

THE TRAILWALKER

ISSUE 103 PRINT POST APPROVED PP565001 / 00079 AUTUMN 2007



**NEWSLETTER OF THE FRIENDS OF THE HEYSEN
TRAIL AND OTHER WALKING TRAILS INC**

**FRIENDS OF THE HEYSEN TRAIL
AND OTHER WALKING TRAILS INC**

10 PITT STREET ADELAIDE, SA 5000
PHONE (08) 8212 6299 FAX (08) 8212 1930
EMAIL: heysentrail@heysentrail.asn.au
WEBSITE: www.heysentrail.asn.au

PATRON: C. WARREN BONYTHON AO

COUNCIL MEMBERS 2006/2007

Julian Monfries	President
Simon Cameron	Vice President
David Beaton	Secretary
John Wilson	Treasurer
Robert Alcock	
Ray Blight	
Kevin Boyce	
Gavin Campbell	
Chris Halstead	
Norrie Hamilton	
Bob Randall	
Claire Randall	
Cliff Walsh	

COUNCIL COMMITTEE CHAIRMEN

President's	Julian Monfries
Strategy	Cliff Walsh
Finance & Audit	Cliff Walsh
Maintenance	John Wilson
Walking	Simon Cameron
Office	David Beaton
Marketing & Membership	Robert Alcock
Honorary Membership	Bob Randall

FRONT COVER

Near Mt Arden, looking southwards
Photo: Julian Monfries

COUNCIL MEETING DATES

Wed 21 Mar, 2007
Wed 18 Apr, 2007
Wed 16 May, 2007

OFFICE HOURS & VOLUNTEERS

Monday	10.30 - 2.30
Tuesday	10.30 - 2.30
Wednesday	10.30 - 2.30
Thursday	10.30 - 2.30
Friday	10.30 - 4.30
Saturday - Sunday	Closed

Relief Staff

HONORARY MEMBERS

Terry Lavender*
Jim Crinion
Neville Southgate
Doug Leane
Fred Brooks
Sadie Leupold
Thelma Anderson
Kath Palyga
Richard Schmitz
Arthur Smith
Colin Edwards
Hugh Greenhill
Jamie Shephard
Glen Dow
Barry Finn
Dean Killmier
John Wilson

* (deceased)

TRAILWALKER EDITOR

John Wilson

MEMBERSHIP SECRETARY

David Beaton

OFFICE COORDINATOR

Jack Marcelis

MAINTENANCE COORDINATOR

Gavin Campbell

BOOKKEEPERS

Gaya Jayawardena, Melody Happylin,
Bozu Zhang

Mike Parsons
Dawn Bon, David Rattray, Chris Porter
Jack Marcelis, Wendy Fox
Frances Gasson, Jan Mortimer, Chris Caspar
Sandy Melbourne, Colin Edwards, Jamie Shephard

David Beaton, Jim alvey

IN THIS ISSUE

Editorial	3
Membership info and Advert costs	3
President's Report	4
Office Report	5
New members	5
Profile – Jamie Shephard	6
Call for Volunteers	8
Burra Branch Reports	9
Push the Bush	9
Great Ocean Walk	9
AGM notices	10
Walking Federation of SA Report	13
Snowy's advert	14
Walking Committee Report	15
Coorong and Spear Creek	15
Walking Program	17
Section Leaders	18
Walking Holidays advert	19
Coast to Coast	20
Sealink advert	23
Trail Maintenance trip	24
Taralee advert	27
Talyala advert	27
Mtn Design advert	27
West Highland Way	28
Scout Outdoor Centre advert	29
Walking at Burra	30
Explorange advert	30
Forest Rangers	30
Alpana Station advert	31
Paddy Pallin advert	31
Discounts	32

GENERAL INFORMATION

Editorial

Welcome to the first Trailwalker for 2007. In this issue we have information on the **Annual General Meeting on Friday 16 March**, and a profile of Jamie Shephard, past President and well known to all of us (another one on our Patron, Warren Bonython, is in preparation for our next edition). Also included is the walking programme for 2007, including weekends away in the Coorong (March) and Spear Creek for the October long weekend.

The articles include the Coast to Coast walk across England and a revisit to the West Highland Way, both illustrating the facilities available to walkers in the UK. By contrast, Heather shows how it can be done on the Heysen Trail, with a little help from the locals. In addition, we have another chronicle from Gavin on working/walking/eating, but this time describing the important contribution of a team of workers maintaining the Trail. I would also like to commend Thelma for her regular contributions on behalf of the Walking Federation of SA, and Hugh from the Burra Branch of the Friends

Readers should be aware that views expressed in contributed articles are those of the authors, and not necessarily those of the Council or editors.

Although a closing date is listed, don't wait until it is too late, we will accept articles at any time. Emailed contributions should be sent to trailwalker@heysentrail.asn.au.

CLOSING DATE

Closing date for our next issue is **4 May, 2007**.

Publication date will be late **May, 2007**.

This edition also represents a changing of the guard in the production of The Trailwalker. After eight years and 32 issues, I feel it's time to cap my red pen, and allow the computer and telephone to cool down. It has been a satisfying ride, but any venture can benefit from new blood and a fresh approach. The impressive development of our magazine has been mainly due to the quality of the articles submitted, and I would like to thank all those who have contributed. In particular to Heather and Terri, the 'editorial team' over the past couple of years, and to Dawn Bon and Julie Loftus for their work in the mailout. I extend my best wishes to Jeremy Carter and the new team

John Wilson
Editor

Membership Renewals

Have you renewed your membership? Please check the address label on your Trailwalker envelope for your membership due date.

We are providing reminders to members whose membership is about to expire or has recently expired by inserting notices and a new renewal form in The Trailwalker.

Please take care when filling in your Renewal Forms, to ensure that our staff have up to date information on your contact numbers and email addresses where relevant.

NOTE that both sides of the forms should be completed.

Would Family Members please include names of both adults and children under 18 years of age on their Renewal Forms, as we are updating our records and need this information to calculate our public liability insurance premium. (Note that members are responsible for their own personal accident insurance.)

Please also notify the Office of any change of address, telephone number or email address.

Membership Cost Information (\$10 surcharge for new members)

Single	\$20.00 per year
Family	\$30.00 per year
Organisations	\$50.00 per year

Membership is valid from the date of payment until the end of the corresponding month in the following year

ADVERTISING RATES

Per issue:	
1/4 page	\$40
1/2 page	\$80
Full Page	\$120

A flyer - supplied for insertion - \$120
A commitment for 12 months advertising, ie 4 issues would attract 10% saving.

President's Report Autumn, 2007

The Friend's Annual General Meeting will be held on Friday, March 16th 2007, at Enterprise House, 136 Greenhill Road, Unley at 7.30PM. Our guest speaker will be Duncan Chessell, recently returned from Sea to Summiting in Antarctica, climbing Mount Vinson, as part of the Centacare Antarctic Challenge.

Come along and support the Friend's and listen to Duncan's enthralling talk.

The new year and the AGM bring opportunities to join the Friend's council. We are looking for dynamic people willing to volunteer some time to help determine the future of the Friends. The commitment can be as small or as large as you want.

We finally launched the new membership database; however I must say I was disappointed by the dearth of returns from the insert in the previous TrailWalker. Perhaps naively, I expected members to read the President's Report, which explained the purpose of the insert.

As I said in the Summer TrailWalker, we do not know the ratio of women to men; we do not know the age spread of our members; we do not know what you do; we do not know if you do anything; we do not know if you have special skills or interests (that may be pertinent to the Friends). Help us out, complete the insert and return it to the office.

With the New Year and the new walking season, we plan to have a new website. Having served us well for about 6 years, our site needed a revamp and it was decided to rebuild it from scratch, using the latest web design, which will allow future developments that are not possible with our current site.

The Opening of walking season is to be held at Beaumont House, Burnside on Sunday April 15th, 2007 and is being organised by Women of the Bush and Walking SA.



This will neatly tie in with **Life. Be In It.™**, Come 'n Try Bushwalking, for the month of April.

The Friends will have their usual Sunday walk and also some Come 'n Try walks for beginners. We also plan to have a small display at the opening.

There has long been a need for a simple way to record your progress along the Heysen Trail. To



this end we are developing a simple Logbook providing an easy way to log your progress, make notes, keep a diary, an aide memoir or keep track of photos. Whether you are a dedicated End 2 Ender or just a casual walker who wants to do just parts of the Trail, in no particular sequence, then this is for you.

The Logbook comes in two parts, the Southern and Northern Logbook and has been structured to complement the Southern and Northern Guides and you will note similarities between the logbook and the guidebooks. The logbooks can ultimately be your "proof of passage" when applying for the End 2 End certificate and badge. We plan to have them available prior to the start of the walking season.



Many of our members will know George Driscoll. Many will have been given sage advice and bought walking gear from George when he was the manager of the Scout Outdoor Centre.

Unfortunately, he has been stricken by mesothelioma and is undergoing treatment in Sydney. I know you would all want me to wish him and Elfi all the very best.

Arthur Smith, our self-taught webmaster, has managed the site single-handedly since its inception and the Friends have been well served by his efforts. Few members know how much time

Arthur spent on working on our site, its development and management. The Friends owe Arthur a huge debt of gratitude.

Another huge debt is owed our retiring Editor, John Wilson, who will produce his final TrailWalker with this edition. John took on the TrailWalker, many years ago, when no one else wanted to do it. In those days it was simply a photocopied newsletter. John has delivered it on time, every time, mostly single-handed and developed a fine broadsheet for the Friends. Many

members have said how well our TrailWalker reflects on our organisation.

Thank you Arthur and John

Having served six years, I come to the end of my time as president, so this will be my last President's report, however not my last contribution to the Trailwalker. I wish the new president well for the future of the Friends.

So Long, and Thanks for All the Fish

Julian Monfries
President

Office News

It is with pleasure that we welcome back Chris Casper to a weekly stint in the office after a short break.

We also welcome, as a trainee, Wendy Fox a new regular to the office team.

Long time hills dweller Wendy and hubby Colin started walking with the friends End to End 4 in 2006.

Handy for us, Wendy also knows a thing or two about bridge designs.

And last but not least we welcome Ranger a gorgeous 4 month old black Labrador pup who is in training as a 'seeing eyes' dog with Chris Porter on alternate Tuesdays.

