

THE TRAILWALKER

ISSUE 86

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SUMMER 2002



**NEWSLETTER OF THE FRIENDS OF THE HEYSEN
TRAIL AND OTHER WALKING TRAILS INC**

THE TRAILWALKER

FRIENDS OF THE HEYSEN TRAIL AND OTHER WALKING TRAILS INC

10 PITT STREET ADELAIDE, SA 5000
PHONE (08) 8212 6299 FAX (08) 8212 1930

EMAIL: heysentrail@heysentrail.asn.au

WEBSITE: www.heysentrail.asn.au

PATRON: C. WARREN BONYTHON AO

COUNCIL MEMBERS 2002

Julian Monfries
Dean Killmier
Sue Monfries
John Wilson
Jamie Shephard
Robert Alcock
Thelma Anderson
Eve Buckley
Jeanette Clarke
Alan Dutton
Simon Kleinig
Ralph Ollerenshaw
Bob Randall
Cliff Walsh

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Fred Brooks
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Daphne Sands

TRAILWALKER

John Wilson
Simon Kleinig
Keneatha Pick

MEMBERSHIP SECRETARY

David Beaton

OFFICE COORDINATOR

Frances Gasson

OFFICE HOURS

Monday 10.30 - 2.30
Tuesday 10.30 - 2.30
Wednesday 10.30 - 2.30
Thursday 10.30 - 2.30
Friday 10.30 - 2.30

Saturday - Sunday Closed

David Beaton
Dawn Bon, Rudi Lange, Gwyneth Duggin
Barry Finn, Jack Marcelis, Jenny Prider
Arthur Smith, Keneatha Pick, Frances Gasson
Kath Palyga, Lorraine Ratcliffe
Jim Alvey, Margaret Gray

MEETING DATES

Council

Wed 15 Jan, 2003
Wed 19 Feb, 2003
Wed 19 Mar, 2003

Walking Committee

Wed 5 Feb, 2003

Front Cover

Cleaning Ron Robinson's
boots for Phytophthora
Cinnamoni. See page 30.
Photo: Arthur Smith

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PRESIDENT'S REPORT

Summer 2002

I come to the close of another year of maintenance and walking with mixed feelings.

It has been a year of highs and lows, and I don't think I will look on 2002 as a one of the great years of my presidency, so far.

The major catastrophe, I believe has been the loss of the trail south of Burra (over Stein Hill), and the need to reroute it along the Old Adelaide Road.

Unfortunately, the only feedback from the Minister and the department was along the lines that they could do very little to redress the issue and to look for alternatives.

To that end Hugh Greenhill, and his team, has worked very hard to achieve a good outcome for the trail, and I believe they will attain that goal by rerouting the Trail near Burra Gorge and to the east of it's previous route.

The issue of access across private property remains crucial to the viability of the Trail, and once again I urge all walkers to observe any restrictions, particularly in this very dry year. Do not transit private land out of the walking season or on days of complete fire ban. *It's simple really!!* If in doubt contact the office.

The development of the trailhead at Cape Jervis appears to have stalled. The planned redevelopment around the start of the trail with car park and interpretive centre has suffered with the change of government and problems with the areas lease arrangements.

On a cheerier note, the maintenance workers have been very active, and deserve our heartfelt thanks for the tremendous effort they have put in this year. The recruitment of John Henery, landowner, to watch over the Wilpena to Parachilna section is a great coup. Dean and the team are to be highly commended.

The office staff also continue to man the line of communication between members and the

general public and it is great to see the office open five days a week.

The walk committee and walk leaders have also done a great job with a great variety of walks and I know a similar potpourri will be available in 2003.

The Millennium walks have been an ongoing success story, which we hope will stride into 2003 in its new format (see article on page 14).

The Probus Club of the Fleurieu has asked us to do a presentation for them about the Trail and the Friends. Barry Finn has enthusiastically volunteered to undertake that role, with the help of material from National Parks and Wildlife.

The council remain very active with the formation of the Honorary Membership and Sponsorship Development Committees (see article in Trailwalker) under the guidance of Bob Randall and Cliff Walsh respectively. (See page 6).

We continually battle for more volunteers to take on a role, **any role**, within the Friends.

It appears that the same few people are mentioned whenever a new task comes up.

"This has a number of effects, these few (may) become overloaded and so may be unable to give some of the tasks the attention they may require. At the same time other people may feel that they can't take on tasks because 'so-and-so does that'." *David Beaton 2002*

Don't feel afraid to volunteer. Yes, some of us are overloaded and could do with help, and no, none of us are so bigheaded that we would refuse any offer.

My appeal once again to all our 400+ members, if you think you can offer us any help, of any sort, please let us know.

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If you have skills in a particular area that may be useful to an organization like ours, please let us know. **Become involved!!!**

It was, however, with great pleasure that the council held the annual Volunteers BBQ mid-November to acknowledge their efforts through 2002. Thank you.

Sue and I and the council would like to wish everyone a Merry Christmas and a happy walking New Year.

**Julian Monfries,
President**

OFFICE COORDINATOR'S REPORT

With the end of the Walking season coming to an end the Friends Office will be closed from Monday 16th. December and re-open on Monday January 13th. 2003.

We have been fortunate to have enough volunteers to 'man' the office five days a week for the past couple of months and I hope this can continue in the future.

I would like to welcome Phil Howes who is our latest recruit in the office.

Thank you to all the Office Volunteers, your time, effort and support is very much appreciated. Seasons Greetings to all.

**Frances Gasson
Office Coordinator**

MAINTENANCE REPORT FOR SUMMER 2002

Section 1 Trevor Bright, David Beaton, Ralph Ollerenshaw and myself have completed the pruning and remarking from Tent Hill west towards Tent Rock Creek.

Section 2 Remarking of the trail along Waitpinga Cliffs is proceeding and the section from Parsons Beach carpark to Callawonga Creek Cove has been remarked, with the help from the Four Seasons Walkers.

Section 4 The Wandergruppe volunteers have repaired a cable on the suspension bridge near Yulte Conservation Park

Section 5 The reroute near Mt. Compass has been completed. John Wilson, Alan Dandie, Graham O'Reilly, Joe O'Neill and myself participated.

Section 6 Five P C Units (Phytophthora Cinnamoni) have been installed through this

section by Kuitpo Forest workers and myself, with maintenance carried out by Alan Dandie and myself

Section 7 A start has been made to upgrade the marking of this section. The work will be carried out by other volunteers, Barry Finn being busy with C.F S. duties

Section 8 A PC Unit has been installed at the Sprigg Road entrance to Cleland Conservation Park by Alan Dandie, John Wilson and myself.

Section 10 Doug Leane, Bryn Lewis, Robert Wood and Llyween French have been pruning through Warren and Hale Conservation Parks and have constructed a 400m section of trail, off Browns Road, along the road verge, to bypass a dangerous blind corner

Section 12 At Marschalls Hut, an

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environmental toilet has been installed, a fence erected around the ruin walls, broken window panes replaced, stormwater pipes altered, gutters cleaned and the ruin walls capped with mortar.

Section 13 & 14 Maintenance works have been carried at Hiskeys Hut, Willalo Hall, Hallet Railway Station and Mt. Bryan East School.

Section 18 On the third trip to the Flinders

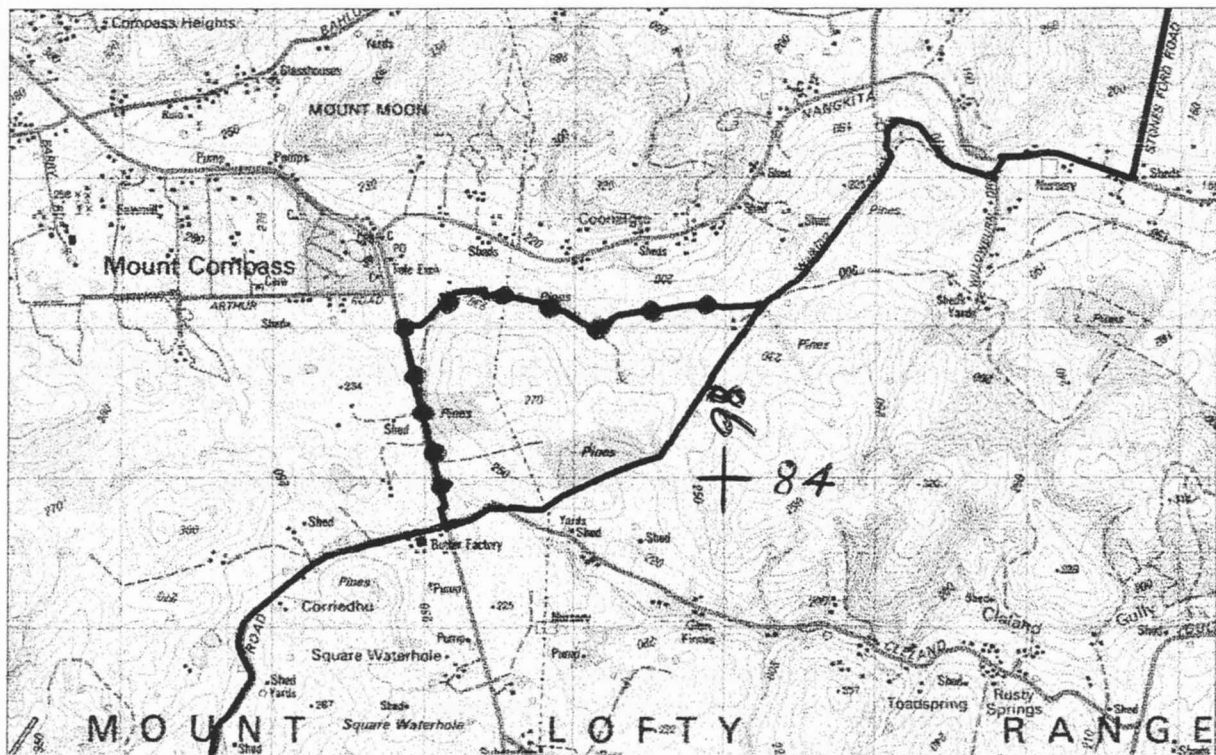
this year, Arthur Smith, Norrie Hamilton, Phil Howes and myself completed the remarking of the Heysen Trail from Parachilna to Bridle Gap. A short section from Bridle Gap to Black Gap remains to be marked. This will then complete the marking to Mayo Hut.

Dean Killmier
Maintenance Co-ordinator.

Re-route of Heysen Trail at Mt Compass

(HT Map 3)

The reroute starts at the corner of the Victor Harbor and Cleland Gully Roads (near the old Butter Factory, GR842837) and proceeds east along Cleland Gully Road for 500m. It then enters left onto an unmade road reserve, passing on the right hand side of the pine plantation, down the bill passing a second pine plantation and connects with the Heysen Trail at the end of the road reserve (GR863851).



