips that form the world famous Overland Track. □*

## Heysen Trail GPS Files Updated

The GPS files of the Heysen Trail have been updated to include all re-routes. Walkers who have previously downloaded the GPS files for their handheld GPS units for use whilst walking the trail should download the new file. The re-routes were previously presented as separate tracks, all re-routes have now been combined into the main track files (disused parts of the trail are no longer shown.)

The Google Maps interface has also been updated. There is now a:

- GPX file download (contains only the main trail, spur and alternative trails, and campsites/towns)
- KML file download (contains all information as presented in the Google Maps interface, but for download and use in the Google Earth interface).

The files have been updated to January 2011 to include all re-routes along the trail. Click on "Maps" under the "Heysen Trail" menu on the website to download the current files.



p: 0428 532 071  
e: tours@outbackbynature.com.au  
w: www.outbackbynature.com.au  
ABN: 22 852 916 624

I'm Rob Higgins, I operate a small group touring business, fully catered, I use a well equipped Toyota Landcruiser Troopie, that can accommodate 1 to 6 people in comfort (with forward facing seats), a well equipped trailer that includes a portable kitchen and camping equipment. Single tent accommodation or twin share.

### Selected Proposed Trips for 2011

<u>Carnarvon Gorge / Alice Springs</u> Sunday 1st May to Monday 23rd May	23 Days Adelaide to Adelaide \$ 4174.50 per person
<u>Canning Stock Route / Rudall River / Broome</u> Tuesday 5th July to Wednesday 27th July 2011	23 Days Alice Springs to Broome \$ 4174.50 per person
<u>Bungle Bungles / Canning Stock Route</u> Monday 1st August to Tuesday 23rd August 2011	23 Days Broome to Alice Springs \$ 4174.50 per person

Tag-Along 4WD Vehicles 23 Day Tours A maximum of 5 vehicles on any trip, Self Catered Tag-Along or Fully Catered Tag-Along

**More Itineraries & information on the web site**

# What's What?

A column with info on equipment and walking

## NEW Product for 2011

humangear®

# GoToob

Located in San Francisco, California, Humangear was founded in 2007 with a mission to develop “real gear for real humans” as company owner Chris Miksovsky describes his thoughts behind the development of the clever mini bottles.

GoToob tubes are made from soft yet rugged silicone, so it's easy to squeeze and dispense the product right away. But this is only one out of a surprising big number of features which make these little tubes unique in the market and indispensable for your next holidays.

Go to their website for more information  
<http://www.humangear.com/>

We recommend GoToob for:

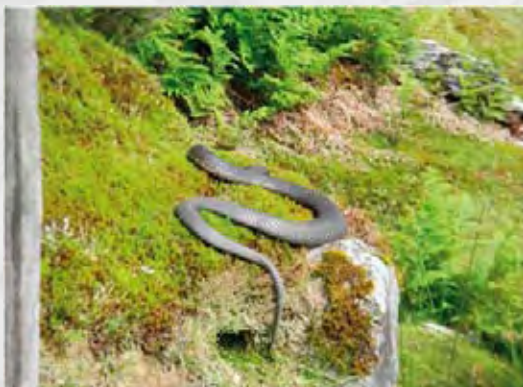
Shampoos, Conditioners, Lotions, Suntan Oil, Liquid Soaps, Condiments (tomato sauce, cooking oil, etc.), Hand-sanitizer, Body wash, Toothpaste, secret sauce, magic potions, and many other low and medium viscosity fluids.



## Snakes on The Overland Track

Paddy Pallin Adelaide owner Luke Adams & his fifteen year old son Ryan, returned recently from walking seven days on the Overland Track. While they had a good time, they did come back with a warning.

Luke explains “While walking past Du Cane Hut on day 5 of the Overland Track, my son spotted a 4-5 foot Tiger Snake (*Notechis scutatus*) on the Track. I was looking at the path in front of me and saw a snake disappearing into the grass at the side of the track. Thinking the coast was clear I started to walk on when Ryan pulled my pack and me back and said look up on the rock at chest height in front of you. There sunning itself on a rock next to the track was another Tiger (Photo). We gave him a wide berth and all was well.”