SLOW DOWN PLEASE!!!

When the office is closed many of you leave a message on our answering machine. That's great until we try to write down a sometimes hastily left name and number and in particular those 10 digit mobile numbers.

MEMBERSHIP FORMS

We have redesigned and combined the New and Renewal membership forms.

Please supply as much information as possible it will assist us to serve you better.

CAN YOU HELP ?????

Serving on, often boring, committees is not everyone's cup of tea maybe especially after a lifetime of working.

However if you have knowledge/skills in Computing, Finance, Marketing, Strategy and Resource Management you may be able to lend your assistance as a consultant.

If interested please list your skills with us and we will contact you for a particular job, event etc.

REFUNDS

In future when cancelling an 'away' walking trip we will deduct \$10.00 from any payments paid. Moreover, if we have paid for a specific bus/train/plane or private hire coach seat and allocated a bed in whatever accommodation venue, at the cancelling date, no monies shall be refunded.

Jack Marcelis
Office Coordinator

New Members

The President and the Council would like to extend a warm welcome to the following members, who have joined the Friends since the last edition of Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the Association.

Jennifer Bockman
Desmond Campbell
Frank Chapman
Craig Darrell
Lisa Darrell
Robert Davies
Dina De Ruyter

Douwe De Ruyter
Sandy Edwards
Ann Hawker
Rynes Hawker
Sally Horrocks
Graham L K Jones
Carol Lazic

Celia Manning
Judy Manning
Carole Moss
Darayus Nanavati
Sharon Smith
Tristan Smith
Tim Steele

Gillian Stevens
Janni Taylor
John Taylor
Ursula Bindl-Nohl
Werner Nohl
Sharmaine Valente
Silvana Wait

I'm Just a Guy Who Can't Say No



To meet Jamie Shephard, Life Member, Past President, active member of The Friends, is to be reminded that there is an alternative to the unmannerly and thrusting nature of so many of our social interactions. Quietly and courteously he organises (and pays for) our lunch, selects a suitable table, chats to the waitress, and makes all pleasant, comfortable and relaxed.

Jamie has that modest, self-deprecating manner that the very competent adopt to spare the feelings of the rest of us. I asked him what led to him being so involved for so many years in so much community service.

‘It’s really very simple. I couldn’t say no.’

I don’t believe this for a moment but he goes on. ‘At Scotch [College] we were taught to be involved in community service and were *forced* to do such practical things as door knocks for charity, and collecting things. After I left school I was dragged along to an Apex meeting by the local chemist at Magill, where I was living. Eighteen years later I had filled all the positions on the committee. I couldn’t say no!’

Jamie also couldn’t say no to Rotary; he was the President of two Rotary Clubs (Mt Barker and Adelaide West). And when some fellow members of the Thor Walkers (Colin Edwards, Neville Southgate and Sadie Leupold) ‘dragged’ him along to the inaugural meeting of the Friends of the Heysen Trail in 1986, he found himself, once again, saying yes.

He was initially attracted to the maintenance side of The Friends. ‘Developing the trail. Knocking in sign posts. Digging holes. Constructing bog-ladders. We’d do it in the summer. It would be hot, muddy, the flies were bad, the snakes. Getting your hands dirty. I loved digging holes.’

He also very much enjoyed (and continues to enjoy) the camaraderie and companionship of working with a team of like-minded people. And he likes a challenge.

Jamie began his working life in the agricultural seed business of M.F. Hodge & Son. His was a generation recruited to work straight from school.

‘They’d be lining up to interview you. At school. [He left Scotch in 1954]. Elders & Sons, the stock firms. Banks were expanding. Insurance. They all wanted people to train into whatever they were good at. I began accountancy but dropped this when I didn’t seem to be using it. I went into marketing. I was writing reports, working on strategy and planning and organizing advertising.’

When M.F. Hodge was sold off in 1984, Jamie went to work as Facilities Coordinator at Enterprise House, the hospitality arm of the Chamber of Commerce [now Business SA] and concluded his employment there in 2006. He is still involved in the family sheep farm at Nairne.

Jamie describes how he became President of The Friends in 2002. ‘The President announced that he was standing down. This was followed by a pregnant pause. I rose to my feet and offered myself as a candidate. But I wasn’t going to be a President continually in the office. I wasn’t going to be the Duke of Plaza-Toro [*The Gondoliers*], leading the regiment from behind.’

He saw his job as President as that of ‘rallying the troops’, inspiring confidence and providing direction, and most importantly, delegating. ‘I looked for a successor the moment I became President.’

Jamie reflects on the central tension that is The Friends of the Heysen Trail. 'We are a group of volunteers who must work with a government bureaucracy that, naturally enough, hates working with volunteers. In turn, we dislike the bureaucracy because they control how much money is allocated and for what activities. If there is a good Minister and a good hierarchy then it sort of works.'

'In the beginning it was the Department of Sport and Recreation. Here was a government department more interested in young elite athletes than older people and retirees who liked to walk in the bush. It was easier when we were taken over by National Parks because for one thing they were used to working with Friends of parks.'

There is another inherent tension in The Friends. That between walking the Trail and maintaining the Trail. It is easy to forget (and perhaps not know) that The Friends was formed to develop and maintain the Trail. It was *not* formed as a walking group. There has been a recent increase in the number of people joining The Friends but most of these are joining to walk the Trail, not to work on it.

But without those people maintaining the Trail there will be no Trail to walk. 'Who will replace Doug Leane [now 80] when he hands in his shovel?' asks Jamie.

He believes that Heysen Trail Section Leaders, although ultimately responsible for their section, should have a team to call upon for help when necessary. 'This would bring new people into the maintenance side of things.'

As President, Jamie introduced the idea of a badge and certificate for those who had walked the entire Trail. This brought a source of income and new members. 'People wanted the badge.'

I suggest there might be a badge for those who spend a certain number of hours or years maintaining the Trail. He thinks about this. Perhaps there should be a 'stripe'?

There is a vaguely military manner about Jamie Shephard. The clipped moustache. The upright posture. The quiet determination. He enjoyed cadets at Scotch and did his National Service at Woodside and El Alamein (the one near Whyalla). He was in the 3/9th Mounted Rifles, a tank regiment, but because the Army couldn't afford a tank for them, they were set to work on anti-tank guns. Jamie earned his stripe to become Lance-corporal Shephard, Tank Commander (never having commanded a tank). That year his outfit won the competition for the largest numbers of hits on an old boiler.

He also enjoyed amateur theatricals at school. And is an enthusiastic opera fan, sitting through two Ring Cycles. He gives the recent *Pirates of Penzance* a big tick. And of course he is a keen walker.

What was his favorite bit of the Trail?

'The Far North. The rugged beauty of the Flinders Ranges. Quorn to Parachilna. It doesn't have the pristine, nearly-European type of vista of the Adelaide Hills. But. The red dust. The harshness which is almost cruel. To sit on the top of a hill in the early morning or at dusk and look out over the bluish haze. To watch a thunderstorm in the distance, sweeping across the plain.'

He goes on. 'I was caught in this terrible thunderstorm – like something out of Wagner's *Ring*. It was pouring with rain, there was all this noise, the wind, and I was sheltering under a rock ledge. And then suddenly the clouds disappeared and the sun came out. I could see the storm disappearing into the distance.'

He has this suggestion for the future. 'The Friends should buy a motel in, say, Hawker. Call for debentures. Register it as a trading corporation. Charge tourists to stay there and give Friends big discounts. Have a bus to drop off and pick up walkers. It just takes courage – and a million dollars.'

And someone to say, 'Yes.'

Heather Nimmo

WHY VOLUNTEER ??

Enjoying reading the Trailwalker?

Have you

- taken part in a Friends' walk ?
- enjoyed articles in previous Trailwalkers ?
- looked at the Friends' website ?
- walked on the Heysen Trail ?
- joined a Friends' social gathering ?

Have you thought how these things come about?

“The Friends of the Heysen Trail is an . . . all volunteer organisation.” (FOHT website www.heysen.asn.au)

What does this mean?

In its simplest form it means just what it says. All those working for the organisation are volunteers: unpaid and giving their time, energies and skills to assist the activities of the Friends.

It also means that if there were no volunteers, the Friends would not be able to function.

Imagine - No walking program, or weekends away,

- No coordinating of Heysen Trail maintenance and actively maintaining the trail,
- No conducting of a dedicated shop selling books and maps and providing information to walkers about the Heysen Trail,
- No working with the responsible government department to improve the Trail for walkers.

An all volunteer organisation is dependent on the contributions of its members.

Consider how YOU can assist the Friends.

If you have taken part in any of the activities of the Friends in the past, consider how you might help the organisation continue to continue providing opportunities for people like you.

Our organisation needs more helpers in all areas.

- 1) Become involved with the Council, which oversees all operations of the Friends; or be part of one of the Committees which control specific areas eg Office, Walking, Marketing, Maintenance,
- 2) What about sharing your love of the outdoors and offering to lead a walk, or staffing the shop to help other walkers who are seeking information and local knowledge.
- 3) If you can give one day a week (or fortnight) to the Friends and can answer the phone, consider becoming a helper in the Friends' office.
- 4) Or get outside and enjoy the company of others who maintain the Heysen Trail.

Or....

There are a range of ways by which you can assist the Friends to continue as a thriving organisation.

If we all give some time and energy and share some of our skills, then the Friends' future is assured.

If we don't,

What are **you** doing to help the Friends? Take the first step.

- Send an email (heysentrail@heysentrail.org.au) or call the Friends' office (82126299) and express your interest in helping in some way.
We **will** get back to you.
- Attend the Friends' AGM on March 16th. Hear what the Friends do. Offer to assist.

Should you have any questions do not hesitate to contact myself or any of the members of Council.

Remember - the Friends needs YOU !

David Beaton
(FOHT Secretary)

Burra Branch Report

The Burra Branch will be holding their AGM on 11th March 2007 at Peter and Hilde van Beusichem home. 12 Thomas Street, Saddleworth. Time; 3 pm, afterwards a share pool tea.

Contact Burra Branch President Arthur Simpson 88942113 (evenings)

Burra Branch Maintenance

So far section 13 has not had any bush fires in the area but we received plenty of rain, which has eroded lot of the roads in the Mt Bryan East area and are been repaired by Regional Council of Goyder. The rainwater tanks at each campsite are full.