New Heysen Trail

Closed Section

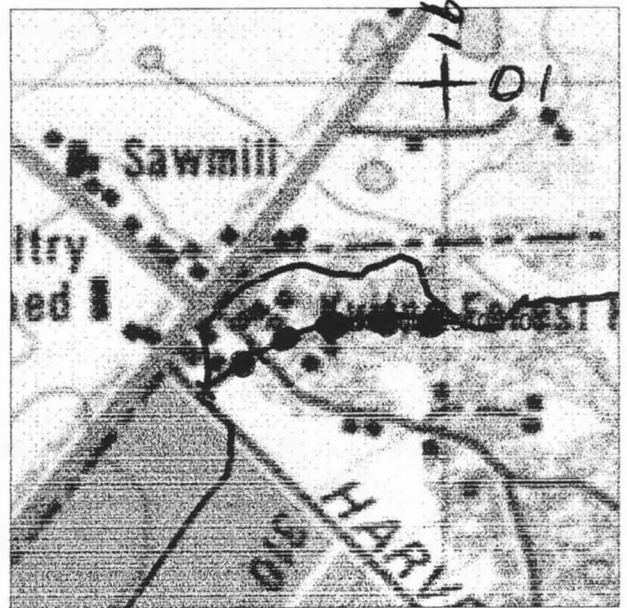


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Minor Re-route at Kuitpo Forest

A Minor re-route to the Heysen Trail has been marked at the Kuitpo Forest Information Centre.

Where the Trail enters Harvey Road from the south, the stile has been replaced by a Phytophthora Cinnamoni cleaning station. From there, the Trail has been diverted past the front of the Information Centre to the Centre boundary, and through another PC station. It then swings east and south, rejoining the original Trail about 500m from the Centre.



NOMINATIONS FOR HONORARY MEMBERS

As mentioned in the Spring 2002 Trailwalker, the Council has set up an Honorary Life Membership sub-committee, with Bob Randall as chairman, to consider members whose service to the Friends has been exceptional and to recognise their efforts.

The proposed guidelines are reprinted below, and we invite nominations (including self-nominations) for Honorary Life Membership including name, address, contact numbers, and qualifications for nomination.

Recommendations from the sub-committee will then be considered by the Council, before being presented to the full membership at the next AGM. In order to be considered for the 2003 AGM, nominations should be received by the **end of January, 2003**.

Guidelines for Honorary Membership (Distinguished Service)

- (i) normally at least 10 years of paid membership as an Ordinary, Family or Life Member;

AND

- (ii) at least 6 years of substantial voluntary contributions to the Association, including especially one or more of
- Membership of Council
 - Chair of Walking Committee
 - Regular Walk Leadership Roles
 - Chair of Maintenance Committee
 - Maintenance Section Leader or Volunteer
 - Office Volunteer

Guidelines for Honorary Membership (Exceptional)

Substantial and sustained contributions to promotion, development and/or maintenance of the Heysen Trail, or the Association other than as a paid member or volunteer through, for example, public service support, media support etc.

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THE WALKING FEDERATION OF SOUTH AUSTRALIA, INC.

Office Accommodation. Walking S.A. continues to function from temporary office space at Seacliff Park but the committee expects to re-locate to a more permanent site early in the New Year.

Road Reserves Committee. A comprehensive briefing session by Anthea Shem of the Office for Recreation and Sport with Federation President and a representative of the Walking Access Committee provided details of progress to date of measures designed to protect walking access on undeveloped road reserves. A further meeting with all representatives of non-Government members of the Road Reserves Committee will be held during the last week of November to further clarify strategies intended to identify and protect these safe walking routes.

An amendment of Section 223 of the Local Government Act has recently been prepared in relation to the issue of a permit for exclusive use by a landowner of an adjoining road reserve leased for a specified purpose. However, an officer of the Local Government Office has advised that there will be no change to the existing situation. The proposed amendment to the legislation will simply remove the reference to public consultation from the Regulations and incorporate the details within the Act.

Mount Lofty Walking Trails. During the last few months Jon Herd, the Project Co-ordinator for these trails has collated information produced from on-site inspection and recording by volunteers from A.R.P.A. Bushwalking Club, using GPS instruments, for purposes of revising and updating the trails in the Barossa and northern Onkaparinga areas. Developed in the sixties and early seventies, many of these trails were originally known as the Network Trails and were part of a National Fitness Council of S.A. project and publication entitled "Walking in the Mount Lofty Ranges Network".

Four publications were planned - A, B, C & D - but only two were produced - A and B. Terry Lavender was directly involved with the network trails, both as a member of the Tracks Sub-

Committee and with the route marking and clearing. In 1990-91 volunteers from the Friends of the Heysen Trail assisted the Department of Recreation and Sport with the currently mapped Mount Lofty Walking Trails of the Barossa region and the northern section of the Onkaparinga map.

A well-attended "Appreciation Breakfast" was recently held to view the status of the current project and to thank volunteers for their efforts. Reference was also made to the potential for expansion of the project to southern areas.

Heysen Trail Re-Routes Committee. The next meeting of this Working Group will be held on 26 November, 2002. This will include discussion relating to the marking of the Heysen Trail at Burra following withdrawal of permission through two properties, Princess Royal and The Gap.

Greater Mount Lofty Ranges Parklands - Yurrebilla - SMG Meeting. At the most recent meeting on 11 October, 2002 Dr. Bob Such, Member for Fisher accepted the nomination by the Minister for Environment and Conservation as Chairman of the above Group. Issues discussed included the boundary of Yurrebilla, trails within Onkaparinga River Recreation Park, and the Yaringa property. The next meeting will be held on 13 December, 2002.

Sturt River Pedestrian Crossing. The Patawalonga Catchment Water Management Board is committed to providing pedestrian access across the Sturt River to link existing walking trails. Development of a sedimentation pond resulted in the flooding of a section of the Warri Parri walking trail in the Sturt Gorge Recreation Park. Progress of this link is being monitored by Walking S.A.

Sale of Road Reserves. Alarm bells were sounded recently when information was received to the effect that a local government authority had made an offer to ratepayers to advise the local council if they wished to purchase all undeveloped road reserves traversing and

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adjoining their respective properties. The motive for this action has been the cause of both investigation and speculation as it undoubtedly highlights a potential threat to the use of these valuable access routes for recreational purposes as well as to established marked trails, e.g. Heysen Trail, Mount Lofty Walking Trails, Federation Trail. It also poses the question of the need for Government intervention to resolve and secure permanent public access of road reserves through appropriate legislation.

St. Marys Peak Walking Trail. Members of Adelaide Bushwalkers are working with National Parks to re-mark the walking trail to St. Marys Peak in the Wilpena area. This is an ongoing project that is expected to continue for two to three years.

Integrated Natural Resource Management Plan, Mount Lofty Ranges and Greater Adelaide. Federation representatives attended workshops held recently in Mount Lofty Ranges and metropolitan areas to discuss the draft Integrated Natural Resource Management plan for the management of natural resources in the region. The final Plan will influence the future

direction of natural resource management and determine the distribution of funding.

Jim Warburton. Condolences are extended to the family of Jim Warburton, well-known walking identity and pioneer of the A.R.P.A. Bushwalking group who passed away recently in New South Wales. Jim returned to the Blue Mountains several years ago maintaining his avid fascination and enthusiasm for walking in bushland areas. A group of ARPA walkers on a Blue Mountains camp in October, 2001 was privileged to join him on the "Seven Waterfalls Walk" located through rugged and picturesque bushland and within walking distance of his home. Jim was also an early member of the Friends of the Heysen Trail.

South Australian Trails Alliance. The next meeting of Wirrina participants is planned to be held on 29 November, 2002 from 5.00 p.m. to 8.00 p.m. at Belair National Park.

**Thelma Anderson,
Walking Federation of S.A. Inc.**

BURRA BRANCH REPORTS

Maintenance Report. November 2002

Re-directing Heysen Trail south of Burra

The new re-route of the Heysen Trail just south of Burra has now been decided on and verbal agreement has been given by all land owners whose land and road reserves this new route now involves. A temporary route was used while I looked at many as possible options while directing the route to a more permanent trail. I showed Dean Killmier, Bronte Leake and Ian Pool all these possibilities, taking into account the walking distances between access points, distance walked on roads, the safety of walkers using these roads, views along the way, etc.

After many negotiations with all land owners the start of the re-route will be Map 11, GR 085 513. This is still quite close to Huppatz Hut – Map 11, GR 085 507. Heading in an easterly direction the steepest hill of the new route is ascended first with magnificent views in all directions. Open grassy woodland on the eastern side of this range is a delight to walk through. Flat open farmland leads into the Hallelujah Hills, which make great walking with trees and birds in abundance. The route then comes out on the Burra to Morgan

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Road and then into World's End Creek. A road leaving World's End Creek heads north along the range and this will be used for most of the way towards Burra.

I have been given permission to cross private property to gain access to the Burra to Morgan Highway. A two kilometre walk then along the highway to the Stock Road into Burra. The new route will then rejoin original section of the Heysen Trail at the south end of Ayers Street.

I have asked nine property owners for their permission to access their land, which took some time, as all their issues had to be covered to make them satisfied with the eventual outcome. Bronte is now doing the written agreements and land indemnity agreements. This will then be presented to the Regional Council of Goyder as well as the agreements to use Road Reserves. When all the paperwork has been finalised we can then go ahead and put in the trail markers and stiles. This will happen early in the walking season next year.

The up side of this route is that there are some excellent walking country and some roads of different grades and I have tried to reduce the time spent walking on roads where possible. For the day walker there are plenty of access points along the route and this should make it easier to plan day walks.

The distances listed here are approximate:

Burra to World's End Creek - 24 km.

World's End Creek to Huppatz Hut - 18 km.

Huppatz Hut to the Tothill Gap - 6 km.

There are camping areas available at World's End Creek but there is no suitable drinking water and the water in the creek is too saline for human consumption.

Hugh Greenhill,
Maintenance Co-ordinator, Section 13.



Janet Ford and Brendan Weber's wedding
On the weekend of the Friends walk at Burra.

