

THE TRAILWALKER

ISSUE No. 65

NEWSLETTER OF THE FRIENDS OF
THE HEYSEN TRAIL AND OTHER WALKING TRAILS INC.

AUGUST 1997

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The Trail Walker

FRIENDS OF THE HEYSEN TRAIL
AND OTHER WALKING TRAILS INC
10 PITT STREET, ADELAIDE, SA, 5000
PHONE (08) 8212 6299 FAX (08) 8211 8041

PATRON: C. WARREN BONYTHON AO

COUNCIL MEMBERS 1997/98

Richard Schmitz	President
Liz O'Shea	Vice President/Public Officer
John Wilson	Treasurer
Lyn Condon	Secretary
Arthur Smith	Project Officer
Jamie Shephard	
Dean Killmier	
Barbara Blacoe	

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Terry Lavender
Jim Crinion
Neville Southgate
Doug Leane
Fred Brooks
Sadie Leupold
Thelma Anderson

SUB COMMITTEES

TRAIL MAINTENANCE

Listed in this issue

TRAILWALKER

Richard Schmitz Editor/
Typist

WALKING

Sadie Leupold Convener

Colin Edwards
Marlene Edwards
Ric Trutwin
Mick Thomas
Jon Selby
Jill McPherson

GREENING

Dennis Slade
Carolyn Slade

OFFICE HOURS

MONDAY	Closed
TUESDAY	10.00 - 2.30
WEDNESDAY	10.00 - 2.30
THURSDAY	10.00 - 3.00
FRIDAY	10.00 - 2.30
SATURDAY - SUNDAY	Closed

Volunteer Needed
Lyn Condon
Barry Finn
Richard Schmitz / Arthur Smith
Ric Trutwin / Brad Howell / Kath Palyga
Closed

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The views expressed in this magazine are not necessarily those of the organisation.

The Trail Walker

PRESIDENTS REPORT

Since commencing my Presidency in March this year some important things have come to pass. Firstly the Friends once again have a Project Officer to coordinate trail maintenance on the Heysen. Arthur Smith has agreed to take on this role in a voluntary capacity. By the time this issue of Trailwalker is posted Arthur should have contacted all those members who indicated a willingness to undertake trail maintenance. This issue of Trailwalker will also have a survey form regarding trail maintenance which we ask that you return to the Friends office as soon as possible to enable Arthur to update his database. Remember that the Friends main role has always been that of trail maintenance and will continue to be the main role well into the future.

On Tuesday 3/6/1997 Arthur Smith and I attended a meeting at the Department of Recreation and Sport with Geof Pearce, Leith Hughes, Bronte Leak and Adam Best to discuss the future of the Friends role in trail maintenance. At this meeting we were told that an asset register is being developed to record all assets along the Department of Recreation and Sports recreation trail network including infrastructure such as huts, bridges and trail posts / logos. In future all capital works on the trail will be tendered out, as will the general maintenance. These tenders will be forwarded to the Federation of South Australian Walking Clubs by the Department of Recreation and Sport for distribution to affiliated walking clubs including the Friend's.

In the interim (as stated at the public meeting held on 22 August 1996) the Friends will continue to have a role in the maintenance of the Heysen Trail. Section Leaders and other members attending authorised trail maintenance work bees may still be able to claim out of pocket expenses.

We thank all our members for being patient during this transition period, but now trail maintenance can once again be undertaken as it has been in the past, with a project officer and dedicated members.

In light of this news we ask that as many members as possible become involved in trail maintenance.

Even if you are unable to assist in maintenance we ask that if you encounter a problem on the Heysen Trail please put the details in writing and send them to the Friends office.

I believe that over the past 18 months there has been some ill feelings between the Friends and the Department, but I now think that most of the bugs have been ironed out and that the past 18 months should be water under the bridge, which brings me to the next item.

The bridge over Cox's Creek at Engelbrook was completed at the beginning of June. This bridge was paid for by the Friends as a capital works project.

Even though trail maintenance is the main role of the Friends, our walk calendar is also just as important as it encourages and promotes the use of our walking trails

Richard Schmitz
PRESIDENT

The Trail Walker

LETTER TO THE EDITOR

Dear Richard,

I have just read Trailwalker (May 1997), and would like to thank the editorial team for its informative content.

Over the years I have been particularly interested in articles about new trails, re-routes, closures, etc, as well as water tanks, huts and camping opportunities. The May issue included many valuable pieces of such information: Newland Head, Pony Ridge Road, Clare, Mount Lofty summit and Cox's Creek. If space in the Trailwalker (and copyright) allow, then an extract from the map would be useful with future descriptions.

In particular, page 23's feature on camp sites in the Flinders Ranges is particularly useful. Like several of those listed, there must be other sites whose existence is unknown to the majority of walkers. If future editions of the Trailwalker could include similar information on camp-sites in the Mid North and Mount Lofty Ranges, it would be appreciated by more than just myself.

Please keep up the good work of informing us of these issues! After all, the aim of the Friends is to help develop, maintain and promote the State's trails.