**The Learning:** Be aware of all of your surroundings not just at your feet.

*Paddy Pallin*

SOUTH AUSTRALIA

## **OPENING OF THE WALKING SEASON**

**SUNDAY 3 April 2011**  
**10am – 3pm**

**Tea Tree Gully Oval**  
Memorial Drive, Tea Tree Gully

**The Friends of the Heysen Trail**  
in conjunction with **Walking SA** are organising the Opening

**The Friends of the Heysen Trail**  
will be celebrating their **25th** Anniversary

## **Discounts Available to Members**

The following discounts are available to members. Your membership card must be shown to receive the discount, some exclusions apply.

### **Friends of the Heysen Trail**

10 Pitt St, Adelaide  
10% discount on all maps and books  
(excluding sale items)

8212 6299

### **Adelaide Hatters**

36 Adelaide Arcade, Adelaide  
10% discount

8224 0131

### **Annapurna Outdoor Shop**

210 Rundle St, Adelaide  
10% discount (excluding sale items)

8223 4633

### **Aussie Disposals**

42 Pulteney St, Adelaide  
Elizabeth City Centre  
Colonnades, Noarlunga  
327 Main North Rd, Enfield  
Up to 10% discount

8224 0388

8287 3008

8326 3186

8342 4844

### **Boots Great Outdoors Centre**

1277 South Road, St Marys  
Up to 10% discount (excluding sale items and fridges)

8277 7789

### **Columbia Sportswear Company**

208 Rundle St, Adelaide  
10% discount off recommended retail price

8232 0690

### **Mitchell's Adventure**

Westfield Marion  
Westfield Tea Tree Plaza  
10% discount (excluding sale items and portable fridges)

8296 7700

8395 9555

### **Mountain Designs**

187 Rundle St, Adelaide  
10% discount (excluding sale items)

8232 1351

### **Paddy Pallin**

228 Rundle St, Adelaide  
10% discount (excluding sale items)

8232 3155

### **SA Camping World**

109 Jetty Road, Glenelg  
10% to 15% discount excluding sale items

8376 1330

### **Scout Outdoor Centre**

192 Rundle St, Adelaide  
10% discount on outdoor gear (excluding sale items)

8223 5544

### **Snowy's Outdoors**

92 Richmond Road, Keswick  
Up to 10% discount

8351 2111

### **Trims**

322 King William St, Adelaide  
Westfield Marion  
5% discount

8212 5099

8298 9777

### **Wattyl Paints Centres**

Refer to page 488 of the 2010/11 White Pages for your nearest outlet.

# WALKING IN THE NORTH ISLAND OF NEW ZEALAND



Lake Rotoaira

**I had decided to return to New Zealand to visit my brother and sister, and as we all enjoy walking, the most logical and pleasurable way to spend our time together was walking and talking. So plans were made, I notified my brother and sister of the arrival and departure dates, and my interest in a walking holiday, and very soon received a rough schedule of our planned day walks, one of which was the Tongariro Alpine Crossing.**

---

*Story & Pictures by Mary Cartland*

---

## **Episode One – The Tongariro Alpine Crossing**

The Tongariro Alpine Crossing is a very popular day walk in the Tongariro National Park. The National Park has the most spectacular tramping tracks and the Tongariro Alpine Crossing is a section of the Tongariro Northern Circuit (one of New Zealand's Great Walks) and is a 3 – 4 day loop tramp of 50 km which circumnavigates Mt Ngauruhoe, and requires Great Walk

Hut tickets from DOC (Department of Conservation) to stay in the well equipped huts.

We were planning on tramping (walking) from the Mangatepopo Valley to the Ketetahi road end which was the recommended direction as it minimises the climbing involved.