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HEYSEN TRAIL VOLUNTEER MAINTENANCE SECTION LEADERS

HEYSEN TRAIL SECTION	HEYSEN MAP NUMBER	SECTION LEADERS NAME AND CONTACT NUMBERS	
1. Cape Jervis to Boat Harbour Creek	8	David Beaton	(H) 8298 6340
2. Boat Harbour Creek to Back Valley Road	8	Ralph Ollerenshaw	(H) 8379 0998
3. Back Valley Road to Moon Hill	3	David Evans	(H) 8558 2854
4. Moon Hill to Hindmarsh Tiers Road	3	Herman Schmidt (Wandergruppe Bushwalkers, German Assoc)	(H) 8344 4072
5. Hindmarsh Tiers Road to Blackfellows Creek Road	3	Joe O'Neill	(H) 8296 7827
6. Blackfellows Creek Road to Glen Bold	1	Thelma Anderson	(H) 8278 4420
7. Glen Bold to Piccadilly	1	Barry Finn	(H) 8388 5546
8. Piccadilly to Norton Summit	2	Liz O'Shea (WEA Ramblers)	(H) 8352 1636
9. Norton Summit to Cudlee Creek	2	Graham O'Reilly	(H) 8289 6502
10. Cudlee Creek to Bethany	2 & 9	Doug Leane	(H) 8443 3388
11. Bethany to Peters Hill	9	Joyce Heinjus	(H) 8525 2054
12. Peters Hill to Logans Gap	10	Norrie Hamilton	(H) 8332 1982
13. Logans Gap to Spalding	11 & 12	Hugh Greenhill (Burra Branch)	(H) 8843 8115
14 ,16, 17 Spalding to Wilpena	13,7,14,15,5	Vacant	
15. Hughes Gap to Melrose	6	Mary Cameron Ian Pool Roger Collier (ARPA)	(H) 8165 1025 (H) 8258 3425 (H) 8264 1660
18. Wilpena to Parachilna	4	John Henery (Alpana Station)	(H) 8648 4864
MAINTENANCE CO-ORDINATOR (Voluntary)		Dean Killmier	(H) 8261 3241

If you discover a problem on the Heysen Trail, please contact the Friends Office, Maintenance Co-ordinator or relevant Maintenance Section Leader.

Friends Office numbers: Ph: 8212 6299 Fax: 8212 1930 Email:maintenance@heysentrail.asn.au

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GENERAL INFORMATION

The editors would like to thank all our contributors for the number and variety of contributions to the Spring 2002 Trailwalker.

We will be looking for further articles for our next edition, so if you have done something interesting related to bushwalking, either locally, interstate or overseas, **don't be shy - have a go** at writing an article. Hand or typewritten articles will be accepted, but we would prefer them in computer form, on floppy disks or by email.

CLOSING DATE

The closing date for our next issue is
1 Feb, 2003.

Publication date will be late **February, 2003**

ADVERTISING RATES

Standard advertising rates for Trailwalker are:

Full Page	\$60
Half Page	\$40
Quarter Page	\$20
Flyer for Enclosure	\$60

(max 2 A4 sheets to be)

(supplied by advertiser)

Special rates can be negotiated for repeat advertisers.

MEMBERSHIP RENEWALS

Have you renewed your membership? Please check the address label on your Trailwalker envelope for your membership expiry date.

We are providing reminders to members whose membership is about to expire or has recently expired by inserting notices and renewal forms in your Trailwalker.

New Renewal Forms have been designed for 2003. Please take care when filling them in, to ensure that our staff have up to date information on your contact numbers and email addresses where relevant.

NOTE that both sides of the forms should be completed.

Would Family Members please include names of both adults and children under 18 years of age on their Renewal Forms, as we are updating our records and need this information to calculate our public liability insurance premium. (Note that members are responsible for their own personal accident insurance.)

Please also notify the Office of any change of address, telephone number or email address.

WALK BOOKINGS

Please phone the office between 10.30am and 2.30pm Monday, Tuesday, Wednesday Thursday and Friday for registration and information. Day walk cost for members has been set at **\$6.00** for 2003.

If the office is unattended please leave a number where you can be contacted during office hours. Our answering machine can be used to record last minute cancellations, and can be accessed by your leader prior to the walk

NON MEMBERS

The cost for non-members participating in walks is **\$12.00** per walk, for a maximum of two walks. Walkers are then expected to join the Friends to ensure they are covered by our insurance policy

GOLDEN BOOTS CARDS

Golden Boots Cards are now available for the 2003 walking season, to all financial members of the Friends. For a cost of **\$40.00** per person, you will be entitled to attend all TrailStarter, TrailWalker and TrailRambler walks for this year.

Note that the Golden Boots Cards are not transferable, and that each walker must have his/her own card.

Note: Cardholders are still required to book in on all day walks.

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Letters to Editor (inc email)

Addendum to End to End Application Forms

In July 2000 it was suggested that walking the Heysen Trail from Cape Jervis to Parachilna would be an interesting challenge in our retirement from Air Traffic Control.

We left Cape Jervis on July 14, 2000 and until we reached Burra, walked sections of the trail in single day trips. After that we stopped overnight for two day walks and towards the end of the trail, 3 or 4 day trips were the norm due to the relevant travelling times.

We were extremely fortunate in that (non-trailwalking) friends were able to offer great support in many ways including transport and obtaining forward accommodation. This enabled us to concentrate on the trail without the hassles of car transfers etc. Our grateful thanks to Wayne Derwent & John Western & the many others, too numerous to mention, who lent a hand at various times.

We predominantly stayed in 'country pub' accommodation which suited our purposes very well. Particularly helpful were the publicans at Wirrabarra where Emilio (Neil) helped us out on the rare occasion when we didn't have 'back-up' by providing transport at a very reasonable rate and Chris at the Quorn Austral.

We completed our walk on August 29, 2002 and we now look back with a sense of satisfaction & accomplishment. Many great memories to look back on and the realisation that we have been able to walk over and take in the beauty of parts of our country that we would not otherwise have been able to see.

We would like to thank the Friends of the Heysen Trail & Other Walking Trails for providing the opportunity to us and other walkers.

Peter Hendy, Rex Nokes, Chris Theel, and Jack van Dok who has a few walks to complete.

Trailwalker, Summer 2002

Walk to Cape York

Hello,

Our names are Kathy and Steve Kilpatrick. In July of this year we walked from Weipa to the Tip of Cape York - a distance of 306kms over 23 days. 245kms of that were cross country.

While we were camped at Punsand Bay we met a couple who were involved with the Friends of the Heysen (Liz O'Shea and Tom Goodwin, ed) who were travelling with a company called "OzTours". Unfortunately I have had my wallet stolen so I lost their email address.

They were keen for us to write an article for the Heysen Trail magazine about our adventure. I am hoping that you know who those people are, as I have no way of finding them. I am enclosing a very brief description of our walk which is being published in our local paper. Unfortunately the lady who wrote it just didn't have feel of our walk, but I am enclosing it anyway.

One day we hope to walk the Heysen, fingers crossed.

See you on a mountain!

Kathy and Steve Kilpatrick.

Kathy and Steve's article is on page 20 ed.

OFFICE CLOSURE

The Friends office will be closed from **Monday 16th. December, 2002** and re-open on **Monday January 13th. 2003.**

Australia Day Monday, Jan 27, 2003 Walk and buffet dinner.

Walk meeting time is 5pm at the Kiosk on Waterfall Gully Road.

The walk will be followed by a meal at 7.00 pm at the Kiosk. Cost will be \$20, which we would like to be paid to the office when booking.

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New Members

The President and the Council would like to extend a warm welcome to the following members, who have joined the Friends since the last edition of Trailwalker, and urge them to become involved in the voluntary, walking and social aspects of the Association.

Susan Beard
Don Buick
Mary Buick
Dianne Macklin
David McPherson
Heidi Schmidt

Alexander Stedman
Tom Van Der Hoek
Maria Tomasic
Brian Wood
Mel Wood

Calling all Heysen Trail Walkers

Have you completed the entire trail from Cape Jervis to Parachilna?

Enquiries and application forms available from
the Friends office.

The Council of the Friends of the Heysen Trail in response from requests from our members and members of other walking groups has established a Register and developed a suitable badge (displayed opposite) and a certificate.

These will be presented to anyone who has covered the entire Heysen Trail.

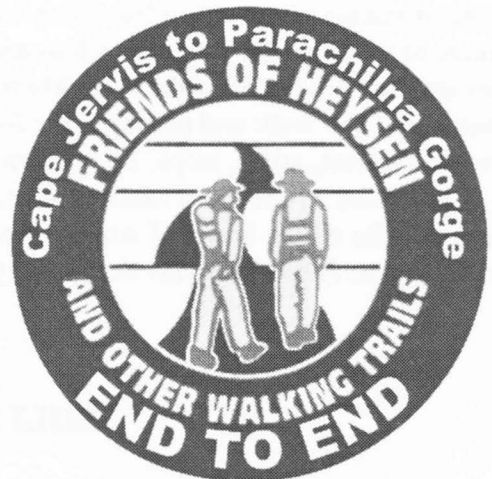
Ideally people wishing to Register should be supported by their club, but the Friends will not exclude anyone who has covered the Trail independently. (This also includes runners).

The following people were registered and issued with "End-to End" certificates between 1

John Denison
Laraine Frost
Ron Kay
Ken Poole

February, 2002 and 30 June 2002. (Not all are members of the Friends)

Glen Taylor
Nola Turk
Velma Watson
Roy Zimmerman



FOR SALE Two P175/75R13 KUMHO TYRES

Tyres are ex Heysen trailer, almost brand new, the trailer rims and tyres have been upgraded to 14" 8 ply light truck tyres to carry the load on our Flinders Ranges trips

For details: contact **Dean Killmier on 8261 3241**

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WALKING COMMITTEE REPORT

It is hard to believe that we are at the end of the walking season. It seems like only a few weeks ago that we were walking the Federation Trail on the opening day of the season.

The walks last year have been varied and the majority have had a reasonable numbers attending.

We are always looking for new leaders so please contact a member if you would like to lead a walk and remember that you will not be on your own because a regular leader will act as your number two and assist you.

Thank you to the Walking Committee and Walk Leaders. I'm sure I speak for all walkers when I say your time and effort is much appreciated.

A vote of thanks also goes to the office who manage to translate my cryptic walk assessment notes and last but not least the Trail Maintenance Volunteers. We walk and perhaps take for granted, markers, stiles, steps, bridges and all this is achieved by the Trail Maintenance. Thank you for all the hours of work you put in. Our President, Julian (he who wears many hats)

has decided to take one off and leave the Walking Committee. We shall miss him. We welcome a new chum, Kevin Boyce who has agreed to join our Committee and Members who have been taking part in the Millenium walks should read his report in this Edition.

Plans for next year are well under way with our usual Summer Walks. For the Bogong Boys walk on Australia Day, please advise the office as soon as possible if you wish to have a meal at the end of the walk.

A stroll along the St. Kilda boardwalk on the 9th. February and a City parklands walk on March 16th. can be booked through the office when it opens early in the New Year.

There are plans for a week- end at Normanville on 25th, 26th, 27th July but more about that later.

Have a Happy Christmas and here's to a great years walking in 2003.

Terry Gasson
Walking Committee Chairman

MILLENIUM WALKS 2003

After contemplating the distances and travelling time involved in the walks in 2003 the Millenium Walks be conduct on the first **weekend** of the month (from April to November) and involve walks on the Saturday and the Sunday.

A survey that was conducted in August/September 2002 amongst `Millenium Walkers' showed that the majority supported that option.

