

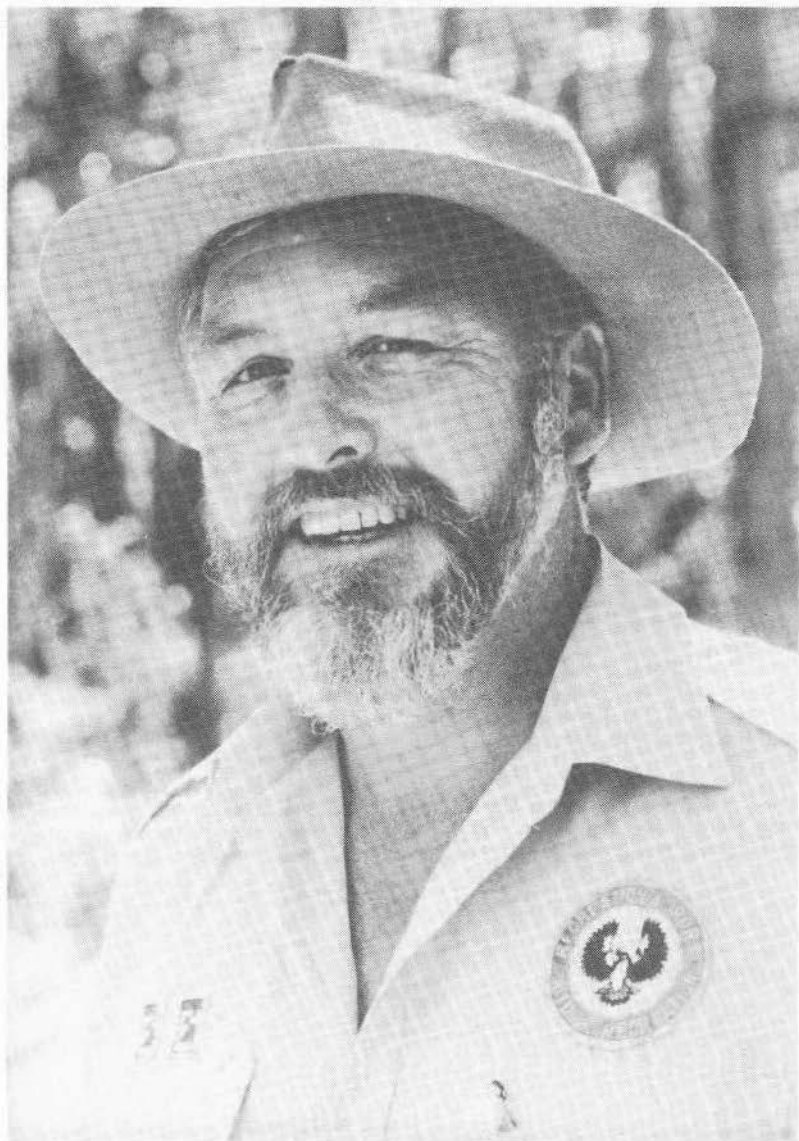
# THE TRAILWALKER

ISSUE No. 39

NEWSLETTER OF THE FRIENDS OF  
THE HEYSEN TRAIL AND OTHER WALKING TRAILS INC.

FEBRUARY 1993

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TERRY LAVENDER

Life Membership  
to be presented at the  
Annual General Meeting

# THE TRAIL WALKER

## MEMBERSHIP ACKNOWLEDGEMENTS

Since publication of the December issue of the Trailwalker, the following new members have joined the Friends' and a warm welcome is extended to them from the President and members of Council.

### SINGLE

Jennifer Kuyper  
Liz Pyatt  
Joyce Molina

### FAMILY

L. R. Gibson  
Michael Thomas  
C. & A. Lillie  
D. & H. Schaefer  
Kath & Alvin Whittle

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## EDITORIAL

A belated happy new year to you all. This edition of our magazine contains a lovely article by our Patron, Warren Bonython. We also provide notice of the Friends Annual General Meeting in March. Another very interesting article is by Barry Hayes. He recounts his experiences when walking the whole Trail last year. Barry starts on Kangaroo Island.

We recently heard in the office that Pat Bruun has not been well. Pat is one of our Trail Monitors. Pat we hope you get well soon and we are delighted to pass on the kind thoughts of your friends.

Elsewhere in this edition is a reminder to those of you who have not yet paid your membership dues! Please assist our membership secretary Richard Schmitz and make your payments soon.

You will have noticed that with this copy of your magazine there is an insert provided by the Pathfinders. This advertisement, and the costs associated with it, have been paid for in full by the Scout Shop. A valuable addition to our funds.

Finally, a note on catering for the A.G.M. Following our guest speaker's address to the meeting we intend to have a light supper. Would you please bring a plate; tea, coffee and hot water will be provided. Thank you.



THE TRAILWALKER  
IS PUBLISHED BY THE FRIENDS OF THE HEYSEN TRAIL  
AND OTHER WALKING TRAILS INC.

# THE TRAIL WALKER

## PRESIDENT NEV'S MESSAGE

Another AGM has arrived which reminds each of us that our subs are due and the election of our officers takes place on **Friday 26 March, 1993.**

"The Trail" is completed, mainly due to the Friends' efforts, but Network Trail marking and maintenance still go on.

Our membership secretary reports that our numbers are fast approaching 1,000.

Why not make 1993 the year **YOU** joined that band of dedicated members who work tirelessly behind the scenes to present:

- \* The Executive and Council
- \* Trail Maintenance
- \* Tree Planting
- \* Walking
- \* Publicity
- \* Map reading
- \* First aid
- \* Social Functions
- \* Office volunteers

This year don't leave it to someone else! Make your motto "**Me**" not **We**!