I am compiling a list of work to be carried out on this Section of the Heysen Trail.

The old Hallet Railway Station has a new toilet building and should have been finished by end of January.

Hugh Greenhill
Section 13.



15 Extended Day Walks

- ★ A4 format
- ★ Ring Bound
- ★ FULL COLOUR,
- ★ Printed on Weather-Resistant "Plastic" sheets suitable for use in the field.

Available: Outdoor Shops, The Map Shop, and **The Friends of the Heysen Trail**,
10 Pitt Street, ADELAIDE S.A. 5000
Phone 08 8212 6299 Fax 08 8212 1930
Email: heysentrail@heysentrail.asn.au
More Info at: www.heysentrail.asn.au



**Join the Friends of the Heysen Trail and Geelong Bushwalking Club
on the Great Ocean Walk**

Saturday 10th November to Sunday 18th November

Enjoy the splendour of the Great Ocean Road up CLOSE

Stay at Cape Otway Lodge.

All inclusive cost approx \$550 (to be finalised)

Strictly limited numbers. Book early to avoid disappointment.

ANNUAL GENERAL MEETING

NOTICE OF MEETING

The twentieth Annual General Meeting of the Friends of the Heysen Trail and Other Walking Trails Inc will be held at 7.30 pm on Friday, 16th March 2007 at Enterprise House (Rooms 3 & 4, First floor), 136 Greenhill Rd, Unley. Free car parking will be available under the building; enter from Greenhill Road.

The agenda for this meeting is printed on the next page.

Nominations are sought from you, our members, for election to the Friends Council at the Annual General Meeting, for all positions including the Vice President, Secretary, Treasurer and half of the remaining members (our Constitution calls for not less than four and not more than ten non office bearing members).

Council meetings are currently held on the third Wednesday of each month at 5.30pm, in a room provided by Uniting Care Wesley (above the Friends offices). Meetings usually conclude by 7.30pm.

In addition to Council, there is an opportunity for members to contribute to one of the various Committees: Walking, Trails Maintenance, Marketing and Membership, Trailwalker, etc.

To nominate, please complete and copy or detach the form below and send it to:

The Secretary
Friends of the Heysen Trail, 10 Pitt Street Adelaide, 5000

NOMINATION FORM

I.....wish to nominate for the position of
President, Vice President, Secretary,
Treasurer Council Member.

.....
(Proposer)

.....
(Signature of Nominee)

.....
(Seconder)

.....
(Name - Please Print)

NOMINATIONS CLOSE AT 2.00pm ON FRIDAY 9 MARCH 2007

AT THE FRIENDS OFFICE

Note: We welcome nominations for Council, particularly for new members. The section of the Friends Constitution relevant to nomination and election to the Council is reproduced overleaf.

20th ANNUAL GENERAL MEETING

FRIDAY 16 MARCH 2007 AT 7.30PM

AT ENTERPRISE HOUSE, 136 GREENHILL ROAD, UNLEY

AGENDA

1. Apologies.
2. Acceptance of the Minutes of the previous Annual General Meeting held on 24 March 2006.
3. President's Report.
4. Financial Report
5. Maintenance Report
6. Election of Officers.
 - 6.1 President
 - 6.2 Vice President
 - 6.3 Treasurer
 - 6.4 Secretary
 - 6.5 Council Members
7. Appointment of Auditor.
8. Election of Honorary Members
9. Other Business.
10. Close of Meeting.

At the conclusion of the business of the evening, we have invited Duncan Chessell to be our guest speaker, to share some of his experiences as mountaineer, guide and recent Sea to Summit of Mount Vinson, in Antarctica.

Tea and coffee will be served at the conclusion of the evening. Please bring a plate of light supper.

Note: Any member wishing to move a motion at the AGM should be aware of the Constitutional requirements as follows:

“Notice of any motion proposed to be moved at a General Meeting by any member not being a member of the Council shall be signed by the proposer and seconder and shall be delivered to the Secretary at least seven days before the meeting. No motion moved by any member other than a member of the Council shall be entertained by the meeting unless notice thereof has been given as aforesaid.”

ELECTION OF COUNCIL MEMBERS AT AGM

The Section of the Friends Constitution relating to Management of the Association, and to the procedure for nomination and election of members of the Council is reproduced below.

8. MANAGEMENT

- (1) The affairs of the Association shall be managed and controlled by a Council which may exercise on behalf of the Association all the powers conferred on the Association by this Constitution, and may do all such things as are within the objects of the Association except such things as are required to be done by the Association in General Meeting.
- (2) The Council shall consist of the President of the Association, together with a Vice-President, a Secretary, a Treasurer, and not less than four, nor more than ten other members, all of whom shall be elected at an Annual General Meeting of the Association.
- (3) The President shall hold office for a period of two years and shall be eligible for re-election after that period, provided that after three terms in office he or she shall stand down for at least one year.
- (4) The Vice-President, the Secretary, the Treasurer and half of the other members shall retire annually. The members to retire each year shall be determined by the Council which shall ensure, as far as possible, that they shall retire in rotation. A retiring Vice-President, Secretary, Treasurer or member shall be eligible for re-election without nomination.
- (5) Nominations for election as President, Vice-President, Secretary or Treasurer, or as a member of the Council shall be invited by notice in the Association's Newsletter or other appropriate publication not less than 21 days before the Annual General Meeting. All persons nominated for election must be members of the Association.
- (6) Nominations must be in writing and must be signed by two members of the Association and by the nominee to signify his willingness to stand for election. **They must include brief biographical details of the nominee for distribution to members at or before the Annual General Meeting and must reach the Secretary of the Association not less than seven days before the Annual General Meeting;** provided that if an insufficient number of nominations has been received to fill the vacancies, additional nominations may be accepted at the Annual General Meeting.
- (7) If the number of nominations received is more than the number of vacancies to be filled, an election to fill the vacancies shall be held by secret ballot.

THE WALKING FEDERATION OF SOUTH AUSTRALIA, INC.

Arrival of Jack Terry Lavender. Welcome to the bundle of joy, who arrived on 19 December, 2006, weighing eight pounds six ounces, to perpetuate the Lavender connection with the Heysen Trail. Congratulations to Michelle and Antony, daughter-in-law and son of Anne and the late Terry Lavender on the occasion of this addition to their family.

Official Opening of the Walking Season 2007. As advised in the previous "Trailwalker", the Official Opening of the 2007 Walking Season will be held on Sunday, 15 April, 2007. It will be jointly hosted by Walking SA and Women in the Bush at the National Trust property, Beaumont House at Burnside. The recent completion by Walking SA, in conjunction with Burnside Council, of the Pioneer Women's Trail will provide excellent walking opportunities within the adjacent vicinity, including a re-routed section in the Mount Osmond area, as well as further afield. Another attraction will be the renowned Cordon Bleu Sausage Sizzle with accompaniments conducted for walkers by the Friends of Onkaparinga Park. In association with the National Trust, conducted tours of Beaumont House will be available for a small charge. All clubs are urged to take part in making the occasion a great success and celebration.

Proposed Closure and Sale of a Section of the Heysen Trail. The Heysen Trail, together with other ideal walking locations, seem destined to be the target for one landowner or another to secure private ownership and sole right of access to one of the many undeveloped road reserves the Trail follows throughout the most scenic areas of South Australia. The current "expression of interest" in purchasing a vital link of the Trail relates to Long Gully Road that passes through Glen Bold Cattle Station between Mylor and Jupiter Creek. This particular road reserve contains a swampland environment providing the habitat for the protected and endangered Southern Emu-wren known to occur there. Reference is made to this area in the publication "The Heysen Trail – A Walker's Guide" under the heading of "The Social History of the Mount Lofty Ranges" by Derek

Whitelock. He has quoted a comment by the late Sir Mark Oliphant, the distinguished nuclear scientist and a former Governor of South Australia, who spent part of his boyhood in the hills village of Mylor and attended Mylor Primary School. Derek Whitelock writes that Sir Mark, speaking at a University of Adelaide seminar, lamented some modern changes in the Adelaide Hills and spoke of the bush and the life he remembered almost as a paradise lost – "the continued desecration, the apathy and disinterest of the general public ...;" and "the greed of those who owned land in the area has disillusioned me". This is also the site where the "Irish Bog Ladder" was installed by Friends of the Heysen Trail as one of the first projects of the voluntary organisation established in 1986 to assist and support completion of the Trail between Cape Jervis and Parachilna. At the request of a new landowner in 2000 the Trail was re-routed to an alternative site within the property and a significant section of the bog ladder was removed. The property has again been sold and the current new owner wishes to withdraw the existing access, to purchase the original Heysen Trail access along Long Gully Road and to re-locate the Trail to the western boundary of the property. The proposal was recently discussed at a meeting of Mount Barker Council. Following lengthy discussion a motion was passed to defer a decision to accept an application for closure and sale of Long Gully Road, pending an on-site inspection by councillors.

The foregoing situation as outlined emphasizes the fragility of legislation intended to protect the public interest, not render it vulnerable to exploitation and loss of amenity. Efforts by the Walking Federation of South Australia to convince our legislators of the importance and necessity to effect amendments to protect both a State icon and walking opportunities for all South Australians can no longer be ignored. The solution is both simple and essential if public access routes are to be retained in public custody for the benefit of both present and future generations of the walking community and, indeed, for support of the recreational and environmental reputation of the State.

The Federation Trail. The next section of the Trail from Springton to Truro is in the planning stages, a distance of approximately 50 kilometres. Efforts will be made to access the Trail off-road as much as possible and discussion is taking place with landowners and Barossa Council. Attention is being given to the Rocky Gully Spur Trail with upgrading of the Trail to become more user friendly and to enable the re-printing of Map 1. Interpretive signage on notice-boards, including one at Mount Beavor, and completion of the installation of new markers are also planned for Stage 1.

Woodcutters Road. The most recent information on the proposed closure of this undeveloped road reserve at Ironbank relates to its retention by Onkaparinga Council for conservation purposes within a classification of "natural area", thereby permitting passive pedestrian access, but excluding vehicular access by motorised vehicles, horses and bikes. In the interests of protection of the natural bushland environment Walking SA supports this proposal

on behalf of the walking community but we are awaiting confirmation by a meeting of the newly elected Council.