Some benefits are seen to be: a more effective use of travelling time in relation to walking time, greater opportunities for the walkers to meet on a social level, and the ability to cover a greater

distance of the Heysen Trail in one walking season. (It is anticipated reaching the Crystal Brook area by the end of 2003).

Those walkers unable to commit themselves for a full weekend each month will still be able to join in a walk on any particular Saturday or Sunday by travelling to the meeting place for the walk.

Walkers will be responsible for their transport to the walk area and overnight accommodation.

As for other Millenium Walks, it is proposed that walkers will park their cars the end of each walk

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with buses being hired to take the group to the start of the walk.

Owing to the more isolated nature of some areas there may be occasions where hiring buses may prove difficult necessitating the use of car pooling.

In order to assist walkers the Friends will provide a list of accommodation venues in towns/areas adjacent to each walk.

The full program of 2003 Millenium Walks will be published in the next Trailwalker.

Thank you for your support of the Millenium Walks in the past and we look forward to walking with you in the coming season.

Julian and David

BRONTE HAS MOVED! AGAIN

Bronte Leak, our Heysen Trail Management Officer in National Parks and Wildlife SA, has moved from the city to Keswick.

He is now located at:
1 Richmond Road
Keswick

Postal Address:
PO Box 1047
Adelaide 5001

Phone Numbers:
Phone 8124 4792
Mobile 0401 123 981
Email: leak.bronte@sa.gov.sa.gov.au

Title:
Bronte Leak
Heysen Trail Management Officer
Operations Support Branch
National Parks and Wildlife SA
Department for Environment and Heritage

TRANSPORT at BLINMAN

ALPANA STATION

There is a shuttle service available to walkers (individuals or groups) provided by John & Jan Henery of Alpana Station.

Bookings essential

Quality self-contained accommodation also available

Contact details:-

Postal address: PO Box 11
Blinman SA 5731
Phone: 08 8648 4864
Fax: 08 8648 4661
Email: alpana@internode.on.net
Website: www.alpana-station.netfirms

WALKING IN SA FORESTS

Forestry SA Rangers have asked us to inform all walkers and clubs that they would like prior notification of all planned walks in forest areas, giving the approximate number of participants and details of the walk route. This applies to all walks throughout the year.

This is a safety issue due to logging, burning and other forest activities which may take place at any time.

Contacts:

Mt Crawford Forest
Phone: (08) 8524 6004

Kuitpo Forest
(08) 8388 3267

Or write to:

The Forest Ranger
Mt Crawford Forest
Private Bag
Williamstown SA 5351

The Forest Ranger
Kuitpo Forest
Private Mail Bag 2
Meadows SA 5201

THE TRAILWALKER

SUMMER WALKING PROGRAM 2003

To book phone the Friends Office on **8212 6299**

January	Monday 27 th AUSTRALIA DAY WALK Walk 5.00pm Dinner 7.00pm			Waterfall Gully	
February	Sunday	9 th	TS + TW	St Kilda	Terry Gasson
March	Sunday	16 th	TS + TW	City Parklands	Terry Gasson

WALKING PROGRAM 2003 (January to August)

Bookings are open a month prior to the date of the walk.

To book phone the Friends Office on **8212 6299**

Month	Days	Date	Type	Venue	Leader
April	1 st Saturday & Sunday	5 th – 6 th	Millenium Walk		Julian Monfries/ David Beaton
	2 nd Sunday	13 th	TS	Opening of Walking Season TBA	Terry Gasson
			TW		
	4 th Sunday	27 th	TS	No Walks Anzac Day Long Weekend	
			TW		
May	1 st Saturday & Sunday	3 rd and 4 th	Millenium Walk		Julian Monfries/ David Beaton
	2 nd Sunday	11 th	TS	Kuitpo	Mike Parsons
			TW	TBA	Ralph Ollerenshaw
	4 th Sunday	18 th	TS	Waite Conservation Park	John Prescott
			TW	Second Valley Forest	David Beaton
June	1 st Saturday & Sunday	31/5 and 1/6	Millenium Walk		Julian Monfries/ David Beaton
	2 nd Sunday	8	TS	No Walks Queen's Birthday Long Weekend	
			TW		
	4 th Sunday	27 th	TS	Morialta	Daphne Sands
			TW	Myponga	Chris Caspar
July	1 st Saturday & Sunday		Millenium Walk		Julian Monfries/ David Beaton
	2 nd Sunday	13 th	TS	Cox's Scrub	Liz Barry
			TW	Mt Crawford to Barossa Valley	Mark Darter
	4 th Sunday	27 th	TS	Parklands	Ralph Ollerenshaw
			TW	North TBA	Jenny Prider
August	1 st Saturday & Sunday	2 nd and 3 rd	Millenium Walk		Julian Monfries/ David Beaton
	2 nd Sunday	10 th	TS	Kaiser Stuhl	Mike Parsons
			TW	North East TBA	Daphne Sands
	4 th Sunday	24 th	TS	Glen Osmond	Gavin Campbell
			TW		
	5 th Saturday and Sunday	30 th and 31 st	Weekend Away – Fleurieu Peninsula		

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WALK DESCRIPTION

TrailStarter

The aim of these walks is to introduce people to bushwalking, for those who are not regular walkers and those who have not walked in a group previously or who want a shorter walk. TrailStarter walks are usually close to Adelaide, have a walk time of about 3-4 hours and will generally be not too physically demanding. Anyone undertaking these walks may have only a modest degree of physical fitness.

TrailWalker

These walks are reasonably demanding and for walkers who have walked regularly in various terrain. They have a walking time of about 5-6 hours and will require a high degree of physical fitness.

TrailRambler

These walks are for specialist events like bird watching and historical walks; and would by their nature be relatively short and informative. These walks are available to all levels of walkers.

WHAT TO BRING

TrailStarter

Basic First Aid and Emergency Kit. This should contain your personal medication such as Ventolin, etc, sunscreen, headache tablets, Band-Aids, and torch.

Lunch and snacks (include some for emergency).

Plastic bag for rubbish.

Water in a secure container; minimum one litre, and two litres if the temperature will be over 20° C.

Gear should be carried in a day pack; one with a supporting waist belt is recommended.

TrailWalker

All of the above and –

Whistle

Roller and triangular bandages

WHAT TO WEAR?

TrailStarter

Good walking boots or shoes, with good gripping soles. Thongs, sandals, elastic sided boots and smooth-soled sneakers are not appropriate.

Wet weather gear – ¾ length waterproof rain jacket.

(Showerproof spray jackets and quilted parkas are not waterproof and create a danger of hypothermia).

Warm jumper or jacket of wool or polyester fleece.

(Cotton shirts and windcheaters have minimal insulation when wet and retain water.)

Shorts or loose comfortable wool or synthetic pants.

(Jeans are not suitable as they are cold when wet and dry slowly.)

Warm hat. (shade hat in warmer weather)

Thick socks

TrailWalker

Suitable sturdy walking footwear with good gripping soles, **or as specified by Walk Leader**

Recommended optional extras: thermal top and long johns, waterproof overtrousers.

WALK CLOTHING

Your safety and the safety of the walking group can be jeopardised by not having the correct clothing. In an emergency situation it can take hours to evacuate the sick or injured walker. Prime considerations are warmth and weather protection.

Note: Leaders may not accept people for a walk who have not come safely equipped.

DON'T LET IT BE YOU!

THE TRAILWALKER

THE UNFOLDING DRAMA OF TWO BUSHWALKERS AT DEEP CREEK

The plan was simple enough. Check out a circuit at Deep Creek for the purpose of printing a map showing all the relevant features to enable anyone to be able to do the walk. Simple plans have this strange habit of not remaining true to form.

Bob Randall and I headed for Delamere and from there to Three Bridges Road, but as we left Delamere we noticed a heavy cloud of smoke coming from the forest and not far out we were stopped at a police road block. They were diverting traffic off the main road down toward Deep Creek as there was a large forest fire to the north. Being only vaguely familiar with the area it took a certain amount of going up and down tracks until eventually we came upon Tapanappa Road and drove on to Gate 70, the start of our walk.

We stepped out into smoke and a strong off shore wind- maps blowing everywhere, hat wanting to go elsewhere. The tape recorder that I was going to use for track notes proved to be a very good recording of strong wind blowing! By now we began thinking that this was not a good start and things had better improve; but in fact the further we walked down toward the coast the stronger the wind got. The only redeeming feature was that it was not a cold wind. Map reading was not a simple matter but we were both travelling OK and Bob's knee was not causing any problem after a recent oil change and service.

After a couple of hours of "interesting" walking, leaning on the wind, we arrived at Boat Harbour and were amazed to find that it was sheltered from the wind – a good place for an early lunch. I had by now come to the conclusion that our day was going to continue on the same way; difficult. Although the wind was uncomfortable to cope with it was not cold, there was some cloud but it did not look as if we would get any rain.

Lunch over we headed across the creek, then up and over to the next cove ready to wind our way

up Tapanappa Hill with the wind getting worse and of course the cloud building up and, yes, it looked very much like rain was on the way. There's nothing like a day being consistent. Bob had recently been having a problem with a diagnosed hiatus hernia, which had caused some considerable discomfort in the past, but up to now had shown no sign of recurring. However, true to form with the day so far, immediately we began the long narrow, winding uphill track Bob started having a problem which got worse and worse with every uphill step. Bob was in trouble with severe reflux problems and breathlessness and we were only at the bottom of the hill.

What could I do? A phone call to Julian, I might be able to get some useful advice – looking, looking in my pack for my mobile phone and sure enough because of the struggle with our gear in the wind at the start, I had left it in the car. Why did I bother getting out of bed this morning. Still I comfort myself that if I had the phone with me it probably would have been out of range anyway.

I considered the predicament we were in and the only positives I could come up with were that we were sheltered from the wind by the scrub we were walking through, it was not cold, and we had plenty of daylight left as it was only about 12.30 at this stage. On the negative side, we were at the bottom of a very long steep hill on a very narrow track through the bush. I couldn't leave Bob in such an inaccessible spot nor was I able to carry him, his problem was getting worse with every step and of course the weather was changing and we had already had some rain. I think it was about this time of my deliberations that I suggested to Bob that I would have preferred him to have broken a leg – then I could have done something useful – as distinct from the feeling of uselessness I had at this time.

Humour was not a major part of our conversation at this stage! Although I had brief thoughts that Bob may have a far more significant problem (maybe his heart) I dismissed these doubts as Bob had been

THE TRAILWALKER

diagnosed with a hernia. However, because he was having such difficulty with breathing my main concern was whether I could remember enough about mouth- to- mouth resuscitation. What a day!