After being actively involved with the Friends since the first meeting at the 'Dom Polski' in 1986 I will join Jim Crinion and Barbara Mattson as Past President following the A.G.M.

Our new office at 10 Pitt Street continues to get a steady stream of people seeking details of the trails and how to walk in safety! We need more volunteers to help staff the office particularly from 10 to 3 each day.

My personal thanks goes to each of you who has contributed to the wonderful success our organization has become - may it with your help continue to grow and prosper.

Nev

# TRAIL WALKER

FROM THE NEWSPAPERS - Messenger Press

A group dedicated to preserving and upgrading the Onkaparinga River has been rewarded by the National Parks and Wildlife Service.

The Friends of Onkaparinga River Recreation Park was judged recently as the Friends Group of the Year for its work with the Onkaparinga.

Under the leadership of Anne and Colin Malcolm and Gail Rees (all members of the Friends of the Heysen..ed.), the Friends raised more than \$10,000 last year for improvements to the Onkaparinga River.

The group, managed by a 12 member committee, also co-ordinated eight working bees during the year which resulted in the removal of 10,000 olive trees and the propagation of 9,000 seedlings.

More than \$9,500 also was raised for a footbridge over the river after the previous bridge was washed away in floodwaters.

A National Parks and Wildlife Services spokesperson said the Friends' organisation's activities were outstanding. "A conservative estimate has been calculated that in the past year 6,300 hours had been contributed by the group," she said. "This is the equivalent of two full-time employees and doesn't take into account indirect time such as seedlings. Revegetation in the Park has been nothing short of amazing - the friends organise community planting days and draw in as many as 250 local people."

A special fundraising award also was presented by the Service to Betty and Paul Franche (also members of the Friends of the Heysen..ed.) - members of both the Onkaparinga Friends and the Belair Friends' groups.

On behalf of the Friends of the Heysen Trail, our congratulations to Anne and Colin Malcolm, Gail Rees, and, Betty and Paul Franche - well done.

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## MEMBERSHIP RENEWAL

Thank you to those members who have already renewed their membership subs for 1993. A friendly reminder please to those of you who have not yet renewed and are just surfacing after the holiday break

## MEMBERSHIP SUBSCRIPTIONS ARE NOW DUE

FRIENDS OF THE HEYSEN TRAIL AND OTHER WALKING TRAILS INC.

MEMBERSHIP RENEWAL - 1993

NAME.....

ADDRESS.....

.....POST CODE.....

Fee enclosed \$.....

(\$12 individual, \$18 family, \$25 school or youth organisation, \$50 other organisation)

# TRAIL WALKER

## GUIDELINES FOR WALKERS

1. All walkers are required to enter their names on the respective leader's list before commencement of each walk.
2. Walkers should carry adequate fluids (1 litre minimum), clothing and footwear to suit the fluctuating weather conditions, and, lunch.
3. Dogs, radios, alcohol or smoking are not permitted.
4. The leader will identify him/herself and give any necessary instructions as well as an outline of the day's walk and conditions. Walkers should conform to such directions and should not leave the walk without informing the leader. Walkers are asked to keep in touch with the leader and in sight of the walkers both in-front and behind him/her.
5. It is in the interests of all to inform the leader of any disabilities you may have or any injuries sustained during the walk. This can be done discreetly and will be treated as confidential.
6. Children must be accompanied by an adult and full responsibility for them accepted by an adult.
7. Remember, take nothing but photographs and leave nothing but footprints. Pack it in - pack it out.
8. Walks are for everyone's enjoyment. Make sure you enjoy the walk and help others to enjoy it too. Report any Trail inconsistencies - marking and maintenance - to the Office on your return.

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## COURSES IN MARCH

### Walk Leaders Training Course - Sunday, 7th March, 1993

Intending participants please ring office (212 - 6299) to reserve your place. Course will commence at Waterfall Gully Car Park at 9.00am.

There will be sessions on Group Management, Mapping Theory and Practical, Planning, Clothing, Critical Incidents and First Aid.

Please bring your own food and drink. Hot water will be available. Course should finish at 5.00pm

### Trail Maintenance Workshop - Sunday, 21st March, 1993

This course will be conducted by Alan Colgrave with assistance from Mike Fretwell. During the day participants will discuss and be shown the important aspects of trail marking and maintenance. At the moment the location for this course has not been decided on; it is dependent in part on the state of the Trail and the need for some maintenance at that time. Participants should ring the office please; exact location details will be provided nearer the time. The course will last the day so please bring food, drink, and your day pack.

Advance Notice: As we have had a number of people interested in spending a weekend back packing, we intend to run a workshop/training weekend later in the year as a lead up to a weekend backpacking in 1994.

# TRAIL WALKER

## OPENING OF THE WALKING SEASON

The opening of the 1993 Walking Season has been planned to take place on 4 April, 1993 at the Woodhouse Scout Centre.

Four walks will be available around the campsite area commencing at 10.00am. As this is the start of the season we do not intend that the walks will be too strenuous; the walks should be around three to four hours in length (byo lunch and drink). We will return to Woodhouse around 2.00pm, and, after a brief opening ceremony, light refreshment will be provided.

As this is an important event in our calendar, we look forward to a big attendance.

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### 1993 'WEEK-ENDERS'

As the 1992 week-end camps were such a huge success we are in the process of organising three trips for 1993. These are

- \* Quorn in early May (see below)
- \* Douglas Scrub - July
- \* Wirrabra Forest - October

Information on Douglas Scrub and Wirrabra will be provided in later editions of Trailwalker.