Wightmans Road, Ashton. Walking SA continues to negotiate with Adelaide Hills Council regarding retention of walking access along this unmade road to provide some relief from speeding vehicles in adjacent scenic areas. Although Council has commenced a process under the Roads (Opening and Closing) Act, Council officers are endeavouring to provide a resolution to this issue through negotiation with the relevant parties.

Heysen Trail at Kings Head. Local walkers and tourists will welcome the planned upgrading of the Trail in this area, and the provision of future links to Victor Harbour will especially appeal to the tourist-minded.

**Thelma Anderson,
Walking Access Committee**



**hikers and
walkers ...**

2 exciting new depts

Hiking and trekking gear

Outdoor/travel clothing and footwear

 **SNOWY'S**

92 Richmond Road Keswick
Phone 8351 2111 Country Callers 1800 627 222

Cut this advert out and bring it in to receive 25% discount,
excluding already discounted items.

Walking Committee Report

The walk program for 2007 is largely completed with End to End 2 snaking its way into the beautiful southern Flinders while End to End three curls around Adelaide discovering a variety of conservation parks. Meanwhile the Sunday walk programs keep offer the usual challenges and social opportunities.

We have had a large number of new members in the last year and many of those are walkers, boosting the Twilight walk numbers throughout the summer. These walks are very social affairs with café style dinners at the end and always something entertaining enroute. The Twilight walks continue until the end of March.

Come n Try

April will be a Life Be in It Come n Try bushwalking month with the FOHT participating at the opening of the Walk Season on 15th April at Beumont House, Burnside. The Friends are also offering a Trailstarter walk on the 22nd April at Belair.

Walk Fees

The committee has set unchanged fees for 2007. Golden Boots (\$50) still remain exceptional value if you intend to walk regularly, and Multi walk

tickets will be continued as a five walk option for \$25.

Please remember that all walk fees go toward Heysen Trail projects and that all of your leaders are all volunteer sharing their passion with you.

Walk bookings

All walk bookings are placed through the office and to allow the leaders to make necessary plans please remember to book early. For Sunday walks the leaders like to know by Wednesday how many attendees there will be. This allows them to make arrangements with park authorities where necessary.

Weekends Away

Coorong Adventures March 30 – April 1

Spear Creek (Southern Flinders) October
long weekend

See you on the trail

Simon Cameron,
Chairman Walking Committee

Explore the Coorong

World Heritage SA

FOHT Weekend Away

March 30 – April 1 2007

Bunkhouse Accommodation

Meals and Walks

Staying at

Gemini Downs

Members \$100

Non-Members \$130

Book through the Heysen office

Southern Flinders Adventures

**Discover Hidden Gorge
Scale Dutchman's Stern**

October Long Weekend
Staying at Spear Creek
With Friends of the
Heysen Trail

Walk Description

TrailStarter

The aim of these walks is to introduce people to bushwalking, for those who are not regular walkers and those who have not walked in a group previously or who want a shorter walk. TrailStarter walks are usually close to Adelaide, have a walk time of about 3-4 hours and will generally be not too physically demanding. Anyone undertaking these walks may have only a modest degree of physical fitness.

TrailWalker

These walks are reasonably demanding and for walkers who have walked regularly in various terrain. They have a walking time of about 5-6 hours and will require a high degree of physical fitness.

TrailRambler

These walks are for specialist events like bird watching and historical walks; and would by their nature be relatively short and informative. These walks are available to all levels of walkers.

WHAT TO BRING

TrailStarter

Basic First Aid and Emergency Kit. This should contain your personal medication such as Ventolin, etc, sunscreen, headache tablets, Band-Aids, and torch.

Lunch and snacks (include some for emergency).

Plastic bag for rubbish.

Water in a secure container; minimum one litre, and two litres if the temperature will be over 20° C.

Gear should be carried in a day pack; one with a supporting waist belt is recommended.

TrailWalker

All of the above and –

Whistle

Roller and triangular bandages

WHAT TO WEAR?

TrailStarter

Good walking boots or shoes, with good gripping soles. Thongs, sandals, elastic sided boots and smooth-soled sneakers are not appropriate.

Wet weather gear – ¾ length waterproof rain jacket.

(Showerproof spray jackets and quilted parkas are not waterproof and create a danger of hypothermia).

Warm jumper or jacket of wool or polyester fleece.

(Cotton shirts and windcheaters have minimal insulation when wet and retain water.)

Shorts or loose comfortable wool or synthetic pants.

(Jeans are not suitable as they are cold when wet and dry slowly.)

Warm hat. (shade hat in warmer weather)

Thick socks

TrailWalker

Suitable sturdy walking footwear with good gripping soles, **or as specified by Walk Leader**

Recommended optional extras: thermal top and long johns, waterproof overtrousers.

WALK CLOTHING

Your safety and the safety of the walking group can be jeopardised by not having the correct clothing.

In an emergency situation it can take hours to evacuate the sick or injured walker. Prime considerations are warmth and weather protection.

Note: Leaders may not accept people for a walk who have not come safely equipped.

DON'T LET IT BE YOU!

2007 Walk Program for the Friends of the Heysen Trail

		April	May	June	July	August	September	October	November	
1st Week of month	Trail Starter	Fri Mar 30 - Sat Mar 31 - Sun April 1 Coorong Weekend Simon Cameron	Sun May 6 Black Hill Arienne Wymen	Sun June 3 Sturt Gorge Lyn Wood	Sun July 1 Anstey Hill Conservation Park Robert Alcock	Sun Aug 5 Sea to Summit - The other 1/3	Father's Day Sun Sept 2 Deep Creek Ray Blight	Sun Oct 7 Waipinga Steve Wilkinson		
	Trail Walker		Sun May 6 Brownhill Creek to Mt Lofly Richard Nilash	Sun June 3 Mt Misery Richard Nilash	Sun July 1 Boat Harbour David Beaton	Sun Aug 5 Waipinga Cliff Ray Blight	Sun Sept 9 Northern Parks TBA Bob Randall	Sun Oct 7 Aldate to Mt Lofly Spring Flowers Gavin Campbell		
2nd Week of month	Trail Starter		Sun May 13 Sleeps Hill Liz Barry	June Long Weekend Sat June 9 - Sun 10 - Mon 11 End-to-End 2 Bowman Pk to Bettaloo to Speakeable to White Pk Rd	Sun July 8 Mt Torrens Michelle Edwards and Sue Scott	Sun Aug 12 Wistow Sandy Melbourne	Sun Sept 9 Northern Parks TBA Bob Randall	Sun Oct 14 TBA	Sun Nov 11 Paris Creek Jennifer Dow	
	Trail Walker	Easter	Sat May 12 - Sun 13 End-to-End 2 Raeville to Locks Ruin to Bowman Pk	Sat July 7 - Sun 8 End-to-End 2 White Pk Rd to Dougboy Reserve to Medrose	Sat Aug 11 - Sun 12 End-to-End 2 Melrose to Alligator Gorge to Horrocks Pass	Sat Sept 8 - Sun 9 End-to-End 2 Horrocks Pass to Mt Brown Ck to Woolshed Flat	Sat Oct 13 - Sun 14 End-to-End 2 Woolshed Flat to Dutchmans Stern to Eyre depot	Sun Nov 11 Mt Lofly Circuit Steve Wilkinson		
3rd Week of month	Trail Starter	Sun April 15 Opening of the Walk Season Beaumont House Try-out walk Simon Cameron	Sun May 20 Rocky Creek, Kuitpo David Beaton	Sun June 17 Christmas Hill, Kuitpo Liz Barry	Sun July 15 Para Wirra Bob Randall	Sun Aug 19 Morialta Jamie Shephard	Sun Sept 16 TBA	Sun Oct 21 Parsons Beach David Beaton	Sat Nov 10 - Sun Nov 18 (1 week) Great Ocean Walk Julian Horntins	
	Trail Walker		Sun May 20 Aldgate to Mt Lofly Gavin Campbell	Sun June 17 Lavender Federation Trail - Murray Bridge George Adams	Sun July 15 Scotts Creek Lyn Wood	Sun Aug 19 Lavender Federation Trail - Monarto George Adams	Sun Sept 16 Chambers Gully Balene Shaw	Sun Oct 21 Lavender Federation Trail - Preamimema George Adams		
4th Week of month	Trail Starter	Sun April 22 Come'n Try Walk Belair National Park David Beaton	Sun May 27 Piccadilly Steve Wilkinson	Sun June 24 Brownhill Creek Rhonda Dempster	Sun July 22 TBA Chris Casper	Sun Aug 26 TBA	Sun Sept 23 TBA Chris Casper	Sun Oct 28 Mt Plesasant Jennifer Dow		
	Trail Walker	Sun April 22 Onkaparinga Conservation Park Richard Nilash	Sun May 27 End-to-End 3 Mt Compass to Kyeema	Sun June 24 End-to-End 3 Kyeema to Dashedwood Gully	Sun July 22 End-to-End 3 Dashedwood to Mylor	Sun Aug 26 End-to-End 3 Mylor-Cleland	Sun Sept 23 End-to-End 3 Cleland - Montacute Heights	Sun Oct 28 End-to-End 3 Montacute Heights - Cudlee Creek	Sun Nov 25 End-to-End 3 Cudlee Creek - Mt Crawford forest	
5th Week of month	Trail Starter	Sun April 29 Mt Crawford George Adams	Key to Walk Program Trail Starter walk Trail Walker walk End-to-End walk Other walk event					October Long Weekend Sat 29 Sept - Sun Sept 30 - Mon Oct 1 Spears Creek	The Friends of the Heysen Trail 10 Pitt Street Adelaide 5000 Phone 08 8212 6299 www.heystrail.asn.au	
	Trail Walker	Sun April 29 End-to-End 3 Hypogea to Mt Compass	Program updates and details for each walk event are published on the Friends website						This version released 3 Mar 2007	