We booked a bus to drop us at the start of the walk and collect us afterwards for \$30. The bus would pick us up

from the Whakapapa Holiday Park (where we were staying) at 7.00 am. After having filled out a sign in sheet, submitted a mobile phone number of at least one person in our walking party and shared information regarding our possible side ventures on the Tongariro Alpine Crossing with others on the bus and the driver Steve, we were off. Half an hour later we were at the Mangatepopo Carpark rearing to go, then it was a pleasant wander over the tussocked lower section of



the track. The track is well formed and has a board walk in areas that could become damp. The track is marked well by poles and continues up the valley following the picturesque Mangatepopo Stream with occasional diversions up and around the edges of old lava flows. I was fascinated by the plant Raoulia (at a distance looks like snow) which is a low mat like plant that grows on the fine silt outwash in the upper valley amidst the small bristle tussock grass. We followed the track to Soda Springs. This is a small spring sparkling with dissolved volcanic gases forming a waterfall over a mossy wall on the left side of the valley, and is about 2-3 minutes off the poled track and is the start of the Mangatepopo Stream. (Mangatepopo cheerfully translates to the "stream of death"). Soda Springs has the last toilet before Ketetahi Hut on the way down, so it is an important stop.

The next section from Soda Springs to South Crater is steep (known as devils staircase) and can be a rather slow slog especially if there are a lot of walkers on the track. There are great views looking back down the valley and we could even see Mt Taranaki (Mt Egmont) on the western horizon, so we took full advantage of the heavy traffic made frequent stops and enjoyed the scenery.

This climb took about an hour because the track was busy and it was single file all the way. The track is quite rough here also as you are walking on layers of ancient and modern lava flows and other volcanic debris, about five minutes from the top of the slope the track veers slightly to the left then opens out to the wide expanse of the South Crater. This is not actually a crater at all but a basin carved out by ancient glaciers and filled with fine volcanic silt. A track off to the right of the main track follows the route to the summit of Ngauruhoe, it was at this point that we decided that as the cloud had come down over Ngauruhoe and as the SE wind was blowing the clouds around a bit, we decided that the ascent of Tongariro was the best bet. Sure was!

We continued across the South Crater before a climb and then to the left we headed off to ascend Tongariro. We climbed up Mt Tongariro and at

the summit we were completely surrounded by clouds. This was absolutely amazing! Talk about having my head in the clouds? They sure were. The air was damp but not cold, so we donned our wet weather gear and settled in for our lunch stop, early I know at 11.15 am but what else could we do? By 11.30 am the cloud had cleared slightly and as the wind picked up we had spectacular views to the craters below, Blue Lake and back down the track. Then it was back down the mountain before climbing up to Red Crater's narrow rim.

This is a spectacular part of the walk and involves climbing to a ridge where you are looking down into this incredible Red Crater. This is the highest part of the crossing and there are spectacular views over the Oturere Valley, the Rangipo Desert, and the Kaimanawa Ranges. When you are up on this ridge you have an



Top: Powerful Mt Ngauruhoe  
Centre: All rugged up and ready to go.  
Mary and her brother and sister.  
Bottom: From whence we came, the track across Central.

incredible feeling about being on top of the world, as you are gazing out at this ancient landscape scarred by old lava flows and explosions.

The descent from the ridge takes about 30 minutes, helped immensely by walking poles. My sister had walked the Tongariro Crossing the previous week with her family and said that it had taken them an hour to descend through the loose scoria to the Emerald Lakes below. These lakes are the most beautiful Emerald Green and even the sulphur smell does not belittle their beauty. The brilliant green colour of the water in these lakes is caused by the mineral leached from the surrounding rock, making the water unsuitable for drinking or swimming.

The track to the Oturere Hut, part of the Tongariro Northern Circuit, branches off just past the lowest lake. While the Tongariro Crossing track sidles around the Central Crater to Blue Lake which is tapu (sacred), it is disrespectful to eat or drink around it's shores.

Once past the lake there is a short climb, and through a narrow saddle onto the lower northern slopes of Tongariro. The view from here was fantastic, spectacular views over Mt Pihanga and Lake Rotoaira. The other wonderful change was the vegetation, red tussock, and mountain alpine natives. They were so beautiful, and incredibly bright and lush. Then it was

down the track to the Ketatahi Hut and a snack before taking photographs of the hut and writing in the hut log book.

About 10 minutes walk from the hut the track crosses a stream that flows down to Ketetahi Springs. The rocks here are stained a multitude of colours by the minerals in the water and the hot water and steam. These springs and this section of the track is on private land and walkers are asked not to leave the track. Past this point the track drops quite steeply through aged Totara forest, a low canopy of kanuka and manuka (native regenerating scrubland) and follows the beautiful Mangatetipua Stream before reaching the car-park at the Ketahi Road end.