### QUORN

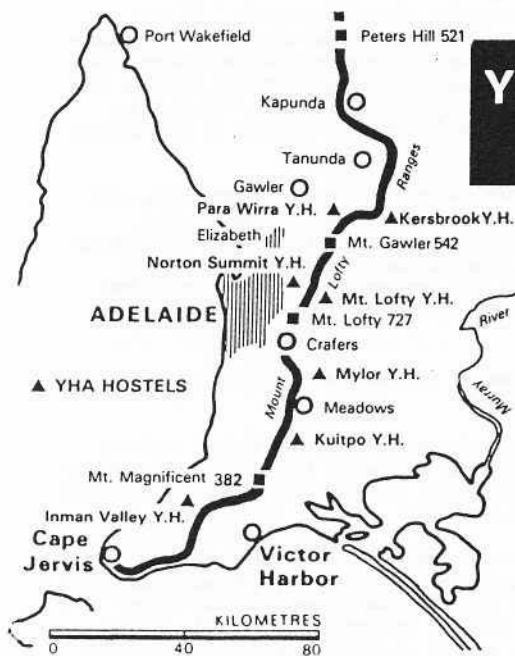
Our first trip to Quorn is being planned to coincide with the events being arranged by the Department to mark the completion of the marking of the trail between Quorn and Hawker. This will probably take place on 1st and 2nd May, 1993. Our planning for this weekend is still incomplete, however, we are able to confirm the following arrangements so far.

- \* Leave Adelaide by bus Friday evening and return Sunday afternoon.
- \* Meals and accommodation still being planned similar to Burra and Inman Valley, e.g. bunkhouse with eating facilities.
- \* Walks are being planned; we intend to have two on Saturday (one medium and one hard) and a medium walk on Sunday.
- \* Probable cost \$70 per person - \$20 deposit; to reserve a place please ring the office (212 - 6299).

\* ACCOMMODATION NUMBERS LIMITED TO 45.

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# THE TRAIL WALKER



## YHA HOSTELS on the HEYSEN TRAIL

Comfortable accommodation for overnight stops on the Heysen Trail —

- Fully equipped kitchens
- Comfortable beds with all bedding (you provide the bed linen)
- Bathroom Facilities
- Pleasant Situations

### Bookings and Enquiries:

YHA of S.A. Inc.,  
38 Sturt Street,  
ADELAIDE 5000 Tel: (08) 231 5583 Fax: (08) 231 4219



# THE TRAIL WALKER

THE FLINDERS RANGES, HANS HEYSEN AND ME

A Story in Quotations

by C. Warren Bonython A.O.

Patron. Friends of the Heysen Trail and other Walking Trails.

My love of the Flinders Ranges and my subsequent walking them from end to end has connections with Hans Heysen and his work - apparent from these quotations out of my own book\*. My fascination with them, beginning before I ever visited them was sparked by Heysen's painting of Mount Patawerta.

"Land of the Oratunga! - the ring of that romantic title and the vision of the magical mountain had drawn me to the Flinders in the first place, and later had helped in inducing me to embark on the walk. I had read of Mount Patawerta while studying Howchin's *Geology of South Australia*, so I already knew it to be a rocky eminence and a commanding viewpoint, and then I had seen the reproduction of Heysen's painting which had imprinted a separate image in my mind..."

"I went alone up on to the Heysen Range north of Mount Hayward. ...far away in the north-east my attention was caught by a striking peak, Mount Patawerta, with a profile rather like the map of Australia. It was already my mountain of inspiration, for during those war years I had come across a little book *Australian Landscape* by Myra Morris and Sydney Ure Smith, containing a reproduction of the Hans Heysen painting *Land of the Oratunga* which had stirred my imagination. This glimpse rekindled my desire to reach the mountain, but I was not to set foot on it for another 23 years."

I first visited the Flinders in 1945, walking in from the Brachina rail siding, and I eventually reached "...Heysen's Hill, that sharp and precipitous little peak that stands 800 feet above the creek, dominating the Brachina Gap, and it has been immortalized by Sir Hans Heysen in several paintings under the name of *The Sentinel* ... Heysen's Hill has the particular significance for me of being the first hill that I ever climbed in the Flinders."

As I finally approached Mount Patawerta in 1968 during my Flinders Walk I again thought about that painting:-

"The sketches (for it) had been made in March 1932 when father and son made their way north towards the foot of Patawerta for a brief camp where Hans made 'evening and morning sketches of the great old monster towering up ahead of them', as Colin Thiele records".

"I had known Sir Hans for more than 30 years. Now he was over 90 but still in good health, and a few months earlier Bunty and I had dined with him at *The Cedars*, Hahndorf, where Lyly and David were looking after him. Quite recently we had heard that he had gone to hospital, but he seemed to be making good progress, and we expected him to be discharged soon. I was to think more about him in the coming days."

On 3 July 1968 Charles McCubbin and I had climbed Mount Patawerta, coming down by the south face, and as I had looked back up at that *Land of the*



**THE  
SCOUT  
OUTDOOR  
CENTRE**

**PATHFINDER  
PROGRAM**

**1993 - Jan. 1994**



192 Rundle Street Adelaide  
Ph: (08) 223 5544 Fax: (08) 223 5347

# THE PATHFINDER PROGRAM 1993

The Scout Outdoor Centre is proud to present a comprehensive program of activities led by Staff from our Outdoor Shop or other qualified professional guides. Most events are free. Charges are made covering overnight, canoeing or climbing events.

The Pathfinder program is designed to allow people to experience Outdoor activities. Many participants have gone on to join other recreation organisations to further their enjoyment. A list of Outdoor Pursuits Clubs and Organisations is included. You may wish to join one of them.