HEYSEN TRAIL VOLUNTEER MAINTENANCE SECTION LEADERS

HEYSEN TRAIL SECTION	HEYSEN MAP Strip	Book South	SECTION LEADERS NAME AND CONTACT NUMBERS	
1. Cape Jervis to Tapanappa	8	1.1 – 1.3	David Beaton	(H) 8270 7801
2A. Tapanappa to Waitpinga Campground	8	1.3 – 1.5	Ralph Ollerenshaw	(H) 8379 0998
2B. Waitpinga Campground to Back Valley Road	8	1.5 – 2.2	Geoffrey & Pamela Gardner	(H) 8552 5213
3. Back Valley Road to Moon Hill	3	2.2 – 2.3	David Evans	(H) 8558 2854
4. Moon Hill to Hindmarsh Tiers Road	3	2.3 – 2.5	Hermann Schmidt (Wandergruppe Bushwalkers, German Assoc)	(H) 8344 4072
5. Hindmarsh Tiers Road to Blackfellows Creek Road	3	2.5 – 2.7	Adrienne Fortanier Eleanor Martin (Women in the Bush)	(H) 8556 5051 (H) 8341-6024
6. Blackfellows Creek Road to Glen Bold	1	2.7 – 3.2	Richard Webb	(H) 8381 5308
7. Glen Bold to Piccadilly	1	3.2 – 3.4	Thelma Anderson Trevor Lee	(H) 8278 4420 (H) 8398 0516
8. Piccadilly to Norton Summit	2	3.4 – 3.4	Liz O'Shea (WEA Ramblers)	(H) 8352 1636
9. Norton Summit to Cudlee Creek	2	3.5 – 3.7	Graham O'Reilly	(H) 8397 1217
10. Cudlee Creek to Bethany	2, 9	3.7 – 4.4	Doug Leane	(H) 8443 3388
11. Bethany to Peters Hill	9	4.4 – 5.3	Joyce Heinjus	(H) 8525 2054
12. Peters Hill to Logans Gap	10	5.3 – 5.9	Norrie Hamilton	(H) 8332 1982
13. Logans Gap to Spalding	11, 12	5.9 – 6.12	Hugh Greenhill (Burra Branch)	(H) 8843 8115
		North		
14. Spalding to Georgetown	13	1.1 – 1.6	Kevin Liddiard	(H) 8289 4236
15. Georgetown to Mt Remarkable	13, 6	1.6 – 2.11	Mary Cameron Ian Pool Roger Collier (ARPA)	(H) 8165 1025 (H) 8258 3425 (H) 8264 1660
16. Mt Remarkable to Horrocks Pass Rd	7	2.11 – 3.4	Vacant	
17A. Horrocks Pass Rd to Dutchmans Stern		3.4 – 4.1	Ian Hartley	(H) 8641 1435
17B. Dutchmans Stern to Wilpena	5, 14, 15	4.2 – 5.7	Gavin & Marie Campbell	(H) 8296 8613
18. Wilpena to Parachilna	4	5.8 – 6.8	John Henery (Alpana Station)	(H) 8648 4864
MAINTENANCE CO-ORDINATOR (Voluntary)			Gavin Campbell	(H) 8296 8613
Maintenance Committee Chairman			Arthur Smith	(H) 8261 6746
			John Wilson	(H) 8356 9264

If you discover a problem on the Heysen Trail, please contact the Friends Office, Maintenance Co-ordinator or relevant Maintenance Section Leader.

Friends Office numbers: Ph: 8212 6299 Fax: 8212 1930 Email:maintenance@heysentrail.asn.au

2007 PICTURE YOURSELF

Travel further with Walking Holidays.

Join us in 2007 and beyond on these special escorted walking tours. On these group departures you will experience different grades of walks in diverse regions of the world. For more information visit us at www.walkingholidays.com.au or call 08 8223 5920



SOUTH AMERICA & PATAGONIA

30 Days, Departing 26th October 2007

A 30 Day tour of South America including walking the famous Inca trail to Machu Picchu and walking in the stunning mountain scenery of Patagonia.

SOUTH AFRICA

South African Adventure
16 Days, 13th October 2007

Walking in the Cape Town region including Table Mountain, Cape of Good Hope & the majestic Drakensburg Mountains in Natal. The tour includes wine tasting in the Cape Winelands area & game viewing excursions.



NEPAL

Everest Adventure
14 Days, Call for dates.

Ex Kathmandu. Includes an 8 day moderate trek in the dramatic scenery in the Everest Region of Nepal. Escorted by Geoff Simpson.



NEW GUINEA

Kokoda Track
12 Days, Departing 23rd September 2007

A Trek of the Kokoda Track is a journey into Australian history to understand role Kokoda played in Australia's nationhood. Escorted by Sherrie Pryzibilla.



TASMANIA

Overland Track - Cradle Mountain
6 Days, Departing January 25th 2008

Join us on a spectacular 60km walk along the Cradle Mountain Lake St Clair National Park. Escorted by Bronny Tudor.

FURTHER INFORMATION

Terms and conditions apply. Contact Walking Holidays for further details. Walking Holidays is a wholly owned operation of Peregrine Travel SA Pty Ltd. Level 1, 192 Rundle Street, Adelaide, SA 5000 Ph: 08 8223 5920 Lic no. TA 63/3

WALKING ACROSS ENGLAND



The Coast-to-Coast (reputedly the world's second most popular long distance walk) is not a marked trail but a series of choices of routes, based on those devised by Arthur Wainwright in the early 1970s. It is therefore essential to have a map and track notes.

We walked across England in 13 consecutive walking days between May 26th and June 8th 2006. This was something of a challenge but eminently doable (and is the Sherpa Expeditions 'template'). Less walking per day and rest days can be arranged. Indeed, if you've never been to this part of the world, you'd be mad not to take more time to enjoy the glorious countryside and picturesque villages and towns.

The walk traverses some of the best national parks in England, and is almost always within wide open spaces, with only distant views of 'civilization'.

It is remarkable that so long a walk can be made through such unpeopled countryside within such a densely settled country; the population density of England (383 per sq km) exceeds that of India (336). Australia's is 2.5!

We were fortunate in enjoying splendid weather (apart from the first day), slightly too hot if anything. The walk was self guided; Sherpa provided excellent maps and track notes, and arranged accommodation in friendly B&Bs or small hotels each night. The daily luggage pick-up and delivery worked perfectly.

The start of the walk is at the village of St Bees on the west coast. Tradition is that each walker collects a pebble from the beach there and deposits it on the beach at Robin Hood Bay. To confuse the geologists.

Day 1 to Ennerdale Bridge 22.5 km The C-2-C starts by following the coast around the red cliffs of St Bees Head, and then crosses a fairly boggy section across a former industrial landscape (although you wouldn't know it) to the foothills of the Lake District, to climb Dent. A spectacular view was promised, but all we saw was 20m through the swirling mists. Compass navigation was required, but we got safely down below the clouds.

It was a wet and somewhat dispiriting start, but we recuperated in the friendly *Fox and Hounds* in the quiet village of Ennerdale Bridge.

Day 2 to Stonethwaite 24 km As we started out, the low clouds began to rise although light rain fell steadily. We traversed along the southern bank of Ennerdale Water, grey and choppy, most un-picture-postcard, then climbed steadily along a forest road through Ennerdale along the River Liza. By now we could see more than half-way up the steep slopes which gradually hemmed in the valley.

At Black Sail Hut, the road came to a dead-end and we could see there was a stiff climb out, via Loft Beck. This was one of those climbs that never ends, and gets steeper as you go up. But as we did, the clouds rapidly dispersed and we summited to a glorious blue sky and fantastic vistas of the glittering blue Lakes and rugged grey mountains.

We descended through the steep Honister Pass, passing old slate mines on the flank of Yew Crag, and rather tortuously through woods and fields to the tiny hamlet of Stonethwaite in lovely Borrowdale.

Day 3 to Grasmere 14.5 km From Stonethwaite, a long steady pull took us to the swampy pass at Greenup Edge, pausing for morning tea on the prominent battlement of Lining Crag. A long gentle descent followed, along Easdale Gill to the tourist town of Grasmere, where we spent the night in a very friendly Quaker guesthouse.

Day 4 to Patterdale 11km Like the previous day, a long steady ascent to a summit pass at Grisedale Hause was followed by a gentle run down Patterdale. A feature was the beautiful Grisedale Tarn, just beyond the summit.

These two relatively short walking days allow an appreciation of the beauties of the Lake District, and a chance to build up reserves for the days ahead. We ran into Pam and Trevor in the pub!

Day 5 to Shap 27km Reputedly the toughest day. From Patterdale a steady but steep climb along the flanks of Angletarn Pikes, Buck Crag and Rest Dodd, to the Knott and the Roman road, High Street. We walked with mountain bikers, toiling up carrying their bikes for the headlong rush down High Street. Hence on to the highest point on the C-2-C, Kidsty Pike. Glorious clear weather and the views were sensational.

From here it was all downhill, and very steep too, to the artificial lake of Hawsewater. We even saw one

of England's only nesting Golden Eagles! (a very rare sight). A long traverse of the shore line followed, and then passage through classic bluebell woods, many fields and stiles, past barns etc as Kidsty Pike recedes remarkably rapidly. Shap is eventually reached, and one is grateful for that.

Day 6 to Kirkby Steven 32 km This is a long, but very pleasant day. Shap stretches along the West Coast Main Line and is a famous railway town. Crossing the railway line on a foot bridge is fine, but a little later we crossed the M6, six lanes of focused madness. Fortunately it soon moves out of earshot.

The C-2-C winds over gently rolling moor, fen and fell, with stone circles, Roman roads, mysterious isolated standing stones, tarns, bogs, Robin Hood's Grave and much more, and not a soul in sight. A feature is passing underneath the Carlisle-to-Settle Railway.

Day 7 to Thwaite 24km From Kirkby Stephen the route climbs to the Pennine summit ridge, marked by the enigmatic Nine Standards Rigg – odd beehive-shaped dry stone 'things' – then down over boggy moors into the Dales and eventually into Swaledale. The C-2-C passes next to various becks and gills, scars and edges, mosses and sikes, over many stiles and through many squeezes in drystone walls. This day seems long but has much that is interesting. Thwaite welcomes as halfway.

Day 8 to Reeth 18km The suggested route is over the high moors via the old lead mines at Swinner Gill, Bunton Hush, Old Gang and Surrender Mill (highly recommended) but we had done this twice before. We opted for the low-level stroll along the

lovely River Swale watermeadows, with morning coffee at Gunnerside and were in Reeth for late lunch. Reeth has wonderful old stone buildings and a village green, covered with ice-cream eaters basking in the sun.