I could only suggest to Bob that he take it as slow as he wanted, but I would stay with him until we reached the top where I could at least leave him at the car park while I did a 6 or 7km dash back to the car. Other than this I was quite useless and it took two and a half hours and a lot of willpower for Bob to reach the top – a tribute to his own level of fitness and absolute perseverance

Having reached the car park Bob got settled in a reasonably comfortable spot as I had suggested to him that it would take maybe two hours for me to get to the car and return. Then, just as I was heading off we had our first piece of good fortune. Very few cars would venture down that track and especially on a day like this. I suspect, probably the only car of the day arrived at the car park. A few words to the driver and their camping gear was shoved aside, Bob and I were aboard and in ten minutes or so we were back at our car.

My first thought was to get the mobile phone and speak to Julian who sounded a bit suspicious about the problem but suggested some milk may help to settle things for Bob. Our Good Samaritans, Grieg and Shiella were the most attentive helpers we could have found and a glass of milk appeared like magic. I did not want to delay any longer than necessary as my plan was to get back down to Delamere get some more milk and Quick-Eze then on to find a doctor at Yankallila. I think Grieg and Shiella were not that confident with us and chose to follow me back to Delamere, just in case. Considering our day to date I don't blame them.

So, one piece of good fortune was followed by another. The forest fire from earlier in the day had brought a lot of fire fighters, trucks, communication van, police and a **first-aid station**, all gathered together at Delamere after completing mopping up at the scene of the forest fire. The attendants at the first-aid station

quickly swung into action and had Bob seated, rugged up in blankets and on oxygen in rapid order. They checked blood pressure and pulse several times, asked lots of questions, filled out forms and generally everything settled down (including my blood pressure). Then, as a parting gesture lightning struck the pole next to the shed we were in. An almighty bang, the power went off momentarily and the thunder took over, rumbling off into the distance. Not because of this, although it didn't help, a brief discussion led to an ambulance being called and Bob continued to be fussed over. I suggested to Bob that this was a rather extreme case of attention seeking.

The ambulance arrived in what seemed to me a very short space of time, Bob was checked again, loaded in the ambulance and was on his way to Flinders Hospital. The first-aiders, the ambulance medicos and the attention at Flinders was amazingly efficient and for the first time in the day everything started to fall into place properly.

The purpose of this article is not about the particular problems of the day, as we have all had "one of those days" occasionally, but to illustrate how vulnerable we are when we are out in the bush and how there are so many ways in which we can get into trouble. Problems can occur that we cannot control nor foresee and a generous first-aid kit is not always the answer. In this case a mobile phone, if it was in range, would only have helped in giving moral support as I had no useful medication. However, it does reinforce the proposition that there should always be a minimum of three members in a walking group – but again in this case it would not have helped as we were lucky to get a quick ride back to our car. It may have helped to have a third person sit with Bob, but then again it may not have helped. We still had to get a quick ride back to the car. Importantly, though, aren't we fortunate to be able to indulge in our bushwalking and still have at our disposal such a range of professional assistance.

Finally to put everyones mind at rest Bob is alive and well and going through the process of having some arteries unclogged. I have already

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suggested he comes with me on this really nice walk I have planned in Deep Creek! As the song says, "it was just of those days – just one of

those crazy days" but it could have been much worse.

Colin Edwards

Kathy and Steve Kilpatrick, take a walk on the wild side as they relive their adventure of a lifetime, trekking to the tip of Cape York.

To friends and family of Kathy and Steve Kilpatrick, a journey for the heck of it, on foot from Weipa to the tip of Cape York Peninsula, seemed an incredible test of endurance and unnecessary hardship. But the Tolga couple had their own reasons for taking up the challenge.

"We did it because it was the Year of the Outback, we could finally get away for a long spell, as our children were finished school and because it was there to be walked," says Kathy.

"Along the way we found a closeness few experience, a sharing of a different type - good and bad - and realised we could live outside our comfort zone ... and enjoy it."

The seed of an idea was planted three years ago when Kathy suggested to her husband they consider a bushwalk on the Cape. They decided on a cross country walk to the very tip of Australia.

After many months of planning, organising an itinerary, obtaining permits, drying food for the trip, arranging places to drop supplies for collection along the way and getting equipment ready, the intrepid pair were ready for the most exciting few weeks of their lives - blisters and all.

Kathy tells their story ...

Saturday, July 6, 2002

We left home at 5am. It was 4 degrees and we knew it would be a vast contrast to the weeks of heat ahead.

Friends dropped us by the roadside at Laura River and after a farewell smoko and photo

shoot, we were off. We both had backpacks weighing 19 kilos and cheap carry bags containing fresh food for the next few days.

It wasn't long before we were cursing the hand baggage. Even though we knew the fresh food would be welcome, the bags were cumbersome.

We planned to hitch to Weipa, where we would start our walk and after waving at 15 vehicles, all of which were fully laden with no room for hitchhikers, we decided to rest in the shade. Though it was terribly hot, our spirits were high.

We'd just settled when a ute stopped. With great excitement we rushed over. Here was our lift. The driver was alone and asked us what we were doing. When we told him we were hitching to Weipa, he replied, "Ya jokin?" We laughed. When he asked what we intended to do in Weipa and we told him, he again replied, "Ya jokin!"

For the rest of our trip it became our catchcry and at least 10 times a day we'd say to each other, "Ya jokin!" when faced with a difficult situation.

We arrived in Weipa at 7pm and rested there the following day, eating our food and arranging with Peter Graham (known locally as Crazy Pete) from the SES to take us to the start of our walk at Stones Crossing. We had offered to donate \$100 to the SES for their part in getting us to our starting point.

.....

By the time we left the camping ground with Crazy Pete, quite a few people knew about our walk and came to see us off.

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One man was a keen bushwalker and said he was green with envy. How we laughed about that in the next few days.

It seemed ironic. The SES are usually picking people up, not dropping them off.

We gave Pete all our details, our itinerary etc. and when we reached the Wenlock River, he sat on the high bank and watched us cross. It was thigh-deep in places, but clear. Thank goodness we crossed without falling over, how embarrassing it would have been to fall at the start with someone watching. Waving goodbye from the other bank, we had morning tea and put our boots on.

We were both carrying our standard one and a half litres of water and our map showed many creeks nearby. It wasn't long before we saw our first mob of pigs. Over the coming weeks we found that there were usually about 12 to a mob and they ran off as we approached. The morning passed quickly and we stopped for lunch at a creek surrounded by thick rainforest. Fighting our way in, we were rewarded with a cool bubbling brook, shade and many birds. We lit a fire, boiled up and ate a hearty lunch. What a wonderful dining room.

When we went to look at the Nimrod Creek, however, we were disappointed. The water was very tainted, almost stagnant and we decided we preferred the small creeks which flowed into it. The problem was, the next two creeks were dry.

Eventually we found two small holes, one looked like a pig hole, but the other was fairly clean. We tasted the water and it was fine, so the pig hole we called the bathroom and the other we used for drinking water.

It was a beautiful camp among the gums and we ate, washed and went to bed early to escape the mozzies and flies.

Walking on Bertiehaugh Station, a freehold station on the Peninsula which is not open to the public, we felt very privileged to be allowed access. The owners were happy to let us cross as long as we didn't have a vehicle.

We left at first light and the walking was great, open clear forest. We were crowing about how easy the walk had been so far. Not for long though. By 10am, the day had turned into a scorcher, the grass was thick and every step was either into or out of a pig hole. Pig holes made the travel slow, as we had to be extremely careful where we put our feet. Patches of thick grass were to become constant and coupled with the holes, it was very tough going. It was like nothing we had ever walked through before. At its worst the grass was over our heads and very thick at our feet.

At lunchtime we went into a creek, hoping for water to boil the billy. We had set out with 4 litres each, but were both drinking a lot. We worked out our destination was 5 kms, which would normally take about 1 ½ hours, but realised it could take longer in this terrain.

Steve found a small waterhole which the pigs had just vacated, so after filling our bottles we stripped off and sat in it, slowly lowering our body temperature. After lunch, the 5kms took us over two hours and we finally set up camp at Bertiehaugh Creek. What fun we had there, the fishing was electric!

Steve caught a nice sized barra with his first cast, but it got away. I got two black bream with my first two casts. Being just 4km from the Ducie River, which is tidal, we were very aware of the crocodile dangers so we went together to collect water with our fold-up bucket and filled our bottles and a 5 litre wine bladder.

We showered using a disposable enema bag donated by a friend and modified by Steve (it held 3 litres of water - enough for a good wash and shampoo). It was one of my most prized possessions.

Fresh caught fish baked in the coals, dried food and fruit was on the menu and as we sat on cushions leaning against an antbed, nursing sore feet, watching the fire and chatting, we thought, "This is heaven".

Today we covered 16.5 km. We held a fly swallowing competition. They were so thick and

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the sound of us regurgitating them became a common noise. The record that day was 8 flies. A patch of rainforest was almost impenetrable and took us ½ an hour to walk 150m. Fixomull on our burning feet has worked a treat, though Steve has a huge blister.

We arrived at Dulhunty River tired, hungry and smelling terribly. The growth was just getting thicker each day. Cursing the last few kilometres, we were rewarded beyond our wildest dreams, it was magnificent - fast flowing, crystal clear water, sand and rock bottom and safe to swim with pretty ferns and palms on the high banks. My armpits were so stinky, I used heaps of soap and exotic spice hippy oil. The fishing is incredible.

We spent 3 days wandering along this most incredible water – this was what we had toiled for. The Dulhunty came along at the right time for us. We were woken in the night by a large mob of pigs. We turned on our torches, yelled and clapped. They took off like a stampede in a Wild West movie.

When we reached Gunshot Creek we had completed the first 100kms. Much excitement was felt as we walked across to Cockatoo Creek for it was here that we were to pick up our first food box, after 9 days of walking through the bush. The crossing to Cockatoo was extremely hard, with both of us experiencing the pain of continually ripping our knees on Pandanus.

After collecting our food box which held supplies for the next 9 days we camped on the Creek and partied with chips and tinned oysters, our box was intact and even had a cake of soap in it.

The three days that it took to walk from Cockatoo to the Falls on the Elliott will forever be remembered as the hardest section of our walk. We encountered muddy swamps filled with thick vines, sludge, heath, dense ti-tree and pandanus. Our knees were continuously bleeding.

The Elliott is so very remote a place and we felt so privileged. We walked out of the scrub and came across six people having a cuppa in the national park car park. "Where the hell did you two come from?" they asked. They shook our hands and we told them apologetically we smelt, they said, "We know".

It took us 2 days and 34kms to bypass swamps and creeks close to the Jardine River ferry crossing even though we were at one point only 10kms upstream from the ferry.

Sleeping close to swamps meant night sounds, the ever present pigs, roos, mozzies, frogs and birds. I thought of Kennedy - the fear of Aboriginal attack, no repellent, inadequate diet. We had luxury by comparison.

Our second box of food was collected from the Ferry shop, we partied again that night beside the fast flowing Jardine River. This box had enough to see us through to Bamaga – 5 days away. The next day we were to hit the Jardine Swamps.