The staff at the Scout Outdoor Centre can advise you on the most suitable clothing and equipment for any outdoor activity. Prices are the most competitive in Adelaide

The Scout Outdoor Centre cannot arrange transport unless this is part of the event.

## ALL EVENTS

**What to bring:** Cut lunch and munchies. Water bottle, personal First Aid needs and rain jacket. Carry it all in a day pack.

**What to wear:** Non-slip footwear, thick socks, quick drying clothing (not jeans), light warm top, hat.

**Booking:** Booking is essential so we know to provide the right ratio of Leaders to participants for maximum comfort and enjoyment.

**Contact the Scout Outdoor Centre (08) 223 5544**

**Meeting Place/ Time:** Meeting place is notified at the time of booking. Meeting time is 9.30am for regular Pathfinder Walks and 10.00am for First Footprint Walks.

## OVERNIGHT TRIPS

A detailed list of information will be provided upon booking.

## FIRST FOOTPRINT WALKS

**Walk Time:** 10.30am to 2.30pm

To become a bushwalker, adults of any age should start somewhere that is not too daunting but interesting enough to give a taste of the experience of walking in natural bushland. Pathfinder 'First Footprint' walks are designed for this purpose.

Locations are near the city and in areas that are surprisingly not frequented by many people. Participants will gain experience on what to carry, what footwear is best for them and the type of clothing to wear. They will also discover their personal level of satisfaction from bushwalking and know whether they wish to take on longer walks.

### Dates:

Sunday 4th April

Shepherds Hill Reserve  
Ayliffe Road

Near South Road

Sunday 23rd May

Onkaparinga Gorge

Via Clarendon

Sunday 4th July

Kyeema Conservation Park

Via Meadows

Sunday 29th August

Anstey's Hill

Via Tea Tree Gully

## VERY FIRST FOOTPRINT WALKS

**Walk Time:** 10.30am to 1.00pm

For new parents and toddlers. Kat Vogt is a pretty new mum and an experienced bushwalker. Kat would like to get out again. She will take as her assistant Laura Vogt, aged 11 months, along for a walk, just to get out of the house, as much as anything. There will be time for all the necessary stops. Nice bush paths suitable for pushers and prams have been chosen.

Further details contact Kat Vogt - Telephone: 270 3727.

**Dates:**

Sunday 25th April	Kuitpo Forest	Via Kangarilla
Sunday 17th October	Sturt Gorge	Via Flagstaff Hill

## PATHFINDER WALKS

**Walk Time:** 10.00am to 3.30pm

Going on 'little known trails' are the foundation watch words for Pathfinder Walks. This can involve scrambling over rocks, through bushes, across creeks, often on private property where permission has been granted. The walks always take in some wonderful views and beautiful bushland and are great fun.

These walks are free and led by Staff Members of the Scout Outdoor Centre

**Dates:**

Sunday 4th April	The Big View walk Wirra Wirra Peaks	Via Williamstown
Sunday 9th May	The Coastal walk Parsons Beach	Via Victor Harbor
Sunday 6th June	The Kangaroo walk Kaiser Stuhl Conservation Park	Via Bethany
Sunday 11th July	Pink Heath walk Horsnell Gully	Via Magill
Sunday 1st August	The Lily walk Aaron Valley Deep Creek	Via Yankalilla
Sunday 5th September	The Scramble Onkaparinga Gorge	Via Reynella
Sunday 10th October	Wildflower walk Kyeema Conservation Park	Via Meadows
Sunday 14th November	The Picnic Lunch walk Belair National Park	Belair Station (7.30am start)

## CANOEING

Staff member Tim Vogt is an Australian Canoe Federation Instructor and has a fleet of canoes available for use for Pathfinder canoeing. Instruction will be undertaken for first (Web) Footprint Paddlers.

### Details:

Sunday 28th Feb.	Goolwa Paddle	Cost \$35.00
Sunday 18th April	Port River Paddle (Via Port Adelaide)	Cost \$35.00
March 27th-28th	Canoe Expedition Katarapko Creek Camp overnight, cost includes bus, tents, sleeping mats, cooking gear. Information night Tuesday 23rd March.	Cost \$160.00
June 11th-14th	Canoe the Chowillas Weekend. Good canoes and qualified instructors are on hand to introduce you to the fun of canoe camping. The more experienced will be catered for with a more extensive trip. Transport, tents, sleeping mats and cooking gear provided. We do our own cooking. Information night Tuesday 8th June.	Cost \$230.00
August 2nd	Winter Paddle in the Mangroves	Cost \$35.00
September 19th	Canoeing for Beginners	Cost \$35.00
October 2nd-4th (Long weekend)	Canoe the Coorong Snake Pit (Via Meningie) Information night Tuesday 28th September Half day session, morning or afternoon.	Cost \$230.00
November 21st	Canoe Day Paddle - Port River	Cost \$35.00
December 4th-5th	Canoe Weekend - Port Sturt Via Clayton. Cost includes transport, food, bunkhouse accommodation, use of canoes and services of instructors.	Cost \$130.00

## WALKING WEEKENDS

In 1992, these were most successful events at Riverton walking the Tothill Ranges. The 1993 program is more varied.

May 15th-17th (Long weekend)	<b>Study the Stars Trip</b> Dutchman Stern - Via Quorn We leave early Saturday morning and return Monday evening. This trip will include sessions on astronomy, as well as good walking. We will be staying in a comfortable bunkhouse. Transport and food will be provided, but we cook it ourselves. Information night Wednesday 5th May.	Cost \$125.00
July 17th-18th	<b>Burra Adventure Weekend</b> We will travel up Friday night, taking in a meal on the way.	Cost \$95.00

Saturday we will walk through the spectacular Heysen Trail out of Burra. The walk on Sunday will be towards the Barossa Valley. This will shorten the return trip home. Cost will include bus, dinner Friday and Saturday nights and bunkhouse accommodation. Bring own breakfast and lunches.