Day 9 to Richmond 18kms We were drawn out of Reeth by the church bells of Grinton and followed the Swale to Marrick Priory (the Dales were full of them) and crossed the wide valley of Ellers Beck, a major tributary of the Swale. We passed through an endless sequence of small fields enclosed by stone walls, passing small farms (Nun Cote Nook, High Oxque) and by obscure ruins, follies and monuments, to the hamlet of Marske. Again, not a soul in sight. We met up with three fellow across England walkers a little further on under the limestone cliffs of Applegarth Scar and walked with them into Richmond.

As the next day was nominally 37km, we decided to do a few (6) of them that afternoon, which we did, uneventfully, along the Swale to Catterick Bridge. This is the site of a huge army camp and we watched the squadies as we waited for our lift.

Day 10 to Osmotherley 37km This section (which we had reduced to 31km) across the Vale of Mowbray is considered by many to be 'boring' but it isn't. There is quite a bit of road walking, but on very quiet back roads; we saw three cars in five hours and a few more farm trucks and tractors. The route passes over gently undulating farmland, through several woods and, where possible, is directed through fields. A morning coffee stop at Danby Whiske was very welcome.



Heather and Nick at Haweswater (Day 5)

The last hurdle is crossing the A19, rather hazardous and a stark reminder of car madness. The peace of Mt Grace Priory and its woods, on the last leg uphill to Osmotherley, is welcome. It's a lovely village, worth the walk. We enjoyed a well-deserved sitdown and drink at the stone table on the crossroads.

Day 11 to Blakey 32kms We found this the hardest day, across the North Yorkshire Moors. After climbing out of Osmotherley to Beacon Hill, we crossed a series of five moors separated by steep valleys, each requiring a steady pull. The views were magnificent; the lonely moors and steep escarpments strongly contrasting with the patchwork fields, villages, and busy roads marked by windscreen flashes, out there in civilization. Barely a human in sight, other than a (surprisingly) few walkers.

After the last climb to Round Hill we joined the trackbed of the former Rosedale Railway and contoured to Blakey Junction and the White Lion Inn, reaching it in a rather dry state. It was very warm and we had drunk all our water. We each consumed two pints of lemon squash in a few minutes (the cold beer came later).

Day 12 to Egton Bridge 19km The route carries on over rolling heather moorland, with spectacular views to the north down the valley of Danby Beck and, even better, Great Fryup Dale; then traversing Glaisdale Rigg, a narrow ridge of moorland between the Rigg and the valley of Glaisdale. The C-2-C then descends into the valley of the Esk and through pleasant shady woods to Egton Bridge.

Day 13 to Robin Hood's Bay 29km The final day. From Egton Bridge the route follows a former private toll road to Grosmont, a steam train haven. An unexpectedly steep grind up Fair Head Lane (you

will remember it) to Sleights Moor; then the inevitable descent into Littlebeck. A welcome traverse through woods follows, then back onto the moors for the last dash across the boggy heather. One can see the fields closing in, and at Middle Rigg we took the last reluctant steps on moorland. Then down lanes, quiet roads, hamlets, caravan parks and fields to the coast at Pursglove Sty. We turned right along the cliff tops for Robin Hood's Bay.

Although a well-known walk, the Coast-to-Coast is not an official route, and is not waymarked. In several places, where confusion has obviously reigned, locals have placed signs to direct walkers. The Sherpa route seems to be a very good compromise between minimizing distance, keeping to Wainwright's original route, and covering as many highlights as possible. The two short days through the Lakes do allow for several more adventurous higher-level traverses. Sherpa provides several wet weather alternatives, but these are longer and less interesting.

A reasonable attention to navigation is recommended. The C-2-C websites are full of people who 'got lost'. Recommended are the two 1:40000 Harvey Long Distance Route maps for the C-2-C; they are very accurate, convenient in size and folding style, and durable. The pocket sized C-2-C Walk by Paul Hannon (2004) was used for metre-by-metre navigation.

Highly recommended and great fun. Four and a half stars.

We booked this walk through Peregrine Travel

Nick Langsford



The Yorkshire Dales

Kangaroo Island's One-Stop Shop

See Kangaroo Island at it's best with Sealink Holidays. Go for a day or two, but we'd recommend to stay for a week - you won't be sorry!

Sealink Holidays can organise all your travel, accommodation and sightseeing bookings.



DRIVE YOUR OWN CAR OR JUMP IN ONE OF OURS!

2 Day / 1 Night Self-Drive Packages

Own Car from \$187*pp. Hire Car from \$247*pp

Includes: return passenger ferry fares and overnight accommodation, return vehicle ferry fare or 2 days car hire respectively on Kangaroo Island. Hire car packages include coach transfers to/from Adelaide. Departs daily.

COACH TOUR AND STAY

KI Coast to Coast 2 Days / 1 Night Package

Includes: return coach and ferry travel, 2 Full Day Tours - The Seal Bay Discovery and Remarkably Wild Tour visiting Parndana Wildlife Park, Seal Bay, Clifford's Honey Farm, KI Marine Centre Pelican Feeding, Emu Ridge Eucalyptus Distillery, Kelly Hill Caves, Flinders Chase National Park, Remarkable Rocks, Admiral's Arch and Island Pure Sheep Dairy. Includes two lunches, all entry fees, guided tours and one night's accommodation of your choice. Departs daily. From \$383*pp ex Adelaide.

KI Southern Wanderer Tour 2 Days / 1 Night

Includes: return coach and ferry travel, 2 Half Day Tours (KI Highlights Tour split over 2 days), visiting Seal Bay and the delightful Koala Walk. Accommodation is at the 4-star KI Wilderness Retreat perfectly located adjacent Flinders Chase National Park and nestled discreetly amongst 113 acres of pristine natural bushland. On Day 2 your morning is free to explore. In the afternoon visit Admiral's Arch and Remarkable Rocks before returning to Adelaide. Departs daily. From \$400*pp ex Adelaide.

Stay an extra night on either of the above tours and see more of Kangaroo Island on Sealink's new Taste of Kangaroo Island Half Day Tour - refer back page.

ADVENTURE TRAVEL

Kangaroo Island Adventure Tour 2 Days / 1 Night

This small group tour is packed with adventure - bushwalking, searching for native wildlife, sandboarding at Little Sahara and lots more! Overnight is spent at a unique farmstay property and the tour includes all meals. Departure dates vary. Ex Adelaide \$565*pp.

* Show accommodation facilities

* These share per person adult prices valid to 31/05/07. New prices apply 1 April 2007, please enquire. Conditions apply.



Our 92 page Kangaroo Island Holiday brochure has it all. Pick up a copy now!

SEALINK
Kangaroo Island

Call **13 13 01**

Open 7 days to 9pm
www.sealink.com.au
or your travel agent

© Sealink Holidays 2007

www.sealink.com.au



Trail Maintenance with Julian, David, Trevor, Nick and Colin



This time there were six of us who, under Julian's guidance, were going to do some minor adjustments to the trail, as well as correct some anomalies where other walkers had got lost. The expedition was to be in the

Flinders Ranges, mostly in the section Marie and I maintain, which is between Dutchman's Stern and Wilpena.

The week away started with David picking me up at seven o'clock on the Monday morning with our intention to meet the rest somewhere on the Port Wakefield Road. After some "walky talky" communication this happened to be at the International Speedway. With our meeting achieved, it was off to the Stone Hut Bakery for morning tea/lunch/breakfast. Being a good boy I didn't partake, but the others tucked into some quite substantial meals of pies, buns and coffee, an eating habit that was to set the scene for the week. Even I succumbed to their food and drink temptations later in the week, but at this stage I stayed true to my "Marie diet".

Meeting again at Quorn we made the obligatory phone calls to the loved ones at home and then it was off to Waukerie Creek to meet with fellow maintainer Ian Hartley, our Port Augusta maintenance representative. We arrived at this destination to find Ian patiently waiting for us. It was then only a short wait for Trevor to arrive with all the food and drink for the week. I must mention here that the supplies Trevor had collected were enough for quite a few more workers than those present. At the time I thought it was out of character for a skinny young bloke like Trev to bring so much food and drink. He must have been under strict instructions from our leader, a person not shy in the tucker consumption department.

This section is part of Ian's maintenance section and in the past there have been many walkers lost in this small area. We discovered Ian had done a good job in correcting any anomalies but we replaced any faded arrows and placed signs anywhere there appeared to be some confusion. Thank goodness Colin was back at Trev's ute protecting the food or there would have been more signs. Colin is a person who insists that there can never be enough signage when it comes to

walker safety. This little trail marking exercise over, it was back to the cars. Upon arrival, where was Colin? Where was our food guard? We waited and waited, but no Colin. In our idleness we had a few beers while we contemplated Colin's possible demise. Eventually he arrived and there were some who thought that this dereliction of duty was a chargeable offence. What would we have done if some vagrant had stolen our food and drink? On this occasion however we were lenient and he got let off with a reprimand on the promise he would never be so lax again.

After saying goodbye to Ian it was off to the "Argadells", a sheep station to the north of the base of Mount Arden, near Warren Gorge. It is a lovely station at the foot of the Ranges, albeit very, very dry with the house cattle living on what appeared to be rocks, dirt and water. Accommodation had been arranged and after meeting the proprietress, it was time to settle down to some solid eating and drinking. It was at this stage that my fellow maintainers' temptations overwhelmed my resolve and I succumbed to some beers and some steak and some salads and some dessert and some red wine and some various other snacks. We enjoyed a very pleasant evening, even when Nick in his infinite wisdom produced a book on Calculus and its effect on polynomials or whole numbers or something. I struggled to see the relevance to maintenance on the Heysen Trail but was reassured it was totally appropriate and as the week progressed successfully, I took comfort with its presence.

After a very pleasant evening it was off to bed and up early the next morning to a beautiful day. Nick was the first up, rattling around in the kitchen at 6am. It appears calculus and strong coffee go together, a fact confirmed when I once indulged in the calculus habit and coffee was essential in my keeping awake. We were away soon after breakfast, our first day being making an alternate route around the waterfall in the Mount Arden Valley. Those who have already passed this way are probably saying "About time, it's a wonder no one has broken their neck." Future walkers will be thankful, for this is maintenance that has been essential for some time.