Yours Sincerely

Mark Darter

WANDERGRUPPE - BUSHWALKERS

INVITING YOU TO OUR

BUSH AND COUNTRY DANCE

SATURDAY 20th SEPTEMBER 1997

8:00 pm - 12:00 am

BAND : MILLER COUNTRY BAND

VENUE : GERMAN ASSOCIATION

223 FLINDERS STREET ADELAIDE

TICKETS : BILL KRAUSE 8276 7718



The Trail Walker

HEYSEN TRAIL MAINTENANCE REPORT

It was necessary for a section of the trail near Victor Harbor to be re-routed due to a subdivision in that area.

Arthur Smith, Terry Lavender and I drove down on 16/4/97 to find a locked gate and barbed wire across the road reserve where it had been agreed the trail was to be routed. Terry, who was in his own car, said he would drive into Victor Harbor and have a chat to the Council. The way he related it later to us made an amusing tale. Terry ended his chat to the Council officials by saying: "There is an obstruction across a road reserve for which you are responsible, would you please remove it". Whereupon a Council official gave him the key to the locked gate with the request to "please lock up when you're finished".

Meanwhile, Arthur and I proceeded to mark the trail across the paddocks, over the last fence and back to the cliff tops where Terry caught up with us. We estimated what we needed for stiles and such like, returned to the gate and locked it, making sure that no person could be in any doubt as to the direction of the trail.

Terry then had to leave us for another appointment. Arthur and I drove to a section of the trail near Balquidder Station to check the trail 'open' and 'closed' signs were all correct, then called it a day.

About the first week in May, Arthur and other volunteers put in some of the stiles. As I was unable to get time off work, I was not able to join them.

On 23/5/97 Arthur, David Evans and I put in two more stiles and two trail diversion signs. There is still one more stile to be erected, which I will put in about the first week in July.

Hopefully, the trail will soon go back to where it belongs; then we can remove the signs and stiles.

Ralph Ollerenshaw
Section Leader

FRIENDS OF THE URRBRAE WETLAND

The Urrbrae Wetland has generated a great deal of community interest.

The facility is the result of a unique partnership between the City of Mitcham, Urrbrae Agricultural High School and the Patawolonga Catchment Water Management Board, with additional funding from the Department of Transport and was officially opened by the Premier on the 9th April 1997.

An opportunity exists for members of the community to form a Friend's group. At this stage we wish to coordinate a list of people interested in joining. Phone Lisa Griggs on 8372 8899 to register your interest.

Tony Lawson
Chief Executive Officer

The Trail Walker

WALKING REPORT

We are now midway through a very busy walk season. Welcome to all the new walkers who have joined our ranks and hello again to all our regulars.

During May a large contingent of walkers descended on the Rawnsley Bluff area in the Flinders Ranges. Michael Fretwell with Colin Edwards assistance guided us through two days of scenic walking. On the first day the group walked on the Arkaba Station property in the vicinity of Mount Alec and the second days walk took place in Wilpena Pound along the Bridle Path. Monday was a day of optional extras. Some walkers chose to visit Yourambulla Caves and others joined Mike on a short walk in the Hawker area. We had two evenings of happy socialising. A pasta evening on Saturday and BBQ on Sunday. Thanks once again leaders for a fantastic weekend.

Our first walk leaders meeting was held on June 26. We had an excellent turn-up and many issues were put forward and discussed at length by the leaders present. Among topics discussed were levels of leadership, purpose of leaders, group interaction, Trailstarter walks, declaration on log on cards, limiting numbers on walks and booking procedures for office volunteers.

Our committee will be continuing these discussions and we will keep you posted. Thankyou Jamie Shephard for the use of facilities at Enterprise House for this discussion.

It has always been a problem for Office Volunteers to assess a walkers ability over the phone. Some walkers say they are experienced but have done little bushwalking. Others need some form of guidance when to graduate from Trailstarter to Trailwalker walks. We have asked our leaders to be more specific in the grading of walks and I personally feel if a walker has completed 4 Trailstarters without too much difficulty, then a Trailwalker can be attempted providing it is at a grading which the walker feels comfortable with.

I am often asked the question when one is capable of backpacking. Here again, some people say they are experienced when their experience may be 10 or 20 years ago. In this case it is a good idea to try a beginner Trailblazer walk which we conduct early in the year, or contact one of our regular backpacker leaders and they will be happy to assist in advising on training methods to get you up to a standard to participate in the Trailblazer backpacker walks. Regular walking in our Trailwalker walks is advised before attempting this programme.

Innes Conservation Park with accommodation at Stenhouse Bay is the venue for our next Trailblazer weekend. John Crouch is to be our leader and he has selected some interesting walks for us in this area. If you are interested in joining us please ring the office and book, and I am sure you will be treated to a weekend of good walking with some stunning coastal scenery.