August 14th-15th

**Camp Out Weekend - Mt Crawford Forest**

**Cost \$75.00**

We have often been asked to run a camp out trip. This is it! We have chosen a wonderful camping site. Excellent tents, sleeping mats, rucksacks, cooking gear and food is provided and delivered to the campsite. We cook our own meals. with expert help. Participants will only need to carry personal gear.

Information night Tuesday 10th August

Sept. 11th-12th

**Birdwatchers Weekend - Mt Lofty**

**Cost \$40.00**

12 People only. We will stay at the very comfortable Mt Lofty Youth Hostel, overlooking the city. This will allow us to be up early to observe the bird life and continue on for a pleasant walk with an early finish. Price includes accommodation evening meal. Bring your own breakfast and lunch.

## NAVIGATOR WALK

June 20th

**WARREN CONSERVATION PARK**

**Cost \$20.00**

This day will cover the knowledge for navigation in the bush. Understanding of contours and dead reckoning will be covered. You will be able to read a map and gain the most information. The course is conducted in suitable bushland by staff member Tim Vogt who is an adviser to the Bush & Mountain Leadership Board. There will be one instructor for six to eight people.

## THE BIG ADVENTURE TRIPS

May 2nd-7th

**GRAMPIAN WONDERLAND**

**Cost \$395.00**

A trip for 8 to 10 Bushwalkers in a comfortable mini bus to stay at a picturesque property in the Mafeking Valley. Accommodation is in a farm cottage with all conveniences, twin share. We will do day walks in this wonderful area and return to a country meal and a comfortable bed. Transport and all meals including wine with dinner.

Sept. 4th-8th

**OLARY RANGES - Aboriginal Rock Art Wall**

**Cost \$375.00**

These spectacular ranges are near Broken Hill and contain some of Australia's best Aboriginal Rock Art. Accommodation is in comfortable shearers quarters on a private property. We walk each day guided by a leader experienced in this area. Price includes transport, accommodation all meals and wine with dinner and services of an experienced guide. Trip number, eight persons.

# ORGANIZATIONS RUNNING A WALKING PROGRAM WITH PROFESSIONAL GUIDES

## ECOTREK WALKING TOURS

Peter Kellett C/- P.O. Box 4, KANGARILLA. S.A. 5157 Ph: 383 7198

DETAILS Age 16 - 70 Fee Price varies according to walking tour Activities Walking Tours Weekends, Long weekends, weeks Camping or accommodated All transport, equipment, food, leadership included Canoe Tours Some overseas tours.

## WALKING FOR FITNESS AND PLEASURE

Margaret Scharer, P.O. Box 286, GLENSIDE, S.A. 5065 Ph: 213 0620

DETAILS Age Adults Fee Depending on course taken Activities Guided walks of all standards 1, 1/2-3, 1/2 hours most week days Saturday walks and some Sundays

## KEEP FIT S.A.

Ted Chessman Ph: 239 2077 (work) Ph: 298 1321 (home)

DETAILS Fees \$6.00 per 3hrs. (casual) Wednesday beginners \$50.00 - 10 week term \$40.00 - 10 week term concession

LIFE BE IN IT - affiliated with Walking for Fitness & Pleasure

1 Sturt Street ADELAIDE S.A. 5000 Ph: 213 0620

DETAILS Age Adults Fee According to course taken Activities Walks held on a variety of weekdays except Monday Public transport used Adventure days also Camps

## PRIVATE WALKING CLUBS

### ADELAIDE BUSHWALKERS

Guide Headquarters, 278 South Terrace ADELAIDE, S.A. 5000

DETAILS Meet 1st & 3rd Wednesday of every month Time 8pm Place Guide Headquarters.

### BUSHLANDERS

Elizabeth Ph: 294 5805 or Lesley Ph: 298 8553

DETAILS Age open Fees None Activities Alternate Sunday 4-4 1/2 hours Some camps - base walks Planned walks programme decided November

### FOUR SEASONS

Harold Sweeney 5 Shearing Street, OAKLANDS PARK, S.A. 5046 Ph: 296 2199

DETAILS Age 20+ Fee None Activities Walk every Tuesday Day walks of approx. 4 hours Some overnight trips (approx. group 25-30 walkers)

### NORMANVILLE WALKING CLUB

Maxine Hammil 15 Carrickalinga Road, NORMANVILLE, S.A. 5204 Ph: (085) 582 409

DETAILS Age Open, family groups Fee None - just a donation Activities Informal walks 6-30 people 1 day walk - 3 weeks Classified/graded walks Programme set for April-October Meet at Normanville Medical Clinic

### ST. AGNES BUSHWALKING AND NATURAL HISTORY CLUB

Ho. Sec. Ann Magtengaard, P.O. Box 193, ST. AGNES, S.A. 5097 Ph: 264 6263

DETAILS Age Open family groups \$5 Adult membership \$3 Children or 50¢ per walk Activities Afternoon family walks alternate Sundays Experienced walks on Saturdays Family camps - long weekends, holidays Programme set for 6 months Send self addressed envelope to P.O. for information.