The route in was to be through a gate in Warren Gorge and then along a four wheel drive track to the valley and a picnic spot, just before the Trail's final steep climb to the Mount Arden Summit. Immediately through the gate, which our gates monitor, Colin, dutifully unlocked and opened, we found the track to be so rough there was talk of

turning back, but we continued stoically on to our destination. One section of the track caused one of our passengers to comment, "This is so steep you would think the cars would go base over apex". David, our driver, obviously agreed because he exuded the first of several nervous chuckles as we drove along. Destination achieved, it was off down the creek to the waterfall. Our leader, with all of the mod cons by way of GPS etc, assured us it wasn't far away and some of us could walk further on and mark the trail below the waterfall. He is a dedicated walk leader and has among his many titles "Leader of leaders", which probably explains his underestimation of the distance. The short walk turned out to be about 9kms by his calculation, but because of previous experience and how my legs felt, it was probably more like 15kms. Along the way I discovered a yacka stem that was bent like an Archbishop's crook, so I renamed myself the Bishop of Arden valley. A long theological discussion ensued as I espoused and forged the manifesto of meism, a belief which most of the western world, if not all of humanity, indeed all life ascribes to, in varying degrees.

After several hours walking along this absolutely delightful creek, we arrived at the waterfall. There it was, about 5 metres high with a rope attached top and bottom to help walkers break their necks. We sat around for a while, had lunch and contemplated. Some of us walked up one side of the creek while others walked up the other side, eventually finding a rather slippery slope in which a reroute could be made. This was still too dangerous and it was "good

Lule 01 and friend behaving badly

old Trev" who found the way, by walking to the top of the hill and coming down the ridge. The alternate route was soon marked but not quite to Colin's specifications. Reading between the lines I think he was saying that here should be a few more signs for we don't want people getting lost. We overcame his insistence, not wishing to become bush vandals and soon headed back to the cars. This small diversion would have made **Terry Lavender** proud, for on many parts of the Trail there are annoyingly frustrating hills where the benefit is only realized with the view at the top. This is another such case with the view being

outstanding. I think if Terry had realized this, it would have been the way of the Trail already.

It has since come to light that **Thelma Anderson** caused Terry some grief on the original marking of this section of the Trail. **Tommy Thomason**, a fellow member of the "Seacliff Good Morning Club" relates how, on her non arrival at Eyre Depot at sundown, they went back to find her. Tommy remained at the top of the waterfall with a torch while the others went looking. She and her companions were found setting up camp in the creek above the waterfall. They weren't lost at all. They finally drove out of Eyre Depot at 1am.

On the way back we placed a plaque on the shelter and on inspection of the tank, found it to be full of dead bees and thus contaminated. We proceeded to empty the tank which has since been replaced, with the old tank being taken back to Adelaide to be cleaned out. It was soon into the cars and off again, this time continuing along the track rather than going back over the rough track we had travelled on in the morning. **WRONG DECISION boys!** This next section was almost unbelievable. One consolation was that it wasn't my car. At one point we had a drink stop and we passengers discussed emergency exit plans. Some said they weren't doing up their seatbelts in case of the need for a quick exit. I thought leaving my seatbelt on was wise but had my hand on the buckle just in case I was wrong. I did wind the window up however, just in case when we rolled over the edge, my head went out the window while the rest of me didn't.



Lule 01 and friend behaving badly

We survived and were soon back at the Argadells, beer rehydrating and drowning our concerns, a much recommended pastime. The food was soon served and we settled down to another pleasant evening of indulgence. Again I was lead astray by the temptations presented.

Next day Nick was again up first. We were soon all up and after breakfasting, off to a section where the End2end1 walkers had become lost last year. Upon arrival we were soon off along the Trail but, after about 100 metres, the leadership had got us lost. I retraced our steps back to the last marker post seen and we soon worked out where the Trail went. It was here I saw a beautiful brown snake sunning itself before it slithered down a rabbit burrow. After some proper arrows had been put about we set off along the Trail in the section that follows Trezona Range. The Track was fairly well marked, although not to the best of Heysen Trail standards, with the bit at the end a little dubious. We soon had it marked our way and we were off back to the cars along the Mawson Trail. This turned out to be very picturesque, possibly better than the Trail itself, especially going north to south. With the Heysen Trail included, this would make a good loop walk. Because of the previous day's long walk, we had a short day and were soon back to our old habits of energy replenishment and beer rehydration.

Next morning again it was an early start, this time we were going down the creek by Dutchman's Stern which leads to Thompson's Gap. It was a chilly morning of about 8 degrees but we soon warmed up. The marking in this creek was updated by Marie and me earlier in the year, but there was still some trepidation in Marie's mind about the creek junction where two ladies had got lost at Easter. Under Marie's instructions we were to put a post at this point, so dutifully we followed instructions, with Colin carrying the marker post already made up. **I love a volunteer.** The post was one of the new Ian Hartley specials and as we walked down this creek with the marker over Colin's shoulder like a Heysen Trail banner I was reminded of Captain Beaky and his band, "Who march through the woodland singing songs that say how they have righted wrongs.". On placing the marker as instructed we named the junction "**Marie's Junction**" and headed off to Thomson's Gap. My guess is the marker will stay in place until some lazy walker uses it to pull themselves over the small bank. Again we walked over some more "Terry hills", however this time there was no great view, so we redirected the Trail along the creek until it left the creek bed to go up the side of the bank along a fire trail. We soon tired of this climb, so with mission accomplished, we headed

back up the creek to the cars. From there we went into Quorn for an ice-cream, then back to the Argadells for more rehydration and energy replenishment. It was at this meal that Julian, our esteemed leader, presented to us the concept of "Heysen Trail the musical", with such notable tunes as the Wirrabarra Waltz, the Mt Remarkable Rumba, the Tanunda Tango and the Spalding Samba. One tune that came immediately to mind was, "Staying at the Argadells, parley vous". There was a consensus that the lead baritone should be Simon Cameron, although we were all doubtful of his audience attracting ability.

Next morning we were off home with a small diversion to the new hut at Racecourse Track to the west of Mount Remarkable. This hut is a masterpiece and should be the model for future huts on the Trail. There should be a few modifications but on the whole it is excellent. As we followed the Trail out, there was some concern that it is very hilly and would be especially hard on walkers' legs. (Terry would have probably been proud of this section also) We think there should be a rethink about this reroute. This over, it was off to the Stone Hut Bakery, where again there was an energy replenishment program of buns and pies. I limited myself to one pasty, returning to the Marie diet. Pity about the hiatus, but never mind, I'm sure all calories consumed were burnt off. There is a theory which says there are no calories in food consumed outdoors, because they aren't confined and can fly away for much the same reason that there aren't any calories in broken biscuits

The following day, Saturday, I went to Parnka Point on the Coorong and had a lovely meal of Coorong Mullet and salad as part of the Coorong "Welcoming the Waders' Festival." The bird life is spectacular and there were thousands of waders as well as many other types of water birds feeding in the shallows. Some banded stilts gave us an aerial display as an after lunch performance but soon it was back home to urban mundanity after a great week away. One outcome was a talk with the local ranger who is keen to establish walking trails in the Coorong National Park. It looks as though we are going to have many happy hours working together and who knows what the final result will be.

PS

Nick, our resident geologist found, amongst other things, some fossilized stromatolites during the week. (refer to my last article.)

Gavin Campbell

Taralee Orchards

Self contained accommodation
in the Wirrabara Forest,
Southern Flinders Ranges.

Adjacent to the Heysen Trail.
Close to the Mawson Trail.



Accommodates up to 8 people

Contact: Paul & Denise Kretschmer
Ph: 08 8668 4343
Email: info@taralee.com.au
Web: www.taralee.com.au

Talyala Hills

Accommodation ~ Laura

*Talyala Hills Farmstay at
Laura in the beautiful
Southern Flinders Ranges*



*from \$80 Mon - Thurs,
\$120 Weekends*

good facilities - sleeps plenty

ph/fax 86632576 email talyala@dodo.com.au

"a little bit of Australia all to yourself"

**MOUNTAIN
DESIGNS**

*Gear for
places you'd
rather be...*

ADELAIDE • Basement, 187 Rundle Street • (08) 8232 0670
www.mountaindesigns.com

Photo: Steve Perry

NOTE: Mountain Designs new phone number is 8232 1351, FAX 8232 3491

West Highland Way 1996

Nicholas Langsford's "Walking The West Highland Way", The Trailwalker issue 102, brought back: many happy memories. Glen and I did the same from 4-10 June, 1996.

At that time the Scottish National Heritage, which is responsible for development and upkeep of the route, discouraged walking the eastern shore of Loch Lomond north of Rowardennan because it had become severely eroded. Certainly, conditions shown on a video we possess and the descriptions of Nicholas suggest we can be grateful for this restriction_

A few memories.

Our B&B accommodation, all arranged by Walkers Britain was at

Winnock Hotel. Drvmen

Rowardennan Hotel, Rowardennan

Benmore Lodge.. Creanlarich

Inveroran Hotel, 2.5 miles north of Bridge of Orchy

Kingshouse Hotel_ Rannoch Moor

Mamore Lodge, above Kinlochleven

Glenlochv Guest House_ Fort William.

After sleeping at Rowardennan, we crossed the Loch to the western shore by "ferry", and were carried to Ardlui by taxi and back across the Loch

to Ardleish by "ferry". The taxi which took us was that which transferred our luggage each day between our overnight stops. Thus, we carried a normal day pack plus mountains of wet weather gear. What was called a "ferry" was a small power boat for about six people.

We suffered two freezing, wet, windy days, two days of 50-50 weather and enjoyed three absolutely perfect weather days. Before departing, Adelaide,, we were warned, indeed frightened, by tales of " midges", even carrying from home "Scottish Midge Repellant". To this day we have no idea what was being talked about!

The waymarker is a thistle carved in wooden posts for the entire Way. The route is well marked and we were never doubtful where to proceed. On the first day we wandered through the many bushes of May dressed in white blossom and an enormous patch of bluebells in the woods as we left the Way at Drvmen. A short stroll took us to the ruins of Buchanan Castle. Our descent of Conical Hill, a very steep descent to Loch Lomond, was unique. We had to fight every step down against the extremely strong wind blowing in our faces off the Loch. A 3metre high stile over a deer fence in the forest near Creanlarich was a novelty to us , as were the long horned shaggy Highland cattle.