On September 7 we are having a Trailrambler Bird Walk. Jill McPherson and Ric Trutwin have been working on this and we will have the services of two ornithologists. Numbers are limited on this walk and I must stress this is primarily for people who have an interest in birds. This will be a slow walk with lots of stopping, looking and listening.

The Trail Walker

An invitation has been received from the Wandergruppe - Bushwalkers inviting us to their annual Bush and Country dance. This is to be held on September 20 at the SA German Association Clubrooms at 223 Flinders Street, Adelaide. Tickets can be purchased by telephoning Bill Krause on 8276 7718 or contacting George Driscoll at the Scout Outdoor Centre. We had a super time at the dance last year and I can assure you it is another excellent way to keep fit.

Arthur Smith who is now heading the maintenance section has requested feedback on the condition of walking trails. Accurate notes are needed where maintenance is required. Office volunteers will take the names of persons reporting problems and Arthur will contact you.

As you can see we have not been idle. I look forward to seeing you all on some of our activities soon.

Sadie Leupold
WALKING COMMITTEE

WALKING PROGRAMME

TRAILSTARTER WALKS

10/8/97	Belair Conservation Park Scones, Jam & Cream	Bradley Howell
14/9/97	Clarendon	Jan Hilditch
12/10/97	Coxs Scrub	Liz Barry
9/11/97	Morialta Conservation Park	Jon Selby

TRAILBLAZER WEEKENDS

8/8/97 - 10/8/97 Innes Conservation Park (Yorke Peninsula) John Crouch

TRAILBLAZER BACKPACKING WEEKENDS

4/10/97 - 6/10/97 Mambray Creek (Southern Flinders) Colin Edwards

TRAILRAMBLER BIRD WALK

September 7 Jill McPherson
Ric Trutwin

A walk with 2 ornithologists.

A slow walk, with lots of stopping, looking, and listening. See separate ad in this issue.

The Trail Walker

WALKING PROGRAMME

TRAILWALKER WALKS

24/8/97	Reedy Creek "Rock Hop"	Jill McPherson Stephen Boyle
24/8/97	Milang	Chris Bagley
28/9/97	Yulte Conservation Park	Julian Monfries
28/9/97	Waterfall Gully	Ric Trutwin
26/10/97	Heading North	Ian Robertson
26/10/97	Deep Creek	Geoff Hunkin
23/11/97	Mount Crawford	Colin Edwards
23/11/97	Second Valley	Spencer Trowse

COST PER DAY WALK

Members	\$3.00
Non Members	\$4.00

OR FREE with a GOLDEN BOOTS CARD

WALKERS STEPPING OUT

The new bushwalking book
is into its **2nd edition.**

"40 Real Bushwalks around Adelaide"

**"No, it hasn't been done to fix up mistakes in the first run"
says George to unkind Friends.**

The first edition sold out quickly and walkers have called into the Scout Shop to tell George that they have enjoyed the walks.

The second run does however have some improvements suggested by members of the Friends, making each walk even easier to follow.

The book is available at the

Friends office or at the Scout Outdoor Centre for

\$19.95 less 10% members discount.

The Trail Walker

WALK LEADERS MEETING

June 20, 1997 Enterprise House

It was good to see an enthusiastic gathering of people with a common interest getting together, and it was most gratifying to have almost 100% of our Walk Leaders joining the Walking Committee for a discussion on topics of interest and concern in an informative, positive and rewarding manner. While discussions ranged over many topics, there are some specific points worth elaborating on for the benefit of both walkers and leaders - points which can make a walk more enjoyable for the walkers and easier for the leader to properly carry out their duty to the group.

Item 1.

Walking with the Friends, and in fact walking in any club is a group activity and the meeting considered this should be emphasised to help overcome the difficulty encountered by the leader when trying to maintain contact with the whole group. Problems occur when walkers fail to see this and instead of helping to maintain the integrity of the group they can cause extreme difficulty by either walking too slow or too fast, and consider only their own preferred pace. A group walk must be seen as such and perhaps walkers should on these occasions be more interested in the social aspect and take the opportunity to meet others who have similar preferences and may have some knowledge of other walking areas.

The leader has a duty to each member of the group - lets not make the job impossible.

Item 2.

Each leader will have different ideas on how the walk will be carried out. These ideas will be influenced by the number of walkers, the weather conditions and the terrain and tracks in the planned walk.

The leader will give a short explanation of the rules of the day covering items such as what each member should be wearing and carrying, the type of country to be covered, any weather safeguards etc. Other items such as keeping together, not getting too far ahead, advising the back marker (tail end charlie) if you have to leave the group for a toilet stop.

The leader will also advise that it is both courteous and necessary to check out at the end of the walk - necessary because the leader must be sure that all participants have arrived back safely..

Item 3.

Walk assessment forms lodged with the office setting out walk details should have as much information as possible to enable the office staff to fully inform participants when making bookings. The leaders will give more specific details regarding duration, type of terrain and most importantly the level of fitness required.

We hope this will enable participants to be more accurate in judging if a certain walk suits them. The leaders ask walkers to be honest in their judgement.