## WEDNESDAY/VENTURERS WALKERS

Shirley Rumball Ph: 45 7034

DETAILS Age- Fee None Activities Day walks 3-4 hours every Wednesday (Relatively small, informal group) Limited numbers

## RETIRED TEACHERS ASSOCIATION WALKING GROUP

Barb Samulis (Secretary) Ph: 293 1352

DETAILS Age Retired Teachers and spouses Activities Day walks - 1st Wednesday each month 1 trip - for a week 1 trip - long weekend (per year) Private transport

## W.E.A. RAMBLERS

Pauline G.P.O. Box 177 ADELAIDE. S.A. 5001 Ph: 353 6722 a.h.

## AUSTRALIAN RETIRED PERSONS ASSOC.

ARPA Bushwalking Group 84 Archer Street NORTH ADELAIDE, S.A. 5006 Ph: 267 5711  
DETAILS Age 50+ Fee \$15 Assoc. +\$3 Bushwalking fee per year Day walks Camps - 1 week (2 or 3 each) Graded walks Large number of associates 300+

## ORGANIZATIONS WITH A WALKING COMPONENT

### FRIENDS OF THE HEYSEN TRAIL

Mike Fretwell 10 Pitt Street, ADELAIDE, S.A. 5000 Ph: 212 6299

DETAILS Groups of interested people in the maintenance of the Heysen Trail in association with Recreation S.A. Activities Include a walking programme to introduce people to the Heysen Trail by way of 2 grades of walks i.e.. beginners, experienced. Other activities include working on maintaining and greening of the Trail, Newsletter, Social gatherings to encourage participation in their valuable work.

### ADELAIDE UNIVERSITY MOUNTAIN CLUB

John Considine, C/- Sports Association, Adelaide University, North Terrace, ADELAIDE, S.A. 5000 Ph: 228 5333 Ph: 344 3558 (home)

DETAILS Age 17 - 35 Fee University students covered \$50 to join Sports Assoc. for non-students Activities Bushwalking Cross Country skiing Rockclimbing Instruction available Cost of activity varies Hire of equipment available Canoeing and some overseas trips

### SCOUT ASSOCIATION OF SOUTH AUSTRALIA

44 Fullarton Road, NORWOOD, S.A. 5067 Ph: 362 7856

DETAILS All enquiries for the location of your nearest group boys and girls Joeys (6-8 years), Cub Scouts (8-11 years), Scouts (11-15 years), Venturers (15-18 years) and Rovers (18-25 years) contact Scout Association.



192 Rundle Street Adelaide

Ph: (08) 223 5544

Fax: (08) 223 5347



# TRAIL WALKER

Oratunga scene my mind suddenly switched to Heysen.

"How was he progressing? Had he returned from hospital? Perhaps mental telepathy had influenced the direction of my thoughts for, unknown to me, thousands of South Australians were that day thinking about the great man and his life's work. They had opened their morning newspapers to read that Sir Hans Heysen, the doyen of Australian landscape painters, had died the previous day while in his ninety-first year. His creative life had ended, but there are appropriate memorials to him in the many paintings in public galleries, boardrooms and private homes, and in the several books about him, and to me there seems none more fitting than that rendering of Patawerta the image of which I permanently carry in my minds eye."

\* Bonython, C.W., *Walking the Flinders Ranges*. Rigby, Adelaide, 1971  
(out of print)

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HISKEY'S HUT BEFORE RESTORATION





# THE TRAIL WALKER

## GREENING NEWS

Last year's planting. Members would be pleased to know that the hard work last year paid off and it was a huge success. Of some 1300 seedlings planted we only lost about 30 plants. We have yet to know whether it was the weather that preserved them or the diligent and careful method of planting by those who participated in the work. I am sure it was the latter!! We were also fortunate enough not to have any problems with rabbits although the wire guards kindly provided by the Kapunda District Council and the used tyres secured by Dennis Slade went a long way to deterring them.

**This Year's Work.** In this year's programme we hope to continue on the Heysen Trail in a southerly direction towards and around the badly eroded section where a washaway across the road reserve has almost cut the trail. It is not practical to re-route the trail without utilising adjacent roads so we will have to stick with the existing layout. It is hoped that with the co-operation of the adjacent land owner and help from the Department of Agriculture with expert advice, that the erosion can be stabilised.

Last year we were successful in obtaining a small financial grant from the Parks and Wildlife branch to do some revegetation in Parra Wirra NP where the network trail heads north from the Gawler River. This work was deferred from last year because the seed had to be collected from the actual park and the monies came too late for any propagation. It is hoped to complete this work this year.

Also this year we hope to start some planting on the network trail which parallels Anderson Road from Parra Wirra through to Balmoral Road, Gawler East.

Apart from continuing with the work on the Heysen Trail north of Greenock we intend to liaise with our maintenance teams on areas which show signs of salinity and general erosion in order to experiment with ground cover to obviate the need for physical construction work or to deviate the trail. Anyone who has knowledge of such areas which should be examined - will they please contact myself or one of the Committee with the location. We need this information now in order to plan for 1994.

During the year we hope to also investigate direct seeding of selected sites. Growing seedlings is labour intensive to a certain degree and any step we can take to minimise our workload and yet extend the area coverage will be a boon. Machines which can be pulled behind an utility or 4WD vehicle are available to us from Greening Australia at a small cost. Arrangements are currently in hand for interested members to visit demonstrations in the near future.

During January, 1993 sorties to collect seed were lead by Peter and Pat Clarke; ardent seed collectors for Trees for Life and both members of our Committee.

Finally an interesting news item; on Sunday 22 November, 1992, some 3400 people picked up 600 tonnes of material from Trees for Life to raise 1.8 million trees. A fantastic response.