Steve landed a huge barra and I had the coals cooking before he even got it off the lure, thinking "Mmmm, how will we eat all that?" Alas, the bugger broke the line and got back into the water with lure and trace attached. So much for barra dinner. Camping that night we found that we were in the middle of a very noisy White Cockatoo habitat. Steve yelled at them to shut up, but it made them worse. It was a long night.

We had a disagreement today over directions. Steve had Bamaga Fever and wanted to forge through the swamp. The map showed a creek and as he walked through the swamp waist deep, I was shouting that I wouldn't follow. He wanted Bamaga badly. He found a pipeline under the water and said it wasn't deeper than my waist, but when I tried, I fell off the pipeline and ended up in black water up to my armpits. I called him all sorts of things, he was dead meat! Drenched, I got over it, not much point in two people walking and not talking.

Arrived at Bamaga and our last food box. It contained dried food, port, dry clothes and clean towels – a luxury after 3 weeks without a towel.

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We walked into the resort and booked for dinner. Clothes from the box proved we'd lost weight and we had a wonderful meal that night.

Tuesday, 30th July.

After 23 days, 245kms cross country and a total of 306kms in all we were standing on the tip of Cape York. We still had our packs on, as we wanted to finish the walk with them. We walked until we ran out of rock and the sea splashed our boots. We were there. It was almost with a feeling of loss we set up camp as we realised that our journey was all but over.

That evening we walked back out to the Tip, and sat fishing, talking of our walk and sipping our Port waiting for the sun to set. Steve caught a Coral Trout just as the sun went down, how many people had walked 306kms for that privilege? Fish in the coals on the Tip of Cape York was better than a five star restaurant – maybe the simple things in life are best.

**By Narelle Muller,
Cairns Post**

Chace Range – Glenlyle Cottage

May long-weekend – 17-20 May 2002

There it is! The lights shone from the welcoming windows as we approached the cottage. It was 7.30 pm as we arrived at Glenlyle Cottage (about 10 km NE Hawker) which was warmed by early arrivals, Jill and Maggi. We warmed up, grabbed a bed each and enjoyed a welcoming chat before bed.

It was Friday and Kevin, Craig, Ralf & Robert had driven up from Adelaide, stopping for dinner at the Hawker Hotel. Boy there were lots of local teenagers milling around as we left the hotel.

Driving past Rawnsley Bluff, towards Wilpena, there are Ranges out to the right. Ever been there???

Awoke to a crisp cool Saturday morning, with the mighty Flinders Ranges forming a backdrop to the Chace Range. Sitting with the door open of the original backyard dunny gave a wonderful view.

Staying in another cottage, Simon and Tracy & Mary and Nick made up the weekend group. All ready before 9am. Drove around and up the NW side of the Chace Range below Mt Havelock. Simon led us on the walk up Mt Havelock. Off along fence line – change of vegetation as we

walked towards a steep gully. Loose rocky slopes became steeper – strong gusty winds blowing. Overhead, the cloud banks were moving fast – will it rain? Up over loose rocks and spinifex. Wonderful views of Rawnsley Bluff and Flinders Ranges from a rocky ledge some metres off to the side. Climbed up through a “V” gap in a tall rocky wall. Up & up – onto the peak (abt 790m) at 12.20pm – a climb of 360 m. Good views across to Rawnsley Bluff and the Flinders Ranges, with low cloud blowing over them. Lunch with views of the wide valley between Chace and Druid's Ranges. Strong winds and rain showers forced a cover-up. The Moomba-Port Bonython pipeline runs underground through this valley.

Off again, headed down around and around until we were stalled by an overhanging rock wall. Jill, Maggi, and Mary then led us down to the gully. Constant rain/drizzle settled in. Care was needed on the wet, slippery loose rocks. Down to the foothills, now with mud between the rocks. Good to stretch-out the legs at last. A scream from Jill startled a sleepy lizard, he just wanted to be left alone. Back to the cars in rain. Once in the cars, the rain eased, with low cloud now covering the range. Drove up Pugilist Lookout for more views of Rawnsley Bluff and the Elder Range.

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Good to get back to the cottage, change into dry clothes and warm-up. Soup & BBQ, then apple pie for supper. Lots of stories and laughs in the warmth of good company.

Our sleep was broken by heavy rain drumming on the tin roof – will it be too wet to walk?

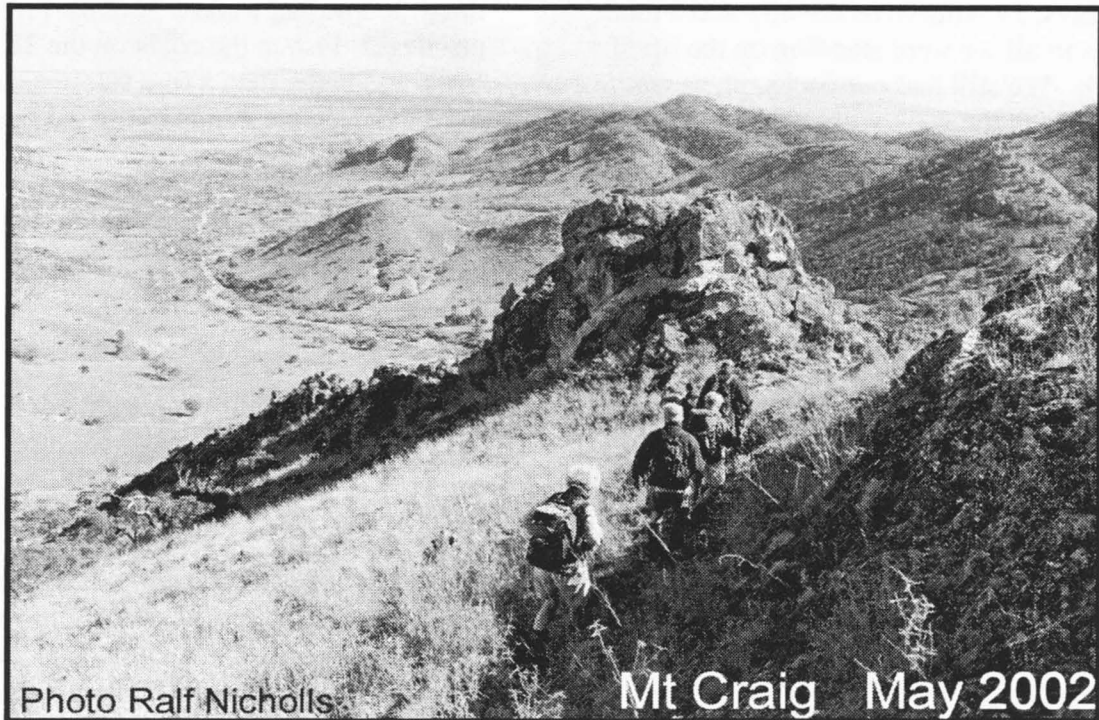


Photo Ralf Nicholls

Mt Craig May 2002

Mt Craig

Crisp cool Sunday morning. Rain had cleared, with sunny breaks, and the Chace Range in cloud. Off at 9am to Willow Waters, out to the east.

Walk started along the track, up along the creek. We headed for Mount Craig (745 m) by traversing around the eastern side, up a gully, and climbing from the north east approach – the easy way up. We inspected golden orb spiders, and tiny bright red spiders on the ground. Walked past red gums, pines and short scraggly gums higher up, as we climbed along, in and out of the dry creekbed. Saw goats on the steep slopes of Mt Craig. The steep climb up onto the top ridge revealed a long narrow rocky crest. Sheer rock faces form the western side.

We watched the rain showers blow across the plains and over the Chace Range, Mt Aleck and Rawnsley Bluff – they were mostly clouded over. Clouds were racing each other above us. Lunch on the lee side of the ridge, out of the

strong gusty wind, looking over to Mt Plantagenet (972 m). Just a little drizzle – not enough to dig out the coat. We descended by the south-western ridge. Simon played gymnastics around the rock ledges, in the gusty wind. Tracy led us safely down alongside the rocks. We travelled around and across the valley to the old Napoleon Mine. A single shaft copper mine – malachite and azurite samples scattered about. What a great view - looking back to the rock faces / cliffs, stretching up to Mt Craig. Were we up on top an hour ago?

A leisurely walk back along the creek bed. A herd of goats headed off up the hill. And back to the cars. Stopped for walk around the Willow Waters Workings, an old mining area with a number of shafts. I've never seen Simon so scared – attacked by a baby lamb. The snowy white critter only wanted a mum!

Out on the plain, miles from anywhere, is a white church. Methodist, built in 1932, it's well maintained. A day with kangaroos, emus, sheep,

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goats, a wedgie and another hawk of some kind. (Jill could tell of many other birds seen). It's the Flinders !!

Soup, Thai chicken, then pancakes. And another night in the warm cottage and company.

Monday was another crisp morning. After breakfast, a major pack-up and everything into the cars.

A short drive to climb Mt Desire (664 m), on the southern end of the Chace Range. Across the dry creekbed and an easy walk up the slopes. Stony ground under the sheoaks as we headed up and up. The first peak, "no it's not our desire" (Simon said!), a break to admire the view, then continued our rocky walk past a few false peaks, to the summit. The usual rock cairn marked the spot. Patchy sun shone through the drifting clouds.

Today Mt Craig is covered in cloud, as we watched the rain showers blowing that way. (Someone up there is looking after us). Great

views of ranges on either side of us. Ants! There were so many black (bull-ant) ant nests underfoot. Saw echidna diggings on a nest. Binoculars enabled us to have eagle eye view of structures, old and new, in the valley below. Our descent was steep, open low bush and spinifex. Seemed a long, long way down to the riverbed. Lunch in Woolshed Creek, looking at a fascinating rock face – so rugged, stretching up towards the top ridge we walked along. The wide creekbed made for an easy walk, past more rugged rock faces – ancient wrinkles of rock showing curious patterns. To the cars and back to Glenlyle cottage.

3pm we left for home. At Wirrabara – a stop at the local bakery for the unique delicious pies – big chunky and yummy.

Thanks to Jill, Simon and Mick (in absentia) for another wonderful weekend of walks, peak bagging and fun.

Robert Alcock

HEYSEN TRAIL EXTENDED – TO QUEENSLAND

The HeySEN Trail, in its current incomplete state (1037km), runs from Cape Jervis only as far as Parachilna Gorge. A reconnaissance group has walked the future sections and reported their findings in previous editions of the Trailwalker. These new sections are: map 16 - Parachilna Gorge to Angepeena (103km), map 17 – Angepeena to Arkaroola (70km), and map 18 – Arkaroola to Mt Hopeless (128km).

The reconnaissance for map 19 was completed in June/July 2002. The 181km section covers from Terrapinna Waterhole across the Strzelecki Desert to Cameron Corner (the state borders of SA, NSW and Queensland).