Then 19.4 km after we started our walk for the day, we settled down to have a snack and wait for the bus to return for our pick up. It was here that I discussed our day's walk with one of the drivers who had been a guide at the Tongariro National Park for many years. He complimented us on our walk choice that day, climbing to the summit of Tongariro and enjoying a day of spectacular views and special quiet moments, rather than experiencing the challenge and power of Ngauruhoe. He had walked the area for many years and had found that the ascent to the summit of Ngauruhoe was best enjoyed as a day hike of its own

**To view Mary's photos visit:**  
<http://picasaweb.google.com/mcartland>



### Arkaroola Passenger Service

Walk any northern sections of the trail through the awesome Flinders Ranges:

- \* Melrose
- \* Quorn
- \* Wilpena/Flinders Nat. Park

For more info:

**8552 4000**

**genesis@granite.net.au**

[www.genesistours.com.au](http://www.genesistours.com.au)



## Accommodation in the Wirrabara Forest, Southern Flinders Ranges

Adjacent to the Heysen Trail and close to the Mawson Trail  
*Self contained accommodation for up to 8 people*

Paul & Denise Kretschmer  
Phone: 08 8668 4343  
Email: [info@taralee.com.au](mailto:info@taralee.com.au)  
Web: [www.taralee.com.au](http://www.taralee.com.au)

# End to End 3

Story & Photos by Russell O'Brien



*Creek crossing south of Dutchman Stern*

On each occasion of travelling north to join the End to End 3 group, I ponder the ever-increasing distance walked from Cape Jervis. Now almost 1000 kilometres, how the sense of achievement grows as does the anticipation of completing the Heysen Trail in 2011.

2010 saw the group walk approximately 260 kilometres from Hiskey's Hut to Buckaringa Gorge through country, which while interesting in its own right, becomes spectacular in areas and at times of special weather events.

One such time was in September while walking from The Dutchman Stern to Pichi Richi. The rain fell and kept on falling until it was the group's privilege to witness the creeks and rivers of the Flinders Ranges flowing. Yes, we got wet but most of the group, I suspect, wouldn't trade that day for anything.

In July, an early morning start up Mt. Remarkable yielded sunrise-drenched panoramas in all directions and at the walking season's end Buckaringa Gorge was seen in late afternoon colours.

Capably lead by our President and his merry men and women, the folk of End to End 3 are always effervescent; supportive to a fault and humour is a constant companion. The group evening meal and get together is a very real feature of the group. Simon's planning of these events is superb, but of greater value than the welcome meal, is the opportunity to reflect on the day's walking with friends and to truly enjoy like-minded company along with the inevitable antics of some of those passionate about the weekend's theme. The planning and preparation by those prepared to 'play the part' is extraordinary and I am in awe of their passion for entertaining others.

Outside the FoHT and especially among non-walkers, I hear people ask why anyone would want to walk such a trail. The answer is, of course, because it is there. How could any South Australian who is prepared to bush walk not want to explore 1200 kilometres of their own state along a fantastic coastline, through national and state parks, towns and communities, private rural holdings, forests and the Flinders Ranges? Those who walk the Heysen Trail expose themselves to all that is South Australian: its history, its diverse and sometimes spectacular landscapes and its people. Along with these experiences is the sense of achievement that comes from meeting a challenge. How good is that?

With each passing kilometre, one dwells more on the notion of completing the trail and what this might mean for the future. What will I do at the trail's end? Will I, perhaps, start over with another group? Will I walk elsewhere? The time will come to make a decision but I can't help but wonder how everything seen on the way north might look with the sun at my back!