Jim Crinion

# THE TRAIL WALKER

## NOTICES

### PART-TIME - VACANCY

As announced in the October edition of the Trailwalker, the part-time position of Administrative Officer becomes vacant with effect from 1 March, 1993. Applications for the 2-day per week position to conduct the affairs of "The Friends" should be addressed to the President, Friends of the Heysen Trail and Other Walking Trails Inc., 10 Pitt Street, Adelaide, SA 5000; applications should be marked Personal & Confidential.

Applications close on Friday, 5 March, 1993.

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### ANNUAL GENERAL MEETING

#### NOTICE OF MEETING

The Annual General Meeting of the Friends of the Heysen Trail and Other Walking Trails Inc. will be held at 7.30pm on Friday 26 March, 1993 at the Girl Guides Association Hall (upstairs), 278 South Terrace, Adelaide.

(Enter from the Charlotte Street entrance)

The Agenda for this meeting is published elsewhere in this edition of the Trailwalker

Nominations are sought from YOU, our members, for election to the Friends' Council at the Annual General Meeting. Council comprises the President, two Vice Presidents, Secretary, Treasurer and not less than eight and not more than fourteen members.

Council meetings are held on the fourth Wednesday of each month at 6.00pm until approximately 8.00pm. In addition to Council, there is an opportunity for members to contribute to one of the various Committees; Walking, Trails, Greening, and Publicity. At a recent meeting of Council concern was expressed over the lack of women representatives on Council and Committees. Perhaps ladies you can help to change this imbalance.

To nominate, please complete and detach the form below and send it to the Administrative Officer, Friends of the Heysen Trail, 10 Pitt Street, Adelaide, SA 5000, or telephone 212-6299 and advise us of your nomination.

#### NOMINATION FORM

I wish to nominate for the position of .....  
(President, Vice President, Secretary, Treasurer, Council Member)

.....  
(Proposer)

.....  
(Signature)

.....  
(Secunder)

.....  
(Name - please print)

# TRAIL WALKER

During the colder months of 1992 Barry Hayes walked the Heysen Trail in its entirety. He started by walking the yet to be marked section On Kangaroo Island before crossing to the mainland.

Barry was so impressed by his experiences that he decided on two things; to become a member of The Friends, and to write of his experiences in Trailwalker! Barry has also held an exhibition of some of the photographs he took on that trip.

Over the next few issues Barry will recount some of his experiences for us.

## WALKING THE HEYSEN TRAIL, 1992

The bus driver, young and enthusiastic, gave a cheerful grin as I carelessly tossed the 35 kilos of new Macpac onto my experienced shoulders, made a sound reminiscent of air escaping from a tightly stretched balloon neck, executed a pas de deux on the shoulder of the road for the assembled company, and started my walk!! A muffled cheer emerged from within the bus.

With one final handshake the bus driver was gone and with him, my companions of the Kangaroo Island Day tour. Waving from inside the warm coach they were off to Kingscote for a hot meal. Hedonistic fools! Not for them the joys of the road, the palate-teasing splendour of De-Hi stew and the wonderful, inexorable spinal compression of a fine modern pack!

The idea had seemed reasonable enough - walk the Heysen Trail from one end to the other and photograph its moods. I had decided to include the Kangaroo Island section to see for myself what will undoubtedly be a major attraction of the Trail - once marked.

Access is a difficulty; there is no public transport on the island. My solution was to hop on one of the daily tour buses which work from Penneshaw westward along the south coast before returning to Kingscote along the Playford Highway. From the drop at the Junction with the West End Highway there is about a day's walk to Harvey's Return (the North West corner of the island) from where the route begins.

In addition to the normal walking gear I carried a Lowe Photo Trekker - a light day pack with in-built compartments of enclosed cell foam for safe transport of camera and equipment; in this case a Hasselblad. I had lightened my old tripod by removing the leg extensions thus creating a dwarfed model. Only once during the four months of walking did I miss the lost height.

After a night by the surf at Harvey's Return I started to walk. The route lay west a few kilometres along the Playford Highway to where the West Bay Track turns off. This is a four wheel drive track; access to it is closed during the winter months. The track passes through the westernmost reaches of Flinders Chase, the State's first National Park. The walking is very pleasant indeed, heading south and passing through untouched forest with the occasional kangaroo and all the way, the distant boom of the surf.

Of all that represents the remote isolating essence of Kangaroo Island's coastline, West Bay would have to be the peak experience. Host to the tourist during the summer months, the Bay falls quiet during the walking

# TRAIL WALKER

season when it becomes a place of contemplation. The tourist camping area is no doubt excellent for its purpose but probably too regimented to appeal to most walkers - the best natural sites lie higher up in the lee of the dunes overlooking the bay. Excellent toilet and rainwater facilities are in place. Fishing is good, with some first class Sweep available from the surf around the rocks at the southern shore. But a warning ... the whole of the southern coast is prone to freak waves which have taken lives on several occasions; be prepared, especially in the vicinity of the smooth exposed granite below Remarkable Rocks.

Rocky River is the NPWS headquarters for the Flinders Chase park and offers the usual tourist facilities plus an excellent information centre. The road to Cape de Couedic leads south from the park HQ and can only be described as a trudge. In retrospect I would have preferred to stay off the road and take the cliffs from Cape Borda to Cape de Couedic. The scenery is exhilarating and the walking fine once one has grown accustomed to the 'snaggy' nature of the limestone terrain. There are several colonies of seals along the west and south coast; this is not commonly known. Convention requires that they are given a wide berth so as to minimise any possible disturbance and their location is not advertised to others.