Item 4.

Some leaders expressed concern at group sizes and depending on the nature of the walk and the leaders own preference it was agreed that this will be left to the discretion of the individual leader. Leaders will co-opt others to assist if the numbers are large or additional walks will be made available.

The committee will consider the best method to implement these options but it is expected that in the future there will not be the same difficulty encountered when booking in. We believe that we should be able to accommodate all members wishing to book in for a walk.

The leaders generally felt that the meeting was most beneficial and that a further meeting toward the end of the year prior to setting down the program for next year, would be useful for the leaders to have more involvement in the program.

Colin Edwards

BUSINESSES OFFERING DISCOUNT TO MEMBERS OF THE FRIENDS

Friends Of The Heysen Trail

10 Pitt Street, Adelaide, 5000

Ph: (08) 8212 6299

10% discount on all hiking maps and books

Scout Outdoor Centre

192 Rundle Street, Adelaide, 5000

Ph: (08) 8223 5544

10% discount on outdoor gear on presentation of membership card (excluding sale items)

Annapurna Outdoor Shop

210 Rundle Street, Adelaide, 5000

Ph: (08) 8223 4633

10% discount on outdoor gear on presentation of membership card (excluding sale items)

Boots Great Outdoors Centre

183 Main North Road, Nailsworth, 5083

Ph: (08) 8344 8688

1277 South Road, St Marys, 5042

Ph: (08) 8277 7789

Up to 10% discount on presentation of membership card (excluding sale items and fridges)

Barbecues Galore

734 North East Road, Holden Hill, 5088

Ph: (08) 8266 3255

41 Anzac Highway, Keswick, 5035

Ph: (08) 8297 6322

7.5% discount on presentation of membership card (excluding sale items)

Aussie Disposals

119 Pirie Street, Adelaide, 5000

Ph: (08) 8224 0388

57 Hindley Street, Adelaide, 5000

Ph: (08) 8212 4333

Shop 12 Princess Ann Walk, Elizabeth Citi Centre, 5112

Ph: (08) 8287 3008

Colonnades Shopping Centre, Noarlunga, 5168

Ph: (08) 8326 3186

V.I.P. 5% discount (to obtain discount, show your current membership card and fill in a V.I.P. application at any Aussie Disposals store).

Trims

****NEW ENTRY****

****NEW ENTRY****

322 King William Street, Adelaide, 5000

Ph: (08) 8212 5099

5% discount - (discount card enclosed with this issue of Trailwalker).

The Friends thank these businesses for offering discounts to our members.

Whenever possible please support these businesses. (More new entries next issue).

NOTE: Discounts apply to financial members only.

YOU MUST PRESENT YOUR MEMBERSHIP CARD TO OBTAIN DISCOUNT.

The Trail Walker

LEGISLATION TO AMEND THE ROADS (OPENING AND CLOSING) ACT

S.A. Democrats Leader Mike Elliott has introduced a Bill in the Legislative Council designed to give better protection for undeveloped road reserves to be retained as public access routes. Currently Local Government authorities are able to close and sell road reserves to adjoining landowners on application from a landowner and insertion of a public notice in the "Government Gazette". Although existing legislation enables objection to be lodged to proposed closure, Councils are very difficult to convince of the detriment to the public interest through loss of legal access routes. Too many potentially valuable walking trails have become permanently absorbed within adjoining private property through this irreversible process.

The legislation provides that a Road Process Order to close a road must be laid before both Houses of Parliament and may be disallowed by either House of Parliament. It is likely that the legislation will pass successfully through the Legislative Council, but it must also pass through the House of Representatives.

It is therefore important that all walkers lobby their Local Members of Parliament to obtain support for the Bill in the Lower House. Politics should be set aside by all Members of Parliament in this instance as the issue is in the public interest of the wider South Australian community and in the interest of future generations. Your support could well tip the scales in the right direction.

Thelma Anderson

HEYSEN TRAIL AT INMAN VALLEY

The Heysen Trail at Inman Valley between Hancock Road and Back Valley Road has now been marked according to the originally mapped route. A loyal and energetic volunteer working party recently carried out the challenging task of installing erosion barriers on a steep section of a road reserve which leads from Hancock Road to an eroded gully along this route. The volunteers carrying out this task were Doug Leane, Gunther Schmitz, Arthur Smith and Dean Killmier. Their highly creditable efforts have resulted in a well established track for use by walkers wishing to experience the Trail as it traverses this scenic area. Support to this particular project was given by two Adelaide Bushwalking Club Members, June Boscene and Marilyn Browne, in placing signs and directional markers along the fence line of the road reserve which passes through grazing properties and along Hancock Road. Jim Pearce, Maintenance Section Leader for the section of Heysen Trail between Blackfellows Creek Road and Hindmarsh Tiers Road, made a valuable contribution by collecting and transporting a trailer load of erosion barriers (and returning the unused ones to Kidman Park), and installing stiles. The worthy efforts of all members of the group have resulted in enhancement of the scenic amenity of the Heysen Trail in this area giving magnificent views of ranges to the north and coastal views beyond the forests to the south as the Trail descends to Back Valley along undeveloped road reserves.