*North to Mount Arden*

# The Lavender Federation Trail

**The Lavender Federation Trail is named in honour of the late Terry Lavender, OAM, the architect of the Trail and the first chairman of South Australian Recreation Trails Incorporated (SARTI).**

**Trail Description** (as it appears in The Lavender Federation Trail brochure) -

*Beginning at Sturt Reserve, Murray Bridge on the banks of the Murray River, the Trail meanders past historic buildings, old river boats undergoing restoration, and important wetland systems through to Rocky Gully Reserve on the outskirts of Murray Bridge. This spectacular gully boasts steep rugged gorges with rocky outcrops and an abundance of native flora and fauna.*

*From Rocky Gully the trail passes Monarto Zoo where you may glimpse exotic animals. It continues over grazing land and through forests to the eastern rim of the Bremer Valley. It then travels past abandoned stone farm houses, copper mines, along timeless creeks, over rocky outcrops and ridges with views over the expansive countryside.*

*The Trail makes its way to the summit of Mt Beevor, which has spectacular views. In the north are the bush clad summit of Wirra Wirra peaks and the Barossa Range. To the east are glimpses of the Murray River. In the south, Lake Alexandrina stands out against the sand hills of the Coorong National Park and the Southern Ocean. To the west are Mt Barker, Mt Lofty, Harrogate and the Bremer Valley.*

*From Mt Beevor it's a short walk via a spur trail to Diggers Rest north of Harrogate. The Trail continues to Tungkillo situated on the Adelaide to Mannum Road through quiet back roads and across creeks.*

*From Tungkillo the trail meanders towards Springton through rocky outcrops and undulating gum tree country. We encounter our first vineyards*

*as we enter the southern reaches of the Barossa Valley. .*

*Springton and the Herbig Tree are worth a visit before heading into the Barossa region to Keyneton. By Spring 2010 the trail will reach Truro, a trail length of 155 km. North of Tungkillo (on the main trail) a 13 km loop trail allows a pleasant day walk past spectacular rocky outcrops and open grazing country with views back to Mt Beevor and across to the Murray Mallee.*

*A loop trail at Eden Valley offers an enjoyable day walk through wonderful hillside country giving many panoramas consisting of gum trees, rolling farmlands and grapevines.*

*More detailed information is available at: [www.lavenderfederationtrail.org.au](http://www.lavenderfederationtrail.org.au).*



Along the Federation Trail



Mount Beevor

# Walk The Lavender Federation Trail in 2011



**Lavender Federation Trail**

**Murray Bridge Trail Head**  
A walking trail through the Barossa to Clare

Monarto Zoo	15km
Mount Beavor	56km
Tunkillo	80km
Springton	105km
Eden Valley	120km
Truro	160km

Brochures and Maps available from the Murray Bridge Visitors Information Centre, 7 South Terrace, Pk. 15591142

[www.lavenderfederationtrail.org.au](http://www.lavenderfederationtrail.org.au)



10 April	—	Murray Bridge to Monarto
8 May	—	Monarto to Bondleigh Rd
19 June	—	Bondleigh Rd to Fendlers Rd
10 July	—	Fendlers Rd to Mc Gormans Rd
21 August	—	Mc Gormans Rd to Springton
11 September	—	Springton to Keyneton
9 October	—	Keyneton to Truro
13 November	—	Loop walk

*Check the walk program for details of each walk.*

*Bookings open 28 days before each walk.*

*Normal walk fees apply, plus a \$15 bus fee.*

Maps now available at the Friends of the Heysen Trail shop in Pitt Street Adelaide.

Murray Bridge – Mount Beavor  
Mount Beavor – Springton

\$10 each

*Please note: Walks are 20 km long and are suitable for fit and experienced long distance walkers. The terrain can be quite hilly and uneven in places but with some great panoramic views.*

## Attention Walk Leaders

**Forestry SA Rangers** have asked that clubs provide prior notification of all planned walks in forest areas. Please provide the approximate number of participants and details of the proposed walk route. This would apply to all walks throughout the year.