* * * * *

Les Skinner, Gunther Schmitz and myself had been planning the trip for a year, having jokingly suggested it a year before that. The concept was

relatively simple – walk to Queensland – via the most direct route. Why not? It seemed a logical extension to our long trek from Cape Jervis to the northern edge of the Flinders Ranges, and we did not know of anyone who had done it before. It would be a challenge, being an untracked wilderness for the majority of it.

We all enjoy the thorough research needed for remote walks. The first challenge was the best scale map available, being 1: 250 000, with 50 metre contours. To supplement this, the Department of Lands had maps on the same scale of pastoral properties, detailing the sparse tracks, fences, bores, etc. More research into climate, vegetation, geology, and calls to pastoralists built up the picture. With the trip almost upon us, we finally gained permission from the SA Museum to cross the Lake Callabonna Fossil Reserve. For the first time, we

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decided to carry a GPS and satellite phone in case of emergency.

We drove north early one morning, arriving at Moolawatana late afternoon. This property is at the extreme north eastern point of the Flinders Ranges, and assistance from the Sheehan family was the key to our successful walk to Mt Hopeless last year. Once again, their assistance was crucial, starting with permission to drive out to place our cache of supplies on the edge of Lake Callabonna.

The first day's walk was an afternoon dash. From Moolawatana, we walked the road to Terrapinna Waterhole and back, home to yellow footed rock wallabies. This tied into map 18, and being 2 days walk south of Mt Hopeless, was logistically an easier starting point to walk the Strzelecki Desert.

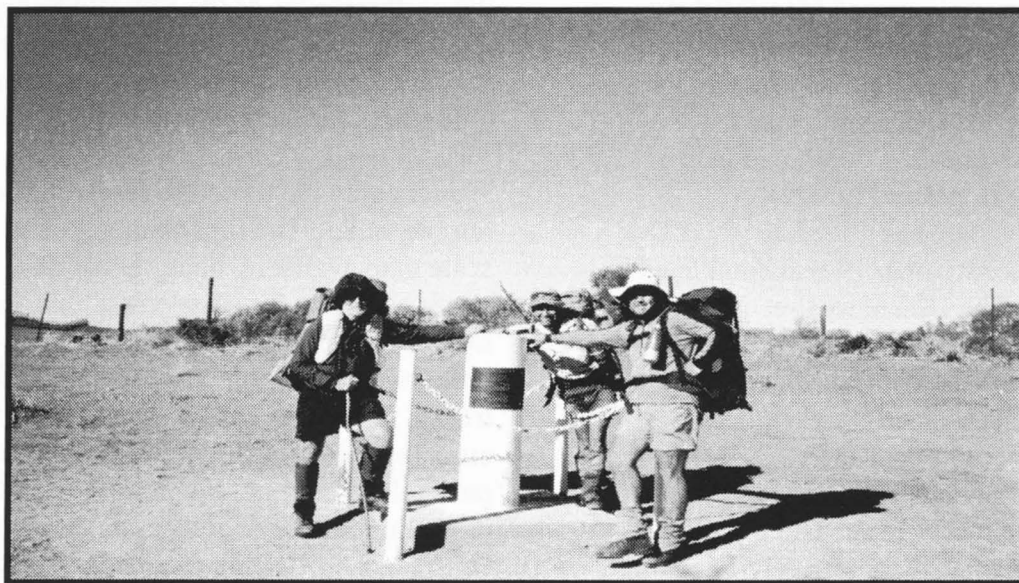
The next day we started out with rucksacks containing 2 day's supplies. Our route east took us across hard gibber plains, but finding softer station tracks was a relief to our feet. Sparse vegetation ran in lines along intermittent creeks, dozens of emus flocked to stock troughs, and we enjoyed the feeling of walking towards a flat and featureless horizon.

Two things would be relatively constant on our walk – the weather and our camping practices.

Every calm but freezing dawn heralded a blue sky for the whole day, and local thermal conditions whipped up a cold wind that lasted until late afternoon. Every evening we'd spread out the groundsheet on which our three sleeping bags were placed parallel, with our minimal gear scattered around us. Boots were always tied down at night in case of a raiding dingo. After sunset we'd gaze at satellites for a while before erecting the floorless Megamid pyramid tent over us.

At lunchtime the next day we reached our cache at the edge of Lake Callabonna. That evening we feasted on our last hot meal for a week, discarded our stoves and other surplus gear for later retrieval, and picked up our water for the duration of the crossing. Water was the main concern, with a strategic bore half way across found to be useless a week before our trip. Last minute itinerary changes lead to a workable but crazy plan – carrying water for 6 days. (The idea of pulling carts was briefly considered in the early days of planning, but quickly cast aside, as many other expeditions had struck problems) We set out the next morning with crushing loads.

Each of us had personal gear, food for 6 days (plus emergency rations), and 15 litres of water. Loads were conservatively estimated at 30kg (or.



Cameron Corner (SA, Qld, NSW), looking east

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about half my body weight!). A last look behind to the hazy Flinders Ranges and Mt Babbage, then we headed north-east on a compass bearing of around 100km. Initially this took us across the patches of white salt at Lake Callabonna's narrowest point, but disappointingly there was little salt to cross, mainly dust and sand. We spotted our first dingo on a sand dune island, and fresh camel prints on the soft surface. By mid-afternoon we reached the string of trees denoting the intermittent Tilcha Creek. Although exhausted, we knew that our adventure had really begun, and we were now confident of carrying it through.

The next few days were all similar, but not monotonous. The long sand dunes took shape, and we were to follow the corridors north east to Cameron Corner. Pale sand blended to red over the walk, and we only had to cross a few dunes each day because of the deliberate course we'd planned. Navigation was by compass bearings, often 10km sightings at a time, and upon reaching distant escarpments or trees these turned out to be minor features accentuated by mirage or perspective. The desert was relatively vegetated with shrubs and low bushes, becoming thornier the further we went. Wildlife was scarce. A few brumbies were seen, but no camels despite numerous tracks. Birds were mainly eagles, woodswallows and wrens. The dune corridors were often treacherously undermined by vast rabbit warrens, but we only ever saw one or two rabbits. Scattered stone chippings and implements reminded us that we were not the first to have ventured here.

Meal times were interesting. Despite supposedly doing a lightweight crossing, there was an endless supply of chocolate, mettwurst and a huge block parmesan cheese that each of us had, and we desperately tried sharing with the other two to lighten our loads. We didn't cook for this 6 day stretch, but didn't suffer.

Our first contact with civilisation on the far side of the desert was when our precise map and compass navigation brought us spot on the terminus of a dead end track near Kain Bore. We felt a sense of relief in having crossed the unknown, but sadness in that our wilderness

experience was over. Over the next couple of days we would follow the station track north east into cattle country, and eventually to Lindon homestead. We were invited in for a cup of tea and felt uneasy about meeting people again, and particularly sitting in their unexpectedly clean, spacious and modern house in the middle of nowhere. When washing our hands, we took care not to look too closely into the bathroom mirror!

Walk day 9, and the final hours before our destination were spoiled by a great deal of speeding 4WD traffic. However, excitement grew when the NSW border fence (the dog fence) came into view, and then the top of the tall radio mast at Cameron Corner. We rounded the last sand dune to see... a tour bus. Here we were, having crossed the Strzelecki Desert unsupported, confronted by a dozen 4WD's and a bus load of elderly tourists just finishing their afternoon tea and scones. Bewildered, we wandered across to the corner post. People stopped and stared as we appeared from nowhere, without vehicles, and watched us as we touched the corner post in jubilation. We wandered triumphantly the short 200m across into Queensland and to the Corner Store, walked inside (still wearing rucksacks), and ordered drinks at the bar. I think we were just as shocked as the other patrons! We had done it.

* * * * *

Volunteers are now sought for carrying in star droppers 181km to mark the extension. Map production has been hampered by the fact that on a 1:50 000 scale, our usual format would require a strip map 3.7m long.

The interim "End to End" certificates will now be discontinued, having been superseded with "Cape to Corner" certificates.

P.S. How did we get back to our car? A charter flight of course.

P.P.S. Tentative planning for map 20 has commenced...

Reconnaissance report by Mark Darter

THE TRAILWALKER

WALK, KENNETH STIRLING CONSERVATION PARK

The Trailstarter walk on Sunday 27th October led by Ron Robinson was an enjoyable experience for all participants.

Before the commencement of the walk at the Brockhoff family orchard enterprise, Ron thoughtfully sprayed our boots with methylated spirits, in order to minimise the possibility of spreading the root fungus disease phytophthora. cinnamani.

We then proceeded through the picturesque Brockhoff orchards, past many varieties of fruit trees, including avocado and kiwi fruit, until reaching the Conservation Park.

The park is for the most part unimproved, with the walking paths on very old tracks used by timber getters many years ago, with the occasional bit of, dare I say it, bush bashing, adding to the experience. The area enjoys a 42 inch rainfall, ie almost as much as Stirling, and that is probably why there are so many species of native trees, and a varied understorey, plus wetlands.

Wildflowers were in abundance, and in full bloom. Ron's knowledge of the flora, fauna and history of the area, coupled with his ability to impart the knowledge to the group, made the day an enjoyable and enriching experience.

The topography is in some parts quite rugged, but as the old timber tracks follow along the contours, the walking is relatively easy, and there are some great views from the tops of the ridges, one such spot being the rocky outcrop where we paused for lunch.

The day was capped off with a gourmet afternoon tea at the Brockhoff farmhouse.

Arthur Smith

FIRE DANGER SEASON

The State is divided into 15 Fire Ban Districts, each with its own Danger Season.

The Season for the Mt Lofty Ranges District normally extends from 1 December to 30 April. As most people are aware, due to the prolonged dry conditions, the season was extended to late May earlier this year, and was re-introduced on 1 November.

As a result, any fires are likely to be more intense than usual this summer, and extra care is needed when bushwalking.

The Heysen Trail on private property is closed during the fire danger season, to protect property from fire damage. Walking is permitted throughout summer (except for Fire Ban Days) in State Forests and Conservation and National Parks operated by the National Parks and Wildlife Service.

Walking on the Trail is prohibited on days of a Broadcast Fire Ban for a particular area. The Mt Lofty Ranges area covers most of the Trail near Adelaide.

Fire Laws.

Walkers should be aware of their obligations relating to smoking and the lighting of fires. These vary between different District Councils, Forestry SA and NPWS, but generally open fires are banned during the Fire Danger Season, and should only be lit in fire places or in a cleared area of 4 metres radius at other times.

Safety and survival procedures as recommended by the CFS are printed opposite.

The CFS fire bans information hotline is 1300 362 361, and provides 24 hour advice on fire restrictions and fire bans.

John Wilson

THE TRAILWALKER

SAFETY AND SURVIVAL IN A WILDFIRE

(Adapted from CFS guidelines)

The most common cause of death in wildfires is the failure of the body's heat regulation system. People who survive do so largely by protecting themselves from radiant heat. The body's response to heat depends on many environmental factors such as the air temperature, radiant heat and humidity, as well as individual factors such as level of activity, fitness level, hydration, *anxiety* and protective clothing.