The value of volunteers to assist with both large and small maintenance and construction tasks remains paramount within the Friends and all those fit enough to do so are urged to volunteer their services to enable the Heysen Trail to remain the valuable tourism icon and legacy for future generations which it has now become.

Thelma Anderson

SECTIONAL MAINTENANCE LEADER

The Trail Walker

HEYSEN TRAIL VOLUNTEER SECTION LEADERS

HEYSEN TRAIL SECTION	HEYSEN MAP NUMBER	SECTION LEADERS NAME AND CONTACT NUMBERS
1/. Cape Jervis to Boat Harbour Creek	8	Steven Harkness (H) 8384 3530
2/. Boat Harbour Creek to Back Valley Road	8	Ralph Ollerenshaw (H) 8379 0998
3/. Back Valley Road to Moon Hill	3	Thelma Anderson (H) 8278 4420
4/. Moon Hill to Hindmarsh Tiers Road	3	Kevin Francis (RAAF) (H) 8396 0630 (W) 8393 2889
5/. Hindmarsh Tiers Road to Black Fellows Creek Rd	3	Bob Verrall Jim Pearce (H) 8382 8577 (H) 8276 5190 (W) 8372 5170 (W) 8372 5169
6/. Black Fellows Creek Road to Glen Bold	1	David Evans (H) 8337 0039
7/. Glen Bold to Piccadilly	1	Terry Lavender (H) 8258 7785
8/. Piccadilly to Norton Summit	2	Liz O'Shea (WEA Ramblers) (H) 8352 1636
9/. Norton Summit to Cudlee Creek	2	Shirley Tavender (H) 8337 3692
10/. Cudlee Creek to Bethany	2 & 9	Doug Leane (H) 8443 3388
11/. Bethany to Peters Hill	9	Joyce Heinjus (H) 08 8525 2054(W) 08 8562 2022
12/. Peters Hill to Logans Gap	10	Michael Tilley (H) 8396 4363
13/. Logans Gap to Spalding	11 & 12	Hugh Greenhill (Burra Branch) (H) 08 8843 8115
14 - 17/. Spalding to Wilpena	13,6,7,14,15,5	Vacant
18/. Wilpena to Parachilna	4	Shayne Reschke (Leigh Creek Branch) (H) 08 8675 2885(W) 08 8675 4332
PROJECT OFFICER (Voluntary)		Arthur Smith (H) 8261 6746 (W) 8212 6299 (Th) EMail arthur@cobweb.com.au

If you discover a problem on the Heysen Trail please contact the friends office or Project Officer or relevant Section Leader.
Friends office numbers: (08) 8212 6299 Fax: (08) 8211 8041.

The Trail Walker

MAINTENANCE MATTERS

At the May meeting of the Friends Council, I agreed to become Honary Volunteer Co-ordinator. Since then, I have sifted through all recent membership applications and renewals, in an effort to create an up to date data base of existing and potential volunteers.

The result is that there are approximately 80 members who have signified an interest in helping with trail maintenance, of whom about 30 are active at present.

A form letter has been sent to the balance in an effort to ascertain to what degree they wish to become involved. Thanks to all those who responded to the letter.

Meanwhile, there has been a great amount of activity in trail maintenance and development.

Sgt Kevin Francis of the Edinburgh RAAF base, has taken over as Leader for Section 4, Moonhill to Hindmarsh Tiers Rd.

David Evans has taken over Section 6, Blackfellows Creek Rd to Glen Bold.

The following lists some of the work carried out recently.

SECTION 1/. Dean Killmier, Mark Darter and Gunther Schmitz assisted DENR staff by carrying large erosion barriers down to the site of a re-route at Deep Creek.

Bill Carr, Norrie Hamilton, John Casey and Arthur Smith cleared excessive vegetation from Tapanappa to Boat Harbour Creek.

David and Janine Marshall, vegetation clearance and renew signage Cobbler Hill to Blowhole Creek.

SECTION 2/. Ralph Ollerenshaw, John Cole, David Evans, John Casey, Terry Lavender, Kath & Alvin Whittle, David Beaton and myself. Re-route Baum Rd to coast, vegetation clearance and signage.

SECTION 3/. Thelma Anderson, Dean Killmier, Gunther Schmitz, Doug Leane, Jim Pearce, Arthur Smith, June Boscene and Nerrilyn Brown from the ABW, and local resident Tony Fairweather -re-route from Back Valley Rd to Hancock Rd.

SECTION 4 /. Kevin Francis and his crew from the RAAF Edinburgh, vegetation clearance and remarking.

SECTION 5/. Bob Verrall & Jim Pearce have checked and renewed marking.

SECTION 6/. David Evans is re-marking a problem area around Chookaloo.

SECTION 7/. Terry Lavender has put the finishing touches to repairs to the bridge over Cox Creek, and removed the temporary re-route.