Contacts:

**Mt Crawford Forest**  
Phone (08) 8521 1700

**Kuitpo Forest**  
Phone (08) 8391 8800

**Wirrabara Forest**  
Phone: 8668 4163

## Smith's Farmstay

Accommodation ~ Laura

Talgala Hills at Laura in the beautiful Southern Flinders Ranges



*"a little bit of Australia all to yourself"*

5 Bedrooms - great beds  
2 Bathrooms - plenty of hot water  
Marked Bushland Walks on property  
Bed and Breakfast or  
Standard Packages available  
From \$80  
ph/fax 8663 2576  
email: [smithsfarmstay@internode.on.net](mailto:smithsfarmstay@internode.on.net)

# Trail Maintenance Sections

The Heysen Trail is graciously maintained by volunteers. If you discover a problem on the Heysen Trail, please contact the Friends of the Heysen Trail office, or the Maintenance Co-ordinator or relevant Maintenance Section Leader listed. We welcome feedback on the condition of the Heysen Trail, constructive suggestions on improvements that could be made, and general comments or enquiries about the Trail.

**Maintenance Co-ordinators** Gavin Campbell 8296 8613 (H)  
**Maintenance Committee Chairman** Colin Edwards 8264 1492 (H)

Section	Map	Section Leader	Contact
1. Cape Jervis to Tapanappa	Southern Guidebook, Maps 1.1-1.3	Bob Gentle Barry Brown	8294 7287 (H) 8261 1692 (H)
2A. Tapanappa to Waitpinga Campground	Southern Guidebook, Maps 1.3-1.5	Roger Dunn & Friends	8260 2146 (H)
2B. Waitpinga Campground to Back Valley Rd	Southern Guidebook, Maps 1.5-2.2	Geoffrey & Pamela Gardner	8552 5213 (H)
3. Back Valley Road to Moon Hill	Southern Guidebook, Maps 3 2.2-2.3	Michael Scott	0400 293 132
4. Moon Hill to Hindmarsh Tiers Road	Southern Guidebook, Maps 2.3-2.5	Hermann Schmidt (Wandergruppe Bushwalkers, German Association)	8344 4072 (H)
5. Hindmarsh Tiers Road to Blackfellows Creek Road	Southern Guidebook, Maps 2.5-2.7	Eleanor Martin Myra Betschild (Women in the Bush)	8341 6024 (H) 8331 2992
6. Blackfellows Creek Road to Glen Bold	Southern Guidebook, Maps 2.7-3.2	Richard Webb	8381 5308 (H)
7. Glen Bold to Piccadilly	Southern Guidebook, Maps 3.2-3.4	Thelma Anderson Trevor Lee	8278 4420 (H) 8398 0516 (H)
8. Piccadilly to Norton Summit	Southern Guidebook, Maps 3.4-3.4	Liz O'Shea (WEA Ramblers)	8352 1636 (H)
9. Norton Summit to Cudlee Creek	Southern Guidebook, Maps 3.5-3.7	Colin Edwards Graham O'Reilly	8264 1492 (H) 8397 1217 (H)
10. Cudlee Creek to Bethany	Southern Guidebook, Maps 3.7-4.4	John Potter	8337 9515 (H)
11. Bethany to Hamilton	Southern Guidebook, Maps 4.4-5.3	John Potter Joyce Heinjus	8337 9515 (H) 8525 2054 (H)
12. Hamilton to Huppertz Hut	Southern Guidebook, Maps 5.3-5.9	Norrie Hamilton	8332 1982 (H)
13. Huppertz Hut to Spalding	Southern Guidebook, Maps 5.9-6.12	Hugh Greenhill (Burra Branch)	8843 8115 (H)
14. Spalding to Georgetown	Northern Guidebook, Maps 1.1-1.6	Kevin Liddiard	8289 4236 (H)
15. Georgetown to Mt Remarkable	Northern Guidebook, Maps 1.6-2.11	Mary Cameron Ian Pool (ARPA)	8165 1025 (H)
16. Mt Remarkable to Horrocks Pass Rd	Northern Guidebook, Maps 2.11-3.4	Graham Hill	8632 4804 (H)
17A. Horrocks Pass Rd to Dutchmans Stern	Northern Guidebook, Maps 3.4-4.1	Michael Kerin	8642 4728 (H)
17B. Dutchmans Stern to Wilpena	Northern Guidebook, Maps 4.2-5.7	Gavin & Marie Campbell	8296 8613 (H)
18. Wilpena to Parachilna	Northern Guidebook, Maps 5.8-6.8	David Henery (Alpana Station) Operation Flinders	8648 4626 (H) 8242 3233