The passage of a fire at any one point may be up to 4 minutes in a forest fire and 30 seconds in a grass fire. Intense heat radiation will be experienced during this period and then decrease during the burn out period after the front has passed. If you are unprotected, radiant heat can kill you.

CLOTHING

The best way of protecting yourself from radiant heat is to cover all exposed skin with natural materials such as wool or cotton. Synthetic material may cause a heat build up in your body and may melt or ignite in the extreme heat of a fire.

Keep all exposed skin covered while near a fire and ensure your clothing is loose fitting to allow plenty of air movement around your body. This will allow your body to dissipate excess body heat without exposing your skin to radiant heat from the fire. Keep a woollen blanket/s in your vehicle to ensure you can cover yourself and others if trapped in a wildfire,

THERMOREGULATION

While sustained hard work increases the body temperature, control is mainly achieved by cooling through evaporation of sweat from the skin.

As the environment gets hotter, bushwalkers can lose the effectiveness of cooling mechanisms and actually gain heat from temperatures higher than the actual body temperature. People will experience significant increases in heart rate and body temperature. To prevent heat stress, drink plenty of water.

HYDRATION/NUTRITION

The human body is much like a water-cooled engine. Muscles and internal organs are the heat source, the blood is the coolant and the skin is the radiator.

Heat is removed from the body by the skin sweating and this sweat evaporating. This sweat must be replaced by the intake of water.

Thirst is a very poor indication of hydration. If you wait until you are thirsty, you are already dehydrated. Drink 150-200mls of cool water every 10-15 minutes. Increase your fluid levels before you start work by drinking 500mls of water, particularly in hot conditions. Avoid tea, coffee, soft drinks, cordial (unless diluted 1:10), alcohol and salt tablets. If work has been sustained for a long time, the consumption of sports drinks will provide energy as well as fluid to working muscles. Nutritionist advice to the CFS indicated only Gatorade, Powerade or Isosport drinks should be used.

Where activity lasts longer than 90 minutes, it is important to eat as well as drink water during the activity. Suitable carbohydrate choices are 2-3 pieces of fruit, 1-2 low fat muesli /breakfast bars, dried fruit or fruit bars. Regular snacks top up carbohydrate levels & help delay the onset of fatigue

SURVIVAL IN VEHICLES

If trapped by fire: .

- Park the vehicle in a burnt or clear area.
- Switch on the headlights and hazard warning lights.
- Close all doors, windows and vents.
- Lie down in the cabin (below window height) and cover your body with a woollen blanket.
- If you have the means, radio or phone emergency services, advising them of your position.

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Phytophthora Bushwalking Guidelines

Phytophthora (pronounced FY-TOFF-THORA) species are soil and waterborne fungi that impact on a wide variety of native plant species, exotic fruits and vegetables. *Phytophthora cinnamomi* (Pc), also known as cinnamon fungus, is the most common and destructive species, and requires immediate action to stop its spread.

Bushwalkers can spread the disease by moist soil and plant material sticking to footwear.

You can help minimise the risk of spreading *Phytophthora* by following these guidelines:

- ☐ Contact your local National Parks and Wildlife SA Office for information on suitable bushwalking areas as *Phytophthora* management restrictions may be in force.
- ☐ Park your car in designated car parks only.
- ☐ Keep to the designated roads and walking trails at all times.
- ☐ Avoid bushwalking when the soil is wet or muddy.
- ☐ Start and finish your bushwalk with clean footwear (i.e. free of all soil and plant material). Keep your footwear as clean as possible during the walk.
- ☐ Remove soil from footwear before leaving an area – don't take boots or shoes home to clean.
- ☐ Use boot cleaning facilities where provided.
- ☐ Some walking trails or sections of national parks may be closed due to serious infestations or high risk of spread. **OBEY TRAIL CLOSED SIGNS** - penalties may apply.

Spread the word – not the fungus!

How to keep your footwear clean

Bushwalkers are encouraged to carry a hygiene kit in their backpacks to keep their footwear clean.

A "hygiene kit" should contain:

- ☐ large and small hard brushes
- ☐ bottle of disinfectant, such as methylated spirits (undiluted) or household bleach (dilute 4 times with water)
- ☐ small spray bottle.
- Cleaning procedure:
 - ☐ Remove all soil and plant material from footwear using the brushes. Do not put your feet down on the ground.
 - ☐ Disinfect the entire sole of your footwear with the spray bottle containing the disinfectant. *Hygiene kit used by NPWSA staff*
 - ☐ Allow the sole of your footwear to dry for approximately one minute.
 - ☐ Disinfect the brush used for removing soil from your footwear.
 - ☐ Avoid re-contaminating footwear.

*Thank you for helping stop the spread of *Phytophthora*.*

For more information please contact:

Department for Environment and Heritage – telephone: (08) 8552 0306

Your local National Parks and Wildlife SA Office.

Refer to the brochure 'Phytophthora, root-rot fungus is killing our plants', which is available at selected park offices.

Or through the website:

<http://www.environment.sa.gov.au/biodiversity/plantsand.html>

Note. The Heysen Trail in Morialta Park has now been re-opened

THE TRAILWALKER

DISCOUNTS FOR MEMBERS

FRIENDS OF THE HEYSEN TRAIL

10 Pitt Street, Adelaide, 5000

(08) 8212 6299

10% Discount on all maps and books

SCOUT OUTDOOR CENTRE

192 Rundle Street, Adelaide, 5000

(08) 8223 5544

10% Discount on outdoor gear (excluding sale items)

ANNAPURNA OUTDOOR SHOP

210 Rundle Street, Adelaide, 5000

(08) 8223 4633

10% Discount (excluding sale items)

FLINDERS CAMPING

187 Rundle Street, Adelaide, 5000

(08) 8223 1913

10% Discount (excluding sale items)

FAX (08) 8223 1358

email: info@flinders.com.au

PADDY PALLIN

228 Rundle Street, Adelaide, 5000

(08) 8232 3155

10% Discount (excluding sale items)

MOUNTAIN DESIGNS

203 Rundle Street, Adelaide, 5000

(08) 8232 0690

10% Discount (excluding sale items)

MITCHELL'S ADVENTURE

Shop 2045, 2nd Floor, Marion Shopping Centre

(08) 8296 7700

Shop 217, Tea Tree Plaza Shopping Centre

(08) 8395 9555

298 Main North Road, Blair Athol

(08) 8342 6601

6% Discount (excluding sale items and portable fridges). A Mitchell's Privilege card will be issued

BOOTS GREAT OUTDOORS CENTRE

1277 South Road, St Marys, 5042

(08) 8277 7789

Up to 10% Discount (excluding sale items and fridges)

SNOWY'S OUTDOORS

92 Richmond Road, Keswick, 5035

(08) 8351 2111

Up to 10% Discount

AUSSIE DISPOSALS

119 Pirie Street, Adelaide, 5000

(08) 8224 0388

57 Hindley Street, Adelaide, 5000

(08) 8212 4333

Shop 12 Princess Ann Walk, Elizabeth City Centre, 5112

(08) 8287 3008

Colonnades Shopping Centre, Noarlunga, 5168

(08) 8326 3186

VIP 5% Discount with VIP card available at any store

TRIMS

322 King William Street, Adelaide, 5000

(08) 8212 5099

Level 2, Shop 2050, Westfield Marion

(08) 8298 9777

5% Discount

ADELAIDE HATTERS

36 Adelaide Arcade, Adelaide, 5000

(08) 8224 0131

10% Discount

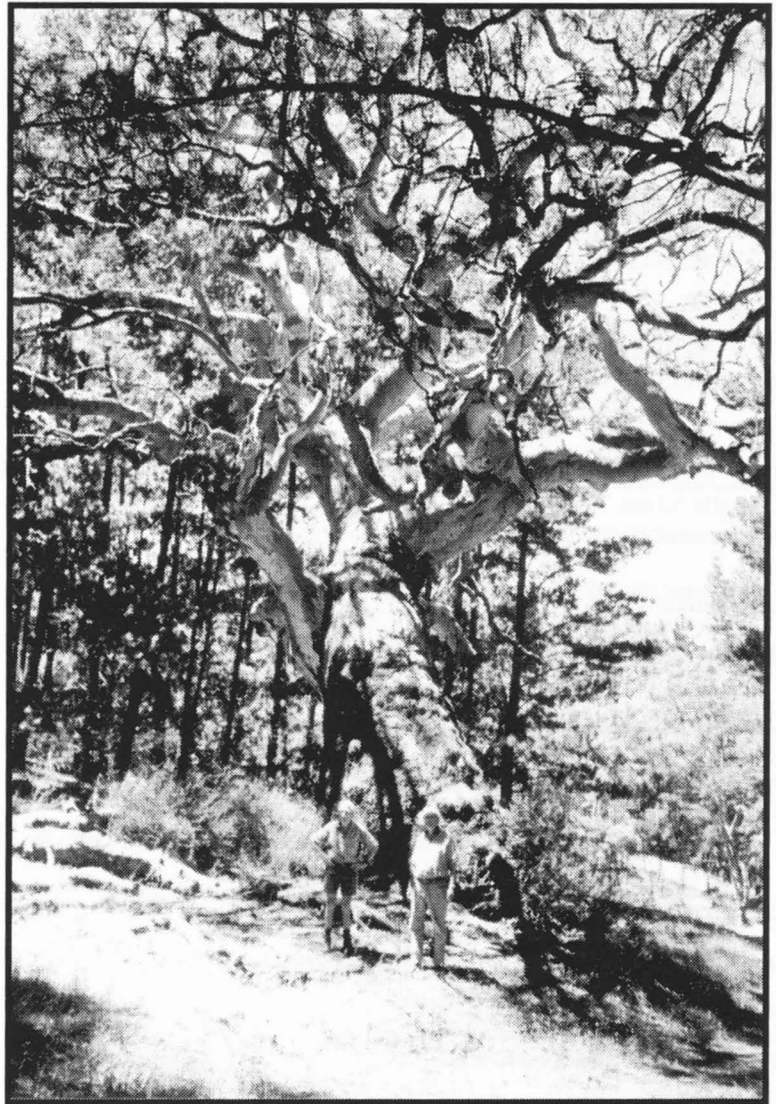
MEMBERS CARD MUST BE SHOWN TO OBTAIN DISCOUNT

THE TRAILWALKER

CAN YOU IDENTIFY THIS ???

This photo is of an
interesting shaped tree
not far from Adelaide

Where is it?
Answers in the
next Trailwalker



DID YOU GET THEM RIGHT?

The last edition's mystery photo, was of the
construction of a sand ladder between the
camping ground and Waitpinga Beach

It shows Polly-Anne Hill and Bronte
Leak supervising Peter Hill
and Alvin Whittle

From Trailwalker, February 1996