SECTION 8/. Llyween French, from the WEA Ramblers (standing in for Liz O'Shea), has led a team from the Ramblers repainting markers and clearing vegetation.

SECTION 9/. Shirley & Malcolm Tavender have checked the Morialta and Montecute area. The Trail through Morialta is to be re-marked when DENR have completed reconstruction.

SECTION 10/. Doug Leane, John Wilson, Dean Killmier, Joe Schmidt and other helpers have done a lot of work, and almost completed the reconstruction of "Rossi" Hut. It is hoped that it can be opened before the end of the walking season. A stone causeway has been built across the South Para River near Centennial Drive, and a re-route has been planned on the south side of Mount Crawford.

SECTION 11/. Joyce Heinjus and a team of students from the Nuriootpa High School have remarked the Trail near Bethany, and checked other areas.

SECTION 12/. Michael Tilley has re-marked some of the Trail along the Tothill Ranges.

SECTION 13/. Hugh Greenhill has led a team of the local Guides and Brownies to carry out maintenance work through the Burra township, and with other members of the Burra Branch of the Friends, is re-marking some of the difficult ground through Princess Royal Station.

SECTION 18/. Shayne Reschke has led a group from Leigh Creek replacing markers from the Aroona ruins south along the Trezona Track, and have plans to continue to Wilpena, and then north to Parachilna Gorge.

Thanks to all those who have participated in this rewarding and essential work. Arthur Smith.

The Trail Walker

KIRRA TOURS

Early Bird Specials for Members of the Friends.

Kirra Tours have just released fantastic savings on New Zealand's famous guided walks.

You can now save \$\$\$\$.

Call 8212 7833 for further details.

HISTORICAL NOTE

The re-routed Heysen Trail on Map 3, now passes by the ruins of an old Church on Hancock Road. Hancock Road was named after a John Hancock, who with his wife Jemima, migrated from Staffordshire England in 1840.

The Church called the Bald Hill Congregational Church, was opened in October 1856. There are only 2 or 3 legible headstones in the cemetery beside the Church, one of them being that of John and Jemima Hancock. There was a total of 20 - 30 burials in the cemetery.

The Church was closed in 1905, due in part to decreasing population in the district. In about 1919, the Church was partly dismantled, the doors and roof being used on a local shearing shed.

Arthur Smith

Best of the Blue Mountains

- Seven day walking holiday; Spectacular east coast walking
- Lookouts; waterfalls; gorges and rain forest
- Blue Gum Forest; Glow worm tunnel; Norman Lindsay's House
- Spring gardens at Mount Wilson. Rhododendrons in flower
- Fully accommodated; all meals; transport; driver/guide

19 - 25 October, 1997

\$750.00 ex Sydney

Grampians: Farmstay & Walking

- Six days, staying at a picturesque pastoral property
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- Rock formations; lookouts; fern gullies and waterfalls
- Fully accommodated; all meals; transport; driver/guide

13 - 18 October, 1997

\$610.00 ex Adelaide

ECOTREK & BOGONG JACK ADVENTURES
P.O. Box 4, Kangarilla, S.A. 5157: Phone (08) 8383 7198

The Trail Walker

THANK YOU

The President and members of the Friends Council would like to thank the Burra Lions Club for their generous donation of \$766.69 for the installation of a shelter and water tank on the Heysen Trail near Burra.

We also thank Hugh Greenhill the President of the Burra Branch of the Friends for arranging for us to receive the donation.

NEW FRIENDS BROCHURE

In this issue of Trailwalker you will find the new Friends brochure.

It would be appreciated if each member can pass it on to a friend.

If you know of a place near you that would like multiple copies of the new brochure please ring the Friends office and leave full details.

TRIMS SPECIAL DISCOUNT CARD

In this issue of Trailwalker you will find your Trims Special Discount Card. Present it before making your purchase to receive your discount.

Trims are the latest store offering discount to you, the members. Just another reason to belong to the Friends.

TRAILWALKER CLOSING DATE / ADVERTISING RATES

November 1997 - Closing date Tuesday October 21

NEW: "LOWER RATES"

<u>Advertising Rates</u>	<u>was</u>	<u>UP TO</u>	<u>50% OFF</u>	<u>was</u>	<u>now</u>
Full Page	\$100	\$60	Half Page	\$60	\$40
Quarter Page	\$40	\$20	Business Card ----		\$5
Flyer for enclosure	\$100	\$60	(maximum of 2 A4 sheets)		
			(flyers must be supplied by advertiser)		

Articles wanted:

Articles on walking, maintenance or other items of interest to members are wanted for Trailwalker. Items can be sent in hand written or if using a computer set up as follows:

Margins;	Left & Right	2cm
	Bottom	2.5cm
	Top	3cm

Times New Roman 12pt.