# ALPANA STATION

5km from Blinman in the Flinders Ranges, Alpana Station offers:

- A **passenger transport service** to **Wilpena, Blinman, Heysen Trail head** for walkers (individuals or groups)
- Quality **self-contained accommodation** for up to 14 people suitable for walkers, artists, nature groups etc
- **Ensuite bathroom** facilities for caravans/campers
- **Bush camping** areas

## Contact Details

David and Sally Henery  
Postal address: PO Box 11, Blinman SA 5730  
Phone or fax: 08 8648 4626  
Email: [alpana2@bigpond.com.au](mailto:alpana2@bigpond.com.au)  
Website: [www.alpana-station.netfirms.com](http://www.alpana-station.netfirms.com)

## Nungawurtina Hut & Trail

An **easy 2 day walk** alternative for not-so-active walkers...

Stay a night or two in a new replica pine & pug shepherd's hut en-route from Alpana to the Blinman Pools and Angorichina Tourist Village to be picked up and returned to Alpana.

OR

4WD Drive:- Drive yourself or be transported to Nungawurtina Hut and experience a true Flinders retreat in a scenic and serene setting. Suitable for up to 6 people.

*Bookings Essential*



## ENCOUNTER BAY

### COSY BLUE STONE COTTAGE TO LET

Ideal base for walking the Heysen Trail and also for walking the coast - easy walking from the house to Granite Island, The Bluff and Kings Beach

One street back from the beach, near Kent Reserve, the bicycle track and wind surfing location

The Cottage has 3 bedrooms,  
1 queen size bed, 1 double and two singles

Sleeps 5 comfortably and six using the trundle bed

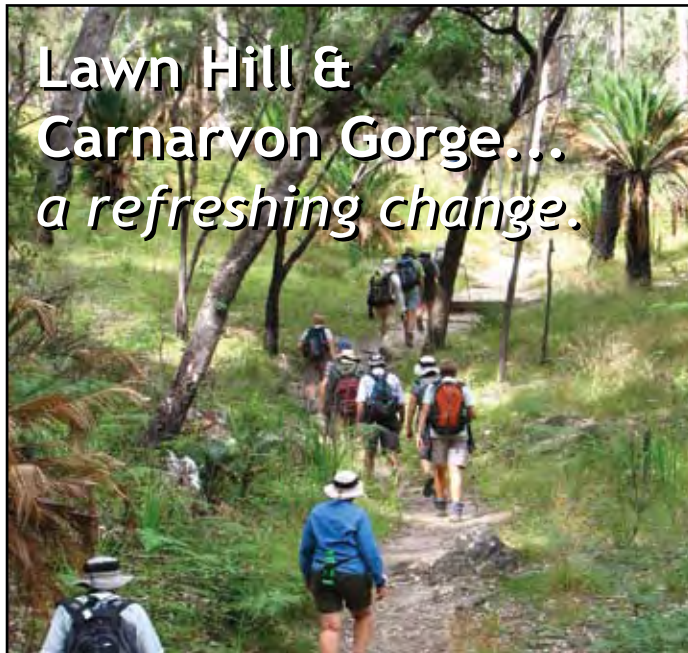
The living area has an open fireplace

Sunny north facing verandah, a relaxing place to sit at the end of a long active day!!!

\$125 per night, up to 4 people, and \$25 pp extra to a max. of 6 people

Enquiries and booking to Prue Harris 0413408136

## Lawn Hill & Carnarvon Gorge... *a refreshing change.*



See outback Queensland and NSW now enlivened by recent rains.

After 10 years of drought this country is sure to be looking its best.

Come discover with us from 4 - 24 May.

EXPLORANGES  
[bushwalkingtours.com.au](http://bushwalkingtours.com.au)

08 8369 1779



# BOOK A SELF-DRIVE HOLIDAY PACKAGE AND SAVE!



**SAVE OVER \$100\***  
on your Kangaroo Island self-drive holiday package. Just book return ferry travel and accommodation with SeaLink and save.

\*Conditions apply. Offer valid to 31 March 2012. Saving based on two adults taking own car.



Call 13 1301  
or visit [sealink.com.au](http://sealink.com.au)

**SEALINK**  
Kangaroo Island