Jennifer and Glen at Fort William

There was also the colourful Bridge of Orchy Railway Station. We saw very few other walkers. Two French girls struggled, carrying everything on their backs. Two men spent two days carrying nothing as they drove to their sleeping quarters, walking each day and returning by taxi, and lunching in pubs. What a way to go!

Kingshouse Hotel is solitary on Rannoch Moor. It is situated at the foot Buachaille Etive Mor. the Shepherd of the Moor, which dominates as one approaches or looks back. This is at the eastern entrance to Glencoe and the horror of the massacre seems to hang in the atmosphere even to this day.

Our weather for the entire day north from here, to the foot of the Devils Staircase, up each zig and zag and down to Kinlochleven was atrocious to the extent that we lunched at the pub on a roll and soup preceded by a hot well laced toddy. Having shed layers of soaked jackets, over pants, gloves, hats, boots, etc. and being warm inside and out, it was difficult to don it all again, soaking, to continue on the Way.

The final day was memorable, through the wide, bare glen and the pretty forest area, all the time getting closer to Ben Nevis. It was strange, too, to see numerous people, walkers, climbers, tourists as we had seen very few in the last seven days. Of

course, we used one of these people to photograph us at the END.

Our notes suggested that we climb Ben Nevis next day by one of the different routes of varying difficulty. We did not! We enjoyed some of the most scenic train trips in Scotland that took in the spectacular 100 foot high, 21 arch viaduct featured in a Harry Potter film, and breathtaking views of Loch Sheil and the Glenfinnan slender monument to Bonny Prince Charlie. We did not go to the end at Malaig opposite the island of Skye but alighted at Arisaig to catch a small ferry to the islands of Eigg and Rhum.

We carried our lunch each day but it would be possible to lunch at a local hostelry along the Way on all except the final day. The return to Glasgow on the West Highland Railway was a delight as we recognised familiar parts we had walked. Especially dramatic was the section where we had not been, where no roads go on bleak Rannoch Moor.

We have slides, pictures, maps, video and notes which we would share with any wishing to enjoy the West Highland Way as we and the Langsford did.

Jennifer Dow

Suppliers of Equipment for:



**Scout
Outdoor
Centre**

Bushwalking
Daywalking
Trekking
Travel
Canoeing
Caving
Rock Climbing
Canyoning
Rope Access

192 Rundle Street Adelaide SA 5000
P: 8223 5544 F: 8223 5347
E: soc@scoutnet.net.au

Friends of the Heysen Trail
members receive
10% Discount
Excludes Sale Items, Canoes, GPS and EPIRBs

Walking with one car.

In October we went to Burra to walk four sections we had missed doing with the Friends. John Arthur, who can be contacted through the Burra Visitor & Information Centre (08 88922154), agreed to help us. On Day One we drove to Worlds End, left our car there overnight (with a friendly caravanner), and walked the 23 km to Burra. This is mainly along roads and is fairly unshaded and dusty. The next morning John drove us out to Huppatz Hut and we walked 20 km, back to our car. From the hut, the trail climbs steeply to cross the Tothill Range, then heads east, crossing one ridge within a broad valley. After climbing over the Morgan-Whyalla pipeline, the trail enters a belt of low, but rugged, well-wooded hills, and departs them via a lovely valley with hints of the Flinders. A short road traverse took us back to the car.

On Sunday morning, John followed us as we drove to Huppatz Hut, where we left our car. Then he drove us to Webb Gap where we began our 18 km walk. The last section of the Tothill Range is very

attractive; a wide belt of uncleared land survives and provides shade and varied walking. The last stretch to the hut is through a wide park-like valley. The trail section through the Tothills is one of the most attractive, south of Burra.

We saw **two** walkers the entire three days.

In Burra we stayed at the very reasonable Paxton Square Cottages (Very comfortable bed. No television, so take books. Open fire but not while it's so dry. They had a fire in town the day we arrived. There is an electric heater). We catered for ourselves (in the well-equipped kitchen) all but the first night, where we ate at the Koorunga Hotel (where the Friends ate in 2003). It's just been renovated – polished floors, new paint job, and with the best steak (the new manager was a butcher). Burra also has an Indonesian restaurant, numerous coffee shops, and a great bakery.

Heather Nimmo and Nick Langsford

Walking In SA Forests

Forestry SA Rangers have asked us to inform all walkers and clubs that they would like prior notification of all planned walks in forest areas, giving the approximate number of participants and details of the walk route. This applies to all walks throughout the year.

This is a safety issue due to logging, burning and other forest activities which may take place at any time.

We have been advised by the Mt Crawford Ranger that the 'alternative route' section of the Heysen Trail from Rocky Paddock Campground to the Mt. Crawford Information Centre and Centennial Drive Campground will be closed until further notice due to forest operations. This is currently the only reroute in Mt. Crawford Forest.

Contacts:

Mt Crawford Forest
Phone: (08) 8524 6004

Kuitpo Forest
(08) 8391 8800

Or write to:

The Forest Ranger
Mt Crawford Forest
Private Bag
Williamstown SA 5351

The Forest Ranger
Kuitpo Forest
Private Mail Bag 2
Meadows SA 5201

www.bushwalkingtours.com.au

last remaining spaces in 2007

Gluepot SA (*birding tour*)
6 days ex Adelaide
Thursday 19 April to Tuesday 24 April 07

Pilbara WA
23 days ex Adelaide
Thursday 31 May to Friday 22 June 07

Gawler Ranges SA
9 days ex Adelaide
Wednesday 7 November to Thursday 15 November 07

Phone for details on
08 8369 1779

EXPLORANGES
BUSHWALKING TOURS

South Australian Tourism Awards
BRONZE
2006

ALPANA STATION

BLINMAN

There is a passenger transport service available to Wilpena, Blinman, Heysen Trail Head for walkers (individuals or groups) provided by John & Jan Henery of Alpana Station.

Quality self-contained accommodation suitable for walkers, artists, nature groups, etc.

Contact details:

- Postal address: PO Box 11
Blinman SA 5730
- Phone: 08 8648 4864
- Fax: 08 8648 4661
- Email: alpanastn@bigpond.com.au
- Website: www.alpana-station.netfirms.com
- Bookings essential

NUNGAWURTINA HUT & TRAIL

- Alternative for not so active walkers – an easy 2 day walk.
- Stay a night or two in a new replica pine & pug shepherds hut en-route from Alpana to the Blinman Pools and Angorichina Tourist Village to be picked up by John and returned to Alpana

OR

- 4WDrive. Be transported to the hut and experience a true Flinders retreat in a serene setting. Suitable for 6 people.

NEW En-suite facilities for caravans/campers now available.



5 REASONS
WHY YOU
WOULDN'T SHOP
ANYWHERE
ELSE

1. PADDY PALLIN'S SATISFACTION GUARANTEE
2. STOCKISTS OF THE WORLD'S LEADING BRANDS
3. KNOWLEDGEABLE SALES STAFF
4. PADDY PALLIN PRICE PROMISE
5. COMMITMENT TO CONSERVING THE ENVIRONMENT

228 Rundle St. Adelaide
Ph: (08) 8232 3155
Fax: (08) 8232 3156
TOLL FREE: 1800 039 343
OPEN SUNDAYS!

Paddy Pallin Supports Friends of the Heysen Trail. We Offer 10% Discount To Club Members

Paddy Pallin

Discounts For Members

FRIENDS OF THE HEYSEN TRAIL

10 Pitt Street, Adelaide, 5000

(08) 8212 6299

10% Discount on all maps and books

SCOUT OUTDOOR CENTRE

192 Rundle Street, Adelaide, 5000

(08) 8223 5544

10% Discount on outdoor gear (excluding sale items)

ANNAPURNA OUTDOOR SHOP

210 Rundle Street, Adelaide, 5000

(08) 8223 4633

10% Discount (excluding sale items)

FLINDERS CAMPING

187 Rundle Street, Adelaide, 5000

(08) 8223 1913

10% Discount (excluding sale items)

FAX (08) 8223 1358

email: info@flinders.com.au

PADDY PALLIN

228 Rundle Street, Adelaide, 5000

(08) 8232 3155

10% Discount (excluding sale items)

MOUNTAIN DESIGNS

Basement, 187 Rundle Street, Adelaide, 5000

(08) 8232 1351

10% Discount (excluding sale items)

FAX (08) 8232 3491

email: adelaide@mountaindesigns.com

MITCHELL'S ADVENTURE

Shop 2001C, Westfields Marion Shopping Centre

(08) 8296 7700

Shop 217, Tea Tree Plaza Shopping Centre

(08) 8395 9555

10% Discount (excluding sale items and portable fridges).

BOOTS GREAT OUTDOORS CENTRE

1277 South Road, St Marys, 5042

(08) 8277 7789

Up to 10% Discount (excluding sale items and fridges)

SNOWY'S OUTDOORS

92 Richmond Road, Keswick, 5035

(08) 8351 2111

Up to 10% Discount

AUSSIE DISPOSALS

119 Pirie Street, Adelaide, 5000

(08) 8224 0388

Shop 146, Western Mall, Elizabeth City Centre, 5112

(08) 8287 3008

Colonnades Shopping Centre, Beach Road, Noarlunga, 5168

(08) 8326 3186

163 Main North Road, Nailsworth

(08) 8342 4844

Up to 10% Discount to members

TRIMS

322 King William Street, Adelaide, 5000

(08) 8212 5099

Level 2, Shop 2050, Westfield Marion

(08) 8298 9777

Shop 162/3, Westfield Tea Tree Plaza

(08) 8396 3800

5% Discount

ADELAIDE HATTERS

36 Adelaide Arcade, Adelaide, 5000

(08) 8224 0131

10% Discount

SA CAMPING WORLD

109 Jetty Road, Glenelg, 5045

(08) 8376 1330

10% to 15% to members

**MEMBERS CARD MUST BE SHOWN TO OBTAIN DISCOUNT
DON'T FORGET TO IDENTIFY YOURSELF AS A MEMBER OF THE FRIENDS**