The Trail Walker

WALKING IN SWEDEN

We have recently returned to Australia after living in Sweden for two years, and thought the Friends would be interested in our walking experiences in that country. Sweden is much larger in size than most people think, extending from latitude 55 degrees north in the mild southerly area near Malmö to 69 degrees north, well into the Arctic circle. This is a distance of some 2000km; however the country is at most about 300km wide. Many people are aware that Sweden brought to the world the safety match and the vacuum cleaner, ball bearings, SAAB and Volvo. However the pristine natural beauty, low pollution and cleanliness of this lovely country is a secret which the Swedes like to keep to themselves, and for this is worth enduring the long cold winter.

There are more than 9000km of marked provincial walking trails in Sweden, all with names ending in 'leden' meaning the way. This is in addition to walking and jogging tracks in almost every town, typically 2.5, 5 and 10km, which are often converted into illuminated skiing trails during winter. The best known of the walking trails is the mighty Kungleden (literally 'Kings Way'), which starts in the Abisko National Park in Lapland, and winds southwards for 500km through the Swedish mountains. This rugged region is somewhat reminiscent of the Flinders Ranges (except for colour, which is grey rather than red) and together with the northern regions of Norway and Finland, is often called the last wilderness in Europe. There are well equipped overnight stops, including food supplies; and like all Swedish walking trails, there are excellent maps and information guides. Incidentally, these northerly walking trails roughly follow the routes of cross country ski trails in winter, but there are a few traps for beginners. In particular, one never follows the ski track markers during summer, since they are likely to lead into swamps or across lakes!

Given the extent and beauty of walking trails, a foreign visitor begins to wonder why there are not more people encountered during a walk. There are two main reasons, both cause for envy. First, in Sweden there is an ancient law which translates from the Swedish as 'Every Mans Right', or more usually expressed as the 'Right of Public Access'. This right of access simply means that people may freely move through the land wherever they wish, provided they obey commonsense rules, not much different to our bushwalkers code. In other words, there is not the same sense of private property as we know it. One does not camp in peoples gardens, but is perfectly acceptable to move through private property, if necessary talking to the owner before setting up a nearby camp (courtesy and politeness are very important in Sweden).

Secondly, orienteering is extremely popular, which is not surprising since this is the country which invented the sport. Orienteering is well organised, and the nature of the land has a lot to do with its success; reasons which also reflect on the magic of walking in Sweden. Except for the mountainous region along the border with Norway, Sweden is largely a flat country, more than 70% covered with forests. The forests are usually of two types. In the spruce forests the understorey is dark and mysterious, with huge moss rocks, the world of Trolls and Hobbits, and numerous species of edible mushrooms. The Scotch pine forests are much more open, with an understorey much like a springy carpet, easy to run or walk on. In these open forests berries such as lingon, blueberry and raspberry are common, and foraging during summer is a popular pastime. The evergreen pines form the majority of the forest trees, but we should not overlook the deciduous species such as birch, beech, chestnut and oak, which produce magnificent displays during autumn.

Shirley and I walked extensively in the province of Ostergötland, which is roughly midway between Stockholm and Gothenburg. The walking trail in the province is the Ostgötaleden - almost

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impossible to pronounce by English speakers. There are a number of legs to the trail, which pass through pristine forest and past numerous lakes (there are said to be more than 96,000 lakes in Sweden), truly a fairyland of great beauty. The principle leg of the trail is part of Europe 6, which starts in Greece and ends in Sweden, north of Stockholm.

The trails are well marked (the national walking emblem is two quaint walkers with pixie-like hats), and usually in good condition, but to my mind not in the same class as the Heysen. To be fair, this is not surprising, since in open areas the grass grows so fast during summer its impossible to keep the trails clear. One very frustrating experience is that many forests are privately owned, and it is not unusual to find the trail logged, and much time wasted finding the next markers. With regard to markers, it is common practice to paint stripes or circles onto trees, which is quite effective and much simpler than the practices we are used to. I have seen the same technique used in the USA. Unfortunately, our flora is not suitable for this form of marking.

There are some downsides to this idyllic walking paradise. In autumn, perhaps the most beautiful walking time, one is likely to share the trail with very well equipped hunters, determined to rid the forest of deer and elk. This is quite a culture shock, but is viewed as a traditional right in Sweden. We were careful not to complain, but meeting your local cardiac specialist with high powered rifle on a national walking trail takes a little getting used to.

Not surprisingly, the walking season in Sweden is summer. This corresponds in time to our winter season. We started in early spring, and found this a delightful time, with flora at budburst, and much activity in the bird and animal world. The only poisonous beast one encounters is the adder, which is relatively harmless compared to our Common Brown. As the time progresses into summer, growth along the trail almost explodes, wildflowers are common, and the days grow longer. It is perfectly safe to camp in the forests, and there are many established camping areas, often on the banks of the mighty lakes. Given that sunrise may be as early as 4 am and sunset 10 pm, and that the land is largely flat, one can walk long distances in a day. Our longest was 30km, which included cooling off in some of the lakes encountered during the day. We are planning to return this year. We have friends who own summer cottages in the depths of the Swedish forests.