Cape de Couedic is worth a lengthy stop if you have not seen it before and the fur seals in and around Admirals Arch amply repay time spent with the camera. The tourist road around Weirs Cove is made bearable by the imposing cliffs and approaching Remarkable Rocks, set as they are on the headland. For an eerie experience spend the night here!

From here the way is partly untracked, partly goat-tracked, all the way to Cape Gantheaume. Rainwater is available at Hanson Bay, Vivonne Bay and Bales Beach, the stretch from Hanson Bay to Vivonne Bay being the only difficulty as Stunsail Boom has no facilities. A length of tubing to syphon water from the rock pools (pots) is essential.

At the time of walking (June), the boundary of the Seal Bay Conservation Park was not marked at the western side. The dune area is used by nursing seals and the passage of walkers represents a threat. The park management should be contacted for information on the present state of this boundary; in any event strike inland as soon as the beach at Seal Bay becomes visible, and walk inland until an east-west 4WD track is encountered.

Clifftop walking can be hazardous with a bulky backpack - the sail characteristics of the pack have to be felt to be believed! Take care along this coast. It can be wild country even with an on-shore wind and there are turbulent spots to be aware of. Watch for windscour areas where the vegetation has been stripped away. Keep away from cliff edges - the limestone here originated from dunes deposited on the Cambrian which forms the base of the island, and it is notoriously brittle.

Cape Gantheaume represents the end of the track-less walking, the 4WD track to D'Estrees Bay will be welcomed by most. There is something very special about walking this thumping, roaring, whistling, tearing, rambunctious teenager of a coast and you will certainly want to come back for more. It is one of the few select parts of the State which offers true wild isolation.

Editorial Note: Barry's account will be continued in the next Trailwalker.

# TRAIL WALKER

## TRAIL NEWS

### NATIONAL PARKS AND WILDLIFE SERVICE NEWS

The Trig camp ground is closed until further notice. This is to allow NPWS time to construct a new site 300metres south of the Heysen Trail/4WD intersection. New signs will be placed at this intersection giving directions to the campsite.

The new camp ground will provide the following facilities for park visitors.

- \* toilets
- \* day visit area
- \* trail head
- \* fire safe area
- \* campsites and pre-determined fireplaces

The NPWS have apologised for any inconvenience and hope to have the camp ground reopened as soon as possible.

### HEYSEN TRAIL MAP No. 12

This map, covering the Trail from Spalding to Newikee Creek, is now printed and will be available from the Office as soon as supplies are received from State Print. This map covers the area north of Burra which was walked by the Friends in May last year.

### HISKEY'S HUT

Map 13

Grid Ref 545062

Following the very kind permission of the landowner Mr. Tom Hiskey, Recreation SA has provided money to fund the latest hut restoration project by the Adelaide Central Mission. The hut will be known as Hiskey's Hut. Situated 4kms north west of Georgetown, the hut is now fully restored and accommodates 20, has a wood stove, fireplace, tank water and a long drop toilet. The hut will be available for use from the commencement of the walking season; 15 April, 1993.

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### HISKEY'S HUT



# THE HEYSEN TRAIL & B. L. WALKER

FRIENDS OF THE HEYSEN TRAIL AND OTHER WALKING TRAILS INC.

ANNUAL GENERAL MEETING

FRIDAY, 26 MARCH, 1993

AT 7.30pm

Girl Guides Association Hall, 278 South Terrace, Adelaide

## AGENDA

1. Apologies
2. Acceptance of the Minutes of the previous Annual General Meeting held on 6 March, 1992
3. President's Report
4. Financial Report
5. Election of officers
  - 5.1 President
  - 5.2 Vice President (One required)
  - 5.3 Secretary
  - 5.4 Treasurer
  - 5.5 Council members (Four required)
6. Appointment of Committee members for the Walking, Trails, Greening and Publicity committees.
7. Appointment of Auditor
8. Presentation of Life Membership - Mr. Terry Lavender
9. Other Business
10. Close of meeting

At the close of the meeting Mr Paul Lunn, Underwater Explorer will be our guest speaker. He will talk about the "Pilar" an ancient galleon wrecked off Guam (Pieces of Eight, etc!). At the conclusion of this address we will adjourn for a light supper

# THE TRAIL WALKER

## FRIENDLY SALES

Periodically we publish a list of items which can be purchased at our office. Our current stock and price list is published below.

### BOOKS

- |  |         |
|--|---------|
| The Book of the Bush,  | \$9.95  |
| An informative and easily read book about walking in Australia.          |         |
| The Centenary Field Guide of Major Parks and Reserves of South Australia | \$19.95 |

### MAPS

- |   |        |
|---|--------|
| The Heysen Trail Map (Nos 1 - 15)                         | \$5.50 |
| nb 12, 14 & 15 are currently being printed                |        |
| The Mount Lofty Walking Trails - Set of 3 maps and wallet | \$7.50 |
| The Torrens Linear Walk                                   | \$3.50 |
| Black Hill and Morialta Conservation Park                 | \$5.00 |

### BADGES

- |  |                 |        |
|--|-----------------|--------|
| Woven "Friends of the Heysen Trail", logo. | 6.5cms diameter | \$6.00 |
| Woven Logo - oblong 3cms x 4.5cms          |                 | \$2.00 |
| Metal - pin on safety clip 2.5 cms round   |                 | \$4.00 |

### CLOTHING

- |  |         |
|--|---------|
| Embroidered "Friends of the Heysen Trail" logo |         |
| Polo Shirts                                    | \$22.50 |
| Windcheaters                                   | \$26.00 |
| Long Sleeved Zip Jacket                        | \$31.50 |
- Assorted sizes and colours are available

Telephone orders please note; you will be advised of postage and packing charges, if incurred, when ringing through your order.