The first of the accompanying photographs shows Shirley negotiating the trail during early winter. Fortunately, the trail markers are still visible in the snow. The second photograph shows Kevin indicating the trail marker we found after much searching following logging. Note the Friends logos and faithful Rossi Trekkers..

Photographs are on the front cover of this issue of Trailwalker.

Kevin and Shirley Liddiard

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YUDNAMUTANA WALK 1989

The October school holidays are not always ideal, weatherwise, to be walking in the Northern Flinders Ranges, when early severe bursts of summer conditions can easily occur. When your walking companion is a school teacher there is no option.

The drive to Arkaroola was uneventful and in the early evening we camped beside our vehicle at Echo Camp near the junction of Arkaroola and Radium Creeks. Tom Dermody, my school teacher friend from Penola, and Arthur Ward, a senior member of the Adelaide Bushwalkers were joining me on this trip.

The weather was fine and promising warmth as we set out with heavy packs the following morning. Our destination over the next six days was Paralana Hot Springs, but not by the direct route.

First our route took us upstream along Radium Creek, soon passing the red gorge called American Gap. In places the 1960's mining exploration track which followed the creekline was still visible, but in others, time and floods had obliterated it completely. About an hour from starting we left the creekbed in favour of a spur and ridge which trended north and then east towards Mount Painter. Leaving our packs in a saddle on the top of the ridge we briskly climbed to the summit of Mount Painter 250 metres above the saddle.

With the weather fine and sunny the views all around were tremendous. In the distance to the south was the Gammons with Mount McKinley and Benbonyathe Hill the most obvious features. Nearby, Mount Gee two kilometres to the West and The Armchair to the north-west were of particular interest as we would be climbing them later in the day. Less distinct was Humanity Seat, lower and to the south-west but having climbed it in 1986 during the final stage of the Jubilee 150 Heysen Trail Walk it was familiar to me.

There is no doubt Mount Painter provides the best view to take in the ruggedness and majesty of the Ridgetop area to appreciate the Northern Flinders Ranges from the Gammons in the South to Freeling Heights and beyond in the north. The granite intrusions into the sandstone beds on which the Flinders were built during early geographical times, are responsible for the spectacular appearance of the area and during our walk we would be constantly passing from one rock to another.

Returning to our packs we descended from the ridge to the Mount Gee waterfall and stopped for lunch.

A short walk north along a mine access track brought us due east of Mount Gee and again leaving our packs we quickly scrambled up to the small cairn 150 metres above the track. It is from this vantage point the full extent of the 1960's uranium exploration effort can be best seen with literally hundreds of access tracks and drilling benches hanging off the steep hillsides and ridges to the north and west.

Part 2 will be printed in the next issue of Trailwalker in November.

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NEW MEMBERS

The President and members of Council would like to welcome the following new members.

SINGLE

Madeline Smith
Janet Ford
Linden Wheare
Coralie Bryant (Burra)
Peter Brown (Burra)
Gail Maxwell
Tiffany Bolton
William Barnes
Dexter Palmer
Jan Chisholm
Kevin Francis
Ashton Claridge
Larry Coaker
Erica Rees
John Talbot-Smith (Normanville)
E. Hood
Bob Stolz

FAMILY

Trevor & Kristine Mead
Philip Cooper &
Meredith Bogisch
Graham & Josephine Maguire
John & Susan Quinn

SINGLE

Helen Baggs
Margaret Moxon
Jenny Myers
Glynn Bowen
George Stevens (Kapunda)
Kym Huxtable
Sue Carson
Pamela Irving
Peter Wiisen
Don Holloway
Marie - Louise Schmid
Peter Hill (Angaston)
Nelia Thomas
Sharon Austin
Rachiela Quinzi
Silvana - Carolina Messing (Echunga)

ORGANISATION

Women In The Bush
Out North Camp Store

EFTPOS

**The Friends office has had a new EFTPOS system installed.
You can now come in and pay for items with your
savings or cheque account cards.
Credit cards are still accepted.**

VOLUNTARY WORK PROVIDER

The Friends have been approved as a Voluntary Work Provider, by the Department of Social Security. If this applies to you give us a call on Thursdays and ask for Arthur.

POSITIONS VACANT

We still have vacancies for
**Council Members and
Voluntary Office Workers and Maintenance Workers**



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WOOD
DUCK



RAINBOW
BEE-EATER



DIAMOND
FIRETAIL



SUPERB
BLUE
WREN



WATCH THE BIRDIES on Sunday 7th September.

No it's not posing for photos but looking for the feathered variety of birds in the **Kaiser Stuhl Conservation Park**.

Our leaders will be our favourite "Birdie" - Pam Walker and her husband Brian, who are members of the Ornithological Society and Birding Australia. They will meet us at **8 a.m.** that morning.

The list of names is filling fast so get your name in to the Office **NOW!**

**KAISERSTUHL
CONSERVATION PARK**

SUNDAY 7TH SEPTEMBER



NEW
HOLLAND
HONEYEATER



TREE
MARTIN